

## Youth-Led Projects Grant 2023-2025 Overview

School-based health centers (SBHCs) are comprehensive health care clinics in or on school grounds dedicated to offering youth centered clinical care.<sup>1</sup> During the 2023-2025 biennium, the Oregon Health Authority will distribute \$800,000 through the SBHC Youth-Led Projects Grant as part of the Mental Health Expansion Grant (MHEG). This funding supports youth-led mental health projects in **29 SBHC / SBHC host schools across 9 counties**. The Youth-Led Projects Grant supports activities that reduce mental health stigma, promote SBHC access, prioritize prevention efforts and provide students the opportunity to build community while addressing topics that matter to them.

In the 2021-2023 biennium, Youth-Led Project Grantees:

- Operated Youth Advisory Councils (YACs) – YAC projects included:
  - Providing feedback to the SBHC
  - Creating or contributing to clinic promotional materials
- Conducted Youth Participatory Action Research on topics such as:
  - Increasing LGBTQ2SIA+ inclusivity in health class curriculum
  - Identifying and addressing student stress
  - Understanding the need for gender neutral bathrooms
- Distributed mental health related information and resources:
  - Hosted podcasts and video projects
  - Created social media accounts, resource websites and printed materials
- Employed youth interns who:
  - Organized youth wellness / mental health summit
  - Facilitated YAC meetings
  - Presented to school administration around students' health care needs
- Organized social and educational events, such as:
  - Movie nights, game nights and self-defense classes
  - Wellness events such as wilderness retreats, culture fairs, mental health awareness weeks, pride events and guest speakers' series
- Collaborated with other school clubs or organizations including culturally specific community-based organizations, student affinity groups, athletic teams and suicide prevention programs.

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<sup>1</sup> To learn more about Oregon's certified SBHCs visit the Oregon Health Authority SBHC State Program Office website: [www.healthoregon.org/sbhc](http://www.healthoregon.org/sbhc).

## SBHC Youth-Led Projects List, 2023 - 2025

County	SBHC School Name	Agency
Clackamas	Milwaukie High School	Outside In
Crook	Steins Pillar Elementary School	Crook County Health Department
Deschutes	Bend Senior High School	Deschutes County Health Services
	LaPine K-12 School	
	Mountain View High School	
	Redmond High School	
	Sisters High School	
Lane	Churchill High School	PeaceHealth Medical Group
	North Eugene High School	
Marion	Chemawa Indian School	Indian Health Services
Multnomah	Centennial High School	Multnomah County Health Department
	Cleveland High School	
	David Douglas High School	
	Franklin High School	
	Jefferson High School	
	McDaniel High School	
	Parkrose High School	
	Reynolds High School	
	Roosevelt High School	
Umatilla	Pendleton High School	Community Counseling Solutions / Umatilla County Public Health
	Sunridge Middle School	
Union	La Grande High School	Center for Human Development, Inc.
	Union SD	
Washington	Merlo Station High School	Neighborhood Health Center
	Tualatin High School	
Washington	Beaverton High School	Virginia Garcia Medical Center
	Century High School	
	Forest Grove High School	
	Tigard High School	