

## Pregnancy Risk Assessment Monitoring System (PRAMS)

### Results for 2013 births by topic

#### Alcohol Consumption

**Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.**

	Valid Percent
No	29.6
Yes	70.4

(n = 1,496)

**During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?**

	Valid Percent
14 drinks or more a week	2.1
7 to 13 drinks a week	3.6
4 to 6 drinks a week	9.5
1 to 3 drinks a week	20.0
Less than 1 drink a week	28.0
I didn't drink then	36.9

(n = 1,491)

**During the last 3 months of your pregnancy, how many alcoholic drinks did you have in an average week?**

	Valid Percent
7 to 13 drinks a week	.0
4 to 6 drinks a week	.1
1 to 3 drinks a week	2.0
Less than 1 drink a week	8.1
I didn't drink then	89.9

(n = 1,495)

#### Footnotes:

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- Results are for surveys mailed to mothers of babies born January 1 through December 31, 2013.
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## Birth Certificate Variables

### Combined mother's race and ethnicity

	Valid Percent
NH White	68.8
Hispanic	18.8
NH African American	2.0
NH AI/AN	1.1
NH Asian	4.7
NH Haw/PI	.6
NH Multiple race	3.2
NH Unknown/Other/Blank	.7

(n = 1,545)

### Marital status

	Valid Percent
All else	36.4
Married	63.6

(n = 1,541)

### Type of County of Mother's Residence: Urban or Rural

	Valid Percent
Rural	22.4
Urban	77.6

(n = 1,545)

### Mother Age Groups

	Valid Percent
< 18	1.8
18 to 19	3.9
20 to 24	19.6
25 - 34	57.8
>= 35	16.8

(n = 1,545)

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## Breastfeeding

**Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time?**

	Valid Percent
No	4.0
Yes	96.0

(n = 1,467)

**Are you currently breastfeeding or feeding pumped milk to your new baby?**

	Valid Percent
No	29.2
Yes	70.8

(n = 1,417)

**How many weeks or months did you breastfeed or pump breast milk to feed your baby? (weeks)**

	Valid Percent
I did not breastfeed my baby	4.0
Less than 4 weeks	7.9
4 to 7.9 weeks	7.9
At least 8.0 weeks	80.2

(n = 1,460)

**This question asks about things that may have happened at the hospital where your new baby was born.**

**a. Hospital staff gave me information about breastfeeding**

	Valid Percent
No	4.0
Yes	96.0

(n = 1,381)

## Breastfeeding

This question asks about things that may have happened at the hospital where your new baby was born.

### b. My baby stayed in the same room with me at the hospital

	Valid Percent
No	5.2
Yes	94.8

(n = 1,378)

This question asks about things that may have happened at the hospital where your new baby was born.

### c. Hospital staff helped me learn how to breastfeed

	Valid Percent
No	15.1
Yes	84.9

(n = 1,374)

This question asks about things that may have happened at the hospital where your new baby was born.

### d. I breastfed in the first hour after my baby was born

	Valid Percent
No	15.5
Yes	84.5

(n = 1,374)

## Breastfeeding

This question asks about things that may have happened at the hospital where your new baby was born.

### e. I breastfed my baby in the hospital

	Valid Percent
No	2.2
Yes	97.8

(n = 1,367)

This question asks about things that may have happened at the hospital where your new baby was born.

### f. My baby was fed only breast milk at the hospital

	Valid Percent
No	23.3
Yes	76.7

(n = 1,373)

This question asks about things that may have happened at the hospital where your new baby was born.

### g. Hospital staff told me to breastfeed whenever my baby wanted

	Valid Percent
No	7.1
Yes	92.9

(n = 1,363)

## Breastfeeding

This question asks about things that may have happened at the hospital where your new baby was born.

### h. The hospital gave me a breast pump to use

	Valid Percent
No	65.3
Yes	34.7

(n = 1,374)

This question asks about things that may have happened at the hospital where your new baby was born.

### i. The hospital gave me a gift pack with formula

	Valid Percent
No	77.2
Yes	22.8

(n = 1,371)

This question asks about things that may have happened at the hospital where your new baby was born.

### j. The hospital gave me a telephone number to call for help with breastfeeding

	Valid Percent
No	14.5
Yes	85.5

(n = 1,373)

## Breastfeeding

**This question asks about things that may have happened at the hospital where your new baby was born.**

### k. Hospital staff gave my baby a pacifier

	Valid Percent
No	58.5
Yes	41.5

(n = 1,373)

**How old was your new baby the first time he or she drank liquids other than breast milk (such as formula, water, juice, tea, or cow's milk)?**

	Valid Percent
My baby was less than 1 week old	19.7
1.0 to 2.9 weeks	9.1
3.0 to 4.9 weeks	9.0
5.0 to 6.9 weeks	3.7
7.0 to 8.9 weeks	6.5
9.0 to 10.9 weeks	2.1
11.0 or more weeks	7.1
My baby has not had any liquids other than breast milk	42.7

(n = 1,409)

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## Demographics

### Is your baby alive now?

	Valid Percent
No	.3
Yes	99.7

(n = 1,483)

### Is your baby living with you now?

	Valid Percent
No	.1
Yes	99.9

(n = 1,474)

### During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received.

	Valid Percent
\$0 to \$15,000	22.9
\$15,001 to \$19,000	7.6
\$19,001 to \$22,000	7.0
\$22,001 to \$26,000	6.2
\$26,001 to \$29,000	2.9
\$29,001 to \$37,000	5.6
\$37,001 to \$44,000	6.3
\$44,001 to \$52,000	4.9
\$52,001 to \$56,000	3.4
\$56,001 to \$67,000	5.6
\$67,001 to \$79,000	3.7
\$79,001 or more	24.2

(n = 1,429)

## Demographics

**During the 12 months before your new baby was born, how many people, including yourself, depended on this income?**

	Valid Percent
2	44.4
3	30.2
4	14.1
5	6.9
6	2.3
7	1.2
8	.3
9	.5
10	.2

(n = 1,456)

**Post –survey calculated variable: Federal Poverty Level**

	Valid Percent
At or below 100% FPL	30.5
More than 100% FPL	69.5

(n = 1,411)

**Post-survey calculated variable: Federal Poverty Level Groups (4)**

	Valid Percent
At or below 100% FPL	30.5
100.1% - 200.0% FPL	22.4
200.1% - 400.0% FPL	22.0
> 400.0% FPL	25.1

(n = 1,411)

## Demographics

### Post-survey calculated variable: Federal Poverty Level Groups (3)

	Valid Percent
At or below 100% FPL	30.5
100.1% - 200.0% FPL	22.4
> 200.0% FPL	47.1

(n = 1,411)

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## Depression

**During your most recent pregnancy, how often did you feel down, depressed, or hopeless?**

	Valid Percent
Always	1.2
Often	7.5
Sometimes	16.2
Rarely	35.1
Never	40.0

(n = 1,485)

**During your most recent pregnancy, how often did you have little interest or little pleasure in doing things?**

	Valid Percent
Always	2.1
Often	7.2
Sometimes	15.1
Rarely	33.9
Never	41.8

(n = 1,494)

**Post-survey calculated variable: Depression during pregnancy?**

	Valid Percent
No	80.2
Yes	19.8

(n = 1,482)

## Depression

**Since your new baby was born, how often have you felt down, depressed, or hopeless?**

	Valid Percent
Always	.9
Often	6.7
Sometimes	20.6
Rarely	39.9
Never	31.8

(n = 1,490)

**Since your new baby was born, how often have you had little interest or little pleasure in doing things?**

	Valid Percent
Always	2.6
Often	5.6
Sometimes	16.8
Rarely	36.0
Never	39.1

(n = 1,483)

**Post-survey calculated variable: Postpartum depression?**

	Valid Percent
No	80.2
Yes	19.8

(n = 1,482)

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## Discrimination – Health Care

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### a. My race or skin color

	Valid Percent
No	97.7
Yes	2.3

(n = 1,487)

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### b. My immigration status

	Valid Percent
No	98.1
Yes	1.9

(n = 1,545)

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### c. My age

	Valid Percent
No	93.7
Yes	6.3

(n = 1,485)

## Discrimination – Health Care

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### d. My income

	Valid Percent
No	92.8
Yes	7.2

(n = 1,485)

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### e. My sex/gender

	Valid Percent
No	97.3
Yes	2.7

(n = 1,485)

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### f. My sexual orientation

	Valid Percent
No	99.0
Yes	1.0

(n = 1,487)

## Discrimination – Health Care

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### g. My religion

	Valid Percent
No	98.3
Yes	1.7

(n = 1,486)

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### h. Because I was pregnant

	Valid Percent
No	93.3
Yes	6.7

(n = 1,488)

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

### i. The language I speak

	Valid Percent
No	97.7
Yes	2.3

(n = 1,488)

## Discrimination – Health Care

**Have you ever experienced discrimination (felt like you were treated worse than other people) *while getting any type of health or medical care?***

**j. My type of health insurance or my lack of health insurance**

	Valid Percent
No	90.5
Yes	9.5

(n = 1,545)

## Discrimination – Non-Health Care

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### a. My race or skin color

	Valid Percent
No	94.8
Yes	5.2

(n = 1,491)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### b. My immigration status

	Valid Percent
No	97.5
Yes	2.5

(n = 1,489)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### c. My age

	Valid Percent
No	88.2
Yes	11.8

(n = 1,488)

## Discrimination – Non-Health Care

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### d. My income

	Valid Percent
No	91.0
Yes	9.0

(n – 1,488)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### e. My sex/gender

	Valid Percent
No	89.7
Yes	10.3

(n = 1,489)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### f. My sexual orientation

	Valid Percent
No	98.1
Yes	1.9

(n = 1,488)

## Discrimination – Non-Health Care

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### g. My religion

	Valid Percent
No	93.7
Yes	6.3

(n = 1,489)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### h. Because I was pregnant

	Valid Percent
No	86.4
Yes	13.6

(n = 1,488)

Have you *ever* experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?

### i. The language I speak

	Valid Percent
No	97.0
Yes	3.0

(n = 1,489)

## Discrimination – Non-Health Care

**Have you ever experienced discrimination (felt like you were treated worse than other people) in a situation *other than* getting any type of health or medical care (for example, in housing, work or school)?**

### **j. My type of health insurance or my lack of health insurance**

	Valid Percent
No	95.3
Yes	4.7

(n = 1,545)

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## Employment and Leave

### At any time during your most recent pregnancy, did you work at a job for pay?

	Valid Percent
No	34.2
Yes	65.8

(n = 1,491)

### How many weeks or months of leave did you take or will you take after the birth of your new baby? (weeks)

	Valid Percent
0.0 to 6 weeks	17.7
6.1 to 12.0 weeks	33.1
12.1 to 24.0 weeks	39.8
24.1 to 52.0 weeks	6.9
52.1 weeks or more	2.5

(n = 753)

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## Family Planning

**Are you or your husband or partner doing anything now to keep from getting pregnant? Some things people do to keep from getting pregnant include using birth control pills, condoms, withdrawal, or natural family planning.**

	Valid Percent
No	15.7
Yes	84.3

(n = 1,494)

**What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant now? Check all that apply.**

	Percent of Cases*
I am not having sex	28.3%
I want to get pregnant	15.3%
I don't want to use birth control	29.0%
I am worried about side effects from birth control	27.6%
My husband or partner doesn't want to use anything	6.6%
I have problems getting birth control when I need it	3.1%
I had my tubes tied or blocked	16.4%
My husband or partner had a vasectomy	0.2%
I am pregnant now	2.6%
Other	18.0%

(n = 272)

\* "Percent of Cases" appears when the question instructs respondents to "Check all [answers] that apply." There can be multiple responses from each person; therefore, the total percent will be  $\geq 100.0\%$

## Family Planning

**What kind of birth control are you or your husband or partner using now to keep from getting pregnant? Check all that apply.**

	Percent of Cases*
Tubes tied or blocked (female sterilization, Essure®, Adiana®)	7.6%
Vasectomy (male sterilization)	2.7%
Birth control pill	22.1%
Condoms	25.8%
Injection (Depo-Provera®)	5.9%
Contraceptive implant (Implanon®)	6.2%
Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)	1.3%
IUD (including Mirena® or ParaGard®)	26.0%
Natural family planning (including rhythm method)	5.1%
Withdrawal (pulling out)	11.7%
Not having sex (abstinence)	12.0%
Other	3.4%

(n = 1,215)

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## Flu Shots and Immunizations

**During the 12 months before the delivery of your new baby, did a doctor, nurse, or other health care worker offer you a flu shot or tell you to get one?**

	Valid Percent
No	17.0
Yes	83.0

(n = 1,503)

**During the 12 months before the delivery of your new baby, did you get a flu shot?**

	Valid Percent
No	40.7
Yes, before pregnancy	9.4
Yes, during pregnancy	49.8

(n = 1,467)

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## Food Security

**During the 12 months before your new baby was born, did you ever eat less than you felt you should because there wasn't enough money to buy food?**

	Valid Percent
No	88.6
Yes	11.4

(n = 1,501)

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## HIV

**At any time during your most recent pregnancy or delivery, did you have a test for HIV (the virus that causes AIDS)?**

	Valid Percent
No	38.0
Yes	62.0

(n = 1,194)

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## Home Visiting

**During your most recent pregnancy, were you offered home visiting services? Home visiting is when a nurse, health care worker, social worker or other person who works for a program that helps pregnant women comes to your home.**

	Valid Percent
No	83.5
Yes	16.5

(n = 1,492)

**Did you accept the offer of home visiting services?**

	Valid Percent
No	54.2
Yes	45.8

(n = 254)

**Why did you not accept the offer of home visiting services?**

	Valid Percent
I didn't think I needed it	73.5
I didn't understand how it would help me	4.5
I did not want anyone in my home	5.3
Household member(s) didn't want anyone in my home	3.1
Other	13.7

(n = 117)

**During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.**

	Valid Percent
No	91.2
Yes	8.8

(n = 1,498)

## Home Visiting

**Since your new baby was born, has a home visitor come to your home to help you learn how to take care of yourself or your new baby?**

	Valid Percent
No	84.8
Yes	15.2

(n = 1,487)

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## Infant Health Care

### After your baby was delivered, was he or she put in an intensive care unit (NICU)?

	Valid Percent
No	91.8
Yes	8.2

(n = 1,483)

### After your baby was delivered, how long did he or she stay in the hospital?

	Valid Percent
Less than 24 hours (less than 1 day)	3.5
24 to 48 hours (1 to 2 days)	57.0
3 to 5 days	30.0
6 to 14 days	2.4
More than 14 days	2.7
My baby was not born in a hospital	4.3
My baby is still in the hospital	0.1

(n = 1,488)

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## Infant Sleep Position

### In which one position do you most often lay your baby down to sleep now?

	Valid Percent
On his or her side	10.7
On his or her back	84.0
On his or her stomach	5.3

(n = 1,445)

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## Insurance Coverage

**During the month before you got pregnant with your new baby, what kind of health insurance did you have? Check all that apply.**

	Percent of Cases*
Private health insurance from my job or the job of my husband, partner, or parents	54.2%
Private health insurance purchased directly from an insurance company	5.5%
Oregon Health Plan or Medicaid	20.1%
TRICARE or other military health care	1.3%
Indian Health Service	1.0%
Some other kind of health insurance	2.7%
I did not have any health insurance during the month before I got pregnant	20.5%

(n = 1,518)

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**During your most recent pregnancy, what kind of health insurance did you have to pay for your prenatal care? Check all that apply.**

	Percent of Cases*
Private health insurance from my job or the job of my husband, partner, or parents	52.1%
Private health insurance purchased directly from an insurance company	5.2%
Oregon Health Plan or Medicaid	48.7%
Some other kind of health insurance Please tell us:	2.8%
I did not have any health insurance to pay for my prenatal care	2.7%
TRICARE or other military health care	1.2%
Indian Health Service	0.7%

(n = 1,486)

\* “Percent of Cases” appears when the question instructs respondents to “Check all [answers] that apply.” There can be multiple responses from each person; therefore, the total percent will be  $\geq 100.0\%$

## Insurance Coverage

### What kind of health insurance do you have now? (Check all that apply)

	Percent of Cases*
Private health insurance from my job or the job of my husband, partner, or parents	48.8%
Private health insurance purchased directly from an insurance company	6.3%
Oregon Health Plan or Medicaid	32.8%
TRICARE or other military health care	1.1%
Indian Health Service	0.7%
Some other kind of health insurance	2.2%
I do not have health insurance now	15.9%
<b>Total</b>	<b>107.8%</b>

(n = 1,483)

\* “Percent of Cases” appears when the question instructs respondents to “Check all [answers] that apply.” There can be multiple responses from each person; therefore, the total percent will be  $\geq 100.0\%$

#### Footnotes:

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- Significantly lower number of respondents to certain questions usually indicate a skip pattern in the questionnaire.

## Intimate Partner Violence

**During the 12 months before you got pregnant with your new baby, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?**

	Valid Percent
No	98.6
Yes	1.4

(n = 1,417)

**During your most recent pregnancy, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?**

	Valid Percent
No	98.3
Yes	1.7

(n = 1,417)

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## Medical Home

### Do you have one or more persons you think of as your new baby's personal doctor or nurse?

	Valid Percent
No	12.0
Yes	88.0

(n = 1,462)

### Do you have one or more persons you think of as your personal doctor or nurse?

	Valid Percent
No	26.3
Yes	73.7

(n = 1,481)

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## Oral Health

**This question is about the care of your teeth during your most recent pregnancy.**

**a. I knew it was important to care for my teeth and gums during my pregnancy**

	Valid Percent
No	8.8
Yes	91.2

(n = 1,508)

**This question is about the care of your teeth during your most recent pregnancy.**

**b. A dental or other health care worker talked with me about how to care for my teeth and gums**

	Valid Percent
No	44.0
Yes	56.0

(n = 1,499)

**This question is about the care of your teeth during your most recent pregnancy.**

**c. I had my teeth cleaned by a dentist or dental hygienist**

	Valid Percent
No	43.0
Yes	57.0

(n = 1,500)

**This question is about the care of your teeth during your most recent pregnancy.**

**d. I had insurance to cover dental care during my pregnancy**

	Valid Percent
No	16.1
Yes	83.9

(n = 1,491)

## Oral Health

**This question is about the care of your teeth during your most recent pregnancy.  
e. I needed to see a dentist for a problem about a problem**

	Valid Percent
No	77.4
Yes	22.6

(n = 1,491)

**This question is about the care of your teeth during your most recent pregnancy.  
f. I went to a dentist or dental clinic about a problem**

	Valid Percent
No	82.7
Yes	17.3

(n = 1,487)

**Since your new baby was born, did a doctor, nurse, or other health care worker talk with you about how to prevent your baby from getting tooth decay?**

	Valid Percent
No	72.1
Yes	27.9

(n = 1,467)

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## Physical Activity

**During the 3 months before you got pregnant with your new baby, how many times did you exercise or play sports in an average week? (For example, walking briskly for ½ hour or more, jogging, aerobics, swimming, etc.)**

	Valid Percent
0 times per week	14.8
1 time per week	12.1
2 times per week	16.9
3 times per week	26.6
4 times per week	13.4
5 or more times per week	16.2

(n = 1,479)

**During your most recent pregnancy, how many times did you exercise or play sports in an average week? (For example, walking briskly for ½ hour or more, jogging, aerobics, swimming, etc.)**

	Valid Percent
0 times per week	18.5
1 time per week	18.6
2 times per week	20.1
3 times per week	22.3
4 times per week	9.6
5 or more times per week	11.0

(n = 1,478)

### Footnotes:

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## Post-partum Check-up

**Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth.**

	Valid Percent
No	8.5
Yes	91.5

(n = 1,493)

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## Preconception Health

**At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?**

**a. I was dieting (changing my eating habits) to lose weight**

	Valid Percent
No	70.0
Yes	30.0

(n = 1,533)

**At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?**

**b. I was exercising 3 or more days of the week**

	Valid Percent
No	39.5
Yes	60.5

(n = 1,526)

**At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?**

**c. I was regularly taking prescription medicines other than birth control**

	Valid Percent
No	78.8
Yes	21.2

(n = 1,531)

**At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?**

**d. I visited a health care worker and was checked for diabetes**

	Valid Percent
No	83.4
Yes	16.6

(n = 1,532)

## Preconception Health

**At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?**

**e. I visited a health care worker and was checked for high blood pressure**

	Valid Percent
No	77.5
Yes	22.5

(n = 1,523)

**At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?**

**f. I visited a health care worker and was checked for depression or anxiety**

	Valid Percent
No	80.8
Yes	19.2

(n = 1,524)

**At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?**

**g. I talked to a health care worker about my family medical history**

	Valid Percent
No	66.3
Yes	33.7

(n = 1,526)

**At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?**

**h. I had my teeth cleaned by a dentist or dental hygienist**

	Valid Percent
No	41.7
Yes	58.3

(n = 1,532)

## Preconception Health

**During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?**

	Valid Percent
I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the month before I got pregnant	48.3
1 to 3 times a week	10.2
4 to 6 times a week	7.6
Every day of the week	34.0

(n = 1,517)

**Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk to you about how to improve your health before pregnancy?**

	Valid Percent
No	79.3
Yes	20.7

(n = 1,519)

**Mother's Body Mass Index (BMI)**

	Valid Percent
Underweight (<18.5)	3.7
Normal (18.5 - 24.9)	50.6
Overweight (25.0 - 29.5)	24.7
Obese (30.0 +)	21.0

(n = 1,470)

## Preconception Health

**Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker tell you that you had any of the following health conditions?**

**a. Type 1 or Type 2 diabetes (NOT the same as gestational diabetes or diabetes that starts during pregnancy)**

	Valid Percent
No	97.5
Yes	2.5

(n = 1,499)

**Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker tell you that you had any of the following health conditions?**

**b. High blood pressure or hypertension**

	Valid Percent
No	96.1
Yes	3.9

(n = 1,494)

**c. Depression**

	Valid Percent
No	87.3
Yes	12.7

(n = 1,494)

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## Pregnancy History

**Before you got pregnant with your new baby, did you ever have any other babies who were born alive?**

	Valid Percent
No	45.2
Yes	54.8

(n = 1,523)

**Did the baby born just before your new one weigh 5 pounds, 8 ounces (2.5 kilos) or less at birth?**

	Valid Percent
No	86.8
Yes	13.2

(n = 851)

**Was the baby just before your new one born earlier than 3 weeks before his or her due date?**

	Valid Percent
No	84.4
Yes	15.6

(n = 867)

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## Pregnancy Intendedness

**Thinking back to just before you got pregnant with your new baby, how did you feel about becoming pregnant?**

	Valid Percent
I wanted to be pregnant later	21.6
I wanted to be pregnant sooner	13.9
I wanted to be pregnant then	44.7
I didn't want to be pregnant then or at any time in the future	4.6
I wasn't sure what I wanted	15.2

(n = 1,486)

**How much longer did you want to wait to become pregnant?**

	Valid Percent
.Less than 1 year	20.7
1 year to less than 2 years	29.9
2 years to less than 3 years	25.4
3 years to 5 years	16.0
More than 5 years	8.0

(n = 345)

**When you got pregnant with your new baby, were you trying to get pregnant?**

	Valid Percent
No	42.3
Yes	57.7

(n = 1,508)

**When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting pregnant?**

	Valid Percent
No	54.0
Yes	46.0

(n = 671)

## Pregnancy Intendedness

### What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant?

	Percent of Cases*
I didn't mind if I got pregnant	53.5%
I thought I could not get pregnant at that time	31.0%
I had side effects from the birth control method I was using	12.0%
I had problems getting birth control when I needed it	5.1%
I thought my husband or partner or I was sterile (could not get pregnant at all)	15.1%
My husband or partner didn't want to use anything	13.8%
I forgot to use a birth control method	7.3%
Other	13.9%

(n = 335)

\* "Percent of Cases" appears when the question instructs respondents to "Check all [answers] that apply." There can be multiple responses from each person; therefore, the total percent will be  $\geq 100.0\%$

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## Pregnancy Weight

### Post-survey calculated variable: Pregnancy weight gain/loss

	Valid Percent
Gained less than the IOM recommended amount	17.7
Gained the IOM recommended amount	31.0
Gained more than the IOM recommended amount	50.4
My weight did not change during my pregnancy	.9

(n = 1,378)

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- Significantly lower number of respondents to certain questions usually indicate a skip pattern in the questionnaire.

## Prenatal Care

**How many months pregnant were you when you had your first prenatal care?**

	Valid Percent
I did not go for prenatal care.	.3
less than 3 months	86.6
3 or more months	13.1

(n = 1,477)

**Did you get prenatal care as early in your pregnancy as you wanted?**

	Valid Percent
No	15.2
Yes	84.8

(n = 1,486)

**Did any of these things keep you from getting prenatal care when you wanted it?**

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

**a. I couldn't get an appointment when I wanted one**

	Valid Percent
No	70.3
Yes	29.7

(n = 255)

**Did any of these things keep you from getting prenatal care when you wanted it?**

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

**b. I didn't have enough money or insurance to pay for my visits**

	Valid Percent
No	74.0
Yes	26.0

(n = 258)

## Prenatal Care

**Did any of these things keep you from getting prenatal care when you wanted it?**

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

### c. I didn't have any transportation to get to the clinic or doctor's office

	Valid Percent
No	90.9
Yes	9.1

(n = 246)

**Did any of these things keep you from getting prenatal care when you wanted it?**

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

### d. The doctor or my health plan would not start care as early as I wanted

	Valid Percent
No	70.3
Yes	29.7

(n = 254)

**Did any of these things keep you from getting prenatal care when you wanted it?**

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

### e. I had too many other things going on

	Valid Percent
No	85.3
Yes	14.7

(n = 248)

## Prenatal Care

### Did any of these things keep you from getting prenatal care when you wanted it?

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

#### f. I couldn't take time off from work or school

	Valid Percent
No	90.5
Yes	9.5

(n = 246)

### Did any of these things keep you from getting prenatal care when you wanted it?

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

#### g. I didn't have my Oregon Health Plan or Medicaid card

	Valid Percent
No	79.0
Yes	21.0

(n = 253)

### Did any of these things keep you from getting prenatal care when you wanted it?

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

#### h. I didn't have anyone to take care of my children

	Valid Percent
No	94.1
Yes	5.9

(n = 247)

### Did any of these things keep you from getting prenatal care when you wanted it?

For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

#### i. I didn't know that I was pregnant

	Valid Percent
No	65.0
Yes	35.0

(n = 253)

## Prenatal Care

**Did any of these things keep you from getting prenatal care when you wanted it?**  
For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

### j. I didn't want anyone else to know I was pregnant

	Valid Percent
No	88.3
Yes	11.7

(n = 248)

**Did any of these things keep you from getting prenatal care when you wanted it?**  
For each item, check **No** if it did not keep you from getting prenatal care or **Yes** if it did

### k. I didn't want prenatal care

	Valid Percent
No	97.4
Yes	2.6

(n = 247)

**During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)?**

	Valid Percent
No	89.2
Yes	10.8

(n = 1,496)

## Prenatal Care

**During your most recent pregnancy, what kind of health insurance did you have to pay for your prenatal care? Check all that apply.**

	Percent of Cases*
Private health insurance from my job or the job of my husband, partner, or parents	52.1%
Private health insurance purchased directly from an insurance company	5.2%
Oregon Health Plan or Medicaid	48.7%
Some other kind of health insurance	2.8%
I did not have any health insurance to pay for my prenatal care	2.7%
TRICARE or other military health care	1.2%
Indian Health Service	0.7%

(n = 1,486)

\* “Percent of Cases” appears when the question instructs respondents to “Check all [answers] that apply.” There can be multiple responses from each person; therefore, the total percent will be  $\geq 100.0\%$

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

### **a. How much weight I should gain during my pregnancy**

	Valid Percent
No	23.1
Yes	76.9

(n = 1,481)

## Prenatal Care

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

**b. How smoking during pregnancy could affect my baby**

	Valid Percent
No	34.0
Yes	66.0

(n = 1,477)

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

**c. Breastfeeding my baby**

	Valid Percent
No	14.9
Yes	85.1

(n = 1,487)

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

**d. How drinking alcohol during pregnancy could affect my baby**

	Valid Percent
No	33.2
Yes	66.8

(n = 1,476)

## Prenatal Care

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

### **e. Using a seat belt during my pregnancy**

	Valid Percent
No	55.8
Yes	44.2

(n = 1,473)

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

### **f. Medicines that are safe to take during my pregnancy**

	Valid Percent
No	10.2
Yes	89.8

(n = 1,479)

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

### **g. How using illegal drugs could affect my baby**

	Valid Percent
No	42.4
Yes	57.6

(n = 1,474)

## Prenatal Care

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

### **h. Doing tests to screen for birth defects or diseases that run in my family**

	Valid Percent
No	9.7
Yes	90.3

(n = 1,477)

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

### **i. The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due)**

	Valid Percent
No	17.5
Yes	82.5

(1,478)

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

### **j. Getting tested for HIV (the virus that causes AIDS)**

	Valid Percent
No	34.0
Yes	66.0

(n = 1,458)

## Prenatal Care

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

**k. What to do if I feel depressed during my pregnancy or after my baby is born**

	Valid Percent
No	20.7
Yes	79.3

(n = 1,472)

***During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below?***

**l. Physical abuse to women by their husbands or partners**

	Valid Percent
No	48.4
Yes	51.6

(n = 1,470)

***During your most recent pregnancy, did you take a class or classes to prepare for childbirth and learn what to expect during labor and delivery?***

	Valid Percent
No	68.8
Yes	31.2

(n = 1,502)

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## Prenatal Stress

**This question is about things that may have happened during the 12 months before your new baby was born.**

**a. A close family member was very sick and had to go into the hospital**

	Valid Percent
No	77.9
Yes	22.1

(n = 1,495)

**This question is about things that may have happened during the 12 months before your new baby was born.**

**b. I got separated or divorced from my husband or partner**

	Valid Percent
No	93.8
Yes	6.2

(n = 1,493)

**This question is about things that may have happened during the 12 months before your new baby was born.**

**c. I moved to a new address**

	Valid Percent
No	62.9
Yes	37.1

(n = 1,492)

## Prenatal Stress

**This question is about things that may have happened during the 12 months before your new baby was born.**

**d. I was homeless or had to sleep outside, in a car, or in a shelter**

	Valid Percent
No	97.7
Yes	2.3

(n = 1,492)

**This question is about things that may have happened during the 12 months before your new baby was born.**

**e. My husband or partner lost his job**

	Valid Percent
No	88.7
Yes	11.3

(n = 1,486)

**This question is about things that may have happened during the 12 months before your new baby was born.**

**f. I lost my job even though I wanted to go on working**

	Valid Percent
No	92.3
Yes	7.7

(n = 1,486)

## Prenatal Stress

**This question is about things that may have happened during the 12 months before your new baby was born.**

**g. My husband, partner, or I had a cut in work hours or pay**

	Valid Percent
No	78.8
Yes	21.2

(n = 1,489)

**This question is about things that may have happened during the 12 months before your new baby was born.**

**h. I was apart from my husband or partner due to military deployment or extended work-related travel**

	Valid Percent
No	96.9
Yes	3.1

(n = 1,486)

**This question is about things that may have happened during the 12 months before your new baby was born.**

**i. I argued with my husband or partner more than usual**

	Valid Percent
No	82.1
Yes	17.9

(n = 1,487)

## Prenatal Stress

**This question is about things that may have happened during the 12 months before your new baby was born.**

**j. My husband or partner said he didn't want me to be pregnant**

	Valid Percent
No	94.3
Yes	5.7

(n = 1,491)

**This question is about things that may have happened during the 12 months before your new baby was born.**

**k. I had problems paying the rent, mortgage, or other bills**

	Valid Percent
No	80.3
Yes	19.7

(n = 1,488)

**This question is about things that may have happened during the 12 months before your new baby was born.**

**l. My husband, partner, or I went to jail**

	Valid Percent
No	97.7
Yes	2.3

(n = 1,491)

## Prenatal Stress

**This question is about things that may have happened during the 12 months before your new baby was born.**

### **m. Someone very close to me had a problem with drinking or drugs**

	Valid Percent
No	87.2
Yes	12.8

(n = 1,491)

**This question is about things that may have happened during the 12 months before your new baby was born.**

### **n. Someone very close to me died**

	Valid Percent
No	85.1
Yes	14.9

(n = 1,491)

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## Social Services

**In the *past 12 months*, have you needed or received any of the following?**

**a. Food Stamps or money to buy food**

	Valid Percent
Didn't need it	51.7
Needed, but did not get it	7.8
Needed, and did get it	40.5

(n = 1,485)

**In the *past 12 months*, have you needed or received any of the following?**

**b. Other financial assistance (for example, AFDC, TANF, subsidized rent, etc.)**

	Valid Percent
Didn't need it	76.8
Needed, but did not get it	12.0
Needed, and did get it	11.3

(n = 1,474)

**In the *past 12 months*, have you needed or received any of the following?**

**c. Help with an alcohol or drug problem**

	Valid Percent
Didn't need it	98.2
Needed, but did not get it	.2
Needed, and did get it	1.5

(n = 1,492)

**In the *past 12 months*, have you needed or received any of the following?**

**d. Help to stop smoking**

	Valid Percent
Didn't need it	94.5
Needed, but did not get it	3.1
Needed, and did get it	2.5

(n = 1,482)

## Social Services

**In the *past 12 months*, have you needed or received any of the following?**

**e. Help with transportation**

	Valid Percent
Didn't need it	90.3
Needed, but did not get it	3.6
Needed, and did get it	6.1

(n = 1,479)

**In the *past 12 months*, have you needed or received any of the following?**

**f. Help paying for education or job training**

	Valid Percent
Didn't need it	89.4
Needed, but did not get it	6.8
Needed, and did get it	3.9

(n = 1,478)

**In the *past 12 months*, have you needed or received any of the following?**

**g. Help with a family violence problem**

	Valid Percent
Didn't need it	97.9
Needed, but did not get it	1.0
Needed, and did get it	1.1

(n = 1,480)

**In the *past 12 months*, have you needed or received any of the following?**

**h. Help or counseling for other family or personal problems**

	Valid Percent
Didn't need it	86.6
Needed, but did not get it	4.0
Needed, and did get it	9.4

(n = 1,479)

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## Social Support

**Would you have the kinds of help listed below if you needed them?**

**a. Someone to loan me money for food or bills if I needed it**

	Valid Percent
No	22.3
Yes	77.7

(n = 1,470)

**Would you have the kinds of help listed below if you needed them?**

**b. Someone who would help me if I were sick and needed to be in bed**

	Valid Percent
No	13.3
Yes	86.7

(n = 1,475)

**Would you have the kinds of help listed below if you needed them?**

**c. Someone who would take me to the clinic or doctor's office if I needed a ride**

	Valid Percent
No	9.3
Yes	90.7

(n = 1,481)

**Would you have the kinds of help listed below if you needed them?**

**d. Someone I can count on to listen to me when I need to talk**

	Valid Percent
No	10.3
Yes	89.7

(n = 1,479)

## Social Support

**Would you have the kinds of help listed below if you needed them?**

**e. Someone who shows me love and affection other than my child**

	Valid Percent
No	9.8
Yes	90.2

(n = 1,472)

**Below is a list of items neighbors sometimes do for each other.**

**How often do your neighbors—**

**a. Do favors for each other?**

	Valid Percent
Never	40.2
Almost never	9.9
Sometimes	28.7
Fairly often	11.2
very often	10.0

(n = 1,470)

**Below is a list of items neighbors sometimes do for each other.**

**How often do your neighbors—**

**b. Ask each other advice about personal things such as child rearing or job openings?**

	Valid Percent
Never	57.4
Almost never	10.1
Sometimes	19.0
Fairly often	7.3
very often	6.2

(n = 1,467)

## Social Support

Below is a list of items neighbors sometimes do for each other.

How often do your neighbors—

**c. Have parties or other get-togethers where other people in the neighborhood are invited?**

	Valid Percent
Never	53.4
Almost never	15.2
Sometimes	20.2
Fairly often	6.8
very often	4.5

(n = 1,474)

Below is a list of items neighbors sometimes do for each other.

How often do your neighbors—

**d. Visit in each other's homes or on the street?**

	Valid Percent
Never	39.0
Almost never	10.4
Sometimes	27.7
Fairly often	13.1
very often	9.7

(n = 1,470)

## Social Support

**Below is a list of items neighbors sometimes do for each other.**

**How often do your neighbors—**

**e. Watch over each other's property?**

	Valid Percent
Never	34.6
Almost never	7.6
Sometimes	25.8
Fairly often	14.6
very often	17.4

(n = 1,465)

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## Tobacco Use

**Have you smoked any cigarettes in the past 2 years?**

	Valid Percent
No	74.6
Yes	25.4

(n = 1,499)

**In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.**

	Valid Percent
41 cigarettes or more	.4
1 to 40 cigarettes	1.3
11 to 20 cigarettes	4.2
6 to 10 cigarettes	7.6
1 to 5 cigarettes	6.5
Less than 1 cigarette	2.2
I didn't smoke then	77.8

(n = 1,495)

**In the last 3 months of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes**

	Valid Percent
41 cigarettes or more	.0
21 to 40 cigarettes	.3
11 to 20 cigarettes	.5
6 to 10 cigarettes	2.9
1 to 5 cigarettes	4.9
Less than 1 cigarette	1.2
I didn't smoke then	90.3

(n = 1,496)

## Tobacco Use

**How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes.**

	Valid Percent
41 cigarettes or more	.0
21 to 40 cigarettes	.1
11 to 20 cigarettes	1.9
6 to 10 cigarettes	4.6
1 to 5 cigarettes	5.5
Less than 1 cigarette	1.4
I didn't smoke then	86.5

(n = 1,496)

**Not including yourself, is there anyone in your household who smokes cigarettes, cigars, or pipes?**

	Valid Percent
No	82.5
Yes	17.5

(n = 1,487)

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## WIC

**During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?**

	Valid Percent
No	54.5
Yes	45.5

(n = 1,499)

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