

## Feeding Potentially Harmful Foods

**411.5**

Category .....	<b>Infants</b>
Risk Level .....	<b>LOW</b>



### Risk Description

Feeding foods to an infant that could be contaminated with harmful microorganisms.

<b>At risk if:</b>	<p>Infant is fed potentially harmful foods. Examples of potentially harmful foods include, but are not limited to:</p> <ul style="list-style-type: none"> <li>▪ Raw or undercooked meat, poultry, fish or eggs</li> <li>▪ Hot dogs, processed meats and deli style meat (unless reheated until steaming hot)</li> <li>▪ Unpasteurized dairy products or soft cheeses such as: feta, brie, camembert, blue-veined and Mexican style cheese (such as queso blanco or queso fresco)</li> <li>▪ Unpasteurized fruit or vegetable juice</li> <li>▪ Raw vegetable sprouts such as alfalfa, clover, bean or radish</li> <li>▪ Honey added to liquids or foods, used in cooking as part of processed foods or on a pacifier</li> <li>▪ Feeding donor human milk acquired directly from individuals or the internet.</li> </ul>
<b>NOT at risk if:</b>	Infant is fed foods that are not contaminated.

### Reason for Risk

The American Academy of Pediatrics recommends that certain foods not be fed to young children and infants to reduce the risk of food-borne illness.

### Considerations for Assigning Risk?

Is the infant currently eating the potentially harmful food? How long has the infant been fed the food? How often is the infant fed the food? How much of the food does the infant eat?



### Additional Documentation

Document the *specific food* in “Notes” or “Progress Notes”.



### Education/Referrals

Provide counseling appropriate for participant’s concerns.

### Example

Maria is a 2-month-old infant at WIC to be enrolled. During the diet assessment, Maria’s dad tells you that he adds honey to Maria’s bottle of water to get her to drink more water. Maria would be assigned Risk 411.5.