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Category/ Designation	Template Codes	Description	Full	Partial
Woman Pregnant, Woman Mostly Breastfeeding	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt	4.5 gal 1 lb 1 ctr	2.25 gal 1 lb 1 ctr
	WPB	Eggs - large Cereal - hot/cold 11.5-12 ounce frozen juice Whole grains Beans, dry or canned Peanut butter/ dry or canned beans Fruit and vegetables - fresh/frozen/canned	1 doz 36 oz 3 ctr 16 oz 1 ctr 1 ctr 1 1.00 \$	1 doz 18 oz 2 ctr 16 oz 1 ctr 1 ctr 11.00 \$
Woman Pregnant with Multiples, Woman Partially	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt	5.0 gal 2 lb 1 ctr	2.5 gal 1 lb 1 ctr
Breastfeeding Multiples, Woman Mostly Breastfeeding and Pregnant	WPB-M	Eggs - large Cereal - hot/cold 11.5-12 ounce frozen juice Whole grains Beans, dry or canned Peanut butter/ dry or canned beans Fish - canned tuna/salmon/sardines Fruit and vegetables - fresh/frozen/canned	2 doz 36 oz 3 ctr 16 oz 1 ctr 1 ctr 30 oz 11.00 \$	1 doz 18 oz 2 ctr 16 oz 1 ctr 1 ctr 15 oz 11.00 \$

Category/ Designation	Template Codes	Description	Full	Partial
Woman Fully Breastfeeding	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt	5.0 gal 2 lb 1 ctr	2.5 gal 1 lb 1 ctr
	WE	Eggs - large Cereal - hot/cold 11.5-12 ounce frozen juice Whole grains Beans, dry or canned Peanut butter/ dry or canned beans Fish - canned tuna/salmon/sardines Fruit and vegetables - fresh/frozen/canned	2 doz 36 oz 3 ctr 16 oz 1 ctr 1 ctr 30 oz 11.00 \$	1 doz 18 oz 2 ctr 16 oz 1 ctr 1 ctr 15 oz 11.00 \$
Woman Postpartum Non-Breastfeeding, Woman Some	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt	3.0 gal 1 lb 1 ctr	1.5 gal 1 lb 1 ctr
Breastfeeding	WN	Eggs - large Cereal - hot/cold 11.5-12 ounce frozen juice Peanut butter/ dry or canned beans Fruits and vegetables - fresh/frozen/canned	1 doz 36 oz 2 ctr 1 ctr 11.00 \$	1 doz 18 oz 1 ctr 1 ctr 11.00 \$

Category/ Designation	Template Codes	Description	Full	Partial
Child		Whole milk	3.0 gal	1.50 gal
13-23 months	MW-C	Cheese	1 lb	1 lb
	WIW-C	Whole milk yogurt	1 ctr	1 ctr
		Eggs - large	1 doz	1 doz
		Cereal - hot/cold	36 oz	18 oz
		Peanut butter/ dry or canned beans	1 ctr	1 ctr
		Whole grains	32 oz	16 oz
	C	64 oz bottle juice		
		·	2 ctr	1 ctr
		Fruits and vegetables -		
		fresh/frozen/canned	9.00 \$	9.00 \$
Child		Lowfat or fat free milk	3.0 gal	1.5 gal
24-60 months	ML-C-Y	Cheese	1 lb	1 lb
		Lowfat or nonfat milk yogurt	1 ctr	1 ctr
		Eggs - large	1 doz	1 lb
		Cereal - hot/cold	36 oz	18 oz
		Peanut butter/ dry or canned beans	1 ctr	1 ctr
	C	Whole grains 64 oz bottle juice	32 oz	16 oz
	C	Fruits and vegetables -	2 ctr	1 ctr
		fresh/frozen/canned	9.00 \$	9.00 \$
Infant Non-BF 0-3 months	SIA-P	Similac Advance powder	9 can	5 can
Infant Non-BF 4-6 months	SIA-P	Similac Advance powder	10 can	5 can
			L	j

Category/ Designation	Template Codes	Description	Full	Partial
Infant Non-BF 7-12 months	SIA-P	Similac Advance powder	7 can	4 can
	I-FVC or	Baby food - fruit/ vegetables Baby cereal	128 oz 24 oz	64 oz 12 oz
	I-FVC-\$4 (Option at age 9-mon)	Baby food - fruit/ vegetables Baby cereal Fresh fruits and vegetables	64 oz 24 oz 4 \$	32 oz 12 oz 4 \$
Infant Mostly or Some BF	SIA-P	Similac Advance powder	CPA assigned *	CPA assigned *
7-12 months *There are no standard food template amounts for partially (Mostly or Some) breastfed infants. The amount of formula each infant receives will vary and must be assigned by	I-FVC or I-FVC-\$4	Baby food - fruit/ vegetables Baby cereal Baby food - fruit/ vegetables Baby cereal Fresh fruits and vegetables	128 oz 24 oz 64 oz 24 oz 4 \$	12 oz 64 oz 32 oz 12 oz 4 \$
the CPA. Infant Fully BF 0-6 months	Z	No WIC foods		
Infant Fully BF 7-12 months	I-FVCM or	Baby food - fruit/ vegetables Baby food - meat Baby cereal	256 oz 77.5 oz 24 oz	128 oz 39 oz 12 oz
	I-FVCM-\$8 (Option at age 9-mon)	Baby food - fruit/ vegetables Baby food - meat Baby cereal Fresh fruits and vegetables	128 oz 77.5 oz 24 oz 8 \$	64 oz 39 oz 12 oz 8 \$

Category/ Designation	Template Codes	Description	F	ull	Partial
Woman Fully Breastfeeding Multiples See Job Aid: Food Package for Fully BF Twins for	ML-C-Y	Low fat milk Cheese Lowfat or nonfat yogurt Eggs - large	Month 1 8.0 gal 3 lb 1 ctr 3 doz	Month 2 8.0 gal 2 lb † 1 ctr 3 doz	4.0 gal 2 lb 1 ctr 2 doz
special instructions when assigning. † These foods are manually modified every other month.	WE-M	Cereal - hot/cold 11.5-12 ounce frozen juice Whole grains Beans, dry or canned	54 oz 5 ctr 32 oz 2 ctr	54 oz 4 ctr † 16 oz † 2 ctr	36 oz 2 ctr 16 oz 1 ctr
		Peanut butter/ dry or canned beans Fish - canned tuna/salmon/sardines Fruit and vegetables - fresh/frozen/canned	1 ctr 45 oz 16.50 \$	1 ctr 45 oz 16.50 \$	1 ctr 25 oz 16.50 \$



Food Packages and Template Codes

Types of Food Packages

Every participant is assigned a food package made up of a combination of milk, foods, and formula that is appropriate for their age, category, and designation.

Standard Food Packages

Standard food packages are the food packages automatically assigned by TWIST for each participant. They contain the maximum amount of foods allowed by federal regulations.

Non-Standard Food Packages

Non-standard food packages are food packages that are slightly changed by the CPA. For example, the CPA might select a template with no eggs or reduce the quantity of milk in a package.

Modified Food Packages

If the CPA cannot find a non-standard template to meet the participant's needs, a "modified" food package can be created by using the "Modify" pop-up on the *Food Package Assignment* screen.

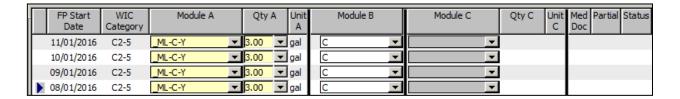
Partial Food Packages

Partial food packages are issued starting on the 20th of the month. They have reduced quantities of food to reflect the partial month of issuance.

Food Packages and Template Codes

Modules on the "Food Package Assignment" Screen

The foods in each food package are grouped together in smaller units called modules. Each module contains a different group of foods.



Module A → milk or infant formula module

Module B → food module

Module C → medical formula for women and children module

Foods in each module are selected by using the drop down arrow to select a template. **Templates** are combinations of commonly assigned foods that can be selected from the drop down in each module. Only templates appropriate for the participant are available to choose. During certification, TWIST defaults to the standard templates or to templates previously used by the participant.

A **food package** refers to all of the participant's foods and formula together. Most participants will receive foods from two different modules. Women and children with special dietary needs may receive foods from all three.

Food Packages and Template Codes

Module A - Milk Templates - Women and Children

Standard Milk Templates

ML-C-Y = Woman or Child 24-60 mo: liquid cow's milk (non-fat, 1%); cheese; 1 qt. lowfat milk yogurt.

MW-C-Y = Child 13-23 mo: liquid cow's milk (whole); cheese; 1 qt. whole milk yogurt.

Non-Standard Milk Templates

The non-standard milk templates offer different choices for types of milk. You can also choose templates with less cheese and more milk.

Modu	ıle A - Milk Template C	Codes
First Letter	Second Letter	Extra Letters
M - Liquid Cow's Milk	L - Non-fat, 1%	C - Cheese is included
G - Liquid Goat's Milk	W - Whole milk only	0 - No Cheese included
S - Soy Milk Beverage	2 - 2% only	T - Tofu included
L - Lactose-free Milk		Y - Yogurt included
A - Acidophilus Milk		YW- Whole yogurt
		assigned to soy beverage

Examples:

S-0 = Soy milk beverage; no cheese.

GL-C = Goat's milk (non-fat or 1%); cheese included.

NOTE: Evaporated or dry powdered versions of milk do not have templates. They are assigned from the "Modify" screen.

Food Packages and Template Codes

Module B - Food Templates - Women and Children

Standard Food Templates

Standard Food Templates include eggs, cereal, peanut butter, beans, 100% whole wheat bread or whole grains, juice, fish, fruit and vegetables. The templates have the foods and quantities appropriate for each category.

C = Children

WE = Fully breastfeeding women

WPB = Pregnant women or mostly breastfeeding women

WN = Non-breastfeeding women or women doing some breastfeeding and infant receives formula exceeding the IB maximum

WPB-M = Woman (pregnant or mostly breastfeeding, with multiples)

WE-M = Woman fully breastfeeding multiples

Non-Standard Food Templates

The non-standard food templates offer different choices for changing or removing some foods. The second part of the template tells what food has been changed.

Modul	e B - Food Template Codes
First Part (standard)	Second Part (what is different)
C	w/o PB – Without peanut butter
WE	w/o E – Without eggs
WPB	w/o F – without fish (tuna, salmon, sardines)
WN	J48 – Contains frozen juice which reconstitutes to
	48 oz. juice, rather than bottled juice
WPB-M	J64 – Contains 64 oz. bottled juice
WE-M	

Examples:

C w/o E = The standard child foods without eggs.

WPB-M-w/o F = The standard foods for a pregnant woman with multiples, without fish.

Food Packages and Template Codes

Module A - Formula Templates - Infant

Standard Infant Formula Template

The Standard Formula Template for infants is for the bid formula.

SIA-P = Similar Advance Powder

Non-Standard Infant Formula Templates

All formulas have a three letter abbreviation.

• One word formulas will use the first three letters.

Example: Nutramigen=NUT

• Two word formulas use the first two letters of the first word and the first letter of the second word.

Example: Similac Advance=SIA

• Three word formulas use the first letter of each word.

Example: Bright Beginnings Soy=BBS

Exception: The Similac Soy Isomil template is SOY.

Module A – Infant Formula	Template Codes
First Part	Second Part
(abbreviation of name of formula)	(type of formula)
Examples:	
SIA	C – Concentrate
NUT	P – Powder
SOY	R- Ready to Feed

Examples:

 $SIA-C = Similac \ Advance, \ concentrate \ or$

NEI-P = Neocate Infant, powder

NOTE: Some formulas will include additional letters or numbers to differentiate similar items. *Example: PEP 1.0 or PEP 1.5 indicates two kinds of Pediasure Peptide*.

Food Packages and Template Codes

Module B - Food Templates - Infants

Standard Food Templates for Infants

I-FVC – Foods for non-breastfeeding and some or mostly breastfeeding infants include baby food fruits, baby food vegetables, baby cereal

I-FVCM – Foods for exclusively breastfeeding infants include baby food fruits, baby food vegetables, baby cereal, baby food meat

Non-Standard Food Template for Infants

	Module B – Infant Food Template Codes
First Part	Second Part
I - Infant	FVC-\$4 – replaces 64 ounces of the baby food fruits and vegetables with cash value of \$4 for fresh fruits and vegetables
	FVCM-\$8 - replaces 128 ounces of the baby food fruits and vegetables with cash value of \$8 for fresh fruits and vegetables

Example:

I-FVCM-\$8 = Cash benefit for fresh fruits and vegetables, baby food fruit, baby food vegetables, baby food meat and baby cereal.

Food Packages and Template Codes

Module C – Formula Templates – Special Women and Special Children

Standard Formula Template - Women and Children

There is not a Standard Formula Template for women and children. Formula selected in Module C must be prescribed by a Health Care Provider and requires Medical Documentation.

Non-Standard Formula Templates – Women and Children

NOTE: Formulas not available as a template can be added using the "Modify" screen.

All formulas have a three letter abbreviation.

• One word formulas will use the first three letters.

Example: Nutramigen=NUT

• Two word formulas use the first two letters of the first word and the first letter of the second word.

Example: Similac Advance=SIA

• Three word formulas use the first letter of each word.

Example: Bright Beginnings Soy=BBS

Exception: The Similac Soy Isomil template is SOY.

Module A – Infant Formula	Template Codes
First Part (abbreviation of name of formula)	Second Part (type of formula)
Examples:	
SIA	C – Concentrate
NUT	P – Powder
SOY	R- Ready to Feed

Food Packages and Template Codes

Any Module - "Z" or "No Food" Templates

Template codes which begin with Z indicate the participant is not receiving milk, formula or foods in that module.

"No Food" Templates

\mathbf{Z} –

The "Z" package defaults in Module A for fully breastfed infants who do not receive any formula.

ZN-

The "ZN" package defaults for WBN women after 6 months postpartum. You may also select the "ZN" package for any participant who is not receiving foods in a module.

Examples:

- Participant is unable to eat or tolerate a particular group of foods, such as dairy products.
- Participant declines foods offered.

Postpartum Women and Infant Category Definitions

Postpartum Women Categories

Fully Breastfeeding: A breastfeeding mother who is up to one year postpartum, whose infant does not receive infant formula from WIC. TWIST Code – **WE**

Mostly Breastfeeding: A breastfeeding mother who is up to one year postpartum, whose infant receives infant formula from WIC up to the maximum provided for a mostly breastfeeding infant.

TWIST Code - WB



Some Breastfeeding: A breastfeeding mother who is up to one year postpartum, whose infant receives more than the maximum amount of infant formula from WIC provided for a mostly breastfeeding infant, but less than the amount provided for a non-breastfeeding infant.

TWIST Code – **WBN**

Non-Breastfeeding: A mother who is not breastfeeding and is less than 6 months postpartum. TWIST Code – **WN**

Infant Categories

Fully Breastfeeding: A breastfeeding infant who is up to one year of age and does not receive infant formula from WIC.

TWIST Code - IE

Mostly Breastfeeding: A breastfeeding infant who is one month to one year of age and receives infant formula from WIC up to the maximum provided for a mostly breastfeeding infant for the infant's age.

TWIST Code - IB

Some Breastfeeding: A breastfeeding infant who is one month to one year of age and receives more than the maximum amount of infant formula from WIC provided for a mostly breastfeeding infant, but less than the amount provided for a non-breastfeeding infant for the infant's age.

TWIST Code - IBN

Non-Breastfeeding: An infant who is not breastfeeding and is up to one year of age and receives infant formula from WIC.

TWIST Code - IN

Postpartum Women and Infant Category Definitions

				Po	Postpartum Woman and Infant Categories and Age Ranges in TWIST	man and Infe	ant Categorie	s and Age R	anges in TW	IST				
Month	Jan	Feb	Mar	Apr	May	June	July	August	Sept	Oct	Nov	Dec	Jan	Feb
No.	0		2	01	4	2	9	7	8	o	10	=	12	13
TWIST	alculates mont	h based on ca	lendar month,	rounded to the	TWIST calculates month based on calendar month, rounded to the end of the month. Categories are based on calendar month, except birth to one month and changing from an infant to a child	nth. Categorie	s are based or	r calendar mon	th, except birth	to one month	and changing	from an infan	t to a child.	
	0-1 month, Birth month	After 1st n	nonth throug	After 1st month through 3 months	4 months t	4 months through 6 months	onths	7 months	7 months to 1 year of age	əb				
Example:	Infant born Jan 15	Turns 1 mo. 2/15	Turns 2 mo. 3/15	Turns 3 mo. 4/15	Turns 4 mo. 5/15	Turns 5 mo. 6/15	Turns 6 mo. 7/15	Turns 7 mo. 8/15	Turns 8 mo. 9/15	Turns 9 mo. 10/15	Turns 10 mo. 11/15	Turns 11 mo. 12/15	Infant turns 1 year on Jan 15	
WE	Eligible un	ntil month ba	Eligible until month baby turns 1 year old -	ear old - Gets	Gets normal food package	l package								
ш	0 through	6 months ge	0 through 6 months gets breast milk only	ilk only				7 months t fruits/vegg	7 months to 1 year of agr fruits/veggies, and meat	ge - breast r	7 months to 1 year of age - breast milk + baby cereal, fruits/veggies, and meat	ereal,		
WB	Eligible un	itil month ba	Eligible until month baby turns 1 year old -	ear old - Gets	Gets reduced food package	od package								
<u> </u>	Breast milk only	1-3 month - breast + 1-4 cans powder	1-3 month - breast milk + 1-4 cans powder	*	4-6 months - breast + 1-5 cans powder	4-6 months - breast milk + 1-5 cans powder	¥	7 months t	7 months to 1 year - breast milk + + baby cereal and fruits/veggies	east milk + 1 s/veggies	7 months to 1 year - breast milk + 1-4 cans of powder + baby cereal and fruits/veggies	wder		
				_										
WBN	Eligible to	1 year - Get	s package e	qual to WN th	Eligible to 1 year - Gets package equal to WN thru month baby turns 6 months	by turns 6 m	onths	Gets no fo	od package,	recieves all	Gets no food package, recieves all other WIC services	rvices		
B N	Breast milk only	1-3 month + 5-8 can:	1-3 months - breast milk + 5-8 cans powder	¥	4-6 months - breas + 6-9 cans powder	s - breast milk powder	¥	7 months t + baby ce	7 months to 1 year - breast milk - + baby cereal and fruits/veggies	east milk + 5 s/veggies	7 months to 1 year - breast milk + 5-6 cans of powder + baby cereal and fruits/veggies	wder		
N N	Eligible un	ıtil baby con	npletes their	6th month of	Eligible until baby completes their 6th month of age - Gets WN food package	VN food pacl	kage							
Z	0-3 month				4-6 mont	4-6 months - 10 cans powder	powder	7 months	to 1 year - 7 c	cans of power	7 months to 1 year - 7 cans of powder + baby cereal and fruits/veggies	real and fru	its/veggies	
ပ											Can receiv	Can receive child package after 1/14 Child	age after 1/1	4 Child
	TWIST will n Policy will inst Morn and bal WE/IE = Full WB/IB = Mos	TWIST will not allow IE, IB, or IBN inf Policy will instruct to not give formula to Mom and baby category must match: WE/IE = Fully breastfeeding WB/IB = Mostly breastfeeding WBN/ISN = Some breastfeeding	B, or IBN infa e formula to IE nust match: ing ding	nts to receive	<u>TWIST</u> will not allow IE, IB, or IBN infants to receive formula during birth month. <u>Policy</u> will instruct to not give formula to IE, IB or IBN infants until after the <u>date</u> they turn 1 month old. Example: IB and IBN infants eligible for supplemental formula after 2/14 Mom and baby category must match: WE/IE = Fully breastfeeding WB/IB = Mostly breastfeeding WBN/IBN = Some breastfeeding	g birth month he <u>date</u> they tu	irn 1 month ol	d. Example: IB	and IBN infant	s eligible for s	upplemental fo	rmula after 2/'	4	
	WN/IN = Nor	WN/IN = Non-breastfeeding	ng											

Food Packages for Postpartum Women and Infants

The amount of breastfeeding determines mom's and baby's food packages.

Overview of the "standard" food packages for postpartum women

Foods	Fully Breastfeeding (WE)	Mostly Breastfeeding (WB)	Some Breastfeeding (WBN)	Non-breastfeeding (WN)
Fruits & veggies	\$11	\$11	\$11	\$11
Cereal	36 ounces	36 ounces	36 ounces	36 ounces
Whole grains	1 pound	1 pound	n/a	n/a
Milk & yogurt	5 gallons + 32 ounces	4½ gallons + 32 ounces	3 gallons + 32 ounces	3 gallons + 32 ounces
Cheese	2 pounds	1 pound	1 pound	1 pound
Eggs	2 dozen	1 dozen	1 dozen	1 dozen
Juice	3 cans frozen	3 cans frozen	2 cans frozen	2 cans frozen
Beans / Peanut	1-pound dry beans OR	1-pound dry beans OR	1 pound dry beans OR	1 pound dry beans OR
butter	(4) 15-16 ounce canned beans,	(4) 15-16 ounce canned beans,	(4) 15-16 ounce canned beans,	(4) 15-16 oz. canned beans,
	AND 18 ounces peanut butter	AND 18 ounces peanut butter	OR 18 ounces peanut butter	OR 18 oz. peanut butter
Canned fish	30 ounces	n/a	n/a	n/a

Details

- Women who receive both beans and peanut butter can replace the peanut butter with either 1 pound of dry beans, or 4 cans of canned beans.
- Mom and baby category must match. TWIST will not allow benefits to be issued if the mom and baby categories don't match.
- A mom who was on WIC during pregnancy has several food package choices once the baby is born and before her recertification appointment: a.) Put the baby on WIC as an exclusively breastfed baby and get the additional foods she is eligible for as a WE; b.) Wait until the baby is over one month old and put the baby on as being "mostly" breastfed (she receives WB foods) or "some" breastfed (she receives WBN foods); c.) Put the baby on as a non-breastfeeding baby and receive the WN foods; or, d) Wait to do anything until her postpartum recertification appointment and continue to receive the WP foods. NOTE: In these scenarios, when the category is changed to WBN or WN, because these food packages have less food than the WP package, she does not keep the remainder of her current month's unspent benefits that are over the max for her new category.
- For a WBN mom, because of the amount of formula the breastfed baby is receiving after six months, mom does not receive a food package, but still participates in WIC as a breastfeeding woman and continues to receive breastfeeding support, nutrition education, Farm Direct checks, and other WIC services until 1 year postpartum.
- TWIST calculates food packages by calendar month and rounds ages to the end of the month.

Food Packages for Postpartum Women and Infants

Overview of food packages for infants

		Age of Infant					
Category	Each month	Birth – date turns 1 month	1 - 3 months	4 - 6 months	7 - 12 months		
Fully	Mom gets:	Fully breastfeeding f	ood package				
Breastfeeding	Baby gets:	Mom's breast milk			Breast milk plus up to:		
					24 oz. infant cereal		
WE/IE					256 oz. baby food fruits and		
					vegetables		
					77.5 oz. baby food meat		
Mostly	Mom gets:	WP food package	Mostly Breastfeeding for	ood package	•		
Breastfeeding	Baby gets:	Mom's breast milk	Breast milk and up to	Breast milk and up to 5	Breast milk and up to 4 cans		
			4 cans powdered bid	cans powdered bid	powdered bid formula		
WB/IB			formula	formula	24 oz. infant cereal		
					128 oz. baby food fruits and		
					vegetables		
Some	Mom gets:	WP food package	Some Breastfeeding foo	nd nackage	No food package		
Breastfeeding	Baby gets:	Mom's breast milk	Breast milk and 5 to 8	Breast milk and 6 to 9	Breast milk and 5 to 6 cans		
Dreastreeding	Daby gets.	Wolli s oleast lillik	cans powdered bid	cans powdered bid	powdered bid formula		
WBN/IBN			formula	formula	24 oz. infant cereal		
VV D1 V/ ID1 V			Tomula	Torritura	128 oz. baby food fruits and		
					vegetables		
Non-	Mom gets:	Non-breastfeeding for	ood package		Categorically ineligible – no		
Breastfeeding	Wiom gets.	14011-breastreeding re	ou package		food package		
Dicasticcumg	Baby gets:	9 cans powdered	9 cans powdered bid	10 cans powdered bid	7 cans powdered bid formula		
WN/IN	Daby gets.	bid formula	formula	formula	24 oz. infant cereal		
4 4 1 4/ 4 1 4		old formula	Torritura	Torritura	128 oz. baby food fruits and		
					vegetables.		
					vegetables.		

NOTE: Fully BF infants 9 months of age or older may opt to replace 128 ounces of baby food fruits and vegetables with \$8 fresh fruit and veggies. Mostly, Some, and Non-BF infants 9 months of age or older may opt to replace 64 ounces of baby food fruits and vegetable with \$4 fresh fruits and veggies.

Category Assignments for Breastfeeding Multiple Babies (Twins or more)

As the certifier, you will want to think of the mom and her babies as a breastfeeding unit and assign food packages and categories to the babies in a way that maximizes the food package available for mom. You will notice that the formula can be divided in a variety of ways between the babies. You can assign mom as **mostly breastfeeding (WB)** as long as she has at least one baby that is **fully (IE)** or **mostly (IB) breastfed**. (Note: "Twins or more" must be marked in TWIST)

Baby 1 category	Baby 2 category	Baby 3 category	Total amount of powdered bid formula assigned to all babies 0-3 months.	Mom category	Assign these milk and food templates to mother
Twins					
Fully BF (IE)	Fully BF (IE)		None	Fully BF (WE)	ML-C, WE-M
Fully BF (IE)	Mostly BF (IB)		1-4 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Some BF (IBN)		5-8 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Non-BF (IN)		9 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Mostly BF (IB)		2-8 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Some BF (IBN)		6-12 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Non-BF (IN)		10-13 cans	Mostly BF (WB)	ML-C, WPB-M
Some BF (IBN)	Some BF (IBN)		10-16 cans	*Some BF (WBN)	ML-C, WN to 6 mo. postpartum
Some BF (IBN)	Non-BF (IN)		14-17 cans	Some BF (WBN)	ML-C, WN to 6 mo. postpartum
Non-BF (IN)	Non-BF (IN)		18 cans	Non-BF (WN)	ML-C, WN to 6 mo. postpartum

^{*} Assigning the infant categories in this combination limits mom's food package. Consider assigning the infants category and food packages in such a way that mom receives the larger food package until 1 year postpartum.

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Category Assignments for Breastfeeding Multiple Babies (Twins or more)

Baby 1 category	Baby 2 category	Baby 3 category	Total amount of powdered bid formula assigned to all babies 0-3 months.	Mom category	Assign these milk and food templates to mother
Triplets					
Fully BF (IE)	Fully BF (IE)	Fully BF (IE)	None	Fully BF (WE)	ML-C, WE-M
Fully BF (IE)	Fully BF (IE)	Mostly BF (IB)	1-4 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Fully BF (IE)	Some BF (IBN)	5-8 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Fully BF (IE)	Non-BF (IN)	9 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Mostly BF (IB)	Mostly BF (IB)	2-8 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Mostly BF (IB)	Some BF (IBN)	6-12 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Mostly BF (IB)	Non-BF (IN)	10-13 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Some BF (IBN)	Some BF (IBN)	10-16 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Some BF (IBN)	Non-BF (IN)	14-17 cans	Mostly BF (WB)	ML-C, WPB-M
Fully BF (IE)	Non-BF (IN)	Non-BF (IN)	18 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Mostly BF (IB)	Mostly BF (IB)	3-12 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Mostly BF (IB)	Some BF (IBN)	7-16 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Mostly BF (IB)	Non-BF (IN)	11-17 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Some BF (IBN)	Some BF (IBN)	11-20 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Some BF (IBN)	Non-BF (IN)	15- 21 cans	Mostly BF (WB)	ML-C, WPB-M
Mostly BF (IB)	Non-BF (IN)	Non-BF (IN)	19-22 cans	Mostly BF (WB)	ML-C, WPB-M

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Determining Supplemental Formula Amounts for the Partially (IB or IBN) Breastfed Infant

For Similac Advance (S	For Similac Advance (SIA-P) or Similac Soy Isomil (SOY-P) Powder					
If the infant is getting this much supplemental formula each day:		Assign this amount of Similac Advance (SIA-P) or Similac Soy Isomil (SOY-P) powdered formula:				
0 - 3 oz. per day	\rightarrow	1 can powder per month				
4 - 6 oz. per day	\rightarrow	2 cans powder per month				
7 - 9 oz. per day	\rightarrow	3 cans powder per month				
10 - 12 oz. per day	\rightarrow	4 cans powder per month				
13 - 15 oz. per day	\rightarrow	* 5 cans powder per month				
16 - 18 oz. per day	\rightarrow	* 6 cans powder per month				
19 - 21 oz. per day	\rightarrow	* 7 cans powder per month				
22 - 24 oz. per day	\rightarrow	* 8 cans powder per month				
25 - 27 oz. per day	\rightarrow	* 9 cans powder per month				

^{*} This quantity may exceed the maximum allowed as determined by infant age and category.

NOTES:

- One can of Similac Advance powder (SIA-P) and Similac Soy Isomil powder each yield 90 ounces of reconstituted infant formula.
- Use the formula job aids to find the reconstitution for other types of formula and calculate the number of cans per month a participant would need.

Standard Infant Formulas

Number of cans allowed by age and category

Key:

Maximum formula ounces allowed for age and category listed

Reconstitution = Number of fluid ounces of formula that can be made from one

can using standard dilution (20 kcal/oz).

Formula codes:

Similac Advance = SIA Similac Soy Isomil = SOY Similac Sensitive = SSF Similac Total Comfort = STC

Example: SIA-P = Similar Advance powder

Mostly breastfed (IB)

Formula	Can Size	Sub- category	Reconstitution	<1mo	1-3 mo	4-6 mo	7-12 mo
Powder					435 oz	522 oz	384 oz
Similac Advance	12.4	21-082	90	0	1-4	1-5	1-4
Similac Soy	12.4	21-031	90		1-4	1-3	1-4
Similac Sensitive	12.0	21-034	90	0	1-4	1-5	1-4
Similac Total Comfort	12.0	21-088	90	0	1-4	1-5	1-4
Concentrate					388 oz	460 oz	315 oz
Similac Advance	13	21-083	26	0	1-14	1-17	1-12
Similac Soy	13	21-032	26				
Ready to Feed					384 oz	474 oz	338 oz
Similac Advance	32	21-084	32	0	1-12	1-14	1-10
Similac Soy	32	21-033	32				
Similac Sensitive	32	21-036	32	0	1-12	1-14	1-10

Standard Infant Formulas

Some breastfeeding (IBN)

Formula	Can	Sub-	Reconstitution	<1mo	1-3 mo	4-6 mo	7-12 mo
Powder	Size	category			776 oz	866 oz	603 oz
Similac	12.4	21-082	90		5 0		
Advance				0	5-8	6-9	5-6
Similar Soy	12.4	21-031	90				
Similac Sensitive	12.0	21-034	90	0	5-8	6-9	5-6
Similac Total Comfort	12.0	21-088	90	0	5-8	6-9	5-6
Concentrate					751oz	823 oz	557oz
Similac Advance	13	21-083	26	0	15-28	18-31	13-21
Similac Soy	13	21-032	26		15-28	18-31	13-21
Ready to Feed					736 oz	812oz	544 oz
Similac Advance	32	21-084	32	0	13-23	15-25	11-17
Similac Soy	32	21-033	32	U	13-23	15-25	11-17
Similac Sensitive	32	21-036	32	0	13-23	15-25	11-17

A "some" breastfeeding infant receives more formula than the mostly breastfed infant and up to the equivalent of one can powder less than a non-breastfeeding infant (or less 3 cans concentrate or less 3 cans ready to feed)

Standard Infant Formulas

Non-breastfeeding infants (IN) and Children receiving infant formula (C-1)

Formula	Can Size	Sub- category	Reconstitution	0-3 mo	4-6 mo & 7-12 mo "special" (no infant foods)	7-12 mo	13-24 mo (C1)
Powder				870 oz	960 oz	696 oz	910
Similac Advance	12.4	21-082	90	9	10	7	10
Similac Soy	12.4	21-031	90				
Similac Sensitive	12.0	21-034	90	9	10	7	10
Similac Total Comfort	12.0	21-088	90	9	10	7	10
Concentrate				823 oz	896 oz	630 oz	910
Similac Advance	13	21-083	26	31	34	24	35
Similac Soy	13	21-032	26	31	34	24	35
Ready to Feed				832 oz	913 oz	643 oz	910
Similac Advance	32	21-084	32	26	28	20	28
Similac Soy	32	21-033	32	26	28	20	28
Similac Sensitive	32	21-036	32	26	28	20	28

Standard Infant Formulas

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Breastfeeding Special Situations

When a breastfeeding woman presents with a special breastfeeding situation, this Job Aid may help with determining whether she is eligible for WIC, her category, and the benefits she is eligible to receive. If a special situation arises that is not listed below, contact your WIC Coordinator.

Birth mother and infant are living apart (adoption, foster care)

- ◆ A birth mother who is providing breast milk for the infant, even though separated from the infant, may qualify for WIC as a breastfeeding woman if the following criteria are met:
 - The infant is enrolled on WIC
 - The infant's adopted or foster mother is not on WIC as a breastfeeding woman
 - The birth mother meets the eligibility requirements of income, residency, and nutritional risk
 - The birth mother is not receiving compensation for her breast milk
- ◆ If the birth mother *is not* breastfeeding, she may still qualify for WIC as a non-breastfeeding postpartum woman if the eligibility requirements of income, residency, and nutritional risk are met.

TWIST Documentation		Food Package Assignment
Link birth mother to the breastfeeding infant	•	Assign the WBN food package if the mother is providing some breast milk for the infant
• Make note in record that mother is living apart from infant	•	Assign the WN food package if the mother is not breastfeeding

Birth mother and non-birth mother are both breastfeeding the infant and are living apart (adoption, foster care)

- ◆ The non-birth mother must be breastfeeding and meet the eligibility requirements of income, residency, and nutritional risk in order to qualify for WIC.
- ◆ If *both* the non-birth mother and the birth mother are breastfeeding, and the birth mother is providing some breast milk for the infant (even though separated from the infant), the birth mother may still be considered for eligibility as a *non-breastfeeding* postpartum woman. Although she is technically breastfeeding, only *one* woman can be certified on WIC as a breastfeeding woman.
- ◆ If *both* the non-birth mother and the birth mother are certified on WIC, the infant may be claimed in only one woman's household for determining family size and income eligibility.
- The infant is not required to live with the non-birth breastfeeding woman.

TWIST Documentation	Food Package Assignment
 Link breastfeeding infant to the woman categorized as the WIC breastfeeding mother Document the other mother's ID number in the WIC Notes of each record to link them 	 Assign the WE food package to the non-birth breastfeeding woman Assign the ZN food package to the breastfeeding baby Assign the WN food package to the non-breastfeeding woman (birth mother)

Birth mother and non-birth mother are both breastfeeding the infant and live in the same household

Only one woman in the household may be certified as a breastfeeding woman.

- Since the non-birth mother cannot be on WIC as a postpartum woman (she was never pregnant), she must be certified as the breastfeeding woman and the birth mother will be certified as the non-breastfeeding postpartum woman (even though she is breastfeeding).
- ◆ The length of the certifications will be determined by the age of the infant. As with birth mothers, a non-birth mother's status as a breastfeeding woman ends when she stops nursing the infant at least one time per day or at the infant's first birthday, whichever comes first.
- ◆ Both women are to be offered second nutrition education, breastfeeding support, the correct food package for her category and referral to a lactation specialist, if appropriate.
- ◆ The two mothers will be enrolled and certified in *separate* families in TWIST and the infant will be in the family with the breastfeeding woman, in order to match their categories.
- Since the two mothers actually do live in the same household, document the same household size and same income in both records.
- Complete the certification for the non-birth breastfeeding woman just as you would for the birth mother with these exceptions:
 - On the Medical Data screen, enter <u>999</u> for "Total Weight Gain, Pregnancy Just Completed".
 - On the Health History questionnaire, enter <u>one</u> for the question "For the pregnancy just completed, how many babies were delivered?" even though she did not give birth.
 - Document the other mother's ID number in the WIC Notes of each record to link them.

Breastfeeding Special Situations

Assign the WE food package to the non-birth breastfeeding woman, and the Z food package to the breastfeeding baby. Assign the non-breastfeeding woman (birth mother) the WN food package. See ◆710—Breastfeeding: Definition, Promotion and Support Standards, and ◆769—Assigning WIC Food Packages for further information.

TWIST Documentation	Food Package Assignment
 Link breastfeeding infant to WIC breastfeeding woman (non-birth mother) Enroll and certify the two mothers in separate families in TWIST Enroll infant in the family with the WIC breastfeeding woman Document the same household size and same income in both records Certification of the non-birth breastfeeding woman: Medical Data Screen Enter 999 for "Total Weight Gain, Pregnancy Just Completed" Health History Questionnaire Enter one for the question "For the pregnancy just completed, how many babies were delivered?" even though she did not give birth Document the other mother's ID number in the WIC Notes of each record to link them 	 Assign the WE food package to the non-birth breastfeeding woman Assign the Z food package to the breastfeeding baby Assign the non-breastfeeding woman (birth mother) the WN food package. See ◆769—Assigning WIC Food Packages for further information

Breastfeeding Special Situations

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Assigning Dry and Evaporated Cow and Goat Milk

CAN

For both cow and goat, dry and evaporated milk, the size of the container is **not** printed on the receipt or mentioned when Customer Service is contacted.

Only one size of container can be used when purchasing both cow and goat, dry and evaporated milk products. For dry cow milk, it is the 25.6 oz. pouch or box. For evaporated cow milk, it is the 12 oz. can. Meyenberg goat milk is the only authorized brand, and both evaporated and powdered goat milk are packaged in a 12 oz. can.

The WIC Benefits List does have the container size, so it will be important to give the participant their WIC Benefits List and point out the container size they must use to purchase these products with WIC. The container size is also printed on the Food List.

When a participant prefers dry or evaporated milk, consider the

reconstitution amounts of the box or can when issuing.

Example Receipt

Benefits Expire on XX-XX-20XX

01 CTR NONFAT DRY MILK
24 CAN EVAP FAT FREE MILK
16 CAN EVAPORATED WHOLE MILK
28 CAN EVAP WHOLE GOAT MILK
04 CAN PWD WHOLE GOAT MILK
07 CAN PWD NONFAT GOAT MILK

Quantity Unit Food Item Description Non fat dry milk 25.6 oz 01 CTR Evaporated fat free milk 12 oz. < 24 CAN Evaporated whole milk 12 oz. 16 CAN Evap whole goat milk 12 oz. 28 CAN Powdered whole goat milk 12 oz. 04 CAN

Powdered nonfat goat milk 12 oz.

WIC Benefits List

Dry Milk

For cow milk, the only dry milk option available is a 25.6 oz. pouch or box of nonfat dry milk. The powdered goat milk option is a 12 oz. can. When mixed with water as directed on the container, each will make:

- 25.6 oz. container of dry cow milk = 2 gallons milk
- 12 oz. can of powdered goat milk = .75 gallons milk

In order to assign the maximum milk benefit, most participants would be assigned a few quarts of liquid milk in addition to the dry milk.

Assigning Dry and Evaporated Cow and Goat Milk

Evaporated milk

Evaporated goat or cow milk is only available in a 12 oz. can.

One 12 oz. can of evaporated milk mixed with 12 oz. of water reconstitutes to 24 oz. or 3 cups of milk (.75 quart). We cannot assign in increments that are smaller than a quart, so when determining how many cans of evaporated milk to assign, consider issuing in increments of 4 cans. Every 4 cans of evaporated milk provides 3 quarts of milk.

4 cans evaporated milk	=	.75 gallon milk	(3 qts)
8 cans evaporated milk	=	1.5 gallons milk	(6 qts)
12 cans evaporated milk	=	2.25 gallons milk	(9 qts)
16 cans evaporated milk	=	3 gallons milk	(12 qts)
20 cans evaporated milk	=	3.75 gallons milk	(15 qts)
24 cans evaporated milk	=	4.5 gallons milk	(18 qts)
28 cans evaporated milk	=	5.25 gallons milk	(21 qts)
32 cans evaporated milk	=	6 gallons milk	(24 qts)
36 cans evaporated milk	=	6.75 gallons milk	(27 qts)
40 cans evaporated milk	=	7.75 gallons milk	(31 qts)

To reach the maximum milk benefit for the participant, it may be necessary to assign quarts of liquid milk, along with the evaporated milk.

Medical Documentation Definitions

Contraindicated foods: Foods which the health care provider determines are not appropriate for the participant's medical condition (e.g. peanut allergy).

Medical formulas: Term used by Oregon WIC to describe:

- exempt infant formula: any infant formula other than the current bid formula that is for use by infants who have diagnosed medical or dietary problems, such as milk protein allergy or low birth weight (i.e. Neocate Infant)
- medical formula for children and women (i.e. Boost Kid Essentials)

Milk allergy: Adverse response of the immune system to the protein in milk. Symptoms can include: skin rashes, digestive disturbances or respiratory distress.

Non-qualifying condition: Conditions which do not meet USDA requirements for issuance of medical formula/nutritional. These conditions include:

- Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food/formula packages;
- Non-specific formula or food intolerance;
- Women and children who have a food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages; or,
- Any participant whose need for the food package is solely for the purpose of improving nutrient intake or managing body weight without any underlying qualifying condition.

Prescriptive authority: A health care provider licensed by the state to write prescriptions. Health care professionals with prescriptive authority in Oregon include: Medical Doctors/Physicians (MD); Physician Assistants (PA); Nurse Practitioners (NP); Certified Nurse Specialists (CNS); Doctors of Osteopathy (DO); Naturopathic Physicians (ND).

Qualifying condition: A medical condition determined by a health care provider with prescriptive authority. Qualifying conditions include premature birth, low birth weight, failure to thrive, malabsorption syndromes, immune system disorders, severe food allergies (Refer to qualifying conditions handout).

Medical Documentation Definitions

Severe lactose intolerance: Medical condition caused by a lack of the enzyme lactase, needed to digest lactose, the carbohydrate in milk. Symptoms, which occur relatively quickly after consuming milk products (less than 2 hours), can include bloating, gassiness, abdominal cramps and diarrhea. Participants with low lactase levels may be able to digest small amounts of milk and other dairy products.

"Special /Special Client": TWIST designation used to indicate women and children receiving medical formulas or foods.

Qualifying Conditions, ICD-10 Codes, and WIC Risks

Qualifying Conditions for Issuance of WIC-approved Medical Formula or Medical Food

Participant category	Qualifying conditions	Non-qualifying conditions
Infants (birth-12 months)	 Premature birth Low birth weight Failure to thrive Gastrointestinal disorders Malabsorption syndromes Immune system disorders Severe food allergies requiring an elemental formula Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant's nutritional status 	 Non-specific formula or food intolerance Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food/formula packages
Children (13-60 months)	 Premature birth Failure to thrive Gastrointestinal disorders Malabsorption syndromes Immune system disorders Severe food allergies requiring an elemental formula Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant's nutritional status 	 Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages Solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying condition (e.g. PediaSure for "picky eater") Parental preference or request
Women	 Gastrointestinal disorders Malabsorption syndromes Immune system disorders Severe food allergies requiring an elemental formula Life threatening disorders, disease and medical conditions that impair ingestion, digestion, absorption, or the utilization of nutrients that could adversely affect the participant's nutritional status 	 Food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages Solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying condition Personal preference

Qualifying Conditions, ICD-10 Codes, and WIC Risks

ICD-10 Codes and associated WIC Nutrition Risks

This job aid is intended for general comparison only

ICD-10 code	Code Name	Risk Number	Nutrition Risk Names			
R63.6	Underweight	103	Underweight or at-Risk of (Infants and Children)			
R63.8	Other symptoms and signs concerning food and fluid intake	131	Low Maternal Weight Gain			
R63.4	Abnormal weight loss	132	Maternal Weight Loss during Pregnancy			
P92.6	Failure to thrive in newborn	134	Failure to Thrive (FTT)			
E40-46	Malnutrition					
R62.51	Failure to thrive, child					
P05	Disorders of newborn related to slow fetal growth and fetal malnutrition	135	Infant Weight Loss			
R62	Lack of expected normal physiological development in childhood					
P07	Low birth weight	141	Low Birth Weight (LBW)			
P07	Prematurity	142	Prematurity			
K59	Intestinal malabsorption	342	Gastro-Intestinal Disorders			
R19.7	Diarrhea					
P78.83	Newborn esophageal reflux					
K21	Gastro esophageal reflux (GERD)					
E08-13	Diabetes Mellitus	343	Diabetes Mellitus			
E50-64	Other Nutritional deficiencies	341	Nutrient Deficiency Diseases			
Q00-99	Genetic and Congenital Disorders	349	Genetic and Congenital Disorders			
E70-88	Metabolic disorders	351	Inborn Errors of Metabolism			
L27.2	Dermatitis due to ingested food	353	Food Allergies			
T78.0-8	Anaphylactic reaction due to food					
K52.2	Gastroenteritis, colitis, milk protein allergy					
D89.0	Disorder involving the immune mechanism, unspecified					
K90.0	Intestinal malabsorption	354	Celiac Disease			
P92	Feeding problems of newborn	362	Developmental, Sensory or Motor			
R63.3	Feeding difficulties		Delays Interfering with Eating (includes tube feeding)			
R13.1	Dysphagia		(merades tube recaing)			

ICD = International Classification of Diseases. ICD codes are the most widely used classification system for diseases.

ICD-10data.com = http://www.icd10data.com/

Medical Formulas

Number of containers allowed by age and/or category

Key: Medical Formulas in WIC refer to any formula other than the current milk-based or soy-based bid formula

IB = Infant who is **mostly** breastfeeding

IBN = Infant who is breastfeeding **some**

IN = Infant who is **non**-breastfeeding

Maximum ounces allowed for age and category listed

Formula = Name of medical formula.

Cont Size = the size of the container, in ounces unless noted, the formula comes in.

Reconstitution = Number of fluid ounces of formula that can be made from this can size using manufacturer's guidelines for dilution. For formulas with varying caloric density values (e.g. Ketocal) maximum issuance is based on a dilution value of 20 Kcal/oz.

<1 mo, etc. = the number of containers that can be provided for that age range.

FW? = Indicates if this formula is available for ordering from the Formula Warehouse.

Subcategory = Number assigned to the formula in TWIST; used for running reports on participant use of subcategory.

Numbe	er of con	tainer	s for mo	stly brea	stfed i	nfants	(IB)	
Formula	Cont. Size	FW?	Sub category	Re- constitution	<1mo	1-3 mo	4-6 mo	7-12 mo
Powder						435 oz	522 oz	384 oz
Alimentum	12.1	Yes	31-033	87	0	1-3	1-4	1-3
Duocal	400g	Yes	41-074	98	0	4	5	3
Elecare for Infants	14.1	Yes	31-042	95	0	1-4	1-5	1-4
Enfacare	12.8	Yes	31-067	82	0	1-5	1-6	1-4
Enfamil AR	12.9	Yes	21-013	93	0	1-4	1-5	1-4
Extensive HA	14.1	No	31-091	90	0	1-4	1-5	1-4
Neocate Infant	14	Yes	31-072	85	0	1-5	1-6	1-4
Neocate Syneo Infant	14.1	Yes	31-102	95	0	1-4	1-5	1-4
Neocate Nutra	14.1	No	41-252	36	0	0	0	1-10
Neosure	13.1	Yes	31-030	87	0	1-5	1-6	1-4
Nutramigen with Enflora	12.6	Yes	31-004	87	0	1-5	1-6	1-4
PurAmino	14.1	Yes	31-069	98	0	1-4	1-5	1-3
Pregestimil	16	Yes	31-009	112	0	1-3	1-4	1-3
Similac PM 60/40	14.1	Yes	31-036	102	0	1-4	1-5	1-3
Similac for Spit-Up	12.0	No	21-085	90	0	1-4	1-5	1-4
Concentrate						388 oz	460 oz	315 oz
Nutramigen	13	No	31-005	26	0	1-14	1-17	1-12

Job Aid Medical Formulas

Number of containers for mostly breastfed infants (IB)								
Formula	Cont. Size	FW?	Sub category	Re- constitution	<1mo	1-3 mo	4-6 mo	7-12 mo
Ready to Feed						384 oz	474 oz	338 oz
Alimentum		No	31-032	32	0	1-12	1-14	1-10
Enfamil AR	22	No	21-014					
Neosure	32	Yes	31-031					
Nutramigen		Yes	31-006					
Enfamil Enfacare	Six pack of 8 oz bottles	Yes	31-067	48	0	1-8 6-pcks	1-9 6-pcks	1-7 6-pcks

Number	of conta	iners f	or some	breastfe	eding	infants	(IBN)	
Formula	Cont.	FW	Sub	Re-	<1	1-3 mo	4-6	7-12
	Size	?	category	constitution	mo		mo	mo
Powder						776 oz	866 oz	603 oz
Alimentum	12.1	Yes	31-033	115	0	4-6	5-7	4-5
Duocal	400g	Yes	41-074	98	0	7	8	6
Elecare for Infants	14.1	Yes	31-042	95	0	5-8	6-9	5-6
Enfacare	12.8	Yes	31-067	82	0	5-9	7-10	5-7
Enfamil AR	12.9	Yes	21-013	93	0	5-8	6-9	5-6
Extensive HA	14.1	No	31-091	90	0	5-8	6-9	5-6
Neocate Infant	14	Yes	31-072	85	0	6-9	7-10	5-7
Neocate Syneo Infant	14.1	Yes	31-102	95	0	5-8	6-9	5-6
Neocate Nutra	14.1	No	41-252	36	0	0	0	11-16
Neosure	13.1	Yes	31-030	87	0	6-8	7-9	5-6
Nutramigen Enflora	12.6	Yes	31-004	87	0	6-8	7-9	5-6
PurAmino	14.1	Yes	31-069	98	0	5-7	6-8	4-6
Pregestimil	16	Yes	31-009	112	0	4-6	5-7	4-5
Similac PM 60/40	14.1	Yes	31-036	102	0	5-7	6-8	4-5
Similac for Spit-Up	12.0	No	21-085	90	0	5-8	6-9	5-6
Concentrate						751 oz	823 oz	557 oz
Nutramigen	13	No	31-005	26	0	15-28	18-31	13-21
Ready to Feed						736 oz	812 oz	544 oz
Alimentum		No	31-032					
Enfamil AR	32	No	21-014	32	0	13-23	15-25	11-17
Neosure	32	Yes	31-031	32	U	13-23	13-23	11-1/
Nutramigen		Yes	31-006					
Enfamil Enfacare	Six pack of 8 oz bottles	Yes	31-067	48	0	9-15 6-pcks	10-16 6-pcks	7-11 6-pcks

Job Aid Medical Formulas

Numi	Number of Containers for Non-breastfeeding infants (IN) and Children up to 24 months (C-1)									
Formula	Cont Size	FW ?	Sub category	Re- constitution	0-3 mo	4-6 mo and 7-12 mo "special" (no infant foods)	7-12 mo	13-24 mo (C-1)		
Powder					870 oz	960 oz	696 oz	910		
Alimentum	12.1	Yes	31-033	87	10	11	8	10		
Duocal	14	Yes	41-074	98	8	9	7	9		
Elecare for Infants	14.1	Yes	31-042	95	9	10	7	9		
Enfacare	12.8	Yes	31-067	82	10	11	8	11		
Enfamil AR	12.9	Yes	21-013	93	9	10	7	9		
Neocate Infant	14	Yes	31-072	85	10	11	8	10		
Extensive HA	14.1	No	31-091	90	9	10	7	10		
Neocate Syneo Infant	14.1	Yes	31-102	95	9	10	7	9		
Neocate Nutra	14.1	No	41-252	36	0	0	19	25		
Neosure	13.1	Yes	31-030	87	10	11	8	10		
Nutramigen Enflora	12.6	Yes	31-004	87	10	11	8	10		
PurAmino	14.1	Yes	31-069	98	8	9	7	9		
Pregestimil	16	Yes	31-009	112	7	8	6	8		
Similac PM 60/40	14.1	Yes	31-036	102	8	9	6	8		
Similac for Spit- Up	12.0	No	21-085	90	9	10	7	10		
Concentrate					823 oz	896 oz	630 oz	910 oz		
Nutramigen	13	No	31-005	26	31	34	24	35		
Ready to Feed					832 oz	913 oz	643 oz	910		
Alimentum		No	31-032							
Enfamil AR	32	No	21-014	32	26	28	20	28		
Neosure	32	Yes	31-031	32	20	26	20	20		
Nutramigen		Yes	31-006							
Enfamil	8	Yes	31-067	48	17	19	13	18		
Enfacare					6-pcks	6-pcks	6-pcks	6-pcks		
EnfaPort	6	Yes	31-075	6	138	152	107	N/A		
KetoCal 4:1 vanilla	8	Yes	41-276	8	104	114	80	113		

Job Aid Medical Formulas

Med	ical Forn	nulas i	for Childr	en 12-60 n	nonths (C	:-1 and C-2)
Formula	Cont. Size	FW ?	Sub category	Case size	Re- constitution	Maximum containers allowed
Powder						910 oz
Duocal	400 g	Yes	41-074	4/case	98	9
Elecare Jr	14.1	Yes	31-073	6/case	62	14
Monogen	14	No	41-248	6/case	76	
Neocate Jr.	400g (14.1)	Yes	41-063	4/case	60	15
Ready to Feed	,					910 oz
Boost Kid Essentials 1.0	8	Yes	41-207	27/case	8	113
Boost Kid Essentials 1.5	8	Yes	41-208	27/case	8	113
Bright Beginnings Soy, 6-pack	8	Yes	41-092	Four 6- packs/case (24 bottles)	48	108 (eighteen 6-packs)
Compleat Pediatric	8.45	Yes	41-181	24/case	8.45	107
Neocate Splash	8	Yes	41-066	27/case	8	113
Liquigen	8.45	Yes	41-327	4/case	8.45	107
Nutren Jr	8.45	Yes	41-142	24/case	8.45	107
PediaSure 6- Pack Note: 6-pack retail version not available from FW	8	No	41-036	Four 6- packs/case	48	108 (eighteen 6-packs) Note: maximum issuance is not possible with 6- packs
PediaSure Institutional Note: Not available in retail stores. Order from FW	8	Yes	41-036	24/case	8	113
PediaSure Enteral Note: Not available in retail stores. Order from FW	8	Yes	41-037	24/case	8	113
PediaSure Peptide 1.0	8	Yes	41-228	24/case	8	113

Medical Formulas

Medical Formulas for Children 12-60 months (C-1 and C-2)								
Formula	Cont. Size	FW ?	Sub category	Case size	Re- constitution	Maximum containers allowed		
PediaSure Peptide 1.5	8	Yes	41-234	24/case	8	113		
Peptamen Jr 1.0	8.45	Yes	41-153	24/case	8.45	107		
Peptamen Jr 1.5	8.45	Yes	41-234	24/case	8.45	107		

	Medical Formulas for Women							
Formula	Cont Size	FW ?	Sub category	Case Size	Re- constitution	Maximum containers allowed		
Powder						910 oz		
Duocal	400 g	Yes	41-074	4/case	98	9		
Ready to Feed						910 oz		
Boost Plus, 6-pack Note: 6-pack retail version not available from FW		No	41-172	Four		108 (eighteen 6-packs)		
Boost High Protein, 6- pack Note: 6-pack retail version not available from FW	8	No	41-225	6- packs/case	48	Note: maximum issuance is not possible with 6-packs		
Boost Plus Institutional Note: Not available in retail stores; order from FW	8	Yes	41-172	24/case	8	113		
Boost High Protein Institutional Note: Not available in retail stores; order from FW	8	Yes	41-225	24/case	8	113		
Ensure with or w/o fiber, 6-pack Note: 6-pack retail version Not available from FW	8	No	41-005	Four 6- packs/case	48	108 (eighteen 6-packs) Note: maximum issuance is not possible with 6-packs		

Medical Formulas

	Medical Formulas for Women								
Formula	Cont Size	FW ?	Sub category	Case Size	Re- constitution	Maximum containers allowed			
Ensure Plus, 6-pack Note: 6-pack retail version Not available from FW	8	No	41-012	Four 6- packs/case	48	108 (eighteen 6-packs) Note: maximum issuance is not possible with 6-packs			
Ensure Institutional Note: Not available in retail stores	8	Yes	41-005	24/case	8	113			
Ensure Plus Note: Institutional Not available in retail stores	8	Yes	41-012	24/case	8	113			
Ensure Clear	10	No	41-289	4 pk	10				
Glucerna Shake	8	No	41-019	Four 6- packs/case (24 bottles)	8	108 (eighteen 6-packs) Note: maximum issuance is not possible with 6-packs			
Liquigen	8.45	Yes	41-327	4/case	8.45	107			
Suplena CarbSteady	8	No	41-050	Four 6- packs/case (24 bottles)	8	108 (eighteen 6-packs) Note: maximum issuance is not possible with 6-packs			

Retail vs. Institutional

Some nutritionals are packaged differently for stores-retail sales versus what is known as institutional sales (e.g. PediaSure, Boost, and Ensure). Containers sold in the stores in six containers per package do not allow for the maximum issuance (e.g. 113 containers vs. 108 containers). When the Medical documentation form requests the full issuance, ordering from the Formula Warehouse can fulfill this request. The product is the same, the packaging will look different.

Medical Formulas not provided by WIC

Oregon WIC does not provide medical formula in the following situations:

- Medical formula or nutritional provided by tube feeding (e.g. gastrostomy tube or nasogastric tube)
- Metabolic formulas for inborn errors of metabolism

Please contact your assigned Nutrition Consultant regarding the payment of these formulas by Medicaid.

Decision Tree: Infant foods for a Child

Process for jarred fruit and vegetable infant foods in place of Cash Value Benefit for children receiving formula

Did you contact your Do you have WIC Is the child receiving Nutrition Consultant (NC) to Yes infant or medical medical documentation Yes Yes approve the food package formula from WIC*? for foods AND formula? request in TWIST? **Document in TWIST** Assign Risk 362 No No No • Enter med doc information • Refer to dietitian for Contact your assigned NC. This food package is Obtain WIC medical high risk follow-up App support needs TWIST not an option for this documentation from the Document name of documentation from a participant. Discuss participant's health care State Nutrition Consultant community care team alternative food provider (HCP) for food and for current certification package options in progress notes formula before assigning the food and/or blenderizing Reassess on a Ask provider about other package foods to the correct quarterly basis WIC foods including: texture • Infant cereal in place of other cereal • Other child foods **Resources/policy citations:** keeping in mind safe Policy 769 appendix C WIC food packages feeding Policy 765 Medical documentation Food package module *For children receiving formula by tube feeding, see backside

Decision Tree: Infant foods for a Child

Process for jarred fruit and vegetable infant foods in place of Cash Value Benefit for children receiving formula from enteral company

Formula is a requirement for a child to be eligible for jarred infant foods in place of the cash value benefit, including children who are tube fed.

For children who receive their nutrition by tube feeding:

- WIC can provide the current bid formula
- Non-bid formulas must be referred to the enteral company providing the tube feeding equipment
- WIC can provide jarred infant foods, with medical documentation

TWIST looks different when the formula is provided by the enteral company. No formula is assigned in module C, so medical documentation will be in progress notes rather than on the med doc pop-up.

Obtain medical documentation for infant foods
Assign Risk 362
Get State WIC Nutrition Consultant approval for access to infant foods
Mark the child "special" on food package assignment screen
Assign ZN as food package in module C
Assign infant foods in module B
Refer to your local WIC Nutritionist/RDN for follow up
For each certification period the RDN will document in the high-risk care plan:
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- 1. Name of medical formula being provided by the enteral company
- 2. Name of enteral company, feeding specialist following the child
- 3. Enter the information from the medical documentation form