
School-Based Health Centers

SBHC State Program Office
www.healthoregon.org/sbhc



Orientation topics:

- Adolescent & School Health Unit
- Oregon's School-Based Health Centers
- State SBHC funding
- Standards for Certification
- Data requirements
- Youth centered SBHCs
- Youth Involvement
- Resources

Adolescent and School Health Unit

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Oregon
Health
Authority

Adolescent and School Health

- School-Based Health Center Program
- School Nurse Consultant
- **NEW** School Nursing Pilot Program
- Youth Sexual Health Program
- Policy and Assessment
- House Bill 2591
 - School Health Service Planning Grants
 - **NEW** Mobile School-linked Health Center Program
 - **NEW** School-linked Telehealth Pilot Program
- **NEW** COVID-19 School-Based Recovery Program

Adolescent and School Health

- Our **Vision:** Oregon is the very best place for all youth to learn, grow, and thrive.
- Our **Mission:** To support the health of all youth in Oregon through evidence-based and data driven policies, practices, and programs.



SBHC State Program Office (SPO)

Our roles:

- Certification
- Technical assistance
- Policy and program development
- Data collection and analysis
- Funding

9 employees

1 SBHC Team Lead

1 Epidemiologist/Health Economist

2 Public Health Nurses

1 School Mental Health Specialist

2 Research Analysts

1 School Health Program Specialist

1 Administrative Specialist

SBHC State Program Office Team



Rosalyn Liu (she/her)
Adolescent & School
Health Manager



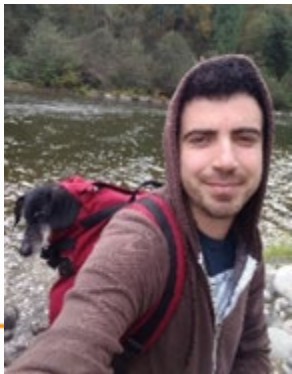
Kate O'Donnell (she/her)
SBHC Program
Coordinator



Cuong Phan (he/his)
Administrative
Specialist



Melanie Potter (she/her)
School Health Program
Specialist



Mikah Rotman (they/he)
School Mental Health
Specialist

SBHC State Program Office Team



Sarah Knipper (she/her)
School Health
Epidemiologist (P/T)



Karen Vian (she/her)
Public Health Nurse



Loretta Gallant (she/her)
Research Analyst



Rebecca Jacobs (she/her)
Public Health Nurse



Kavita Gavand (she/her)
Research Analyst

Oregon SBHCs

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Adolescent and School Health Unit

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SBHCs are...

- Integrated in the school
- Built on partnerships
- Youth-centered
- Convenient for parents
- Convenient for students
- Accessible – no one shall be denied access due to insurance status or ability to pay
- Effective and lead to better health and educational outcomes

SBHCs are built on core competencies



Access

Student Focus

School Integration

Accountability

School Wellness

Systems Coordination

Sustainability

<https://www.sbh4all.org/resources/core-competencies/>

SBHCs improve health outcomes

- increased use of vaccination and preventive services
- reduced asthma morbidity
- fewer emergency department visits and hospital admissions
- higher contraceptive use among females
- improved prenatal care and higher birth weights
- lower illegal substance use and alcohol consumption
- reduced violence.



<https://www.thecommunityguide.org/sites/default/files/publications/he-ajpm-evrev-sbhc.pdf>

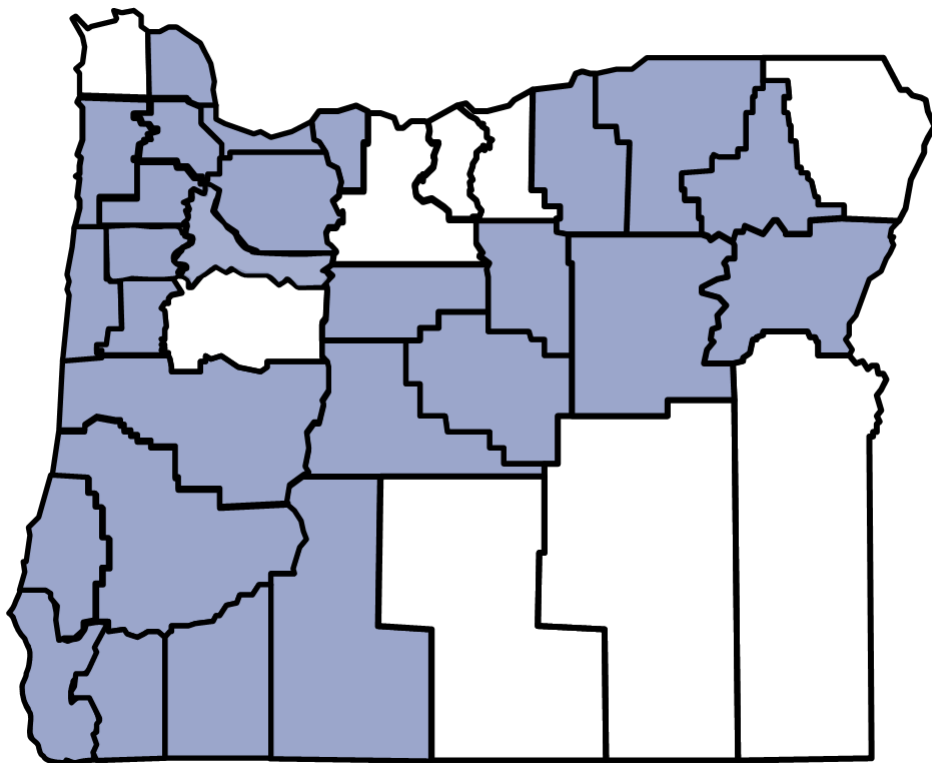
SBHCs improve educational outcomes

- Reduction in rates of school suspension
- Higher high school completion
- Increases in grade point averages
- Increases in grade promotion



<https://www.thecommunityguide.org/sites/default/files/publications/he-ajpm-evrev-sbhc.pdf>

Certified SBHCs in Oregon



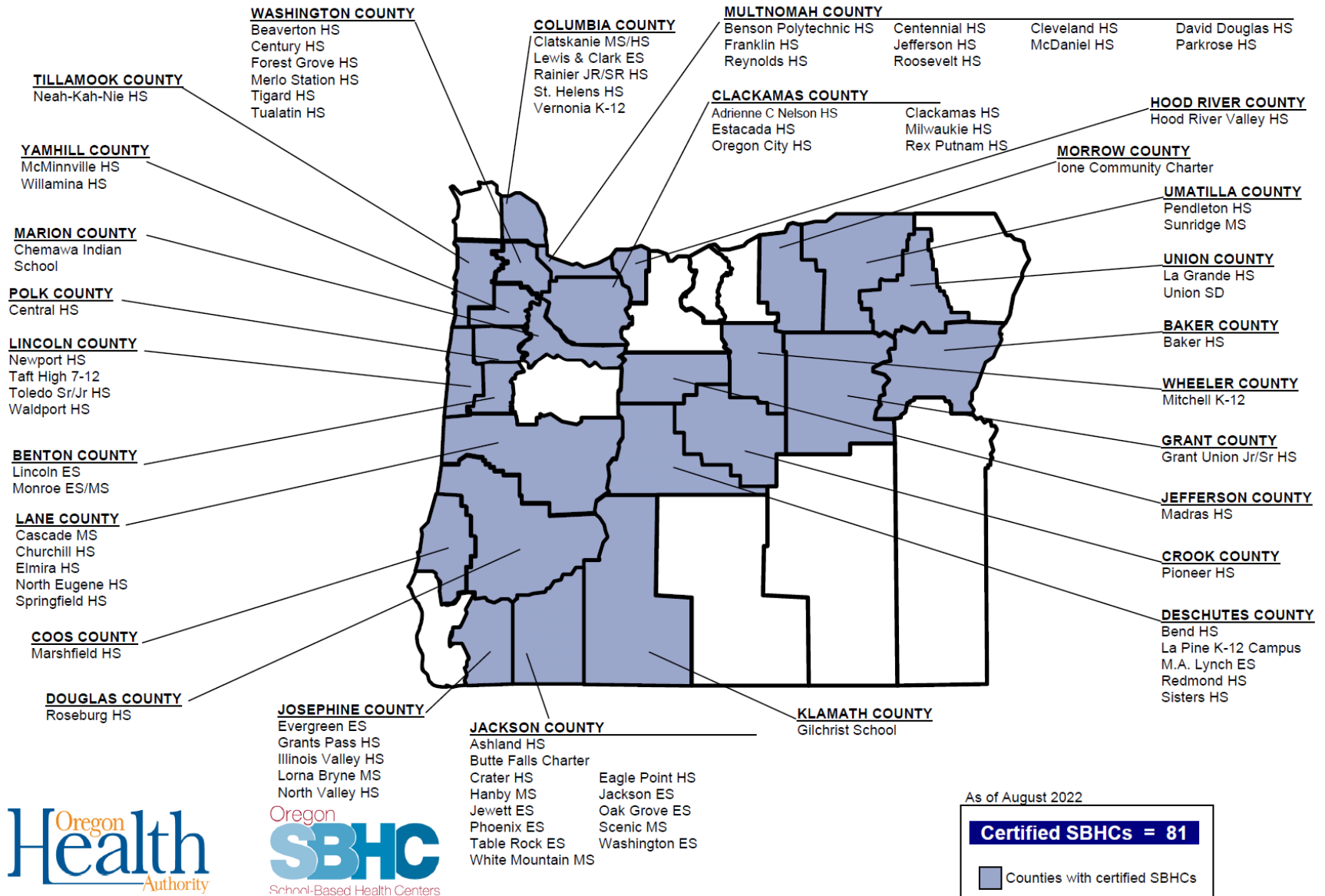
As of July 1, 2022:

**81 certified SBHCs
in 26 counties**

- 52 high schools
- 6 middle schools
- 10 elementary schools
- 13 combined-grade campuses



OREGON SCHOOL-BASED HEALTH CENTERS 2022



Certified SBHCs in Oregon

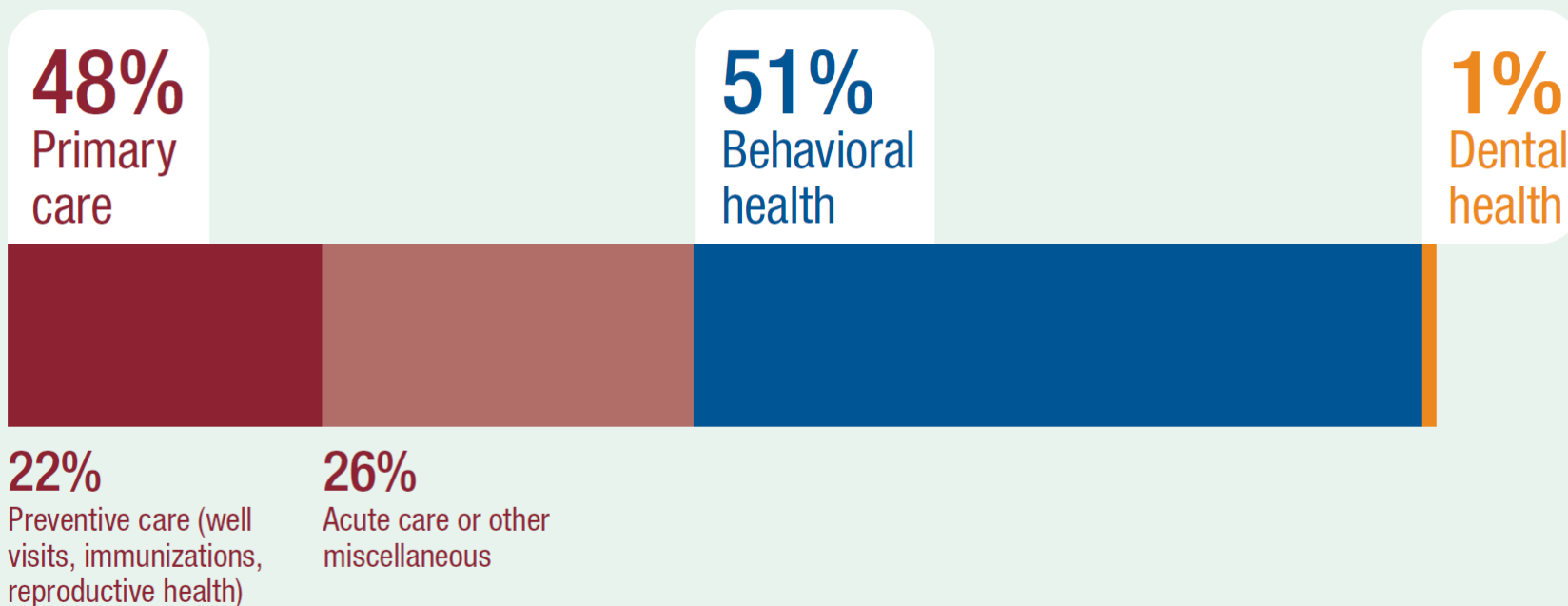
- **As of July 1, 2022**
 - **73%** sponsored by Federally Qualified Health Centers
 - **46%** are state recognized as patient-centered primary care homes.
www.primarycarehome.Oregon.gov
 - **64%** are in primary care health professional shortage areas.

Certified SBHCs in Oregon

- **For the 2020-2021 service year**
 - **9** SBHCs have a dental provider onsite.
 - **95%** of SBHCs have a mental health provider onsite

Certified SBHCs in Oregon

Reasons for SBHC visits, ages 5-21, 2020-2021



Source: Oregon SBHC encounter data

Behavioral Health in SBHCs

- Some behavioral health services required onsite, but mental health therapy not currently required onsite.
- SPO continuing to develop SBHC BH model and expectations

95% of SBHCs have a MH provider onsite

State SBHC funding

State SBHC funding



- SBHC Base Funds
- Mental Health Expansion Grant
- Additional opportunities

SBHC Base Funds



- SBHC Base funding:
 - Certified SBHCs receive \$60,000/year
- Base funding must be used to support SBHC operations, for example:
 - Staffing
 - Service delivery
 - Maintenance
 - Etc.

Mental Health Expansion Grant



- Capacity grants fund staff time and MH services
 - 69 SBHCs
- Youth-led project grants
 - 25 SBHCs
- Award amounts vary

Additional opportunities

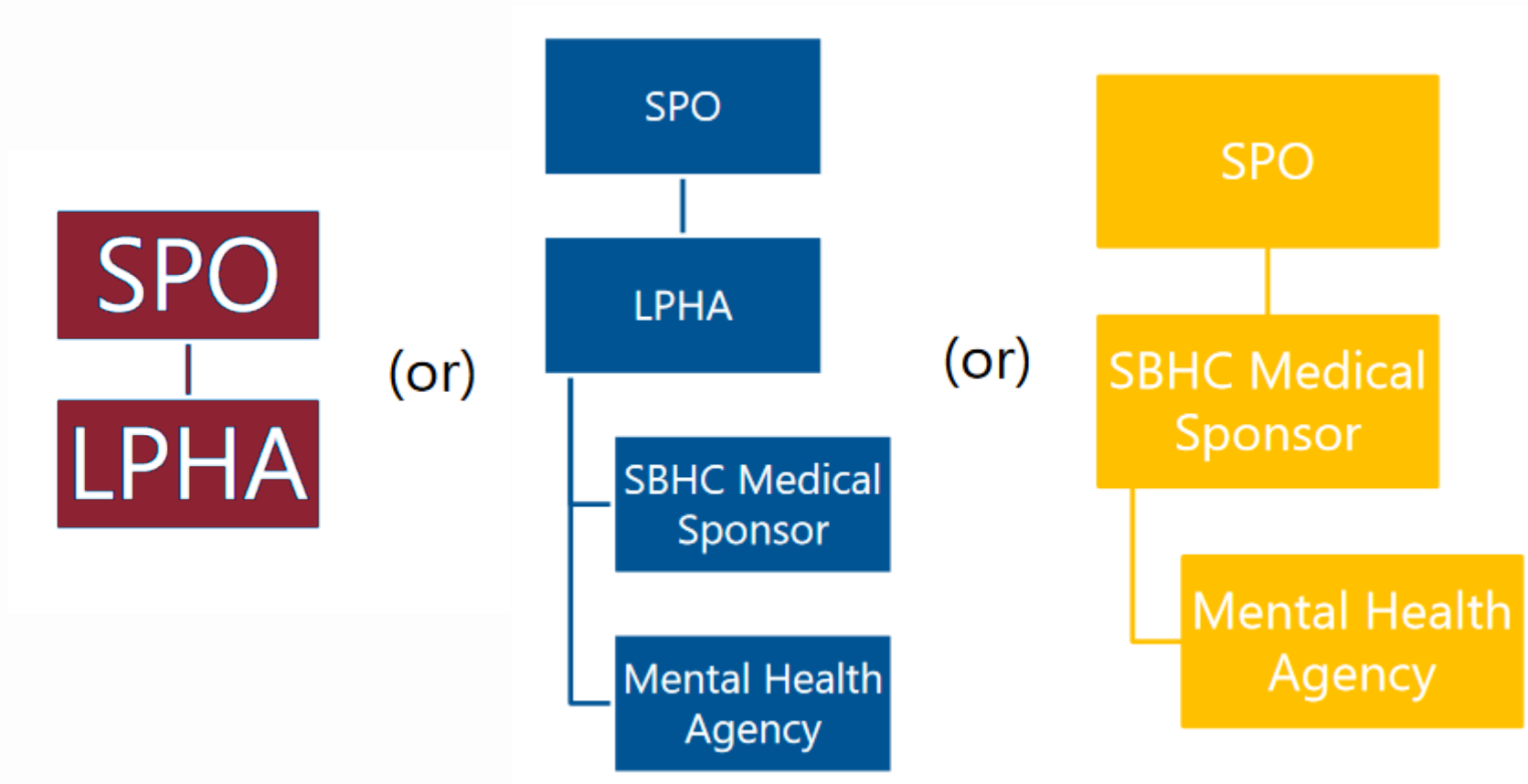
- Varies depending on SPO's budget
- Occasional, one-time grants:
 - Supplies
 - Outreach & engagement
 - Youth-centered clinical environments



2022 Grant Opportunities

- **SBHC COVID-19 School-Based Health & Recovery**
 - \$1.5 million total with various awards to 13 SBHC medical sponsors
- **School Health Services Planning Grants (SHSPG)**
 - \$90,000/each to 9 school districts/ESDs planning for school nursing or SBHC
- **Mobile School-Linked Health Center**
 - \$90,000/each to 4 school districts or ESDs
- **School-Linked Telehealth Pilot Program**
 - \$300,000/each to 3 SBHCs

State SBHC Program Funding



QUESTIONS???

Standards for Certification

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SBHC Standards

- In Oregon Administrative Rules
- Clearly defined model
- Standardizes SBHCs in Oregon
- Increases evidenced-based best practice and quality improvement
- Voluntary process
- Only certified sites are eligible for SPO funding

Oregon School-Based Health Centers

Standards for Certification

Version 4



Oregon
Health
Authority
PUBLIC HEALTH DIVISION
School-Based Health
Center Program

Oregon
SBHC
School-Based Health Centers

<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASEDHEALTHCENTERS/Pages/certification.aspx>

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Standards for Certification

Comprehensive best practice

Nationally recognized pediatric care standards

AAP Bright Futures

Youth-friendly services

Availability Confidentiality
Visibility Coordination
Quality Affordability
Flexibility

Society of Adolescent Health and Medicine

AAP

Advocates for Youth

Population-based, patient-centered care

Prioritize quality care at lower cost

Oregon Patient Centered Primary Care Home (PCPCH)

CCO metrics

Standards for Certification

- Section A: Certification process
- Section B: Sponsoring agency
- Section C: Facility
- Section D: Operations/staffing
- Section E: Comprehensive pediatric health care
- Section F: Data collection/reporting
- Section G: Billing
- Section H: Terminology

Role: Sponsoring Agency

- A sponsoring agency is an entity that provides an SBHC or contracts with another entity to provide one or more of the following:
 - Funding
 - Staffing
 - Medical oversight
 - Liability insurance
 - Billing support and
 - Space
- Medical sponsorship requirements shall include:
 - Medical liability coverage
 - Ownership of medical records and
 - Medical oversight

Role: SBHC Site Coordinator

Primary contact between SBHC & SPO

- Help keep SBHC in compliance
- Notify SPO when out of compliance
- Prepare for and attend SPO site visits
- Submit required information to SPO
- Keep Operational Profile up to date
- Attend meetings with SPO
- Forward communications to others within the SBHC



Standards for Certification: Operations/staffing

- SBHCs must be open and offering clinical services (medical, behavioral and/or oral health) a minimum of **three days/week** when school is in session.
- SBHCs must be open for services **at least 15 hours/week**, with availability for same-day and scheduled appointments
- At least one licensed medical professional must be available on-site each day the SBHC is open. (e.g., MD, DO, NP, ND, PA, DMD, EFDA, RDH, RN, LPN and/or QMHP)

Standards for Certification: Operations/staffing

Table 1: SBHC minimum staffing requirements

SBHC staffing type	Minimum hours per week	Minimum days per week
Office/health/medical assistant	15 hours	Unspecified
Primary care provider	10 hours	2 days
Additional health professional (medical/behavioral/oral health)	10 hours	Unspecified

Standards for Certification : Eligibility for services

- All students in the school are eligible for services.
 - Students shall not be denied access to services based on insurance status or ability to pay.
 - Students shall not be denied access to services based on race, color, national origin, religion, sex, gender identity and/or gender expression/presentation, immigration status, sexual orientation, disability or marital status

Standards for Certification:

Comprehensive pediatric health care

- SBHCs provide pediatric health care in line with nationally recognized standards of care, including recommendations from the American Academy of Pediatrics Bright Futures guidelines. SBHC providers should refer to Bright Futures to determine age-appropriate levels of service.
- <https://brightfutures.aap.org>



Standards for Certification: Comprehensive pediatric health care

b. Table 2 specifies the minimum level of comprehensive pediatric health care services that must be available either:

- (1) **On-site:** Services are available on-site at the SBHC.
- (2) **▲ On-site:** Laboratory testing is available on-site as point-of-care testing.
- (3) **● On-site:** Laboratory must have ability to collect specimen/sample. Sample may be sent offsite for diagnostic testing.
- or—
- (4) **Referral:** Services and laboratory testing available by referral (if not on-site) with system for tracking referrals and follow-up. Referral sources should be youth-friendly, confidential and available regardless of a client's ability to pay. A list of referral sources must be available to the SPO upon request.

Table 2: Comprehensive pediatric health care minimum requirements

Comprehensive pediatric health care	Minimum level of service required
History	
Comprehensive medical histories	On-site
Measurements	
Height and weight	On-site
Body mass index (BMI)	On-site
Blood pressure	On-site
Sensory screening	
Vision	On-site
Hearing	Referral
Physical health services	
Comprehensive physical exams	On-site
Evaluation and treatment of non-urgent, acute and chronic conditions	On-site
Medical specialty services	Referral
Developmental/behavioral services*	
Health assessment**	On-site
Assessment of educational, achievement and attendance issues	On-site
Developmental assessments	On-site
Psychosocial/behavioral assessment	On-site
Depression screening	On-site
Alcohol and other drug screening	On-site
Alcohol and other drug assessment***	Referral
Prescriptions for mental health conditions	Referral
Individual, group and family counseling and treatment	Referral
Social services assessment and referral	Referral

Comprehensive pediatric health care	Minimum level of service required
Oral health services	
Visual inspection of teeth and gums	On-site
Preventive oral health education and counseling	On-site
Fluoride supplement prescription	On-site
Comprehensive oral health evaluation and treatment	Referral
Reproductive health services	
Reproductive health exam	On-site
Prescriptions for contraceptives†	Referral
Condom availability†	Referral
STI prevention education and treatment	On-site
Pregnancy prevention education	On-site
Prenatal care	Referral
HW counseling	On-site
HW treatment	Referral
Anticipatory guidance	
Provision of age-appropriate anticipatory guidance	On-site
Targeted patient education	On-site
Procedures	
Immunizations	On-site
Urinalysis	▲ On-site
Hematocrit or hemoglobin	▲ On-site
Blood glucose	▲ On-site
Strep throat†	▲ On-site
Pregnancy testing‡	▲ On-site
STI screening and testing†	● On-site
HW screening and testing	● On-site
Tuberculosis testing	Referral
Lead screening and testing	Referral
Dyslipidemia screening	Referral

* Behavioral health services include mental health and substance abuse.

** Health assessments may be completed through a health assessment tool or through documented assessment of health risks and strengths (e.g., physical growth and development, emotional well-being, violence and injury prevention, etc.)

*** If not available on-site, a written agreement with the outside provider or agency must be in place to provide services and for sharing information necessary to provide coordinated care.

† SPO recommends on-site access to contraceptives and condoms. Providing access to contraceptives is a clinical best practice recognized by the American Academy of Pediatrics, the Centers for Disease Control and Prevention, and other national and international organizations. However, communities may choose to offer contraceptive services by referral.

‡ Rapid

§ Urine human chorionic gonadotropin (UHG)

• Chlamydia, gonorrhea, syphilis

Standards for Certification: Billing

- All providers whose provider type is eligible to enroll with the Oregon Health Plan (OHP) must enroll with and bill OHP.
- Providers must be credentialed with private insurance companies and bill for reimbursement whenever possible.
- SBHCs must determine whether their coordinated care organization(s) (CCOs) have mechanisms for maintaining confidentiality when billing for services (e.g., ability to suppress EOBs for confidential visits). If a procedure does not exist, the SBHCs shall work with the CCO to determine the best method for the SBHC to bill for services while preventing inadvertent disclosure of personal health information.

Standards for Certification: Waivers

- SBHCs must notify the program **within 20 calendar days** of any change that brings the SBHC out of compliance
- Waiver must include:
 - an explanation of the non-compliance
 - a plan for corrective action
 - date for meeting compliance.
- SPO will approve or deny the waiver within two weeks of submission.

The screenshot displays the 'SBHC Detail - Web' interface. The top navigation bar includes 'HOME', 'LIST', and 'SBHC ID 759'. The main menu has tabs for 'Details', 'Operations', 'Staff', 'Shift Hours', 'Services', 'Cert Waiver', 'KPM', 'PH Revenue', and 'MII Revenue'. The 'Cert Waiver' tab is active, showing a table of 'Certification Waivers' with columns for 'Data Created', 'Section Title', 'Expected Completion', 'Approved', 'Date Approved', and 'Date Resolved'. Two rows are visible: one for '7/11/2019' and '8/31/2020', and another for '5/30/2019' and '6/24/2019'. To the right of the table is a 'Add Waiver' button. Below the table is a 'Waiver Instructions' section. On the right side of the form, there is a 'Certification Waiver Info' section with fields for 'Submitter Contact' (Name, Last, First, Title, Email, Phone) and 'County Contact' (Name, Title, Email, Phone). There are also checkboxes for 'Has County Health been notified?' and 'Which standard is not being met?'. At the bottom, there is a 'Waiver Information COMPLETE' button.

Data Created	Section Title	Expected Completion	Approved	Date Approved	Date Resolved
Select 7/11/2019	F: Data Collection/Reporting	8/31/2020			
Select 5/30/2019	A: Certification Process	No		6/25/2019	6/24/2019

Waiver Instructions

Instructions on how to fill out a waiver are in the Operations Profile User's Guide located on the State Program Office website under the Certification Standards tab.

To submit the waiver, click the red "WAVES INFORMATION COMPLETE: Submit to SPO" button. Once to send the waiver to the State Program Office for review.

Submitter Contact

Name: [Text]
Last: [Text]
First: [Text]
Title: [Text]
Email: [Text]
Phone: [Text]

County Contact

Has County Health been notified? ☒ Yes ☐ No
First: [Text]
Last: [Text]
Title: [Text]
Email: [Text]
Phone: [Text]

Which standard is not being met?

Did not complete required number of student satisfaction surveys
Explanation of why standard is not met
Staff did not offer students the mail as a regular basis

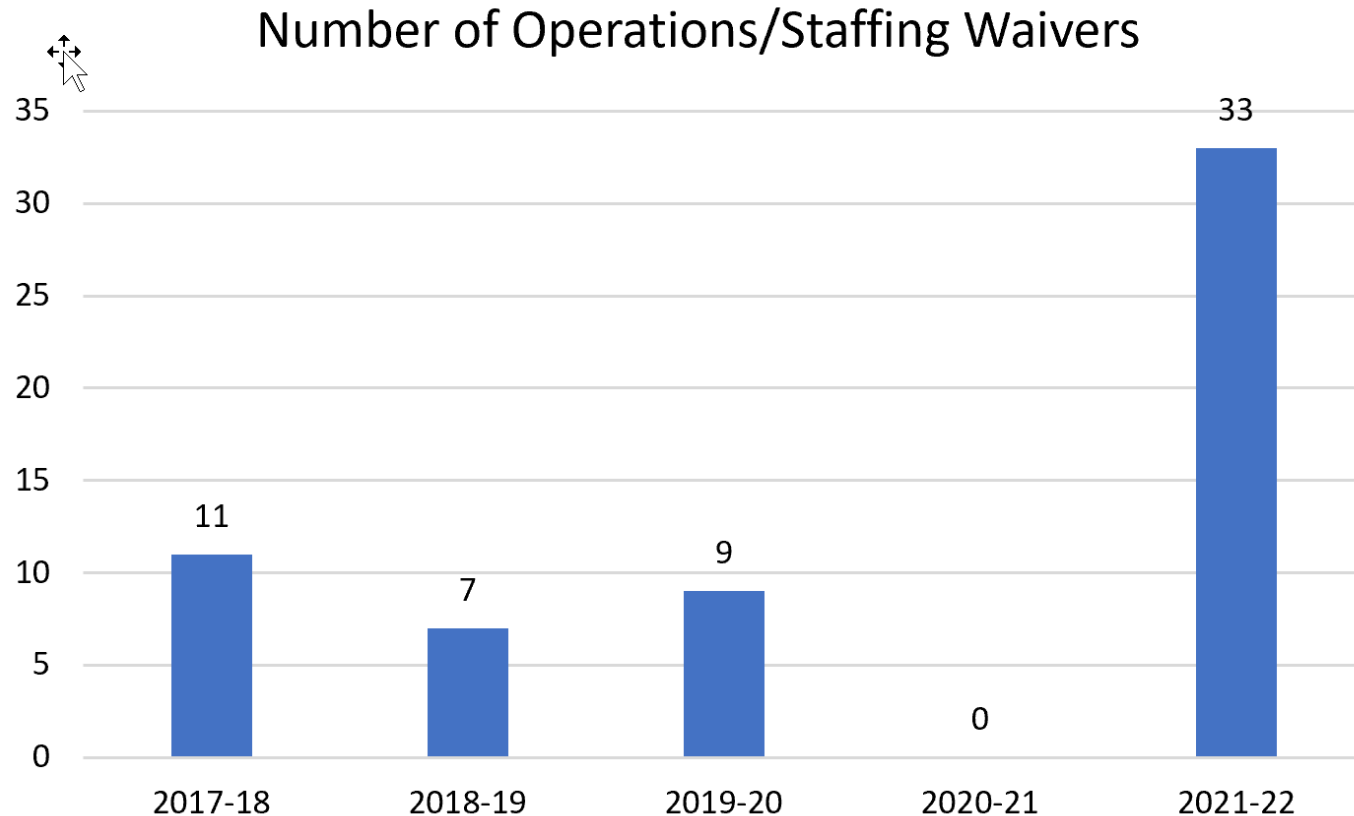
Action plan to meet standard

Relinquishing of staff to meet

Expected date of compliance: 6/30/2020

WAVES INFORMATION COMPLETE: Submit to SPO

SBHC Certification Waivers

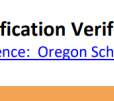


Standards for Certification: Verification Site Visit

- SBHCs **attest** they meet Oregon's Standards for Certification
 - Initial certification application
 - Operational Profile
- SPO conducts a **verification** site visit of each SBHC
 - within one year of application approval
 - every two years for a representative sample of certified SBHCs in each SBHC system.



Verification Review Tool



Oregon Health Authority
PUBLIC HEALTH DIVISION
School-Based Health Center Program

800 NE Oregon St., Ste. 805
Portland, OR 97232
Phone: 971-673-0871
SBHC.Program@odhsoha.oregon.gov
www.healthoregon.org/sbhc

Certification Verification Review Tool

Reference: Oregon School-Based Health Centers Standards for Certification, Version 4

Site Name: _____ **Date:** _____

Site Staff: _____ **SPO Staff:** _____

This Certification Verification Site Visit is for:

- ☐ Initial on-site verification review
- ☐ On-site verification review with notice
- ☐ On-site verification review without notice
- ☐ Administrative review of compliance at request
- ☐ Transfer of medical sponsor
- ☐ Transfer of location

Waiver(s) in place at time of review: _____

Section A: Certification Process		
Certification Standard	Compliant?	Comments
A.2.a: At least 1 person from an SBHC must attend SBHC orientation, provided by the program, within 1 year of approval of certification app	<input type="checkbox"/> YES <input type="checkbox"/> NO	

Section B: Sponsoring Agency		
Certification Standard	Compliant?	Comments
B.1.a: SBHC sponsoring agency/ies provides: <ul style="list-style-type: none"> <input type="checkbox"/> Funding <input type="checkbox"/> Staffing <input type="checkbox"/> Medical oversight <input type="checkbox"/> Liability insurance <input type="checkbox"/> Billing support <input type="checkbox"/> Space 	<input type="checkbox"/> YES <input type="checkbox"/> NO	Sponsoring agency:

As of August 2022
Page 1 of 24

<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASE/DHEALTHCENTERS/Pages/certification.aspx>

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Adolescent and School Health Unit

Site Visit Report

- Who attended site visit
- Who we met with during visit
- Who attended debrief
- Strengths of staff
- Impression of SBHC model
- Items corrected at visit
- Waivers in place
- Key findings
- Areas for improvement

SBHC Site Visit Report

Site Visited: **Fake SBHC2**

SPO Evaluator: Karen Vian

Date of Visit: 9/21/2018

Certification Status: Certified with Action Items

Site Contact

First Name: Jane

Last Name: Doe

Active Certification Waivers

Date Created	Certification Section	Expected Date of Compliance

Certification Verification Site Visit Purpose

- | | |
|---|---|
| <input type="checkbox"/> Initial on-site verification review | <input type="checkbox"/> Administrative review of compliance at request |
| <input checked="" type="checkbox"/> On-site verification review with notice | <input type="checkbox"/> Transfer of Medical Sponsor |
| <input type="checkbox"/> On-site verification review without notice | <input type="checkbox"/> Transfer of SBHC location |

The "Oregon School-Based Health Centers Standards for Certification, Version 4" outlines the minimum requirements Oregon SBHCs must meet to be certified by the Oregon Health Authority Public Health Division's SBHC State Program Office (SPO). One method of measuring SBHC compliance with certification requirements is an on-site verification review. The SPO conducts on-site verification reviews in accordance with Section A.4 (OAR 333-028-0240).

The SBHC Site Visit Report is a written report of the findings from the on-site verification review. If the site was found to have certification deficiencies, items will be listed and required corrective actions to be completed within a specified timeline. In addition, SPO may take action in accordance with OAR 333-028-0250 which includes waivers, warnings, suspension, or revocation.

If no certification deficiencies were found during the on-site verification review, the report is your written finding indicating no deficiencies were found.

Narrative

Site Visit Notes

SBHC verification site visit attended by Jane.

Met with the school principal during the visit.

Debrief attended by Jane, health department administrator, medical assistant, school counselor.

Jane is a new SBHC Site Coordinator.

Overall this SBHC is youth-friendly and was very busy during my visit.

I observed two well child visits; the students were both very talkative with provider and both voiced getting

Site Visit Report

- Action Item
- Plan
- Deadline
- Date Completed

SBHC Site Visit Report

Site Visited: Fake SBHC2	SPO Evaluator: Karen Vian												
Date of Visit: 9/21/2018													
Certification Status: Certified with Action Items													
Site Contact													
First Name: Jane													
Last Name: Doe													
	Active Certification Waivers												
	<table><tr><th>Date Created</th><th>Certification Section</th><th>Expected Date of Compliance</th></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr><tr><td></td><td></td><td></td></tr></table>	Date Created	Certification Section	Expected Date of Compliance									
Date Created	Certification Section	Expected Date of Compliance											

their health care needs fully met by SBHC during their visits.

Items corrected during visit: they updated the sign on the door advertising the clinic hours as the hours changed recently.

This site does not have a policy in place at this time.

Areas for improvement: reviewing job responsibilities, workflow, and demand on current Support Staff; often SBHCs and clinics are run with one individual at front desk doing office, scheduling, check-in tasks, and one individual doing rooming, laboratory, and other clinic tasks to support provider.

Action Items Section E: Comprehensive Pediatric Health Care

Action Item: Quality Control (QC) was not done in August or September months for CLIA-waived pregnancy test. Package insert says QC should occur monthly.

Plan: Submit QC for pregnancy test for October, November, and December.

Deadline: 12/21/2018

Date Completed:

Certification Plaque



Standards for Certification: Other

- New Site Coordinator
- Medical sponsor change
- Transfer of location on school grounds
- Transfer of location off school grounds (to another school)
- Closure of a SBHC
- Opening a new SBHC

SBHC Data & Reporting Requirements

SBHC Data Requirements

- Operational Profile
- Annual Operating Revenue Information
- Key Performance Measures (KPMs)
- Visit/Encounter Data
- Student Satisfaction Survey
- Mental Health Expansion Grant Report

Operational Profile



SBHC Detail - Web



LIST



Fake SBHC

SBHC ID 753

Details Operations Hours of Operation Staff Shift Hours Services Cert Waiver KPM PH Revenue MH Revenue

SBHC Name **Fake SBHC** Host School Name **Fake High School**

SBHC Info		SBHC Physical Address	SBHC Mailing Address	<input type="checkbox"/> Same as Physical
Address Line 1	555 Ne 9th ave		Mail Address Line 1	555 Ne 9th Ave
Address Line 2			Mail Address Line 2	
	Portland	or	97211	Portland
			OR	97211
Phone	555-555-5555		InfoSystem	Epic
Fax	555-555-5555		Primary Care EMR	Fancy EMR
			Mental Health EMR	Fancy EMR
			Bill 3rd party	<input checked="" type="radio"/> Yes <input type="radio"/> No
			Electronic Claim	<input type="radio"/> Yes <input checked="" type="radio"/> No

County Info		Edit County Info
County	Cascadiaq	
Primary Contact	Jackie	Smith
Phone	555-555-5553	
Email	JS@cascadiaq.co.com	

System/Medical Sponsor Info		Edit System Info
System	zCascadiaTest	
Primary Contact	Jenni	Williamson
Phone	503-123-4564	
Email	jwilliamson@testing.com	

Mental Health Agency	
Mental Health	Oregon Mental Health Agency
Primary Contact	Thanos
Phone	123-971-1101
Email	OMHA@OMHA.com

Dental Health Agency	
Dental Health	Oregon Dental Agency
Primary Contact	Captain America
Phone	123-123-1234
Email	ODA_Dental@Dental

Accuracy Confirmation	
This information is accurate <input type="checkbox"/>	
Confirmed by	

Operational Profile

When must the Operational Profile be submitted or updated?



NEW

Initial site certification



By October 1st of each year



Prior to your certification site visit



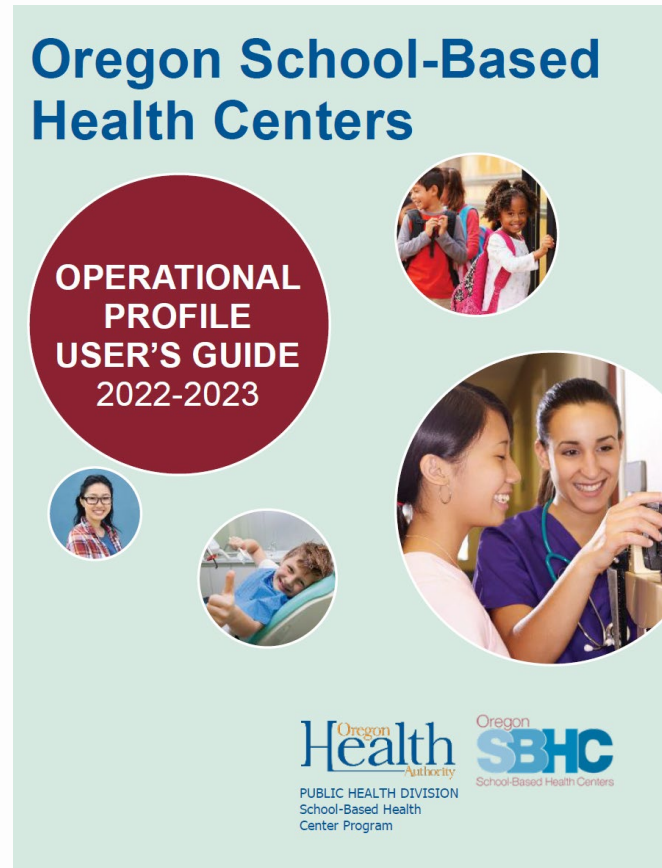
When staffing changes occur during the year

Email SBHC.Program@odhsoha.oregon.gov with questions on the Operational Profile.

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Operational Profile User's Guide



<https://www.oregon.gov/oha/PH/HEALTHYPEOPLESFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASEDHEALTHCENTERS/Pages/certification.aspx>

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Annual Operating Revenue Information

- Submitted by October 1st of each year
- Retrospective operating revenue data for the previous service year of July 1st through June 30th
- There are 2 revenue entries required
 - Physical/Dental health services
 - Mental health services, if applicable.



Key Performance Measures

- **Two Required Measures**
 - Well Visit
 - Comprehensive Health Assessment

Starter Guides

 Our Starter Guides are mini-toolkits that offer concrete, actionable
Browse our library of free Starter Guides k

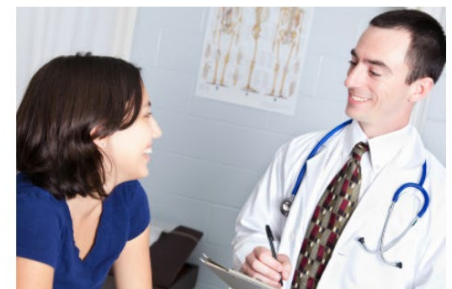
Resource:

[Adolescent Health Initiative
Starter Guides](#)



Adolescent Risk Screening

Download Today



Adolescent Well Exam

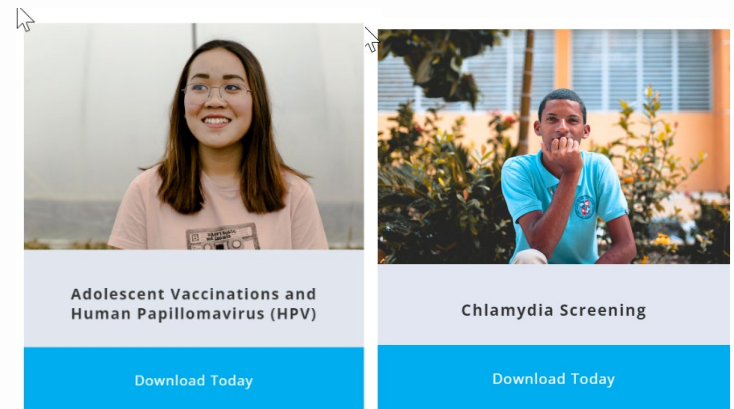
Download Today

Key Performance Measures

- **One Optional Measures for 2021-2023**
 - Adolescent Immunization (Meningococcal + Tdap)
 - Adolescent Teen Immunization (Meningococcal + Tdap + HPV completion)
 - Chlamydia Screening
 - Depression Screening
 - Flu Immunization
 - HPV Immunization (HPV completion)
 - Nutrition Counseling
 - Substance Use Screening

Resource:

[Adolescent Health Initiative Starter Guides](#)



Key Performance Measures



- SBHCs are required annually to perform a random chart audit on a subset of their charts for clients ages 5-21
 - Results must be submitted by October 1st
- On our website you'll find Guidance documents that outline the definitions and requirements, including criteria for the eligible population for each Core and Optional measure.
- Any physical, mental or oral health visit should be included in the chart audit, unless stated otherwise.

Visit/Encounter data

- All visits – physical health, behavioral health, oral health
- All clients – clients of any age (not just school-age)
- Usefulness of visit data
 - ✓ Types of visits, types of diagnoses, client demographics
 - ✓ Create reports, brochures, marketing materials
 - ✓ Apply for grants
 - ✓ Present data to legislature, school board, community partners, potential funders

Visit/Encounter data deadlines

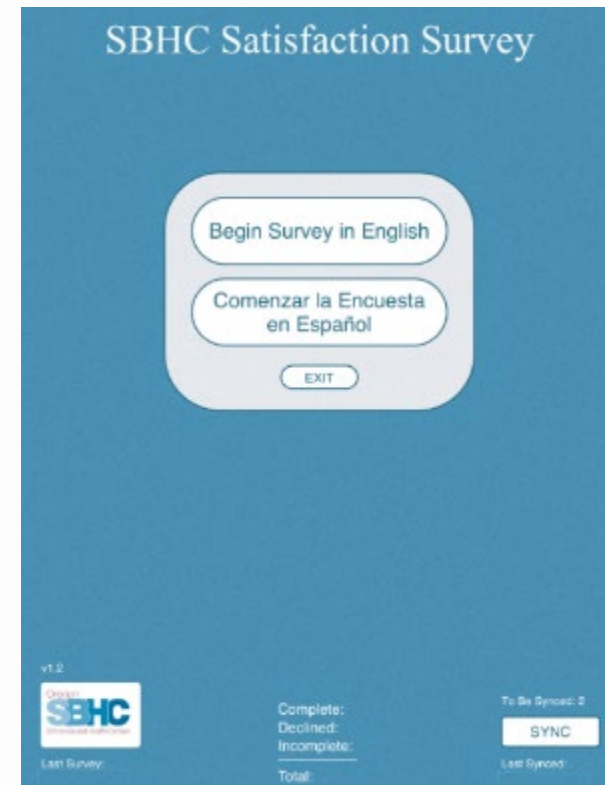
- **Mid-year reporting**
 - ✓ January 15th of every year
 - ✓ Include all visits from 7/1 through 12/31
- **Year-end reporting**
 - ✓ July 15th of every year
 - ✓ Include all visits from 7/1 through 6/30



Data must be submitted to the State Program Office in a secure manner to be HIPAA compliant.

Student Satisfaction Survey

- Administered on iPad
- Client ages 12 to 19
- Administer it one time to a client
- The SPO gives each SBHC a minimum number of surveys to complete based on the number of clients served the previous year



Student Satisfaction Survey deadlines

- **Mid-year reporting**
 - ✓ January 15th of every year
 - ✓ Surveys completed since the beginning of school year
- **Year-end reporting**
 - ✓ June 30th of every year
 - ✓ Remainder of surveys completed since mid-year



Student Satisfaction Survey – Parental/Guardian Notification

Students between the ages of 12 and 19 who visit the SBHC may be asked to complete an anonymous survey after their visit. The survey asks about the student's satisfaction and experience at the SBHC, as well as some general questions about their physical and mental health status. Students can refuse to take the survey, and this will not affect their ability to get care at the SBHC. A copy of the survey is available below. If you have questions about the survey, please contact the SBHC State Program Office at SBHC.Program@odhsoha.oregon.gov .

<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASEDHEALTHCENTERS/Pages/data-requirements.aspx>

Mental Health Expansion Grant Report

- Biannual narrative reports:
 - MHEG Capacity Grant
 - January 15th
 - July 15th
 - Youth-Led Project Grant
 - July 15th



QUESTIONS???

Youth Centered SBHCs

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Oregon
Health
Authority

What are youth-centered services?

Recommendations from Adolescent Health Initiative

ADOLESCENT
HEALTH INITIATIVE

★ Make your services accessible to youth

- Create an environment that is welcoming to young people
- Identify young people's needs and connect them to additional resources
- Provide confidential services
- Implement a youth-friendly marketing and communication plan
- Solicit youth feedback on your services

Provide extended hours and same day appointments

Madras High SBHC Hours	
For after hour access call 541-383-3005.	
Lunch from 1pm-2pm	
MONDAY:	8am-5pm
TUESDAY:	8am-5pm
WEDNESDAY:	8am-5pm
THURSDAY:	8am-5pm
FRIDAY:	10am-12pm
Horario de Madras High SBHC	
Para acceso fuera del horario laboral, llame al 541-383-3005.	
Almuerzo de 1pm-2pm	
LUNES:	8am-5pm
MARTES:	8am-5pm
MIÉRCOLES:	8am-5pm
JUEVES:	8am-5pm
VIERNES:	10am-12pm

Establish policies that ensure youth can access services for free or at low cost



Have You Heard About The School Based Health Center?

As you become more independent, there is a lot to think about - school, friends, family, body image, self-esteem. Your mind matters to us, and our trained staff at the School Based Health Center (SBHC) are here for you! At the School Based Health Center you can get the same kinds of health services that you get at a regular primary care clinic, conveniently located here at school. Our health providers are specifically trained to work with teens and are so help you with whatever you need.

Common Topics You Can Have Addressed:

- Your health questions - our priority is to partner with you
- Emotional health and wellness
- Guidance for healthy relationships
- Bullying
- Health exams and sports physicals
- Weight, diet, and overall physical health
- Drug or alcohol use or experimentation
- Sexual Health
- Treatment for illness and infections
- Vision exams and hearing screenings
- Immunization and vaccines

Location and Hours:

We are located in the orange building just past the high school. See our sign Orchid Health Wade Creek Clinic.

M: 8-7 T: 8-7 W: 8-5 TH: 8-5 F: 8-5

Trustworthy Convenient Confidential

You Privacy is Important

At the School Based Health Center we have strict policies around confidentiality. For the most part, talk about will stay between you and your health provider and will not be shared with your parents or others. If something needs to be shared, we will always talk with you about it first, and work with you on how to do that.

Billing & Insurance

No student will be turned away due to ability to pay. We welcome ALL students, and accept most insurance including the Oregon Health Plan. If you don't have insurance, don't worry - we will still see you.

Stop by or call us @ 503-630-8550

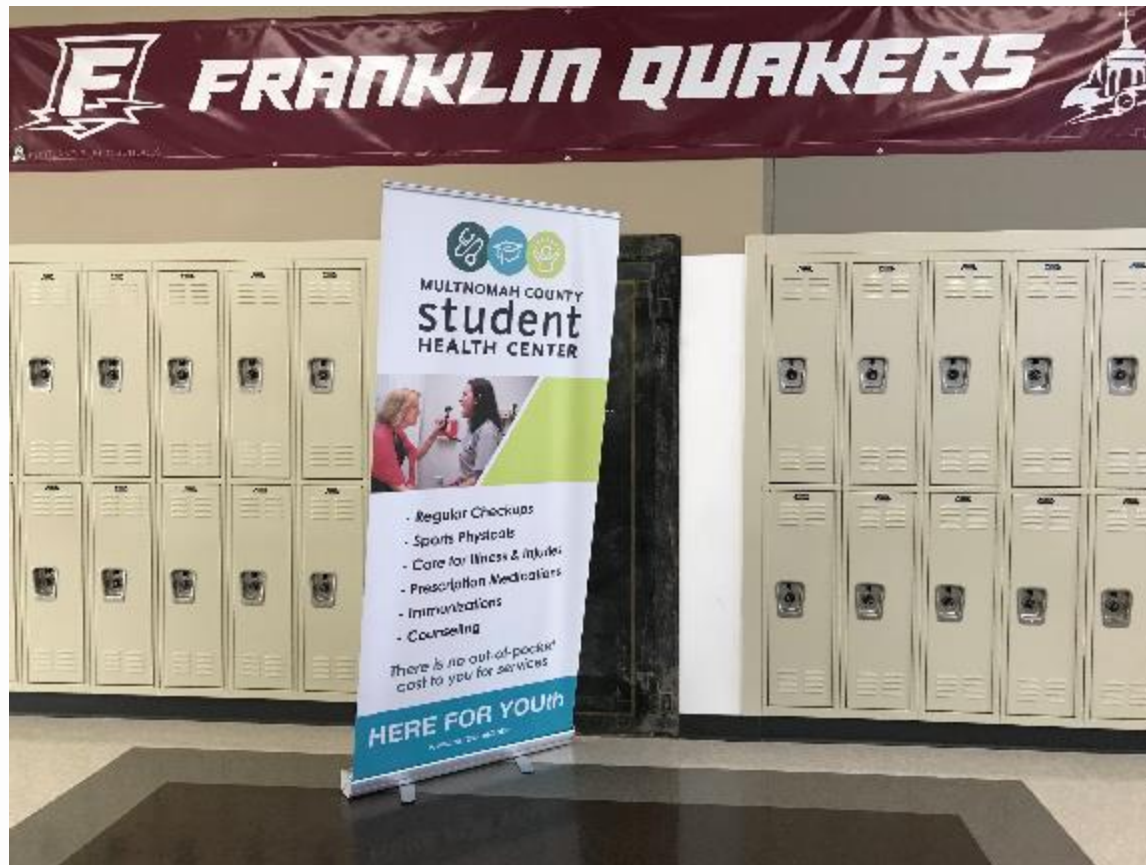
We want to partner with you to provide the best care possible. Make your appointment today!

Find us on Facebook @OrchidHealthWadeCreekClinic

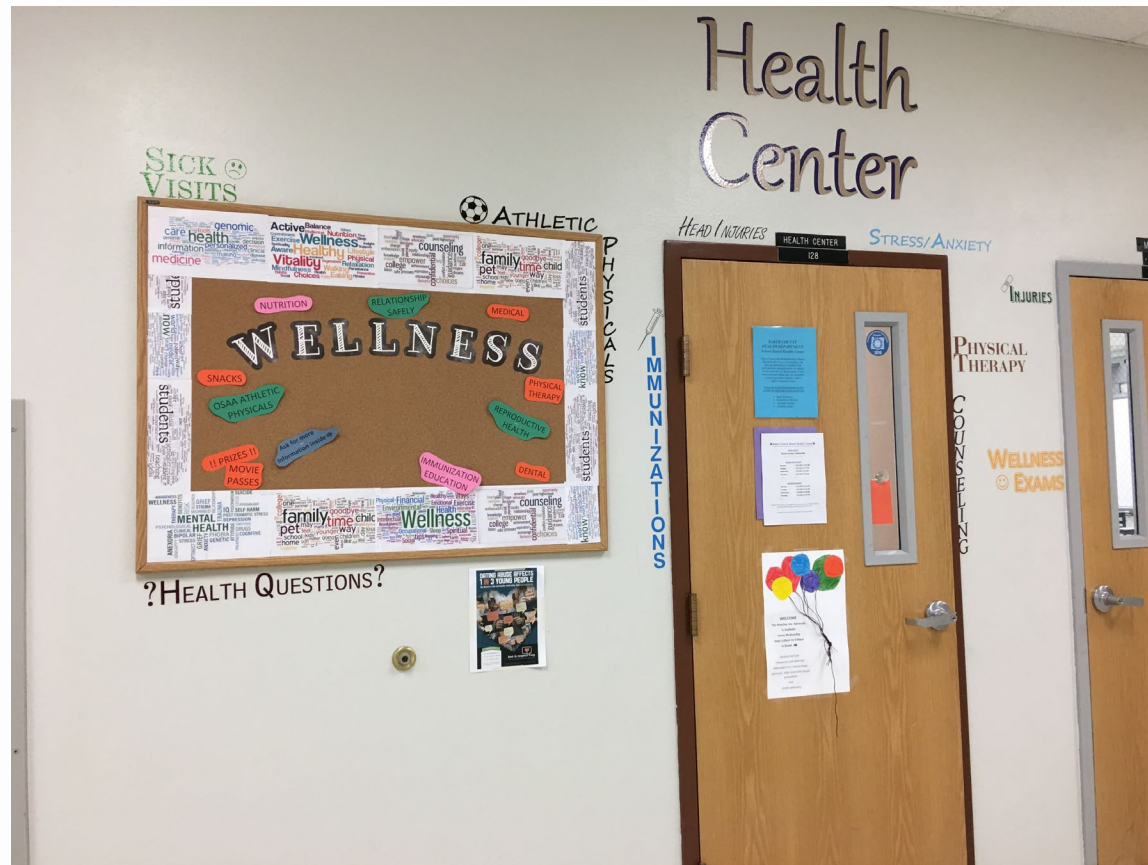
Billing & Insurance

No student will be turned away due to ability to pay. We welcome ALL students, and accept most insurance including the Oregon Health Plan. If you don't have insurance, don't worry - we will still see you.

Ensure the SBHC location is easily accessed

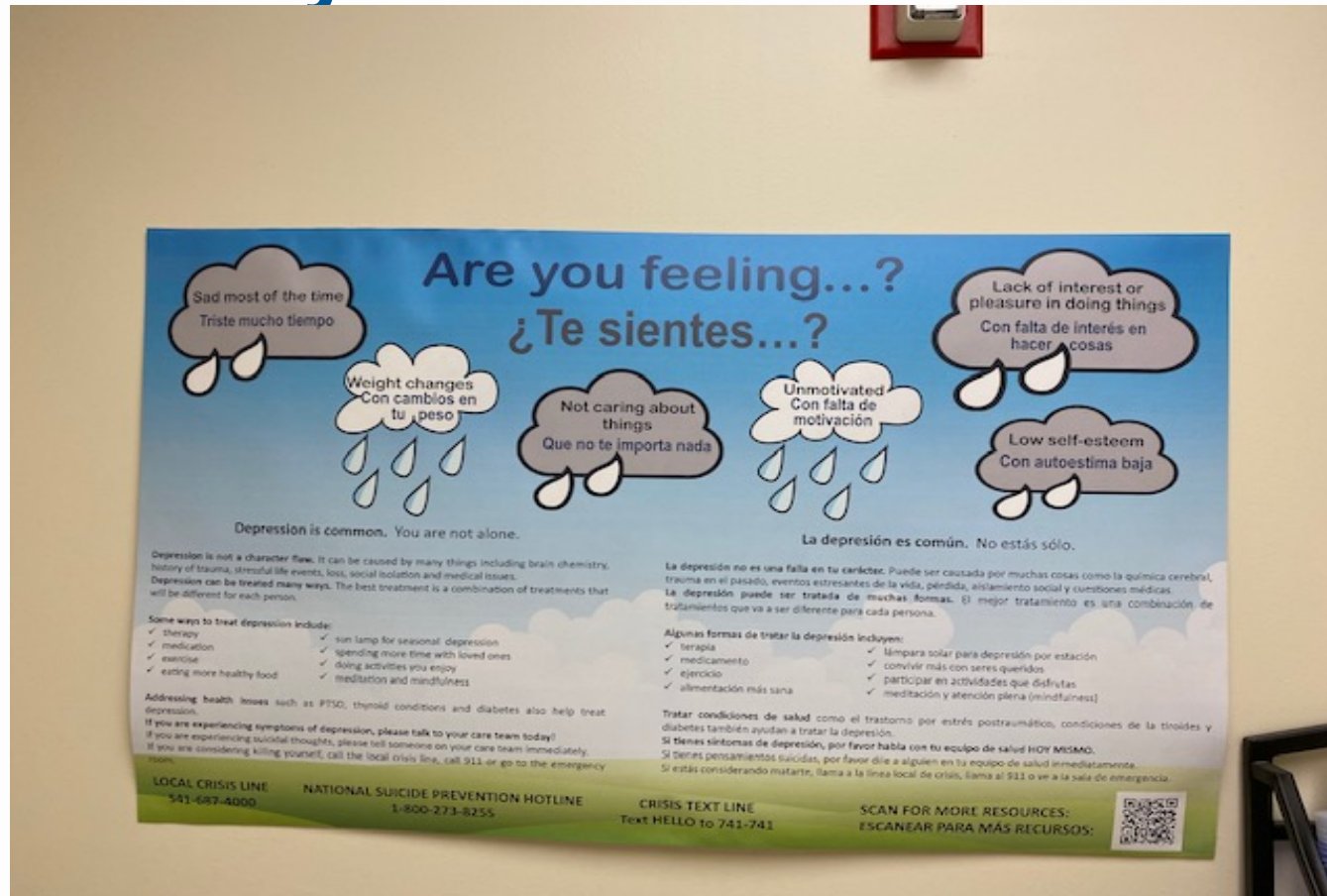


Ensure the SBHC location is easily accessed



OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Provide services and materials in languages most spoken in the community



What are youth-centered services?

Recommendations from Adolescent Health Initiative

ADOLESCENT
HEALTH INITIATIVE

- Make your services accessible to youth



Create an environment that is welcoming to young people

- Identify young people's needs and connect them to additional resources
- Provide confidential services
- Implement a youth-friendly marketing and communication plan
- Solicit youth feedback on your services

Create spaces that are welcoming to youth



OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Create spaces that are welcoming to youth



Create spaces that are welcoming to youth



Create spaces that are welcoming to youth



Create spaces that are welcoming to youth



Create spaces that are welcoming to youth



OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Create spaces that are welcoming to youth



Intake forms, posters and materials are inclusive and reflect diversity



Intake forms, posters and materials include language that is LGBTQAI2+



Create spaces to welcome youth of all identities



Provide auditory and visual privacy



What are youth-centered services?

Recommendations from Adolescent Health Initiative

ADOLESCENT
HEALTH INITIATIVE

- Make your services accessible to youth
- Create an environment that is welcoming to young people
- ★ Identify young people's needs and connect them to additional resources
- Provide confidential services
- Implement a youth-friendly marketing and communication plan
- Solicit youth feedback on your services

Schedule longer visits to make sure youth have the time to talk about all the things...



Connect young people to additional youth-friendly services in your community



What are youth-centered services?

Recommendations from Adolescent Health Initiative

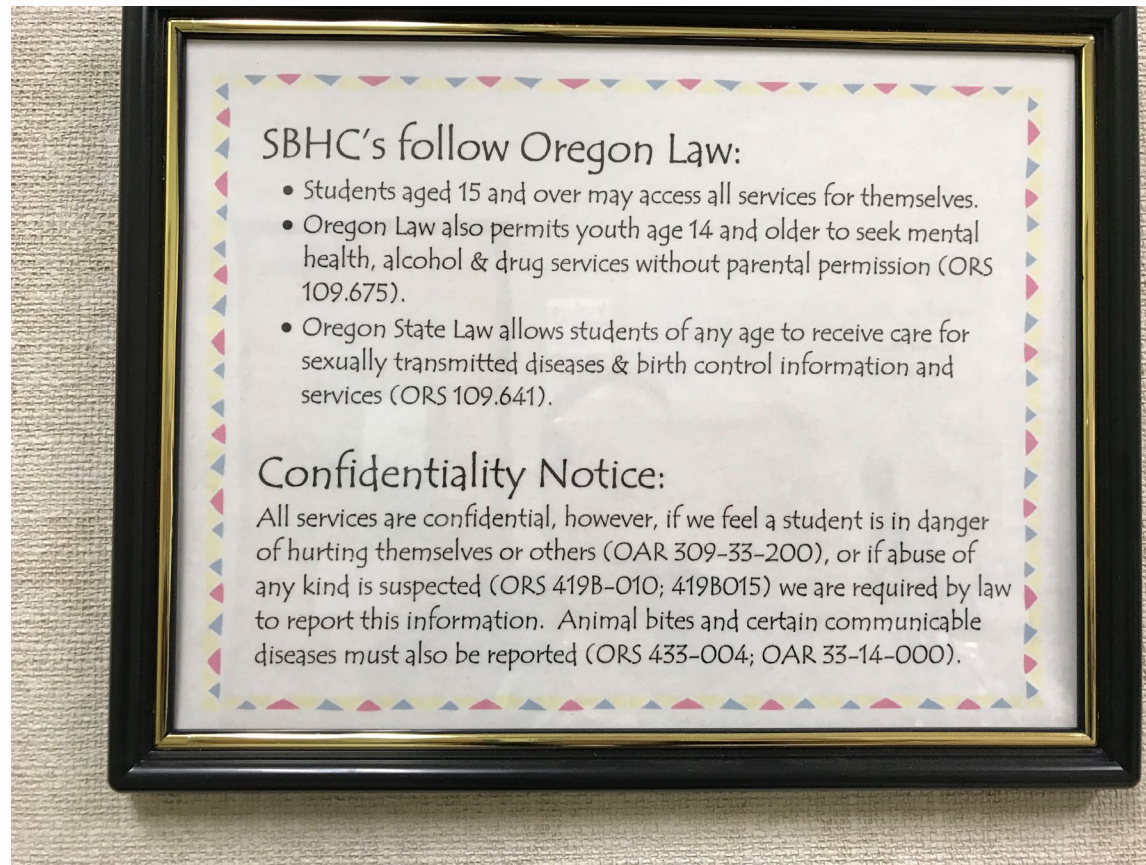
ADOLESCENT
HEALTH INITIATIVE

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- Create an environment that is welcoming to young people
- Identify young people's needs and connect them to additional resources
- ★ Provide confidential services
 - Implement a youth-friendly marketing and communication plan
 - Solicit youth feedback on your services

Develop and post a confidentiality policy aligned with state laws



Develop and post a confidentiality policy aligned with state laws



Provide clear information about which services can be accessed confidentially

CONFIDENTIALITY AT THE MHS HEALTH & WELLNESS CENTER

Your privacy and confidentiality are important to us. We want you to feel comfortable in our clinic and our care team follows the law about health information privacy and the age of consent.

Our health information is protected by federal laws that say we can only share information with another health professional and to tell your insurance. Otherwise we need your permission to share anything about health record.

Some laws say that you may consent to medical care without your parent or the role of 18. Your medical provider can share information with your parents, but they are not required to. If you do not want to involve your parents in your healthcare at this time, talk to the medical provider.

Oregon law says that you may consent to family planning (birth control) and STD (sexually transmitted disease) testing, without your parent or any age. Your medical provider can share information with your parents about family planning, and STD testing, but it is not required if you do not want to involve your parents in your healthcare at this time, talk to the medical provider.

Oregon law says that you may consent to mental health and substance use counseling without your parent or the age of 14. The law also says that we must involve your family in your care before this consent is given, except under some circumstances. If you do not want to involve your parents in your care at this time, talk to your counselor.

Having your parent or guardian included in your health and mental health care is important. We will work with you to involve them when appropriate while making sure you feel safe working with our clinic to improve and maintain your health.

There are certain situations related to your safety that must be reported, such as:

- You tell us that you plan to cause harm to yourself or someone else.
- You are telling us things that could cause harm to yourself or someone else.
- You tell us you are being abused or have been abused in the past (physically, sexually, or emotionally).
- You tell us that you are younger than 18 years old and are having sex with someone who is 18 years old or older.
- You tell us that you and your sexual partner are younger than 18 years old, but your partner is 3 years older than you.
- You tell us that you are 18 years old or older and are having sex with someone who is less than 18 years old.
- You have a life threatening health problem.

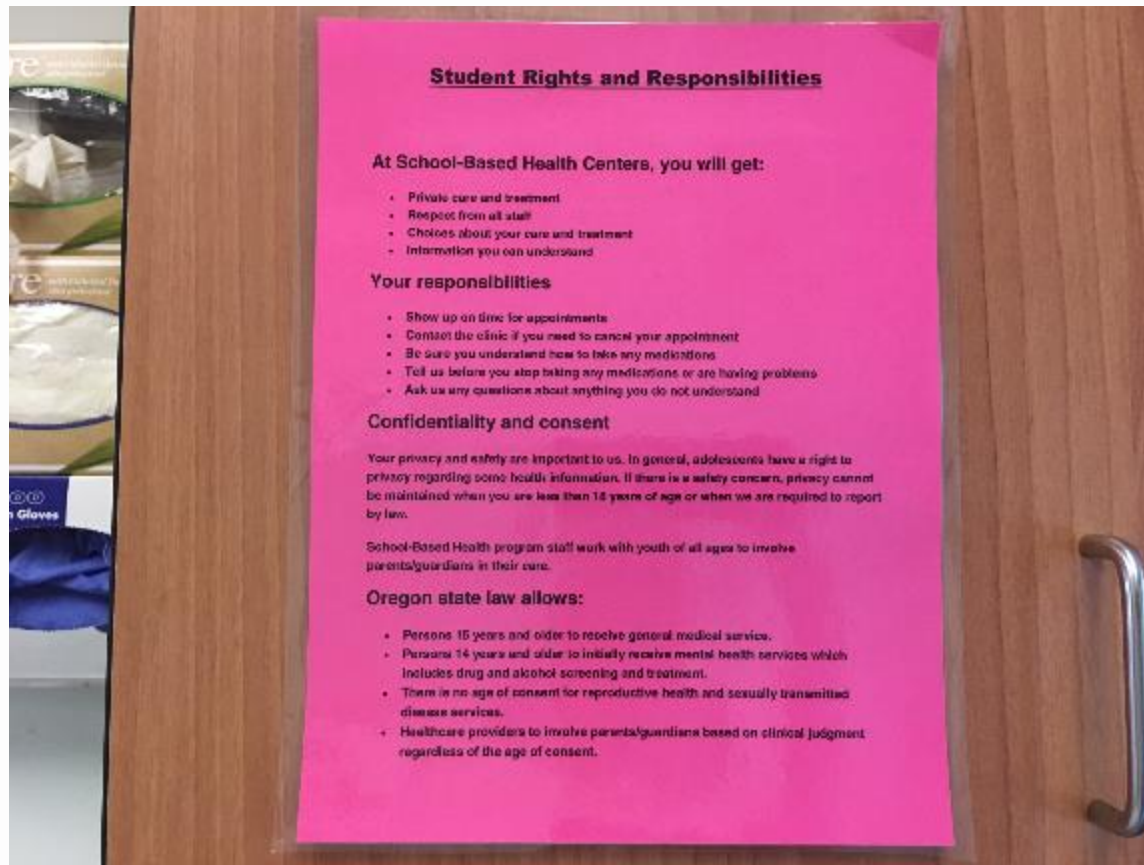
You have the right to ask for a chaperone during an examination. A chaperone is someone who is present in the room with you and the provider during the examination.

Signed: _____ Reviewed with: _____ Date: _____

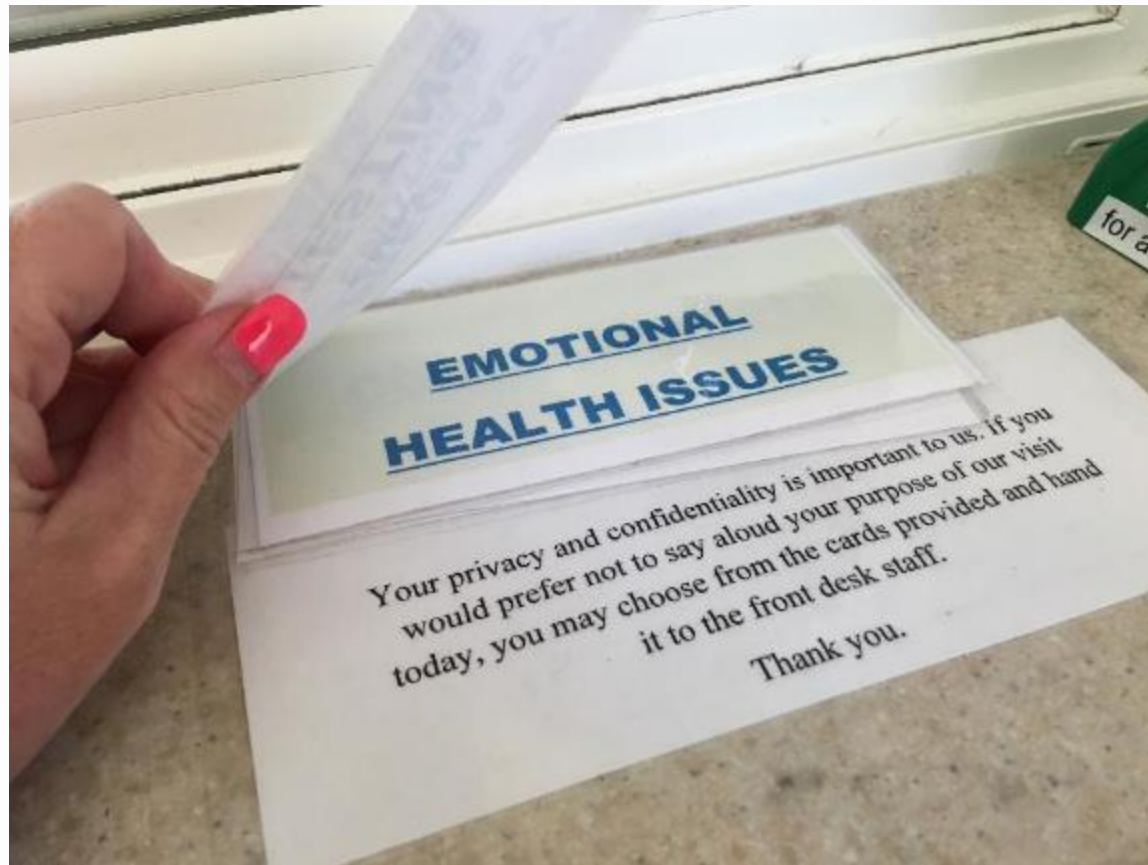
*Oregon state law requires a parent or legal guardian's consent to provide medical treatment to an individual under 18 years of age except for family planning and sexually transmitted infection services. ORS 109.620, ORS 109.540, ORS 109.575

Outside In
The point of return

Provide clear information about rights and responsibilities



Develop and implement procedures that preserve confidentiality



Develop and implement procedures that preserve confidentiality



What are youth-centered services?

Recommendations from Adolescent Health Initiative

ADOLESCENT
HEALTH INITIATIVE

- Make your services accessible to youth
- Create an environment that is welcoming to young people
- Identify young people's needs and connect them to additional resources
- Provide confidential services
- ★ Implement a youth-friendly marketing and communication plan
- Solicit youth feedback on your services

Engage youth in the development of a marketing plan



Engage youth in the development of a marketing plan



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Authority

Increase awareness of your services and how to access them



Maintain an up-to-date presence on social media



Maintain an up-to-date website



Advertise services in ways that engage youth



What are youth-centered services?

Recommendations from Adolescent Health Initiative

ADOLESCENT
HEALTH INITIATIVE

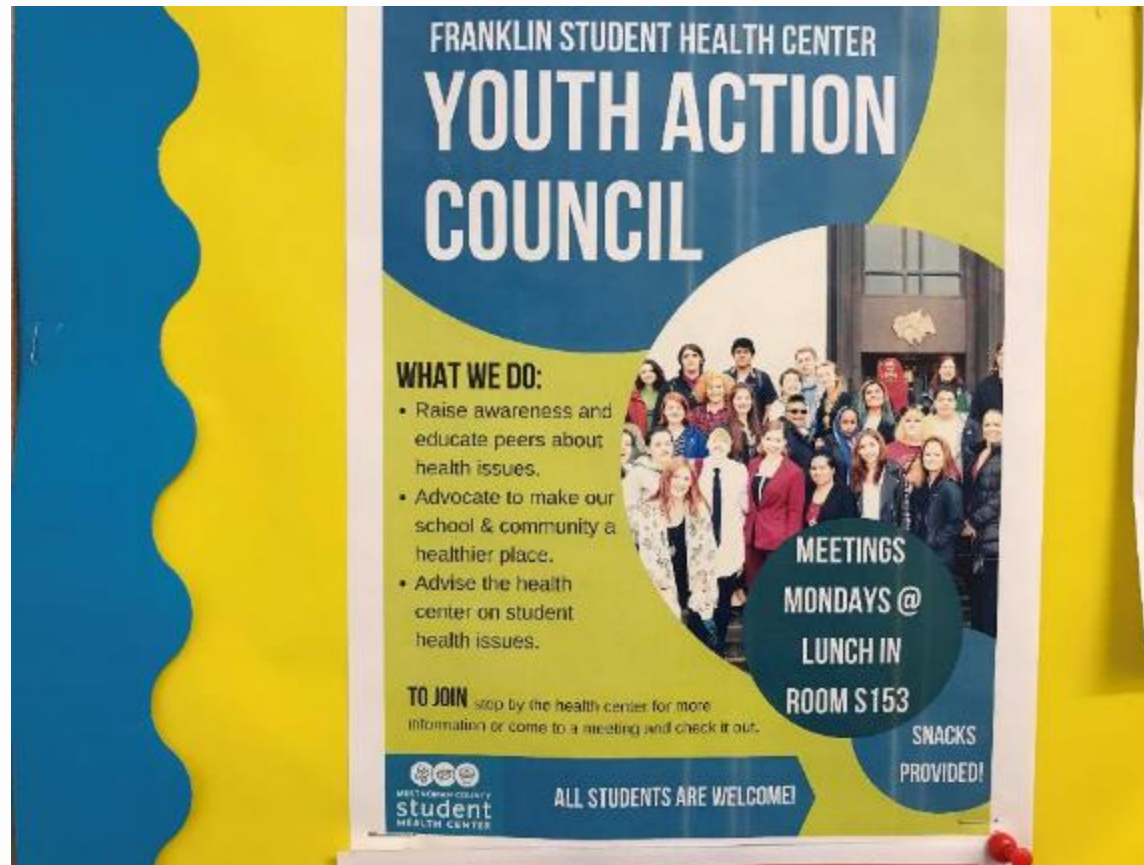
- Make your services accessible to youth
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- Provide confidential services
- Implement a youth-friendly marketing and communication plan
- Solicit youth feedback on your services



Engage young people to provide feedback on your services



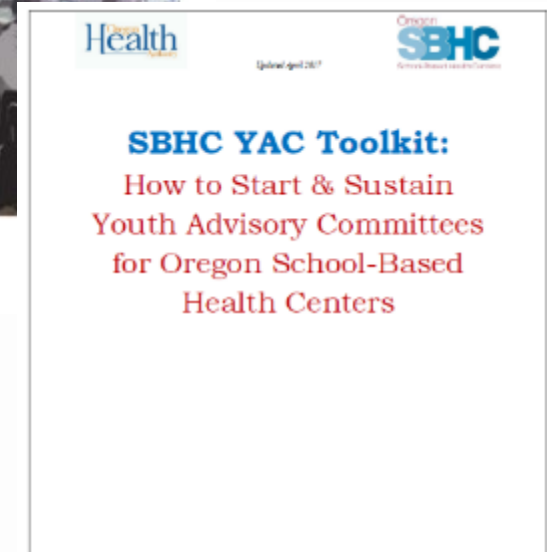
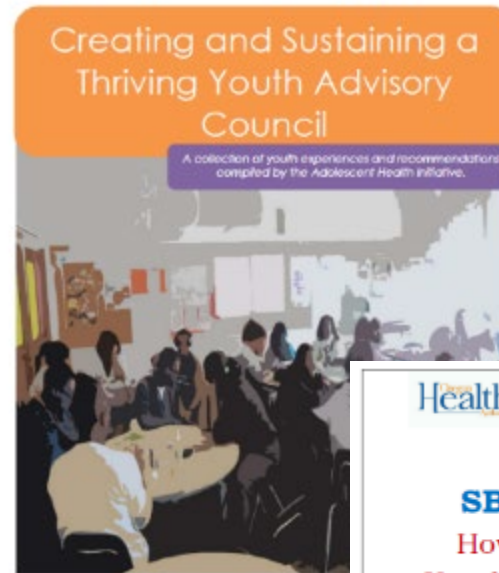
Consider a Youth Action/Advisory Council for your SBHC



Youth Advisory / Action Councils (YACs)

Youth Advisory Councils (YACs)

- Youth-driven groups that focus on advising, supporting and advocating for SBHCs and their services.
- During the 2021-2022 school year, 33 certified SBHCs had a YAC.



Youth-Led Projects

- SPO funds 25 SBHCs across 7 counties
- Proposed projects for this biennium include:
 - Youth Action / Advisory Councils
 - Youth Participatory Action Research
 - Health curriculum development
 - Employing youth interns
 - Hosting health and wellness fairs, cultural events, and youth summits
 - Media projects and educational campaigns, including podcasts and social media
 - Organizing social or educational events

Youth-Led Projects



Youth-Led Projects

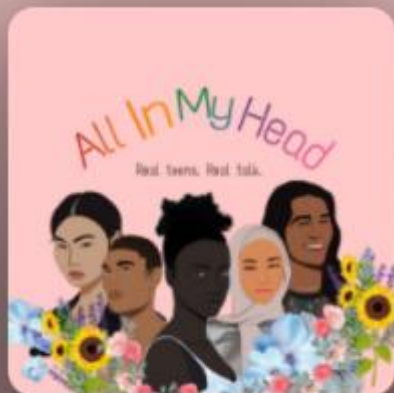


Centennial High School

Mental Health and Wellness

Presented by
Multnomah County Student
Health Center Youth Action
Council (YAC)

Youth-Led Projects



PODCAST

All in My Head: Real Teens, Real Talk

All in My Head Podcast



PODCAST

Milwaukie YAC

Milwaukie YAC

Youth-Led Projects

SHAC presents

SLEEP HYGIENE

What is sleep hygiene?

Do you have a routine you always follow before going to bed? Sleep hygiene is a practice that helps you get an optimized sleep quality. These following tips will demonstrate how to have a good night's rest, even if you do sleep late.

Consistency

A regular sleep schedule is helpful even if you go to sleep and wake up at odd times of the day. Your body does not appreciate huge changes. If you need to change your sleep schedule, it is good to do it a few minutes at a time over a longer period of time.

Electronics

Try to put down your phone for a significant amount of time before you intend to sleep. A good goal is 1 hour, but 30 min is a great start. The light from your phone will affect how fast you fall asleep, and what you do on your phone will keep your mind busy.

Light

The body has processes that tells itself when it is nighttime and when to wind down. Removing electronics and lights helps because your body knows less light = bedtime. Try to make your environment as dark as possible. Nightlights are fine, of course :)

Eating

Avoid large meals, caffeine, or alcohol before bedtime. Those things will give your body more energy-- that also includes foods that are not very high in sugar. (also, it helps with bloating in the morning)

Activity

Exercising and being active during the daytime can help your body fall asleep more easily at night. You probably already know this, but the more tired you are, the faster you will fall asleep.

Other Tips

- Listening to podcasts, music, or white noise as you fall asleep helps calm your mind.
- Whatever time you usually go to sleep, set a quiet alarm for 15 minutes before that to remind you that you should sleep now. Every night afterwards, move backwards by 15 minutes, changing the alarm, until you get to your desired sleep time.

Source

Center of Disease Control and Prevention

Link: https://www.cdc.gov/sleep/about_sleep/sleep_hygiene.html

Youth-Led Projects

✓ Bend Students Help Change Menstrual Product Access



Students in the Design Justice class at Bend Senior High School are celebrating a tangible victory for a long-championed project, as free menstrual products are now in place at schools throughout Bend-La Pine Schools and now being installed in schools across the state. For more than two years, Bend Senior High students advocated for this project, testifying before state lawmakers on behalf of the Menstrual Dignity Act and, after the law's passage, helping design and edit a toolkit to implement the new guidelines.

Youth-Led Projects

MOSAIC COMMUNITY HEALTH

WHAT IS THE BEND HIGH SCHOOL-BASED HEALTH CENTER?

- The Bend High SBHC is a community health center located here, on campus.
- It provides comprehensive health and wellness services to both students, and the community.
- The center is operated by Mosaic Community Health, in partnership with the Bend La Pine School District and Deschutes County.

YouTube

MAKE AN APPOINTMENT:

Open to anyone
ages birth to 18

CALL: 541-383-3005

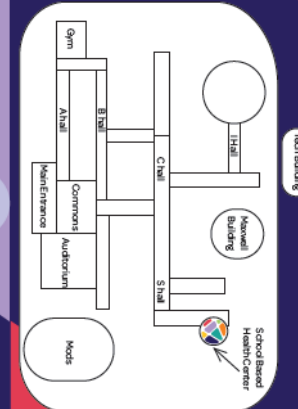
All are welcome in
our facilities

WALK-INS WELCOME

Address:
230 NE 6th Street, Bend
OR 97701

Located at the end of S Hall
in Room S19

OVERHEAD MAP



MOSAIC
COMMUNITY HEALTH

BEND HIGH
SCHOOL-BASED HEALTH CENTER

SERVICES:

- Mental/behavioral health assessments and services
- Immunizations
- Gender affirmative care
- Reproductive health
- Acute illness/injury diagnosis and treatment
- Developmental screening and education
- Chronic conditions management

QUALITY CARE FOR ALL

Comprehensive adolescent
well-check appointments:

- Vision screening
- Mental health screening
- Updating vaccines
- Sports physical forms
- Addressing health concerns

WE WORK WITH YOU

PAYMENT:

We never turn anyone away
regardless of ability to pay.

We offer sliding scale pricing
and can reduce or eliminate
fees based on need.

All services may be kept
confidential upon request.



OPEN TO ALL STUDENTS

Other School-Based Health Center (SBHC) Locations:

Deschutes County:

Redmond High SBHC
675 SW Rimrock Way
Redmond, OR 97756

Lynch SBHC
1314 SW Kalama Ave,
Redmond, OR 97756

Mountain View SBHC
Opening Spring 2022

ACROSS 3 COUNTIES

Crook County:

Crooks Kids Clinic
757 NE 1st St
Prineville, OR 97754

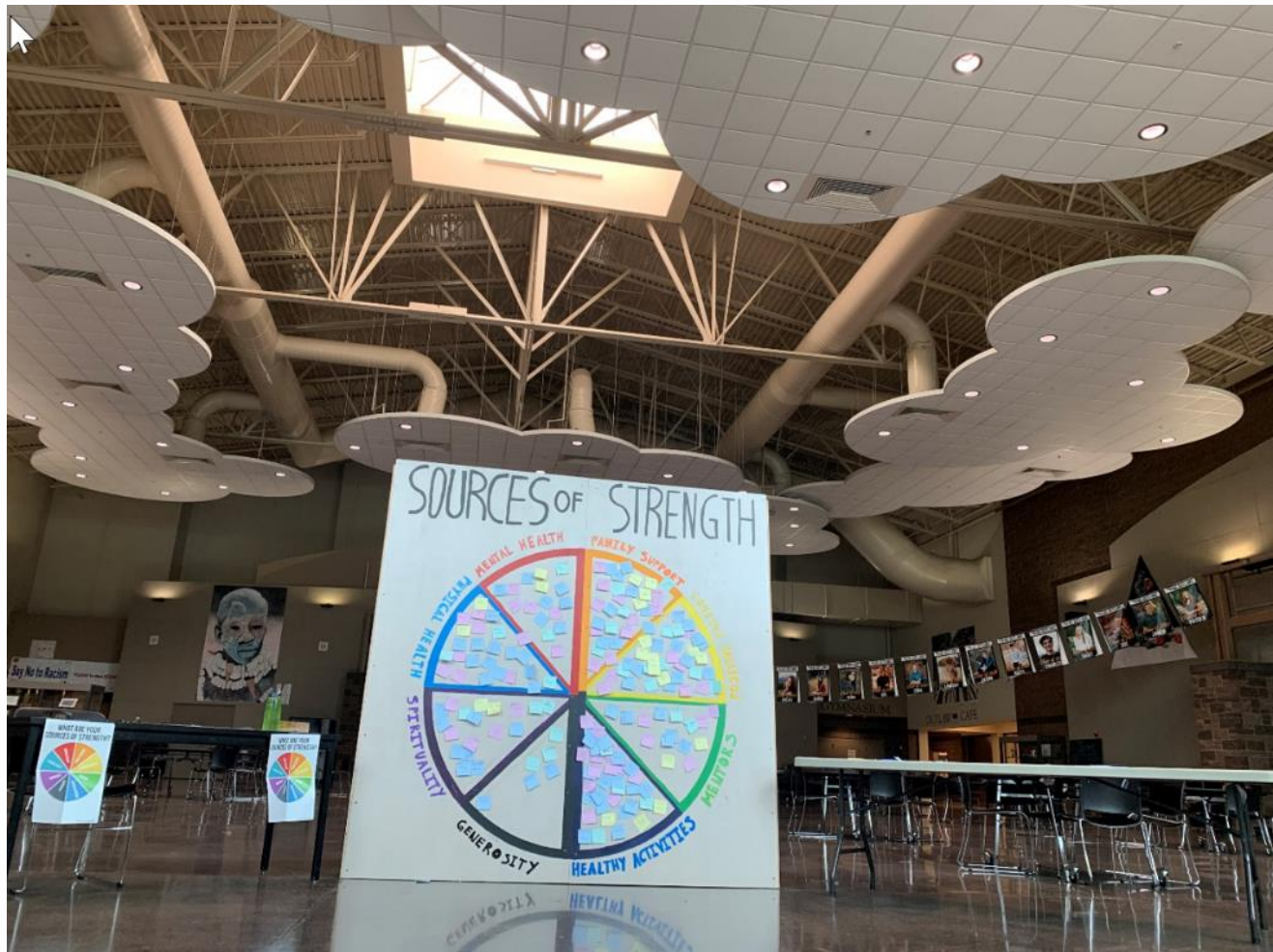
Jefferson County:

Madras High SBHC
390 SE 10th St.,
Madras, OR 97701

Make an Appointment:

541-383-3005

Youth-Led Projects



Youth-Led Projects



Youth-Led Projects

JOIN US! YAC/YACHT RETREAT!



Meet and get to know more of your YAC/YACHT peers, win prizes during our kahoots and learn about topics like:

- **IMPOSTER SYNDROME**
- **MENTAL HEALTH AND STIGMATIZATION**
Guest Speaker: Kate Thomas, Mental Health Consultant
- **HOW FIRST RESPONDERS REACT TO MENTAL HEALTH CRISIS**
Guest Speaker: Brian Chavez, Mental Health First Responder

Join Us on our Virtual Retreat Through Google Meet

If you have any questions contact nicole.mayer@multco.us

Meeting is from **3:30-5pm** Saturday April 2022

Valentine Carnations

\$3
Per flower (cash only)

fundraiser for P:ear

P:ear is a place of self discovery for brilliant and resilient young people moving through and beyond homelessness



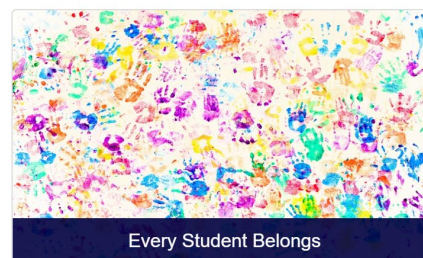
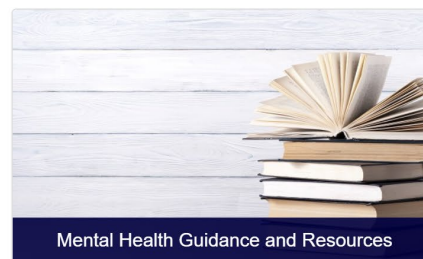
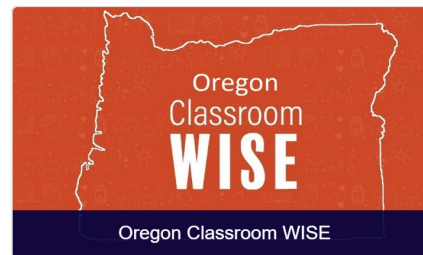
Additional Partners & Resources

Oregon Department of Education



- Chronic Absenteeism
 - AEDs in schools
 - School Nurses
 - Sexuality Education
 - Safety of School Sports – Concussions
 - Student Records & Privacy FERPA
 - And More!
- Student Success Plans
 - African American/Black
 - American Indian/Alaskan Native
 - Latino/a/x & Indigenous
 - LGBTQ2SIA+
- <https://www.oregon.gov/ode/>









Oregon Department of Education



https://www.oregon.gov/ode/students-and-family/equity/SchoolSafety/Pages/Safe_and_Inclusive_Schools.aspx

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		Who must comply?	Protected information	Permitted disclosures ¹
FERPA	<p>The Family Educational Rights and Privacy Act (FERPA) is a federal law enacted in 1974 that protects the privacy of student education records.</p> <p>The Act serves two primary purposes:</p> <ol style="list-style-type: none"> 1. Gives parents or eligible students more control of their educational records 2. Prohibits educational institutions from disclosing "personally identifiable information in education records" without written consent 	 <ul style="list-style-type: none"> • Any public or private school: <ul style="list-style-type: none"> – Elementary – Secondary – Post-secondary • Any state or local education agency <p>Any of the above must receive funds under an applicable program of the US Department of Education</p>	 <p>Student Education Record: Records that contain information directly related to a student and which are maintained by an educational agency or institution or by a party acting for the agency or institution</p>	 <ul style="list-style-type: none"> • School officials • Schools to which a student is transferring • Specified officials for audit or evaluation purposes • Appropriate parties in connection with financial aid to a student • Organizations conducting certain studies for or on behalf of the school • Accrediting organizations • Appropriate officials in cases of health and safety emergencies • State and local authorities, within a juvenile justice system, pursuant to specific state law • To comply with a judicial order or lawfully issued subpoena
	<p>The Health Insurance Portability and Accountability Act (HIPAA) is a national standard that protects sensitive patient health information from being disclosed without the patient's consent or knowledge. Via the Privacy Rule, the main goal is to</p> <ul style="list-style-type: none"> • Ensure that individuals' health information is properly protected while allowing the flow of health information needed to provide and promote high quality health care and to protect the public's health and well-being. 	 <ul style="list-style-type: none"> • Every healthcare provider who electronically transmits health information in connection with certain transactions • Health plans • Healthcare clearinghouses • Business associates that act on behalf of a covered entity, including claims processing, data analysis, utilization review, and billing 	 <p>Protected Health Information²: Individually identifiable health information that is transmitted or maintained in any form or medium (electronic, oral, or paper) by a covered entity or its business associates, excluding certain educational and employment records</p>	 <ul style="list-style-type: none"> • To the individual • Treatment, payment, and healthcare operations • Uses and disclosures with opportunity to agree or object by asking the individual or giving opportunity to agree or object • Incident to an otherwise permitted use and disclosure • Public interest and benefit activities (e.g., public health activities, victims of abuse or neglect, decedents, research, law enforcement purposes, serious threat to health and safety) • Limited dataset for the purposes of research, public health, or healthcare operations

<https://www.cdc.gov/phlp/publications/topic/healthinformationprivacy.html>

Adolescent Health Initiative

- [Starter Guides](#)
- [Spark Trainings](#)
- [Adolescent Champion Model](#)
- [Adolescent-Centered Environment](#)
- [Youth-Friendly Materials](#)
- Info by Topic
- And More!

<https://www.umhs-adolescenthealth.org>



National School-Based Health Alliance

- Initiatives
- Youth Development
- Consulting & Training
- Technical Assistance
- Policy

- February SBHC Awareness Month
- National Conference

<https://www.sbh4all.org/>

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Working in **Every State** A Growing National Movement

Delivery Models



On Site



Telehealth
Exclusive



School-Linked



Mobile



2,500+
SBHCs Nationwide

The School-Based Health Alliance works on policy, standards, data, and training issues with state affiliates and national organization partners, advocates, healthcare providers, and SBHCs in every state.

Our **Focus**

The School-Based Health Alliance Works to Support & Grow SBHCs

Policy



Establishes and
advocates for national
policy priorities

Standards



Promotes high-quality clinical
practices and standards,
including for telehealth

Data



Supports data collection
and reporting, evaluation,
and research

Training



Provides training,
technical assistance,
and consultation



**SCHOOL-BASED
HEALTH ALLIANCE**
The National Voice for School-Based Health Care

School-Based Health Alliance
1010 Vermont Ave, NW, Suite 816
Washington, DC 20005

Phone: (202) 638-5872
Email: info@sbh4all.org
Website: www.sbh4all.org

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Oregon School-Based Health Alliance

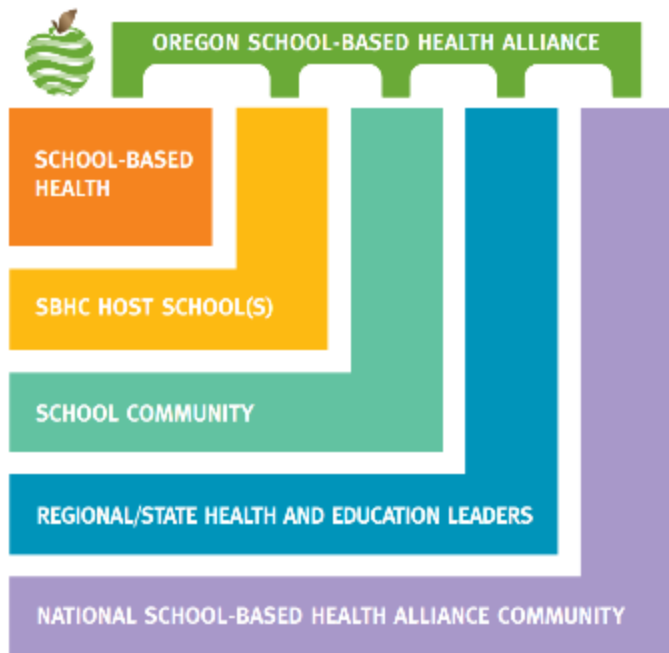
- Legislative Advocacy
- Training & Support
- Youth Voice
- Administrative Advocacy
- February Advocacy Day in Salem

<https://osbha.org/>

Oregon School-Based Health Alliance serves as a bridge across multiple systems to align resources and maximize efficiencies for SBHCs.

OSBHA is dedicated to:

- Providing resources for SBHCs, trauma-informed schools and school health initiatives
- Guiding health and education partnerships to help both sectors navigate cohesively
- Amplifying the student voice to engage locally and throughout the state
- Elevating the importance, relevance and understanding of school-based health services
- Seeking out national best practices that strengthen Oregon's SBHC system



QUESTIONS???

SPO Resources

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Adolescent and School Health Unit

Oregon
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Email Lists



Site Coordinators & Site Administrators

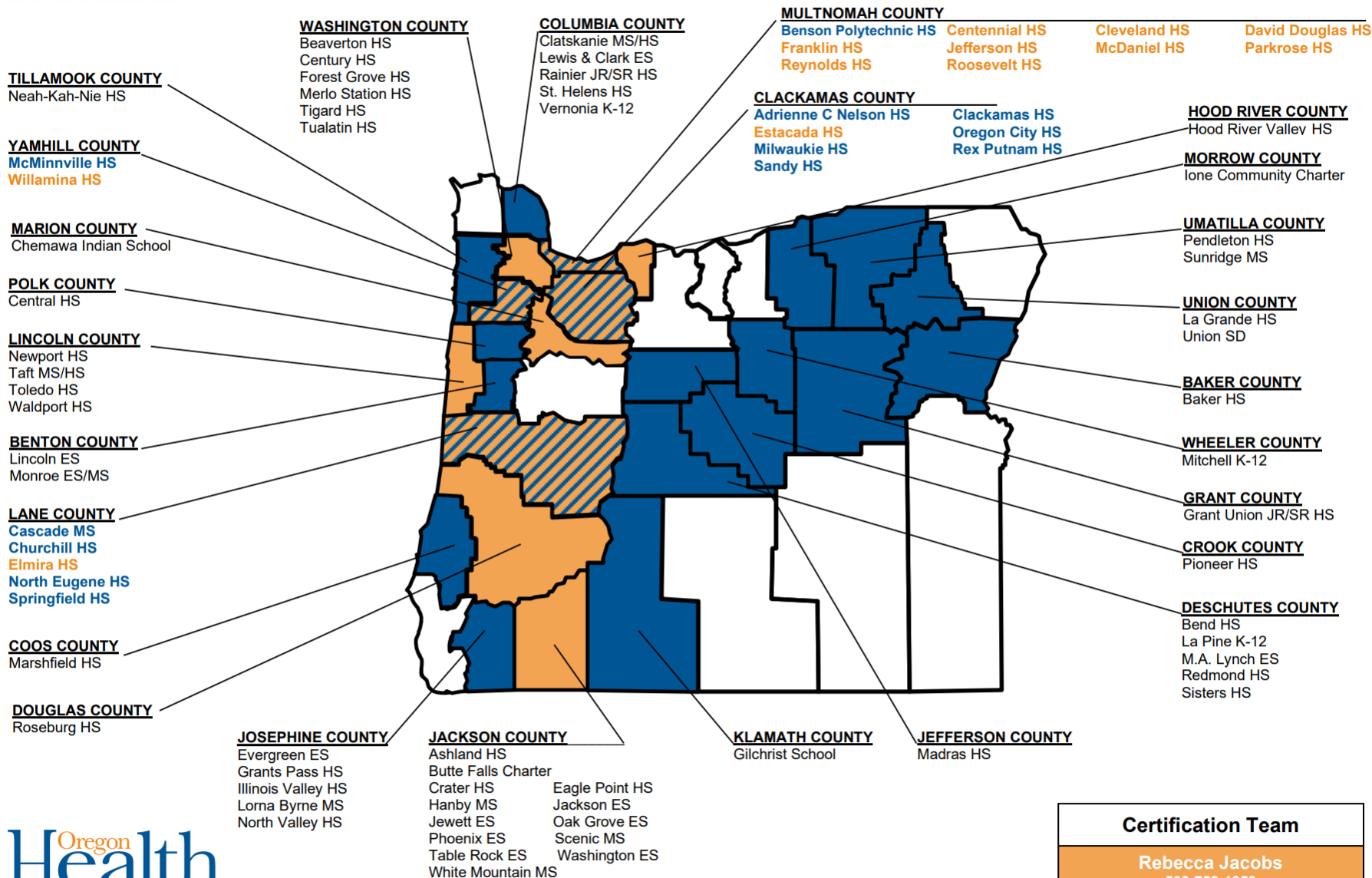
- Health Department Primary Contacts
- Mental Health Primary Contacts
- Mental Health Expansion Grant
- Youth-Led Grant
- School Health State Planning Grant

CERTIFICATION TEAM

Oregon School-Based Health Centers

Certified SBHCs = 81

As of August 2022



Certification Team

Rebecca Jacobs

503-753-1359

rebecca.w.jacobs@dhsosha.state.or.us

Karen Vian

971-288-7472

karen.p.vian@dhsosha.state.or.us



www.healthoregon.org/sbhc

[**SBHC.Program@odhsoha.oregon.gov**](mailto:SBHC.Program@odhsoha.oregon.gov)



NEW

Newsletter:

Click here to subscribe



SPO NEWSLETTER

Sharing all things SBHC from the SBHC State Program Office

August 26, 2022

Welcome to the first edition of the **Oregon School-Based Health Center (SBHC) State Program Office (SPO) Newsletter!** This newsletter contains information for local SBHC staff and partners. The SPO plans to send this newsletter regularly throughout the school year to share announcements, upcoming events, resources, and job postings.

*Please note this newsletter is intended for a broad SBHC audience; **SBHC Certification and compliance-related information will continue to be sent through the SPO's traditional email distribution channels.***

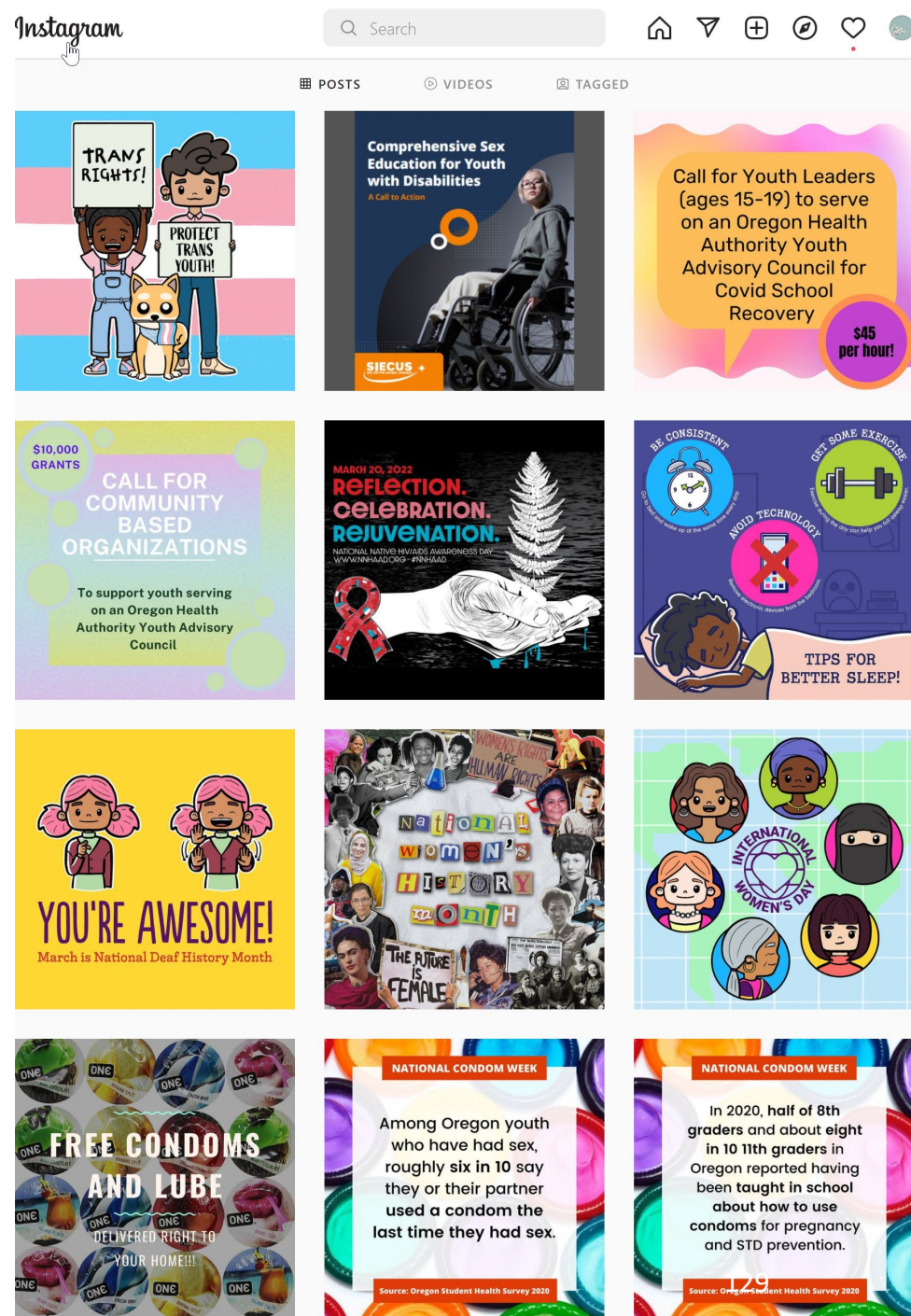
If you have received this newsletter, it means you are on one of the SPO's existing contact lists. Please share the [link](#) to sign up for the newsletter with others from your clinic who do not already receive SPO emails. You can also unsubscribe by clicking the "Preferences" button at the bottom of this email.

Have something you'd like to share in an upcoming SBHC SPO Newsletter?

Instagram:

@teenhealth.or

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit



Oregon School-Based Health Centers

Health at School

School-Based Health Centers

News from Oregon SBHCs

Certification Standards

SBHC Data Requirements

Funding

Planning for a New School-Based Health Center

Health System Transformation

Reports and Publications

State and National Partners

Coordinators Meetings

Trainings and Presentations

Contact Us

The SBHC Model

Healthy kids learn better. School-Based Health Centers (SBHCs) ensure that kids can get the care they need, without missing class time.

SBHCs are a unique health care model for comprehensive physical, mental and preventive health services provided to youth and adolescents either within a school or on school property. With easy access to health care in a school setting, SBHCs reduce barriers such as cost, transportation, and concerns surrounding confidentiality that often keep children and youth from seeking the health services they need. SBHCs provide a full range of physical, mental and preventative health services to all students, regardless of their ability to pay.

Each SBHC is staffed by a primary care professional who may be a doctor, nurse practitioner or physician's assistant, other medical or mental health professionals and support staff, such as a receptionist. The centers are comfortable and accessible to encourage kids to either make an appointment to come in or to drop by when they need medical attention and/or want to learn more about health issues.

SBHCs have existed in Oregon since 1986 and succeed through unique public-private partnerships between the Oregon Public Health Division, school districts, county public health departments, public and private practitioners, parents, students, and community members.

Goals of SBHCs

- Improve access to affordable quality primary care and mental health services for school-aged youth
- Provide patient-center care services for all students, regardless of insurance status
- Reduce costs related to unnecessary hospital stays and use of emergency rooms
- Improve educational outcomes because healthy kids learn better
- Save parents time by reducing missed work hours

SBHC Clients

Services are available to students regardless of their ability to pay, insurance status, race, color, national origin, religion, immigration status, sexual orientation, handicap, or gender. Reasonable accommodations are made to provide confidential services to non-



Program email
SBHC.program@state.or.us

SBHCs and Quality Care

Oregon's SBHCs are staffed by trained, licensed professionals deeply committed to serving the health care needs of young people. Numerous required protocols are in place in order to maintain a high standard of care. Taking that a step further, Oregon SBHCs have certification standards to reduce site-to-site variability.

For more information, please view the current [Oregon SBHC Standards for Certification Version 4 \(pdf\)](#).



Fact Sheet - English

Re-Certification Checklist



HB 100 Oregon HL, Ma. HL
Portland, OR 97232
Phone: 503.474.0871
ohd.oregon.gov/ohd/ohd.htm
www.sbhc.org/sbhc.htm

Re-Certification Process for CERTIFIED SBHCs

ANNUAL CERTIFICATION REQUIREMENTS

To remain certified, SBHCs must stay in compliance per Standards for Certification. The list below outlines recurring due dates and deliverables, as required by the Standards for Certification and the SBHC State Program Office (SPO).

JULY 15:	<ul style="list-style-type: none"> Visit/encounter data submission from prior school year*
	<ul style="list-style-type: none"> Mental Health Expansion Grant final report (covers January-June), if applicable
OCTOBER 1:	<ul style="list-style-type: none"> Update the Online SBHC Operational Profile for the current school year. More info in the Operational Profile Users Guide** Includes entire profile (Details, Operations, Staff, Shift Hours, Services) Includes Key Performance Measures* Includes Annual Operating Revenue Information*
OCTOBER:	<ul style="list-style-type: none"> In-person Coordinator meeting (usually in Portland)*** SBHC Coordinators receive new Satisfaction Surveys (paper or electronic)**
WINTER:	<ul style="list-style-type: none"> Coordinator Meeting via webinar***
JANUARY 15:	<ul style="list-style-type: none"> Visit/encounter data mid-year submission for current school year* Satisfaction Surveys mid-year submission* Mental Health Expansion Grant mid-year report (covers July-December), if applicable
SPRING:	<ul style="list-style-type: none"> Coordinator meeting via webinar*** Each biennium, existing contracting agreements are reviewed by SPO with LPNA when contracts are renewed e.g. Spring 2021, Spring 2023
JUNE 30:	<ul style="list-style-type: none"> Satisfaction Surveys end-of-year submission*
ONGOING:	<ul style="list-style-type: none"> Update Operational Profile as changes occur (e.g., staffing, operating hours, contact information or other updates). More info in the Operational Profile Users Guide**

As of 8/26/2015

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CERTIFICATION VERIFICATION SITE VISIT REQUIREMENTS

After the initial on-site verification review, the SPO will conduct an on-site verification review (site visit) every two years for a representative sample of certified SBHC in each SBHC system.

STEP 1:	SPO will schedule Certification Verification Site Visit
	SPO will contact LPNA and applicant (if not the LPNA) or strive to schedule site visit.
STEP 2:	Fulfill Pre-site Visit Requirements
<input type="checkbox"/>	Review and update, if needed, the Online SBHC Operational Profile no less than two weeks prior to site visit (login information provided by SPO)**
<input type="checkbox"/>	Details
<input type="checkbox"/>	Operations
<input type="checkbox"/>	Staff
<input type="checkbox"/>	Shift Hours
<input type="checkbox"/>	Services
	Instructions to complete Operational Profile include:
	<ul style="list-style-type: none"> Operational Profile Users Guide** SBHC Role Descriptions are listed in the Standards for Certification**
<input type="checkbox"/>	Email required materials to assigned Public Health Nurse** no less than two weeks prior to site visit. This may include, but is not limited to:
<input type="checkbox"/>	Required policies and procedures:
<input type="checkbox"/>	Documentation of blood borne pathogen training for each employee with occupational exposure
<input type="checkbox"/>	Documentation of privacy training for all SBHC workforce (physical, mental health, dental health)
<input type="checkbox"/>	ALERT or vaccine eligibility by age report
<input type="checkbox"/>	ALERT or vaccine eligibility by vaccine report
STEP 3:	Prepare for Site Visit
<input type="checkbox"/>	Review Standards for Certification**
<input type="checkbox"/>	Review and fill out the Certification Verification Review Tool** for areas that will be assessed during the site visit
<input type="checkbox"/>	Schedule two well-child visits of school-aged youth to occur during site visit
<input type="checkbox"/>	Review and update, if needed, the Online SBHC Operational Profile no less than two weeks prior to site visit
<input type="checkbox"/>	Update as needed the certification binder with partnership agreements and policies and procedures
STEP 4:	Day of Site Visit Requirements
	SPO will conduct the following activities:
	<ul style="list-style-type: none"> Review of documents, policies and procedures, and records Review of electronic medical record systems, review of electronic health records systems, and review of practice management systems Review of data reports from electronic systems or other patient registry and tracking systems Interviews with practice management, clinical and administrative staff. This includes interviews with school staff including office, administration, and school nurse, if available. On-site observation of practice staff with at a minimum 2 patients, with consent of the patient, parent, or guardian and On-site observation of patient environment and physical environment during business hours
	SBHC will participate in site visit including having Site Coordinator on site, invite partners to exit interview, and participate in exit interview.
STEP 5:	Site Visit Report
	SPO will send written site visit report within two weeks of site visit
<input type="checkbox"/>	Complete any indicated Action Items by listed deadlines
STEP 6:	Congratulations—Your SBHC is CERTIFIED!

*More information can be found on the Data Requirements page at www.ohd.oregon.gov/ohd/ohd.htm

**More information can be found on the Certification Standards page at www.ohd.oregon.gov/ohd/ohd.htm

***Archived meetings can be found on the Coordinator Meetings page at www.ohd.oregon.gov/ohd/ohd.htm

As of 8/26/2015

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<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASEDHEALTHCENTERS/Documents/SBHC%20Certification/SBHCReCertificationProcess.pdf>

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit



Annual Status Report or Update

2022

>> Oregon School- Based Health Centers Status Update 2022



Oregon
Health
Authority
PUBLIC HEALTH DIVISION

<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOL-BASEDHEALTHCENTERS/Pages/publications.aspx>

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Oregon
Health
Authority

SBHC Fact Sheets

- Individual SBHC reports are created annually and sent to the Coordinator by the end of the calendar year.
- The fact sheet includes:
 - Statewide data on Oregon SBHCs
 - Site-specific data
 - School indicators

STATE-LEVEL DATA		Service Year: July 1, 2020 to June 30, 2021		
SBHC Basics	Number of certified SBHCs in Oregon:	78		
	Total number of clients served:	28,610		
	Total number of visits:	91,058		
	# of Oregon school - aged children (5-21) with access to an SBHC:	66,763		
		All provider Telehealth visits	Physical health provider Telehealth visits	Mental health provider Telehealth visits
Health System Transformation	Total number of clients served:	7,794	5,621	2,885
	Total number of visits:	29,598	11,768	17,734
Billing/ Sustainability	Insurance status of SBHC visits	All provider type visits		Mental health provider visits
		OHP/Medicaid:		57%
		Reproductive Health Access Fund/Other Public:		10%
		Private:		22%
		Unknown/ None:		11%
State-level Patient Data		All provider type visits		Mental health provider visits
		Average number of visits per client:		3.2
		Male % clients, % visits:		45% clients, 39% visits
		Female % clients, % visits:		55% clients, 60% visits
		Transgender % clients, % visits:		0.1% clients, 0.3% visits
SBHC Services		School-aged youth: % clients, % visits:		60% clients, 61% visits
		% of visits with oral health provider:		1%
		% of clients who received immunizations:		43%
		% of clients who received Adolescent Well Visit (ages 12 to 21):		42%
SBHC Staffing		% of SBHCs with Dental Providers:		
		12%		
		% of SBHCs with Mental Health Providers:		
		95%		
		% of visits provided by Nurse Practitioners (N.P.):		
		28%		
		% of visits provided by Physician Assistants (P.A.):		
SBHC Staffing		12%		
		% of visits provided by Medical Doctors (M.D.):		
		8%		
		% of visits provided by Mental Health Providers:		
		36%		
SBHC Staffing		% of visits provided by Registered Nurses/Licensed Practical Nurses (R.N. /L.P.N.):		
		5%		

Brochures

Oregon
School-Based Health Centers
Health care a few steps away

¡No necesitas pasarla en la escuela!

What's an SBHC?

SBHCs are medical clinics that offer children and youth health care either in a school or on school grounds. They help children and youth get the care they need when they need it.

SBHCs have primary care providers such as doctors, nurse practitioners and physicians' assistants. Some have dental and mental health providers. They work with school nurses to help youth stay healthy and in school.

Community partnerships that include schools, school boards, parents, students and medical professionals create and support SBHCs.

How can an SBHC help?

- Well-child exams
- Sick visits
- Minor injury treatment
- Vision, dental and other health screenings
- Immunizations
- Alcohol and drug counseling
- Mental health counseling
- Reproductive health services
- Classroom presentations

Who can go?

SBHCs serve children and youth who attend the school. Some SBHCs serve students within the district or county, teachers and staff at the school, and other community members.

Why go?

- SBHCs are convenient.
- It's easy to drop by or make an appointment.
- Parents spend less time away from work.
- Students spend less time away from school.
- Care is youth-centered.
- Services are affordable.

Need more info?

www.healthoregon.org/sbhc

What about payment?

SBHCs serve children and youth even if they don't have insurance or can't pay. SBHCs can bill Oregon Health Plan and often bill other insurance.

Oregon Health Authority
SBHC
School-Based Health Centers
DHHS 10-12-14

Oregon
Centros de salud en las escuelas
(School-Based Health Centers o SBHC)
El cuidado de la salud a solo unos pasos

Toma en serio tu salud

¿Qué son los SBHC?

Los SBHC son clínicas médicas que ofrecen cuidado de la salud a niños y jóvenes en escuelas o en predios escolares, y los ayudan a recibir la atención que necesitan en el momento en que la necesitan.

Los SBHC cuentan con proveedores de atención médica primaria tales como médicos, enfermeras con práctica médica y médicos asociados. Algunos tienen proveedores de salud mental y dental. Los centros trabajan con las enfermeras escolares para ayudar a los jóvenes a mantenerse sanos y a no faltar a la escuela.

Las asociaciones comunitarias, que incluyen escuelas, juntas escolares, padres, alumnos y profesionales médicos, son quienes crean y respaldan los SBHC.

¿Cómo puede ayudar un SBHC?

- Exámenes de rutina
- Visitas por enfermedad
- Tratamiento para lesiones menores
- Exámenes de visión, dentales y otros exámenes de salud
- Inmunizaciones
- Terapia para problemas de alcohol y drogas
- Terapia para salud mental
- Servicios de salud reproductiva
- Presentaciones en el aula

¿Quiénes pueden ir?

Los SBHC atienden a los niños y jóvenes que asisten a la escuela. Algunos SBHC atienden a los alumnos del distrito escolar o del condado, a los maestros y al personal escolar, y a otros miembros de la comunidad.

¿Por qué debo ir?

- Los SBHC son convenientes.
- Es fácil acercarse o hacer una cita.
- Los padres pierden menos tiempo de trabajo.
- Los alumnos pierden menos tiempo de clases.
- La atención se centra en los jóvenes.
- Los servicios son accesibles.

¿Necesita más información?

www.healthoregon.org/sbhc

¿Cómo se paga?

Los SBHC atienden a niños y jóvenes aunque no tengan seguro o no puedan pagar. Los SBHC pueden enviar la factura al Plan de Salud de Oregon y con frecuencia la envían a otras compañías de seguros.

Oregon Health Authority
SBHC
School-Based Health Centers
DHHS 10-12-14

<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASEDHEALTHCENTERS/Pages/index.aspx>

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Oregon
Health
Authority

Coordinator Meetings & SBHC Trainings

- Coordinator Meetings
 - Fall Meeting: Thursday, October 27th, 1-4PM
 - Winter Meeting: Wednesday, February 8th, 1-3PM
 - Spring Meeting: Wednesday, May 10th, 1-3PM
 - <https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASEDHEALTHCENTERS/Pages/coordinators.aspx>
- Trainings and presentations
 - <https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASEDHEALTHCENTERS/Pages/training.aspx>

Upcoming Fall Youth Engagement Training Series

Training 1: Fostering Successful Youth-Adult Partnerships

Register to attend [HERE](#)

Wednesday, October 5, 2022, 10AM – 11:30AM

Training 2: Authentically Engaging Youth

Register to attend [HERE](#)

Wednesday, November 2, 2022, 10AM – 11:30AM

Training 3: Youth Participatory Action Research (YPAR)

Register to attend [HERE](#)

Wednesday, December 7, 2022, 10AM – 11:30AM



ADOLESCENT
HEALTH
INITIATIVE



matchstick
CONSULTING

Important Dates

- JULY 15:**
- Visit/encounter data submission from prior school year*
 - Mental Health Expansion Grant final report (covers January-June), if applicable

- OCTOBER 1:**
- Update the Online SBHC Operational Profile for the current school year. More info in the Operational Profile Users Guide**
 - Includes entire profile (Details, Operations, Staff, Shift Hours, Services)
 - Includes Key Performance Measures*
 - Includes Annual Operating Revenue Information*

- OCTOBER:**
- In-person Coordinator meeting (usually in Portland)***
 - SBHC Coordinators receive new Satisfaction Surveys (paper or electronic)*

- WINTER:**
- Coordinator Meeting via webinar***

- JANUARY 15:**
- Visit/encounter data mid-year submission for current school year*
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- SPRING:**
- Coordinator meeting via webinar***
 - Each biennium, existing contracting agreements are reviewed by SPO with LPHA when contracts are renewed e.g. Spring 2021, Spring 2023

- JUNE 30:**
- Satisfaction Surveys end-of-year submission*

- ONGOING:**
- Update Operational Profile as changes occur (e.g., staffing, operating hours, contact information or other updates). More info in the Operational Profile Users Guide**

Contact Us

School-Based Health Center Program

Oregon Public Health Division

800 NE Oregon St., Ste. 805

Portland, OR 97232

P: 971-673-0871

F: 971-673-0250

SBHC.Program@odhsoha.oregon.gov

www.healthoregon.org/sbhc

QUESTIONS???

Thank You

www.healthoregon.org/ah

