**BF/BFPC Call Notes**

**Facilitator:** Kelly Sibley **Notetaker:** Bonnie Ranno

**Attendees:** Guest – Tom Dempski, Hygeia

\*BFPC Coordinator

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| --- | --- | --- | --- | --- |
| **AGENCY** | **NAME** |  | **AGENCY** | **NAME** |
| **Baker** | Mandy Peterson |  | **Lane** | Heather Rush |
| **Benton** | Charlene Yager |  | **Lincoln** | Aracelis Irizarry-Rodriguez |
| **Clackamas** | \*Aria Baker |  | **Linn** | \*Megan Dunn |
| **Clackamas** | Jill Wright |  | **Linn** | Leah Brunson |
| **Clatsop** | Norma Hernandez |  | **Malheur** | Hallie Hopkins |
| **Columbia** | Sheri Duren |  | **Marion** | Kendra Stafford |
| **Coos** | Julie Fitzsimmons |  | **Marion** | Carol Boliou |
| **Crook** | Lauren Simmons |  | **Multnomah** | \*Sabrina Villemenay |
| **Deschutes** | Shannon Flowerday |  | **North Central** | Maricela Elias |
| **Deschutes** | Maria O’Neill |  | **Polk** | Jacqui Umstead |
| **Grant** | Jessica Winegar |  | **Salud** | \*Elizabeth Still |
| **Harney** | Virginia Lopez |  | **Tillamook** | vacant |
| **Hood River** | McKenna Carter |  | **UCAN (Douglas)** | Brennan Cappa |
| **Jackson** | Meghan Robinson |  | **U-M Head Start** | Selene Rosas |
| **Jefferson** | Tami Kepa’a |  | **Umatilla (Confed.)** | Alisa Portley-White |
| **Josephine** | \*Silvia Figueroa |  | **Union** | Kimberly Adams |
| **Josephine** | Christine Shepherd |  | **Warm Springs** | Tyra Thomas |
| **Klamath** | Xandi Vermaas |  | **Washington** | \*Jeanette Lopez |
| **Lake** | Hannah Brollier |  | **Washington** | Jody Arteaga |
|  |  |  |  |  |
| **State Office** | Kelly Sibley |  | **State Office** | Bonnie Ranno |
| **State Office** | Jessica Lee |  | **State Office** | Korina Skaff |
| **State Office** | Cenaida Valdivia |  | **State Office** |  |

**Additional local agency staff:**

**Coos** – Rosa Atencio, Jan Low & Lisa Hermann, **Klamath** – Melissa Dorsey, **Lincoln** – Vicki Baker, Maria Carmona, Nancy Velazquez & Diana Chu-Butler, **Lane** – Tammy Johnson, **Marion** – Maria Puerling, Rita Segundo & Beckie Garcia,

| **Item** | **Discussion/Decisions Guide** | **Decisions/**  **Actions** |
| --- | --- | --- |
| **State Updates**  (Kelly, Bonnie, Korina) | * Welcome Korina Skaff as new job share partner! * Korina and other agencies who are onboarding new peer counselors would like to virtually visit any breastfeeding groups that are happening in local agencies. Jody from Washington, Jill from Clackamas and Brennan from Douglas are all open to having their virtual groups observed. |  |
| **Local Agency Sharing** | * Josephine: have temporarily discontinued their virtual groups. * Clackamas: Jill reports using Doxie video for individual breastfeeding counseling appointments, with good results except for occasional WiFi or cell phone issues with video. * Harney: Virginia reports that their agency has a volunteer peer counselor to help BF parents. * Linn: Megan shared that she hired a new peer counselor and will be onboarding her soon. Juana, her previous peer counselor has aged out of the program and was promoted to a certifier position. Linn and Lincoln Counties are in the finalizing phase of an MOU between their agencies for the BFPC Expansion Pilot Program. |  |
| **Question from Multnomah County** | **Is the state planning to discontinue multi-user breast pumps? (This was mentioned at the October OWCA meeting)**   * State office staff are looking at the *possibilit*y of phasing out multi-user pumps over the next few years and are in the process of gathering information and feedback on this idea from staff and other state programs. Several other states are doing this, including Washington. No decisions have been made for Oregon yet. However, some of the reasons we are considering this are as follows:   + Lactina has been discontinued, and kits are no longer available.   + Hygeia has reported that orders for the EnDeare have decreased and they may phase it out – no timeline provided.   + Single-user pumps work well for bringing in and maintaining milk production, even for preemies. Speed and suction pressures in many brands of single user pumps are identical to that of multi-user pumps. Warranties are generally shorter though.   + Main difference between multi-user and single user pumps is the durability of the unit. Multi-user pumps were designed for long-term pumping and can be used multiple (8-12) times per day. Single user pumps are designed for a few uses per day. With higher usage, the potential exists for the pump to wear out sooner, so it might need to be replaced IF parents continue to pump at that higher frequency.   + Pump use in WIC has decreased dramatically with OHP providing pumps to participants, so decision could be cost-effective.   + Multi-user pumps are more expensive initially and require staff to track, clean, test, and recover pumps which adds to cost. Single user pumps are less expensive, even if one occasionally needs to be replaced.   + We have been using primarily single user pumps during Covid and staff and parents have liked this. There has not been a single complaint to the state about a pump not being effective. * We have a lot of multi-user pumps in Oregon WIC so it is unlikely we would stop using them altogether. If some agencies wanted to keep some multi-user pumps on hand, that would be fine. * IF we went this direction, our pump policies regarding single user pumps would need to be broadened to cover more situations than work or school. So, more to come on this! * If you have comments about this idea of phasing out multi-users, feel free to reach out to Bonnie:   **Phone**: 971-217-4864 **Email**: [bonnie.ranno@dhsoha.state.or.us](mailto:bonnie.ranno@dhsoha.state.or.us) |  |
| **Topic**  **1:30-3 PM** | The rest of the meeting was devoted to a breast pump training presented by Bonnie Ranno and Tom Dempski from Hygeia. Highlights:   * Oregon WIC will be transitioning to Hygeia products as our inventory of Medela pumps and accessories are used up.   + Multi-user: EnDeare   + Kit: called Personal Accessory Set (PAS)   + Single user: Evolve   + Manual: Both 1- and 2-handed pumps are available * Tom provided a demonstration on how to assemble and use the Evolve pump. Features:   + Small pump, portable, weighs about a pound   + Closed system, quiet operation   + Cordless – no need to be plugged in to use!   (has rechargeable lithium battery which is built into unit)   * + Offers both stimulation and expression phases   + User can control speed and suction pressure   + Comes with deluxe bag and all parts necessary to use the pump, plus some value-added parts, including extra bottles, a cooler bag with cold pack, and a changing mat.   Additional information on the Evolve is attached to the email, and on the Evolve website: <https://www.hygeiahealth.com/evolve/>   * The role and responsibilities of the Breast Pump Coordinator was reviewed * Location of breast pump resources on the website * An update on the pump inventory “clean-up” in TWIST project was provided. Progress has been made. Hope to complete it soon. * One result of project that you will notice: The metro area hospital partner pumps have been disconnected from local agency inventories so you will no longer see those pumps listed. If you receive a pump loan from one of these hospitals, contact Bonnie with the information and she’ll enter it in TWIST. * How to access and use all 4 of the pump screens/reports in TWIST was shown. * Time ran out before the training was completed, so a “Part 2” will be scheduled to finish this training. It will be scheduled for an hour. Remaining topics include more local agency specific information on offering pumps, cleaning pumps, testing pumps, troubleshooting pump problems, fitting flanges, insurance pumps, and education to offer participants about pumps. |  |
| **Follow-up** | * A recording of the Evolve demonstration will (hopefully) be posted to the breastfeeding webpage soon. The pump training, parts 1 & 2, will be made available as well. * Part 2 of the Breast Pump training will be offered in the next few months. Plan to attend! Breast Pump Coordinators invited too! 😊 | **Date TBD** |
| **Next Meeting** | Wednesday, January 26, 2022 \*If this date changes, you will be notified  1:15 – 2:45 on Zoom |  |