**Guidance for Completing the 2024 Nutrition Services Plan (NSP)**

The 2024 Nutrition Services Plan will focus on one breastfeeding goal and two counseling and nutrition education goals.

* The focus of the breastfeeding goal is to strengthen education and support for WIC participants in the fourth trimester.
* The focus of the counseling goal is to strengthen exit counseling skills. Exit counseling is required by FNS when a participant is no longer eligible for the WIC program.
* The final goal addresses navigating the new world of WIC modernization by strengthening local agency staff skills when providing hybrid WIC services.

**Steps for completing the 2024 NSP (WIC Coordinators and BF Coordinators)**

1. WIC Coordinators: Complete the top section of the *2024 NSP* form.
2. BF Coordinators and WIC Coordinators: Discuss the completion of the *2024 Breastfeeding Assessment* and determine an activity for the *2024 NSP.*
3. Share *2024 NSP* with local agency staff.
4. Send the saved *2024 NSP and Breastfeeding Assessment* as an attachment to Lauren Simmons (Lauren.Simmons2@oha.oregon.gov) on or before **Friday, December 15, 2023.**
5. Implement the NSP between January 1 – December 31, 2024.

**Wrapping up 2023 Nutrition Service Plans**

**Calendar**

**2023**

* Oct 30- Dec 14 Review and complete 2024 NSP and BF Assessment
* December 15 Return **2024 NSP** and **BF Assessment** on or before this date
* December 18 Information on completing the 2023 NSP Evaluation sent out

**2024**

* January 1 2024 NSP implementation begins
* January 31 Evaluation of **2023 NSP** due
* December 31 2024 NSP ends