

## **Mental Health Expansion Grant (MHEG): Youth-Led Projects**

### **Grant Requirements 2023 – 2025:**

- Must be a certified SBHC at time of award
- Grantees will implement at least two youth-led projects:
  - At least one SBHC-focused project in partnership with the SBHC medical sponsor
  - At least one mental health focused project
- Awarded monies must be used to support Youth-Led Projects at the SBHC host school.
- Grantees will be expected to implement programs that are inclusive and welcoming for youth from diverse backgrounds.
- Grantees must demonstrate a plan to promote health equity with a focus on mental health prevention through their projects (e.g., culturally specific suicide prevention programming, youth led education / media projects focused on BIPOC and LGBTQ2SIA+ students, community health summits in rural communities, coordination with SBHC staff to improve language access, etc.)
- Grantees must identify at least one entity to partner with outside of their organization. (e.g., a culturally specific or regionally appropriate community-based organization, a school-based club / group, etc). This partnership can be determined over time to ensure the focus is determined by youth input.
- Grantees must demonstrate a plan for building and sustaining youth engagement over time.
- Grantees will participate in check-in calls with the State Program Office (SPO) and other grantees as needed.
- Grantees will submit two narrative reports (Due July 15th of each year). The SPO will provide a template for reports.
- All grantees must identify a primary contact for communications regarding project implementation, grant spending, year-end reports and check-in calls.

**Eligible use of funds:**

- Salary and associated costs for staff directly supporting grant including benefits, travel, training or conference attendance
- Supplies for projects / events
- Supplies for meetings
- Stipends for youth participants (ongoing or one-time)
- Stipends for interns
- Subcontracts with community-based organizations / partnerships