

SBHC Coordinators Meeting

February 6, 2020



Adolescent and School Health

Staffing and Budget Updates





A&SH Staffing & Budget Updates

Welcome Liz Stuart - Policy and Assessment Specialist



Currently interviewing for School Mental Health Specialist Position





A&SH Staffing & Budget Updates

Welcome Francis.

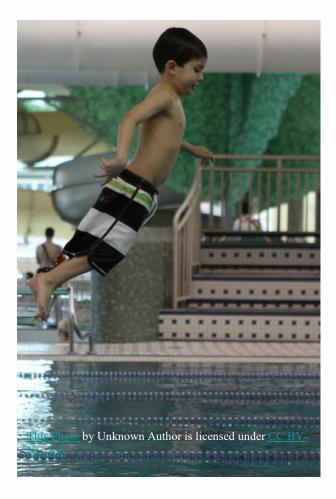
Tara Miller, SBHC Systems Development Specialist, welcomed Francis on October 19, 2019.







Next up – Let's dive into data







Adolescent Health Indicators

2019 OREGON HEALTHY TEENS SURVEY





2019 Oregon Healthy Teens Survey

- 28,070 students participated
 - 15,244 8th graders
 - 12,826 11th graders
 - 77 districts and 227 schools
- Representative weighted data at state and county levels
- Historically, conducted in Spring of odd years
- 2019 was the last year of OHT





Coming in Fall 2020...







We Made Improvements!

- 1 Added Q's on youth assets, suicide, & social media; refined ACEs q's
- Made survey shorter: cut drug/alcohol q's
- 3 Creating data tools for districts to have timely and easy access to data
- 4 Refining survey scripts, providing resource sheets for youth
- 5 Fall survey administration





We Made Improvements!

- 6 Contractor, Bach-Harrison, LLC
 - Survey administration procedures
 - ✓ Online submission of district and school approvals
 - √ Improved process
 - ✓ Better instructions for teacher proctors
 - ✓ Improved data reporting tools





2019 OHT RESULTS





Who Participated?

Baker County

Baker SD 5J

Pine Eagle SD 61

Benton County

Corvallis SD 509J

Clackamas County

Gladstone SD 115 Molalla River SD 35

North Clackamas SD 12

Oregon City SD 62

West Linn-Wilsonville SD 3J

Clatsop County

Astoria SD 1

Knappa SD 4 Seaside SD 10

Columbia County

Clatskanie SD 6J

Scappoose SD 1J

St Helens SD 502

Coos County

Coos Bay SD 9

Jackson County

Ashland SD 5
Central Point SD 6

Medford SD 549C

Phoenix-Talent SD 4

Jefferson County

Jefferson County SD 509J

Josephine County

Three Rivers SD

Klamath County

Klamath Falls City Schools

Lake County

Lake County SD 7

Lane County

Bethel SD 52

Creswell SD 40 Eugene SD 4J

Junction City SD 69

Pleasant Hill SD 1

Siuslaw SD 97J South Lane SD 45J3

Springfield SD 19

Sherman County

Sherman County SD

Tillamook County
Tillamook SD 9

Umatilla County

Athena-Weston SD 29RJ Hermiston SD 8

Milton-Freewater Unified S

Pendleton SD 16 Umatilla SD 6R

Union County

La Grande SD 1

Wallowa County

Did not participate

Wasco County

North Wasco County SD 21

Washington County

Forest Grove SD 15

Hillsboro SD 1J

Sherwood SD 88J

Tigard-Tualatin SD 23J

Crook County
Crook County SD

Curry County

Brookings-Harbor SD 17C

Central Curry SD 1

Deschutes County

Bend-LaPine Administrative SD 1

Redmond SD 2J Sisters SD 6

Douglas County

Oakland SD 1

South Umpqua SD 19 Winston-Dillard SD 116

Gilliam County

Did not participate

Grant County

John Day SD 3 Prairie City SD 4

Harney County

Harney County SD 3

Hood River County

Hood River County SD

Lincoln County
Lincoln County SD

Linn County

Greater Albany Public SD 8J Lebanon Community SD 9

Malheur County

Nyssa SD 26

Marion County

North Marion SD 15 Silver Falls SD 4J Woodburn SD 103

Morrow County

Ione SD R2 Morrow SD 1

Multnomah County

Centennial SD 28J David Douglas SD 40

Gresham-Barlow SD 10J

Portland SD 1J

Reynolds SD 7

Polk County
Central SD 13J

Wheeler County Spray SD 1

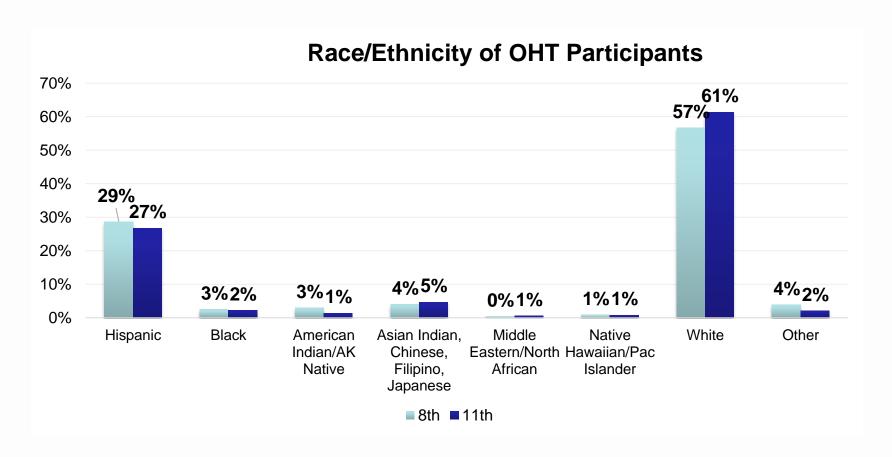
Yamhill County

Newberg SD 29J Sheridan SD 48J

Willamina SD 30J

Yamhill Carlton SD 1

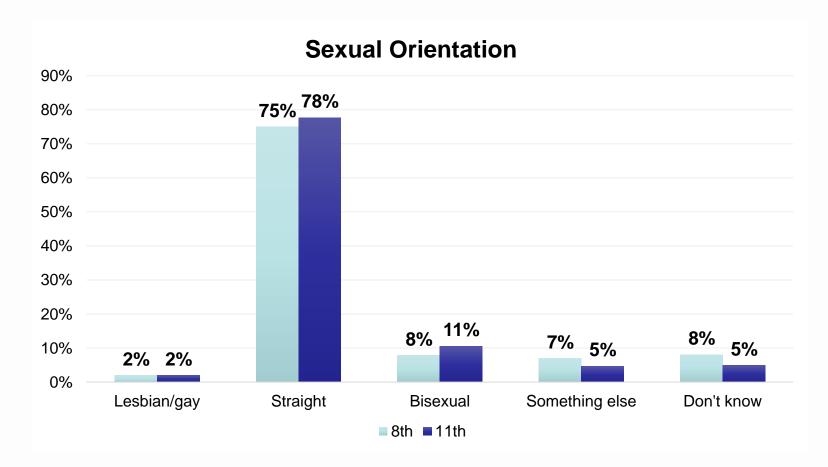
Student Demographics







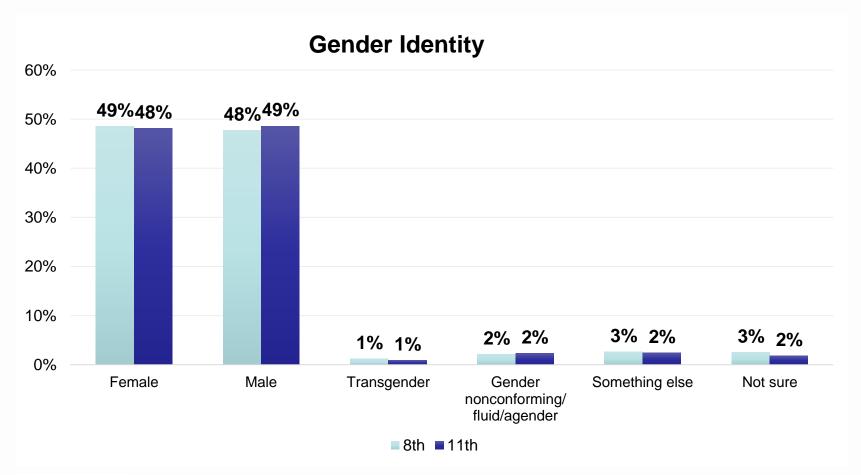
Student Demographics







Student Demographics







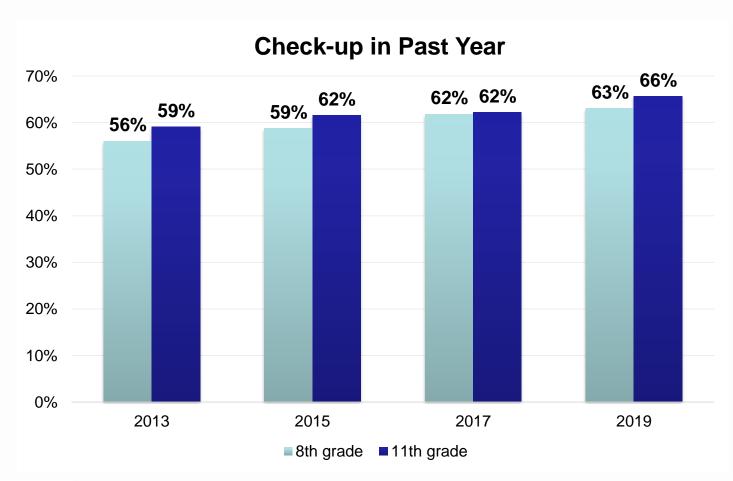
ACCESS TO CARE





Check-up/well visit in past year



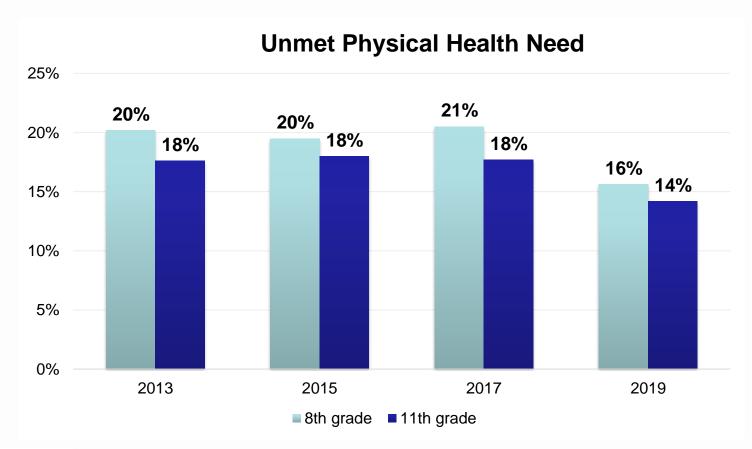






Unmet Physical Health Need



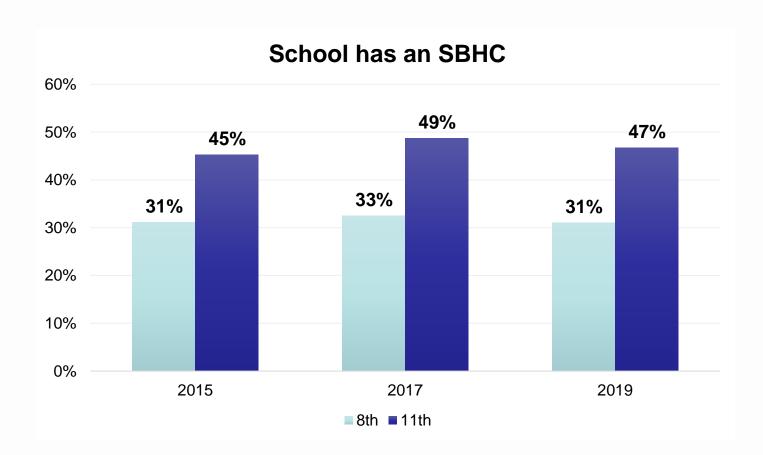






Access to SBHC at School



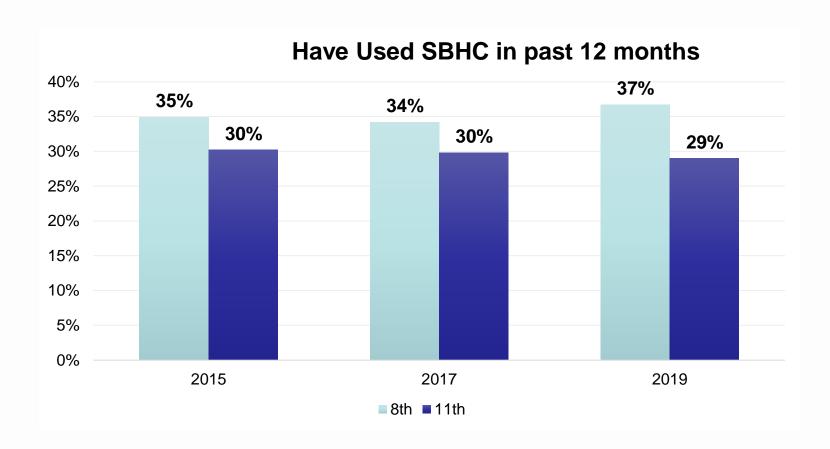






Have Used SBHC at School









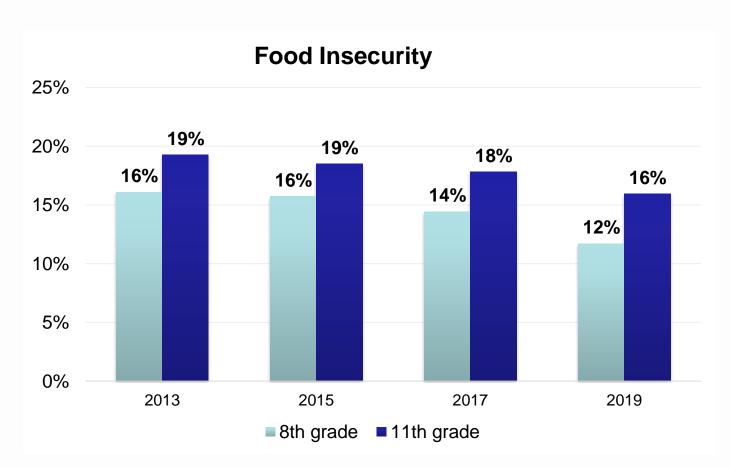
SOCIAL DETERMINANTS OF HEALTH





Food Insecurity (12 mo.)

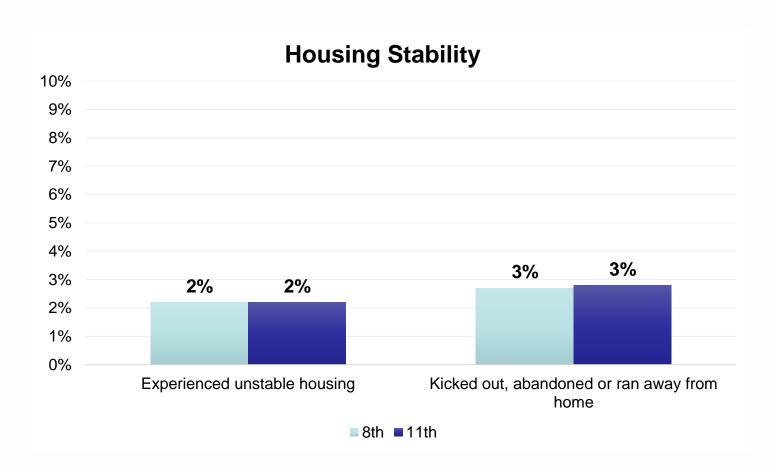








Housing Instability







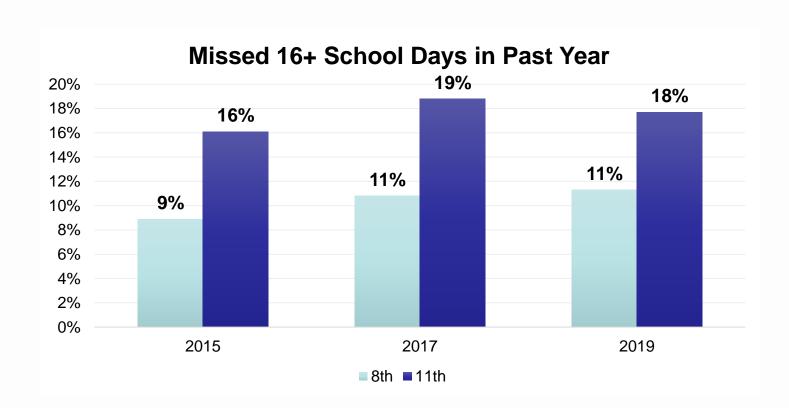
SCHOOL CLIMATE & VIOLENCE





Chronic Absenteeism



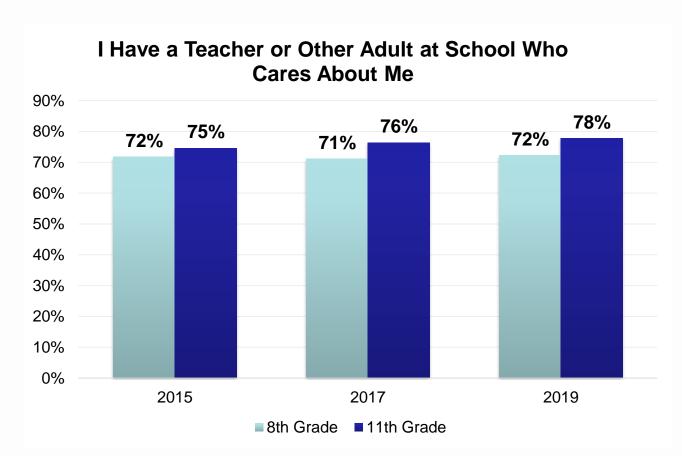






Caring Adult at School —



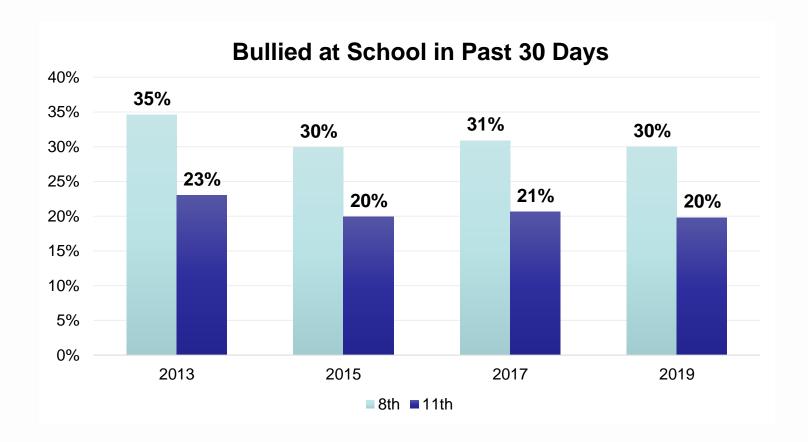






Bullied at School



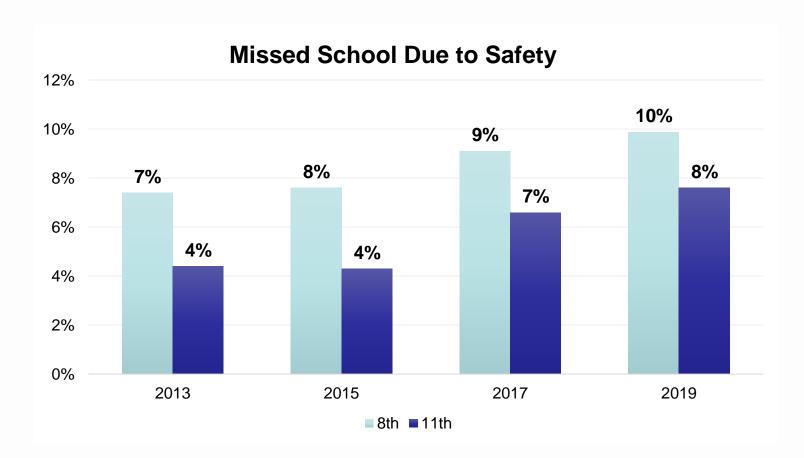








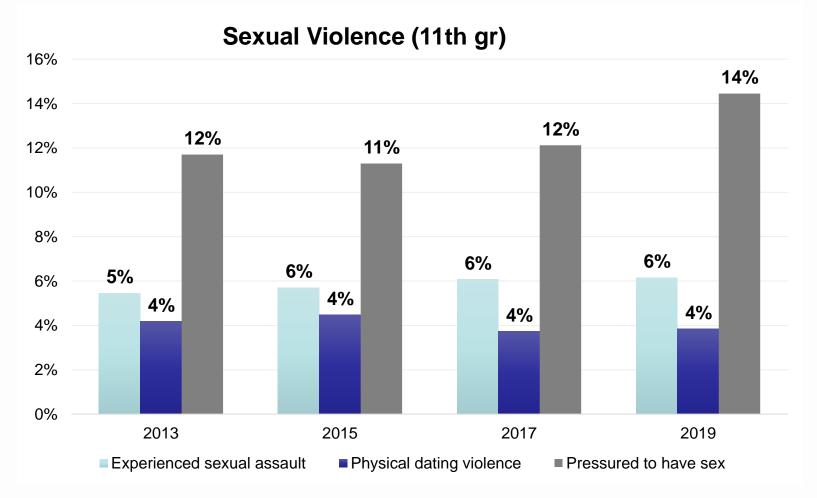
Missed School for Safety Reasons







Sexual Violence







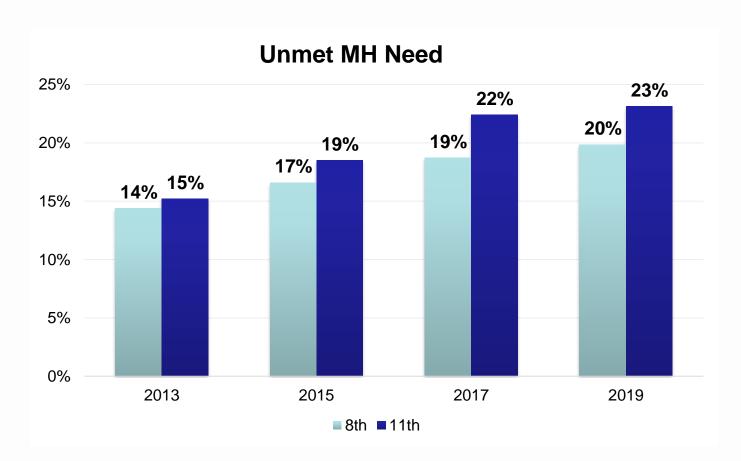
RESILIENCE & EMOTIONAL HEALTH





Unmet Mental Health Need



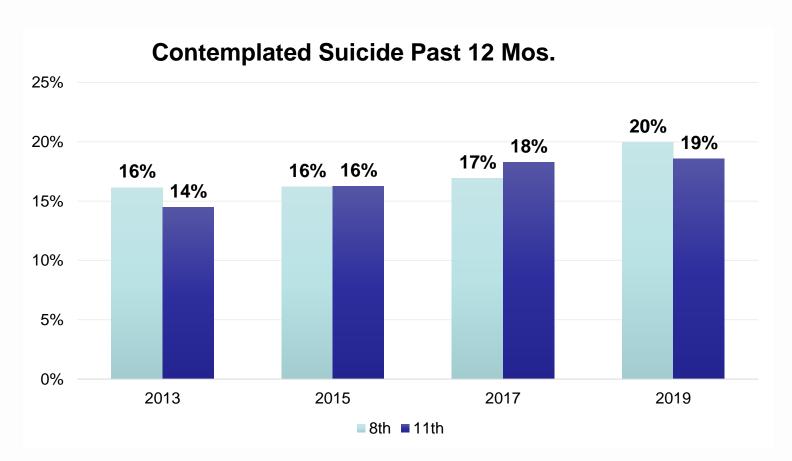






Adolescent Suicide

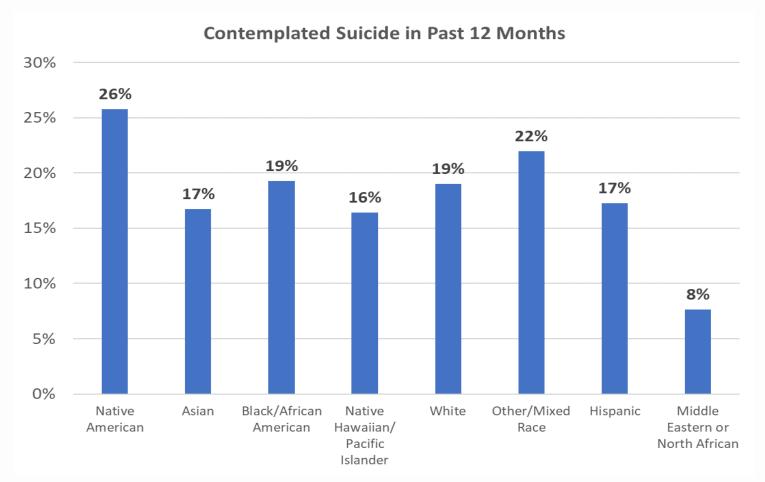








Adolescent Suicide

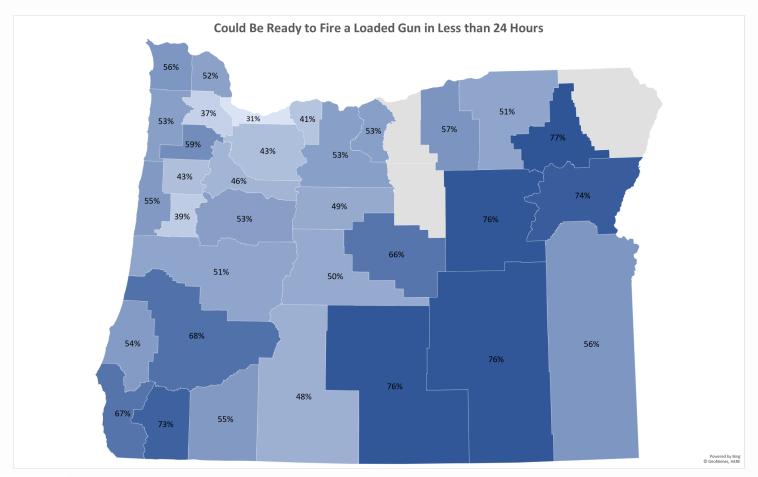


Source: 2019 Oregon Healthy Teens Survey (11th grade)





Access to a Loaded Weapon (11th)

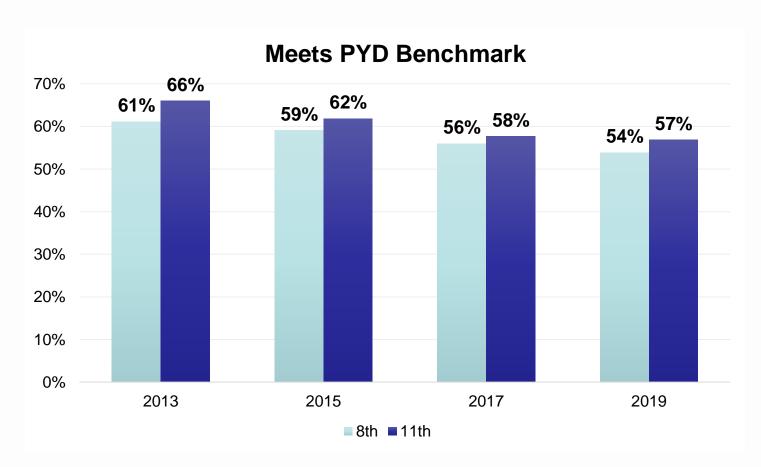






Positive Youth Development

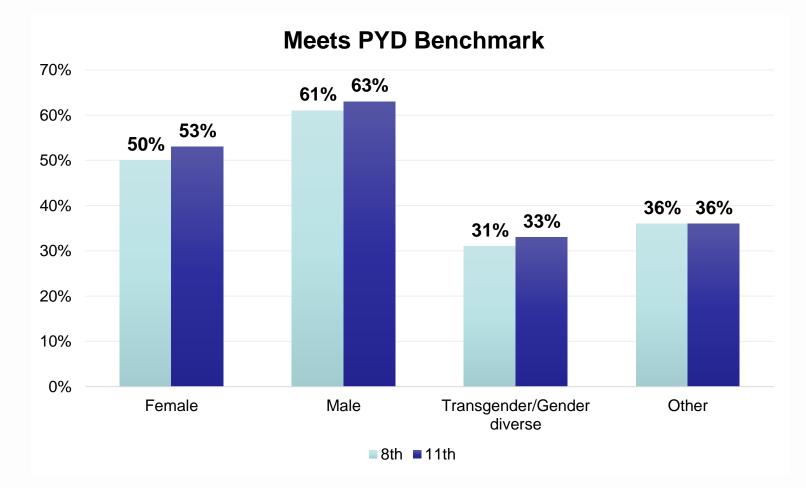








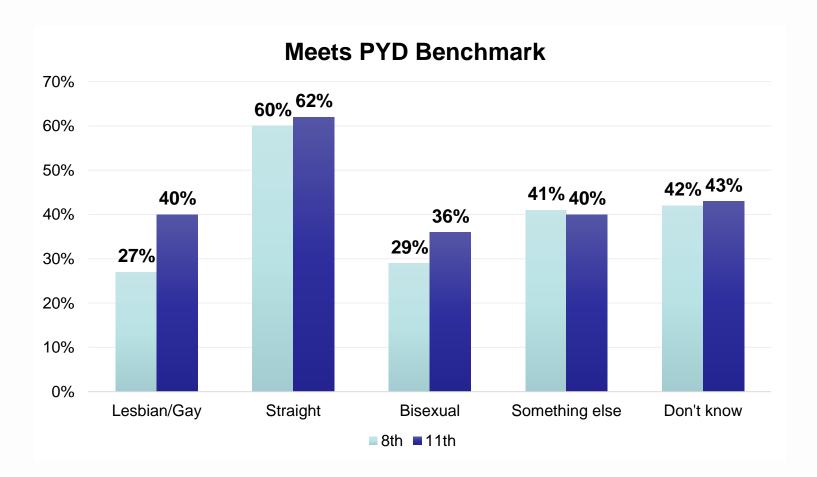
Adolescent Resilience







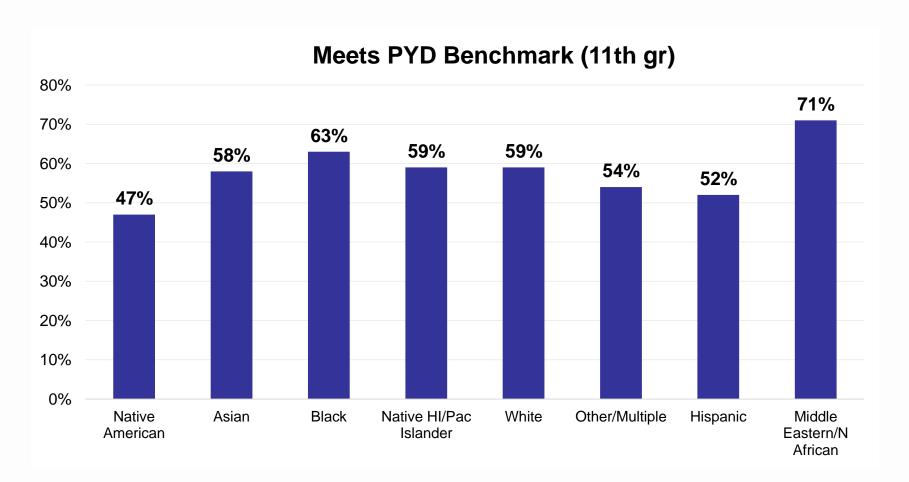
Adolescent Resilience







Adolescent Resilience







SUBSTANCE USE

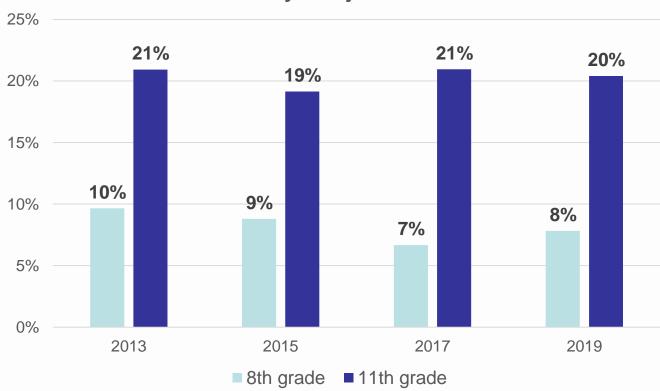




Marijuana Use



30-Day Marijuana Use

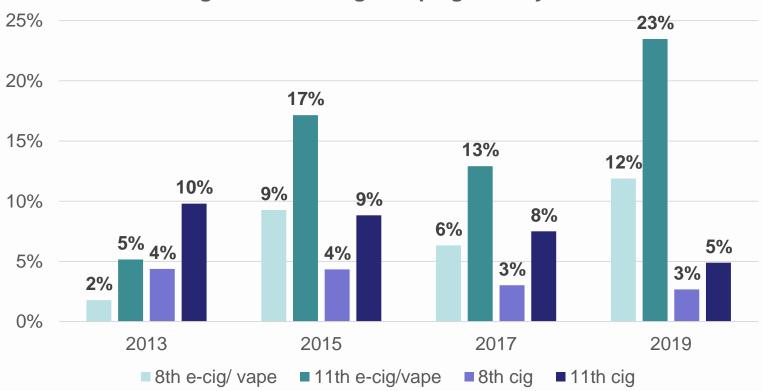






30 Day Smoking/Vaping



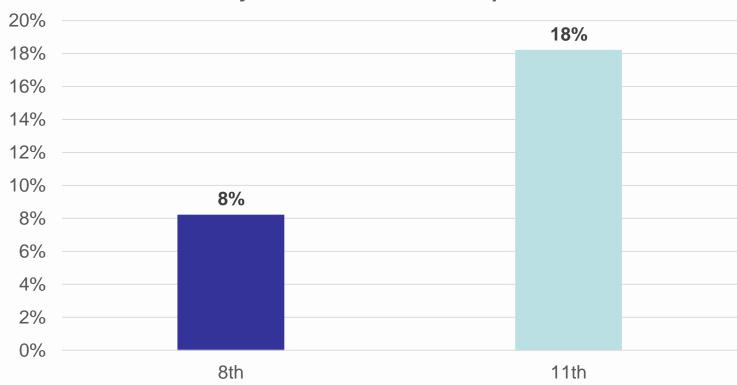






30-day JUUL-ing (new data point)

30-Day Use of JUUL or similar product

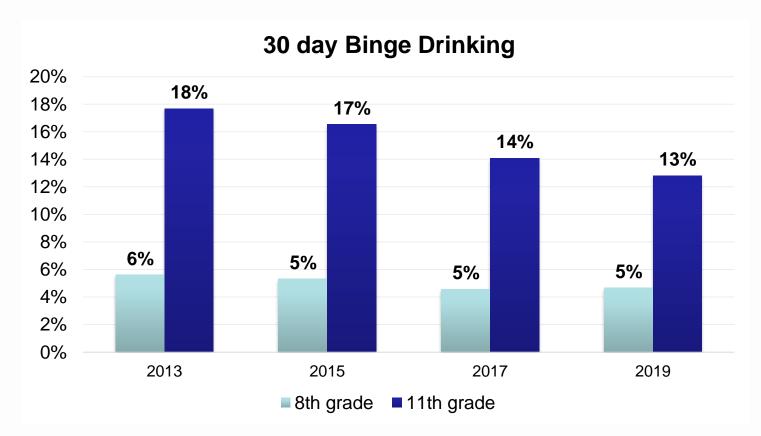






30-day Binge Drinking









What's Next/More Information

- 2019 County Reports
 - https://tinyurl.com/oht19county
- New interactive data tool being developed for 2020
 - Districts will be able to
- Schools & districts being invited this spring for Fall 2020 SHS
- EVERY public school is eligible to participate with 6th, 8th and/or 11th grades



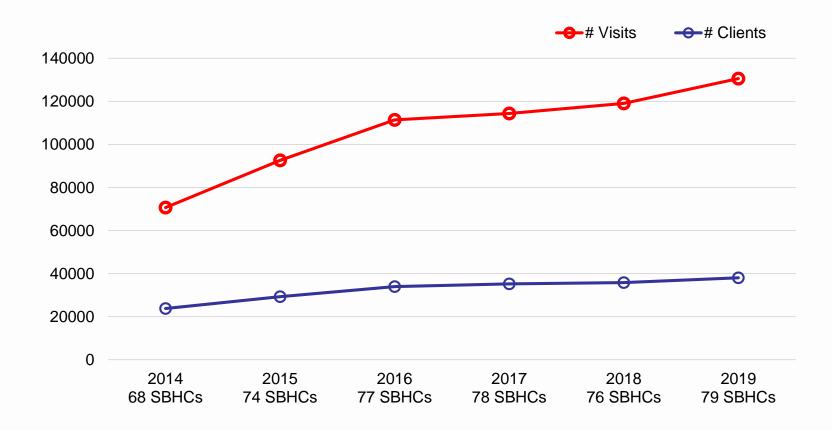


SBHC DATA





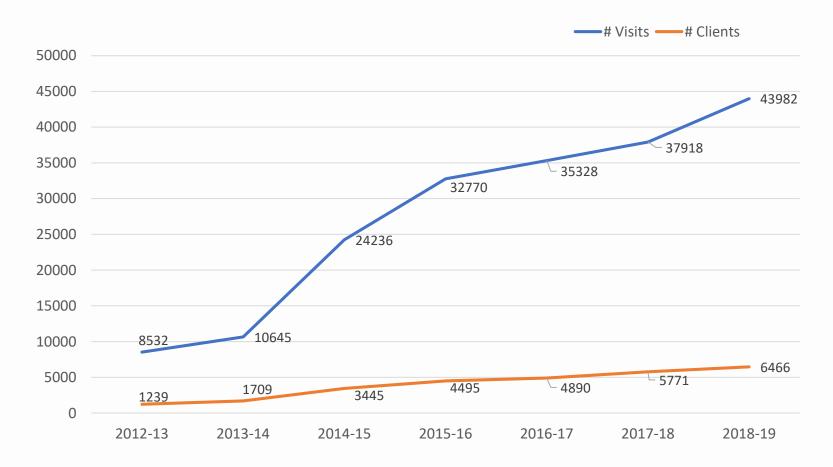
Encounter data visits & clients 2014-19







Behavioral health visits & clients 2012-19







Contraceptive services at SBHCs 2019

- 62% (49 of 79) of SBHCs reported dispensing at least one type of contraceptive on-site.
- 48% (38 out of 79) of SBHCs are providing Long-Acting Reversible Contraceptives on site, which is an increase of 12 SBHCs.
- Condoms are available at 49 (62%) SBHCs.

	Dispense	Prescription	Refer to other
	on-site	to pharmacy	clinic or provider
Birth Control Pills	30	27	22
Cervical Barriers	20	28	31
Emergency Contraceptive	40	15	24
Implant	38	1	40
Injectable	46	1	32
IUD/IUS	26	1	52
Patch	28	25	26
Ring	28	25	26











The Transformation Center & CCO Incentive Metrics

Adrienne Paige Mullock Transformation Analyst

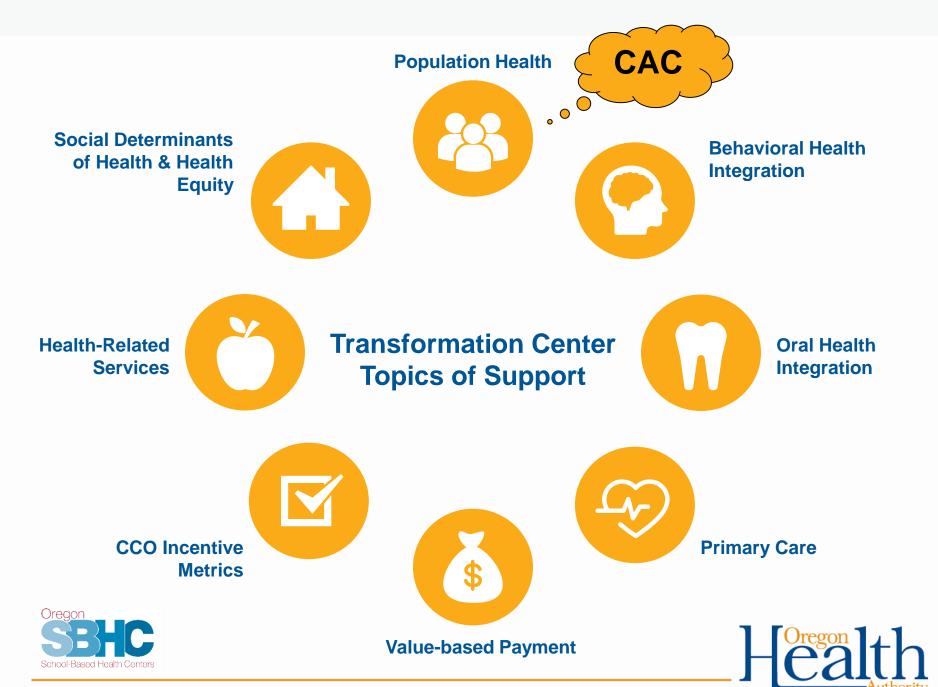
SBHC Coordinators Meeting 2/6/2020



Transformation Center

- The Transformation Center was launched in 2013 with the goal of supporting innovation within Oregon's health system
 - Mission: The Transformation Center is the hub for innovation and quality improvement for Oregon's health system transformation efforts to achieve better health, better care, and lower costs for all.
 - Goal: The Transformation Center identifies, strategically supports, and shares innovation at the system, practice, and community levels.





Coordinated Care Organization's (CCO) Metrics

- CCO Incentive measures, for which CCOs are eligible to receive payments based on their performance each year (CCO Quality Incentive Program pay-for-performance measures); and
- State Quality measures, which OHA has agreed to report to the Centers for Medicare and Medicaid Services (CMS) as part of Oregon's 1115 Medicaid waiver.

Transformation Center Role: provide targeted technical assistance to CCOs, clinics and other interested health system partners for the following incentive metric

Health Analytics' primary roles are: to be the single point of accountability for continual improvement of health analytics coordination and data integration across OHA and DHS programs; to develop analyses, data strategies, and monitoring tools to assess the performance of OHA programs; and to support OHA policy development, implementation, and evaluation,.

2020 CCO Incentive Measure Benchmarks

- Metrics & Scoring Committee has selected the measure set, adopted updated benchmarks and improvement target floors, and selected Challenge Pool measures for 2020.
- The 2020 benchmark decisions are reflective of improvements in CCO performance, and changes in CCO composition and member assignment expected for the first year of CCO 2.0 contracts.
- The three measures included in the Challenge Pool are:
 - 1. Disparity measure: Emergency department utilization among members with mental illness
 - 2. Oral evaluation for adults with diabetes
 - 3. Well-child visits in the 3rd, 4th, 5th, and 6th years of life (kindergarten readiness)





Transformation Center Supports: CCO Incentive Metrics

- Adolescent immunizations
- Developmental screening and follow-up
- <u>Diabetes (HbA1c poor control and oral evaluations for adults with diabetes)</u>
- Emergency department utilization among members experiencing mental illness (disparity measure)
- Oral health (preventive visits for ages 1-14 and oral evaluations for adults with diabetes)
- Screening, Brief Intervention and Referral to Treatment (SBIRT)
- <u>Timeliness of postpartum care</u>
- Tobacco cessation/cigarette smoking prevalence
- Well-child visits (ages 3-6)





SBHC Related CCO Metrics

Adolescent Immunizations

Developmental screening and follow-up

Screening, Brief Intervention and Referral to Treatment (SBIRT)

Preventive Dental Visits for ages 1-14

Tobacco Cessation/Cigarette Smoking Prevalence

Well Child Visit (ages 3-6)

With the support of the Transformation Center:

- All CCOs increased colorectal cancer screening (one by 9.2 percentage points in one year)
- CCOs increased their childhood immunization rates (one by 14 percentage points in one year)





Well-Child Visits (ages 3-6)

- How is your School-Based Health Center collaborating with your local CCO with regard to this incentive measure?
- What type of support do you need from your CCO?
- Who is interested in continuing this conversation?





Thank you!

Adrienne Paige Mullock adrienne.p.mullock@state.or.us

Sign up for the Transformation Center's Technical Assistance distribution list

here: https://www.surveymonkey.com/r/OHATransformationCenterTA

For more information:

www.TransformationCenter.org











SBHC SPO Strategic Planning

 SBHC State Program Office team (full team!!!) met in September 2019 to discuss our goals for the next 2-4 years.

- Brainstorm →
 - what's working,
 - what can we improve on,
 - what are the important policies or practices we need to address and
 - how do we best support and advance the SBHC field.
- Identify our priorities and continue the brainstorm.

***We do not move forward any major program or policy changes without stakeholder engagement.





SBHC Strategic Planning Goals

- ✓ Update Certification Standards to reflect current best practice in adolescent health care.
- ✓ Align SBHC Key Performance Measure Program with quality improvement strategies in other systems
- ✓ Provide SBHCs opportunity to learn from peers and clients to improve policy and practice.





Update Certification Standards to reflect current best practice in adolescent health care.

- Research mental health integration in primary care settings.
 - Effective models of integration
- Align certification standards with existing best practice with respect to youth-centered care.
- Make improvements to SBHC site visit process and certification compliance practices.





Align SBHC Key Performance Measure Program with quality improvement strategies in other systems

- Research state and national key performance measures and delivery of incentive programs specific to adolescent health.
- Create Workgroup to evaluate existing options and to develop recommendations on new incentives.
- Gather input on work group recommendations from SBHC field and put forward final recommendation for incentives to pilot in 2021-2022 school year





Provide SBHCs opportunity to learn from peers and clients to improve policy and practice

- Provide SBHC staff with opportunities to learn from the youth they serve.
- Conduct Technical Assistance Needs Assessment for SBHCs
- Develop a plan to focus on training and technical assistance based on needs assessment results.











Adolescent and School Health Unit

- Our Vision: Oregon is the very best place for all youth to learn, grow, and thrive.
- Our **Mission**: To support the health of all youth in Oregon through evidence-based and data driven policies, practices, and programs.
- Our Program Areas:
 - Adolescent Health Policy and Assessment
 - School-Based Health Centers
 - School Nursing
 - Youth Sexual Health





State School Nurse Consultant 2020 Updates

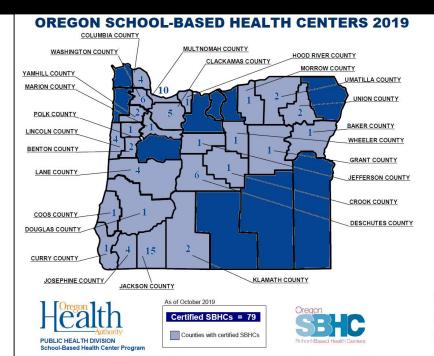
- 2019 Oregon School Nurse Annual Report
 - SN/SBHC partnership activities

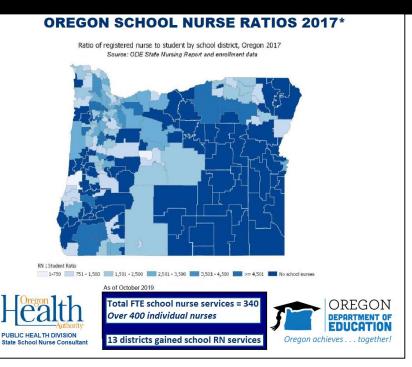
Corinna Brower RN-BC, BSN, MPH

State School Nurse Consultant Adolescent and School Health Programs Public Health Division | OREGON HEALTH AUTHORITY



SBHCs and School Nurses: partners in school health







As of 2018-2019:

- Oregon has approximately 580,000 public school students.
- 28,330 students with reported medical needs (medically complex, medically fragile, or nursing dependent)
 - less than 5%
 - OPIP Oregon Child Health Complexity: 25%
 - National (other state) school nurse services: 17-20%



As of 2018-2019:

- 340 full-time equivalent (FTE) nurses provide services in Oregon schools
 - 21% increase compared to 2017-2018
- 33% of districts (66 total) report no RN access
 - 40% (79 total) had no RN access in 2017-2018



Recommended by 2020: 1 RN for every 750 generally well students

As of the 2018-2019 school year:

- Statewide average is 1 RN for 2,352 students
- General population ratio of 1 RN per 5,565 students
 - 197 school districts
 - 18 districts (9%) meet 2018 recommended ratio, 1:1500
 - Of those, 4 districts meet the 2020 recommended ratio of 1:750



"School nurses support federal and state requirements to provide health services to all students."

- Identify need (and provide support/refer)
- Support school-wide health efforts



ODE's Annual Report: Oregon School Nurses

Oregon law (ORS 336.201) identifies that "a registered nurse or school nurse is responsible for coordinating the school nursing services provided to an individual student."

- UAP vs RN assessments
- Referrals to SBHCs
- Collaboration with SBHC providers, school staff, families



State School Nurse Consultant partnership activities

CDC-1801 grant "Oregon Healthy Schools"

- 6 priority districts
- WSCC model
- Focus on school-wide collaborative efforts
 - PE/PA
 - Nutrition
 - Chronic disease management



State School Nurse Consultant partnership activities

HB3165 School Health Services Planning Grant

- 11 grantees
- Phase 1: needs assessment
- Phase 2: implement services to address identified needs





State School Nurse Consultant partnership activities

- Oregon Department of Education
- SNAG School Nurse Advisory Group; statewide guidance
- Medicaid billing
 - 9 pilot districts
 - IEP services current billing
 - 504 services future billing



Student Success Act







Education and Health: School Nurses and Student Success

4 Categories for the Student Investment Account:



Class Size



Well-Rounded Education



Instructional Time



Health and Safety

"You can't educate a child
who is not healthy
and
you can't keep a child healthy
who is not educated"
-Joycelyn Elders

Student Investment Account purposes:

- Meet students' mental and behavioral health needs.
- 2. Increase academic achievement and reduce academic disparities

School nurses:

Provide crucial mental health support

- School nurses spend 1/3 of their time providing mental health services (Foster, 2005; Bohnenkamp, 2015)
- School nurses are trusted adults who help students feel safe at school, correlating with increased attendance and lower rates of depressed mood (Kvarme, 2019; Oregon Healthy Teen Survey, 2019)

Improve education outcomes

- Hiring Registered Nurses improves attendance, achievement, and graduation rates (Basch, 2011; Pennington, 2008; NASN, 2015)
- School nurses contribute to improved education outcomes for students with health conditions (Kocoglu, 2017)

Increase instructional time

- When a full-time Registered Nurse is in the school building, **teachers gain 20 minutes of instructional time** and administrators gain **1 hour per day** to focus on their primary work (Baish, 2011)
- Registered Nurses are less likely to dismiss a student early, compared to unlicensed staff (Pennington, 2008)

Promote health and safety

- School nurse interventions support lifelong health and wellness for all students (AAP, 2015; Egerter, 2011)
 - Presence of a Registered Nurse in schools increases immunization rates (Salmon, 2006; Lorick, 2015)
 - Registered Nurses keep students safer by educating school staff and preparing for medical emergencies (NASN, 2019)
 - School nurses are critical partners in school-wide wellness and safety efforts (CDC, 2014)
- School nurses improve health and safety for students with special needs
 - Lower school nurse caseloads result in improved services for students (Daughtry, 2018; Kruger, 2009)
 - Registered Nurses in schools yield measurable improvements in health and academic outcomes for students with chronic conditions, such as asthma and diabetes (Leroy 2016: McCabe 2019)
 - Oregon's mandated school nurse-to-student ratios ensure students with health needs have access to federally-mandated Free and Appropriate Education (FAPE) under the Individuals with Disabilities Education Act and Section 504 of the American Disabilities Act. (ORS 336.201 and Duncan, 2010)

School nurses support education







Updates from Youth Sexual Health Program

SBHC Coordinators Meeting February 6th, 2020



Transitions with Federal Funding (PREP)



- Youth Transition Programs (18-21 years of age)
- Partnering with Oregon Department of Education (ODE)
- Friendships and Dating Program https://www.fdprogram.org/



Community Partners – Resources for IDD

Multnomah County Health Department – Youth Sexual Health Equity Program

Guidelines for Supporting the Sexual Health of Young People Experiencing Intellectual and Developmental Disabilities



www.multco.us/school/sexual-health-youth-developmental-disabilities

University Center for Excellence in Developmental Disabilities

Sexual Health Equity for individual with Intellectual and Developmental Disabilities (SHEIDD)

www.ohsu.edu/sexual-health-for-all



Oregon Teacher Training Institute (OTTI)

Collaboration between OHA, DHS, and ODE supporting local school districts with implementation of comprehensive sexuality education inclusive of gender and sexual orientation, K-5.

Roseburg - March 4-5, hosted by Douglas ESD

Astoria - April 23-24, hosted by Astoria SD

Ontario - July 21-22, hosted by Malheur ESD

More to come in Fall/Winter 2020



The Map 2020

Oregon Sexual Violence Prevention Resource Map

healthoregon.org/svpmap



We are here for you!

Shelagh Johnson – general info, sex education, the map, etc. Youth Sexual Health Coordinator shelagh.m.johnson@state.or.us

LaShanda Friedrich – data requests, research support, evaluation, etc. Youth Sexual Health Research Analyst lashanda.n.friedrich@state.or.us

Lindsay Weaver – all things PREP, youth with IDD, curriculum, etc. Youth Sexual Health Project Coordinator lindsay.weaver@state.or.us









Student Success Act

Tamara Dykeman
Student Success Act Coordinator
Oregon Dept of Education







OREGON SCHOOL-BASED HEALTH ALLIANCE

SBHC Coordinator's Meeting February 6, 2020



The OSBHA Team



Laurie Huffman
Executive Director



Antonia Rangel-Caril
Program and Advocacy
Coordinator



Maureen Hinman
Director of Policy and
Strategic Initiatives



Jessica Chambers
Administrative Coordinator



Ashley McAllister Program Manager

Our mission is to strengthen schoolbased health services and systems that promote the health and academic success of young people.



School Health Advocacy Day

- Join us at the Capitol on Tuesday, February 25 for the only youth-driven advocacy event that supports school-based health services in Oregon.
- This year, we are providing a poster template that you can customize to share info about your SBHC/s with legislators.
- Email <u>Jessica@osbha.org</u> for more info.

SCHOOL-BASED HEALTH MATTERS TO US

THIS SCHOOL HEALTH ADVOCACY DAY, WE ARE CELEBRATING...

34 YEARS OF SCHOOL-BASED HEALTH CENTERS IN OREGON

SBHCs are in 79 elementary, middle and high schools across 26 Oregon counties.



BENEFITS OF SBHCS

- SBHCs get youth the care they need, when they need it, so they can get back to class and learn.
- 82% of surveyed students were unlikely to have received care that day if there was not an SBHC available to them.
- 100%
- In the 2018-2019 school year, 100% of SBHCs had a behavioral health provider onsite.

SPOTLIGHT ON OUR SBHC

- Add highlights of local services / programs / YAC / issues here.
- Add data you would like to share about your SBHC here.
 Possible data to include: number of students who visited your health center last year, number of uninsured youth in your county, etc.



Add a photo of your SBHC here.

Add a photo of your YAC here.

FOR MORE INFO ON SBHCS IN OREGON,
VISIT OSBHA.ORG





YAC Coaching

Through our contract with SPO, we are creating a model for YAC coaching.

Current focus areas with YAC Coaching:

- Recruitment & retention
- Supporting skill building for youth and adults
- Equity & inclusion

We are working with Hood River and Ione SBHCs for the 2019-2020 school year.

Email <u>ashley@osbha.org</u> to receive YAC recruitment tips we've developed through this new program.



Keep in Touch with OSBHA

Email our staff:

Laurie Huffman: Laurie@osbha.org

Maureen Hinman: Maureen@osbha.org

Ashley McAllister: Ashley@osbha.org

Antonia Rangel-Caril: Antonia@osbha.org

Jessica Chambers: Jessica@osbha.org

- Visit osbha.org to sign up for our bimonthly newsletter
- Connect with us on Facebook, Instagram, and Twitter@OregonSBHA







Spring Coordinators Meeting Webinar

Save the Date

Wednesday, May 6th 9-11AM





Contact Us

School-Based Health Center Program

Oregon Public Health Division

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Portland, OR 97232

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F: 971-673-0250

sbhc.program@state.or.us

www.healthoregon.org/sbhc





