Spring SBHC Coordinators Meeting

April 27, 2022





Agenda

1:00PM Welcome & housekeeping

1:05PM SPO updates

1:35PM Telehealth & SBHCs

2:00PM BREAK

2:05PM Portland State University SBHC research update

2:25PM Oregon School-Based Health Alliance

2:55PM Closing





Housekeeping

- Update your Zoom name so people know who you are!
- Please write questions and comments in chat box.
- We will pause periodically to read through the chat to ensure everyone has access to that information.
- Please take care of yourself during the meeting! Cameras on or off, eat, move around, and stretch.
- Meeting is being recorded and will be posted to our website in the coming weeks: <u>www.healthoregon.org/sbhc</u>





STATE PROGRAM OFFICE UPDATES





SBHC State Program Office Team



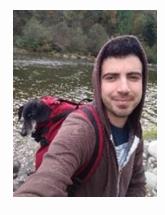
Rosalyn Liu (she/her) Adolescent & School Health Manager



Kate O'Donnell (she/her) SBHC Program Coordinator



Cuong Phan (he/his) Administrative Specialist



Mikah Rotman (they/he) School Mental Health Specialist



Melanie Potter (she/her) School Health Program Specialist



Stefanie Murray (she/her) School Linked Program Coordinator





SBHC State Program Office Team



Sarah Knipper (she/her) School Health Epidemiologist



Loretta Gallant (she/her) Research Analyst



Kavita Gavand (she/her)
Research Analyst



Rebecca Jacobs (she/her) Public Health Nurse



Karen Vian (she/her)
Public Health Nurse





Assigned Public Health Nurse changes

- SPO making a few changes to Certification Team assignments as new projects begin
- Rebecca supporting Mobile and Telehealth pilot project grants
 - Will move to support SBHC medical sponsors that have received these grants
- PHN site changes will be effective **July 1, 2022**



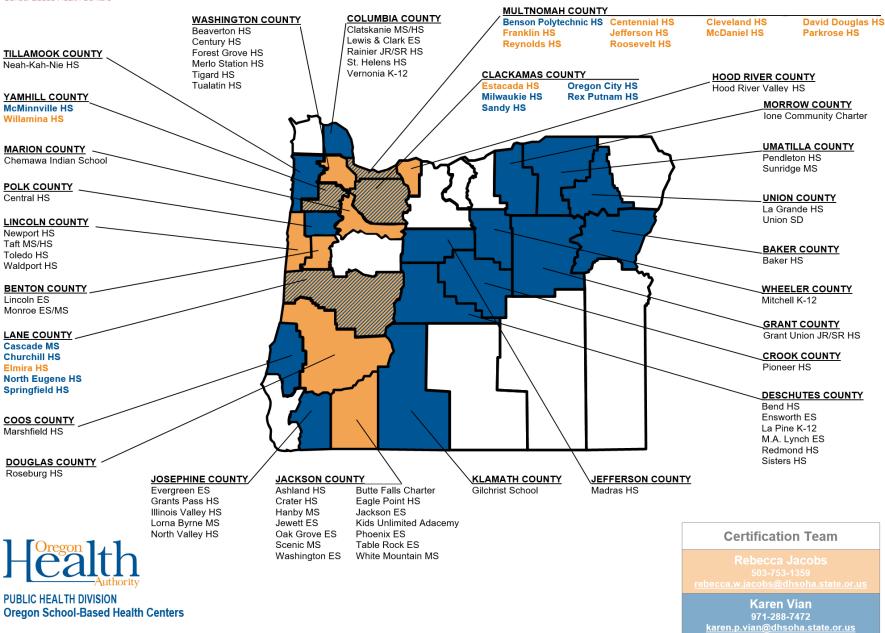




CERTIFICATION TEAM TERRITORIES Oregon School-Based Health Centers

Certified SBHCs = 81

As of July 2022



CERTIFICATION

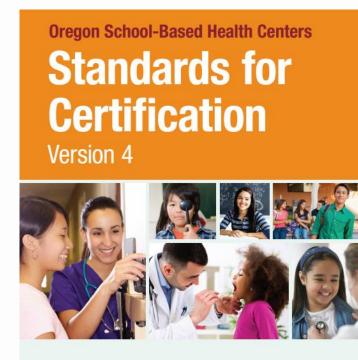




July 1: Certification Policy

- Beginning next school year, SPO will return to upholding the Standards for Certification
 - Operational Profile due October 1st
 - Waivers required if not in compliance with minimum standards
 - Encounter data and MHEG reports due
 Jan 15 and July 15
 - KPMs with benchmarks
 - Student satisfaction surveys

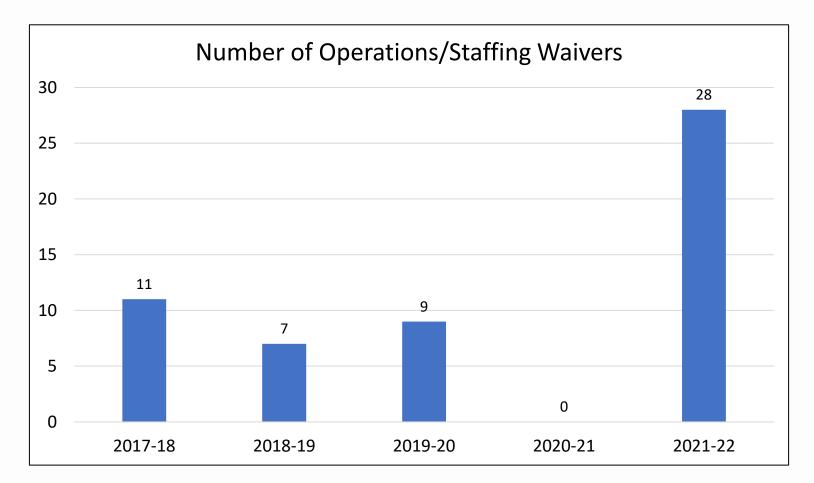








Certification Waivers







Ongoing flexibility

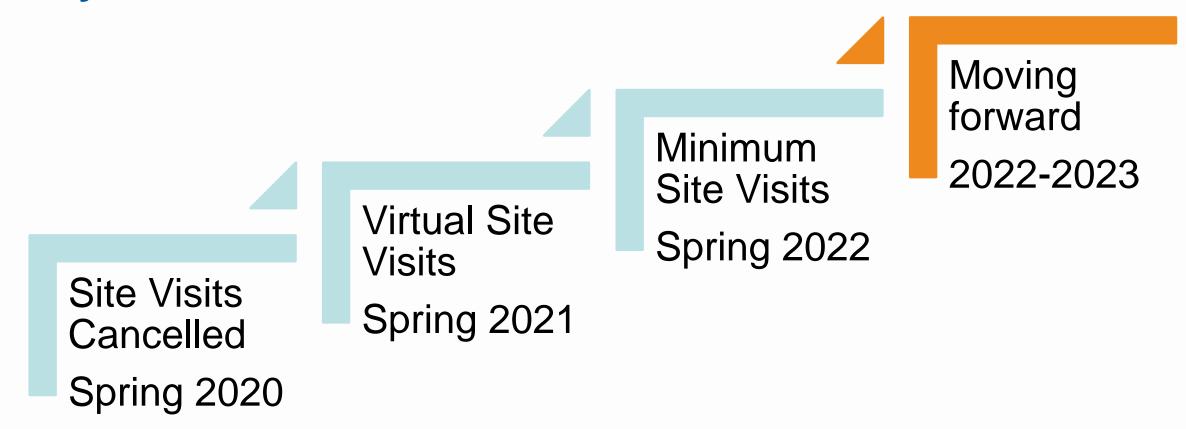
- COVID-19, wildfires and resulting impacts continue
- SPO committed to continued support of SBHCs, staff and young people
- Working to update SPO internal Certification policies to reflect this over coming months. For example:
 - Loss of primary care hours
 - Extended closures







July 1: Site Visits Next School Year



GOAL: on-site review every 2 years for a representative sample of SBHCs in each system





Site Visit Changes

Pilot Spring 2022 - NOT requiring observation of well child visits



- Physical distancing requirements last two years
- Will look for other areas to gather "On-site observation of practice staff with at a minimum two school-aged patients, with the consent of the patient, parent or guardian"
- Consider limitations and opportunities of observation of well child visits





Site Visit Changes

- CDC updated the STD Treatment Guidelines July 2021
 - For chlamydia, either:
 - Doxycycline 100 mg po (twice a day x 7 days)
 - -OR
 - Azithromycin 1 gm po (single dose)
 - For gonorrhea, either:
 - Ceftriaxone 500 mg injectable (single dose)
 - -OR
 - Cefixime 800 mg po (single dose)

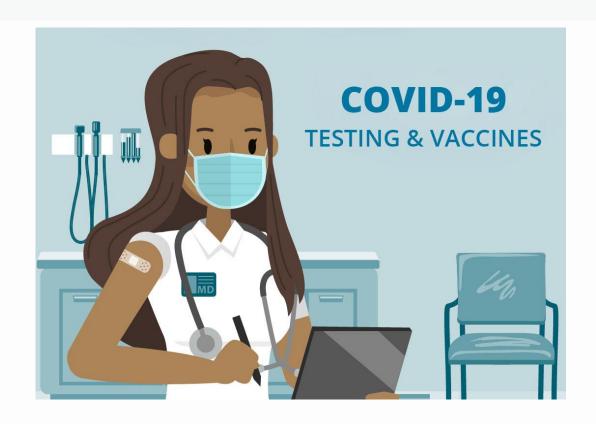






Site Visit Changes

- COVID-19 vaccine
 - Preparation
 - Puncture, label, expiration
- COVID-19 lab testing
 - Documentation of results
 - Reporting of all negative and positive results







Funding for Vaccine Storage & Handling Equipment

 Reimbursed up to \$1,000 per vaccination facility until funding runs out

- Purchases made between July 1, 2020 June 30, 2024.
- Allowable purchases:
 - Vaccine storage units
 - Temperature monitoring equipment
 - Vaccine transport coolers
 - Supplies required for immunization activities (e.g., first aid kit, EpiPen, etc.)
 - Back-up generator that supplies power to vaccine storage units





Stella says, "It's Time for the 2022 **National SBHA** Census!"





2022 National SBHA Census

- SBHA is doing their national census to collect information about operations & services for all U.S. SBHCs
- Completing the Census is a certification requirement for all Oregon SBHCs
- Estimated completion time = 10-15 minutes per SBHC
 - To answer for 10+ SBHCs, please email <u>research@sbh4all.org</u>
- SBHCs who respond by May 15th will be entered into a drawing for an Amazon gift card of \$10, \$50 or \$100 (sponsored by SBHA)
- Census must be completed by June 30th, 2022

http://tiny.ucsf.edu/2022CensusofSBHCs





MENTAL HEALTH





SBHC Mental Health Advisory Group Forming

- Determining allocation of Mental Health Expansion Grant (MHEG) funding (currently done through a funding formula)
- Updating MHEG requirements (examples could include changing allowable expenses, incorporating requirements around health equity, etc.)
- Address other topics as needed

If interested, please email Mikah Rotman by this Friday





Mental Health Expansion Grant Reports



 Year End Reports for MHEG Capacity and Youth-Led Projects Due July 15th

 Templates will be emailed out late May / early June



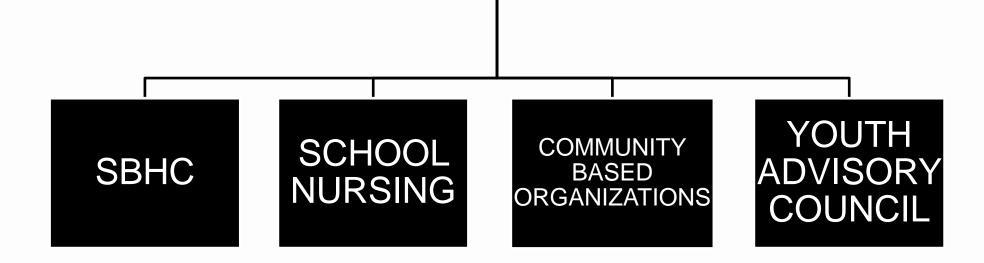


SBHC GRANTS & TRAINING UPDATES





CDC COVID 19 SCHOOL RECOVERY GRANT FUNDS







SBHC and School Nursing Grants

13 SBHC sites received CDC grant funding

- Activities include hiring:
 - Medical Assistants
 - Bilingual Outreach and Engagement Specialists
 - Qualified Mental Health Professionals (QMHP)
 - Outreach Coordinators
 - Community Resource Specialists
 - Administrative Support Personnel
- Developing training programs for workforce

School Nursing Grants

- Alliance of Black Nurses Association of Oregon
- Oregon School Nurses Association
- 6 ESD sites





Community Based Organization Funding

- OHA Public Health Department disseminated award notification letters to 140 CBOS for approximately \$31 million
- Adolescent and School Health contributed \$2 million for 20 organizations around Oregon
- Priority Principles
 - Culturally and Linguistically Specific Programs
 - Youth Centered
 - School-based
 - Capacity Building





Youth Advisory Council

- 20 youth on the council to decide how to spend \$1 million
- 300 youth applied!
- Paying youth \$45/hour
- Commitment is about 3-5 hours per month







Regional/County Breakdown- 20 counties represented

Central Oregon	6	Northeast	<mark>4</mark>
		Umatilla	2
Deschutes	6	Union	2
Coast	<mark>16</mark>	South South	<mark>16</mark>
Clatsop	4	Jackson	5
·		Josephine	2
Columbia	2	Klamath	9
Coos	7	Southeast	<mark>4</mark>
Curry	3	Malheur	4
Columbia Gorge	<mark>2</mark>	Southern Valley	<mark>69</mark>
		Benton	5
Hood River	2	Douglas	2
Metro Region	<mark>143</mark>	Lane	59
		Linn	3
Clackamas	19	Willamette Valley	<mark>38</mark>
Multnomah	90	Marion	36
		Polk	2
Washington	34		



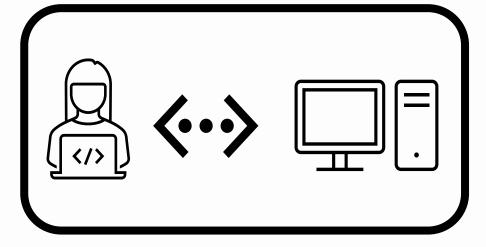


School-Linked Telehealth and Mobile Pilot Projects

HB 2591

- Passed in Spring 2021
- Included funding for:
 - School Health Services Planning Grants
 - Mobile Pilot
 - Telehealth Pilot









School-Linked Mobile Pilot Project

- \$90,000 from 2021-2023 biennium
- Grantees:
 - Columbia Gorge ESD
 - Douglas ESD
 - Gresham-Barlow SD
 - Hillsboro SD
- Funding covers planning activities to inform operations (i.e., needs assessment community engagement, and developing workflow processes between school(s) and medical provider.
- Awardees work towards implementing services by the end of the grant period and will help Adolescent and School Health develop Operations Criteria.





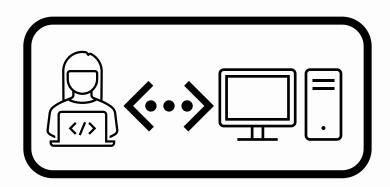


School-Linked Telehealth Pilot Project

- \$300,000 from 2021-2023 biennium
- Grantees:
 - La Clinica
 - Multnomah County
 - Orchid Health
- SBHC provides services to patients at schools without SBHCs.
- Funding covers planning activities to inform operations (i.e., needs assessment community engagement, and developing workflow processes between school(s) and medical provider.
 - Some funding must be allocated to school district
- Awardees work towards implementing services by the end of the grant period.



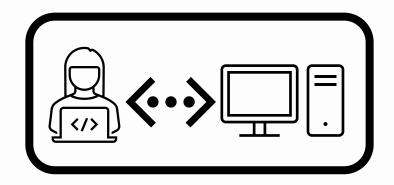




School-Linked Telehealth Pilot Project

- Telehealth has additional evaluation component
- ASH will work alongside grantees to evaluate:
 - Collection of clinical encounter data
 - Intersection of FERPA and HIPAA
 - Partnership to provide culturally specific services
 - Billing practices and reimbursements
 - Access to health care services
 - Impact to student absence from school
 - Workflow practices
 - Client (student and family) feedback







Winter Open Forums

- New gathering format to support dialogue between SBHCs
- Great turn out and participation!
- February Open Forum Coordinators & Primary Care Providers
 - Topics: Staff recruitment, building youth resilience, minimizing no shows, coordinating with schools
- March Open Forum Mental & Behavioral Health Providers
 - Topics: Staff recruitment, CCO telehealth referrals, managing demand for high level care
- Planning to offer more opportunities to gather like this next year – Stay Tuned!







Future training plans

- May 25: SPO Key Performance Measures training
- June 27-30: SBHA National Conference
 - https://www.sbh4all.org/national-conference-registration/
- August: Oregon Pediatrics Society (OPS) Youth Suicide Assessment in Virtual Environments (SAVE) for SBHC and school providers
 - Content info on OPS website: https://oregonpediatricsociety.org/youth-save/
- Late August: SPO Operational Profile training





Future training plans – more info to be announced

- September: SPO SBHC Orientation (for new Coordinators)
- October: Fall SBHC Coordinators Meeting
- Fall 2022: OPS/OHSU gender-affirming care ECHO for SBHC and school providers
- Fall/winter: Open Forums and SBHC/SPO check-in calls





Key Performance Measures webinar: May 25th 9-10am

- There are no changes to KPM chart audit process or submission requirements due on October 1st
- Webinar will present an overview of the KPMs, including:
 - Published Guidance documents
 - Sample size
 - Eligible population
 - Exclusions
 - Chart audit process document
 - Chart audit tracking sheet





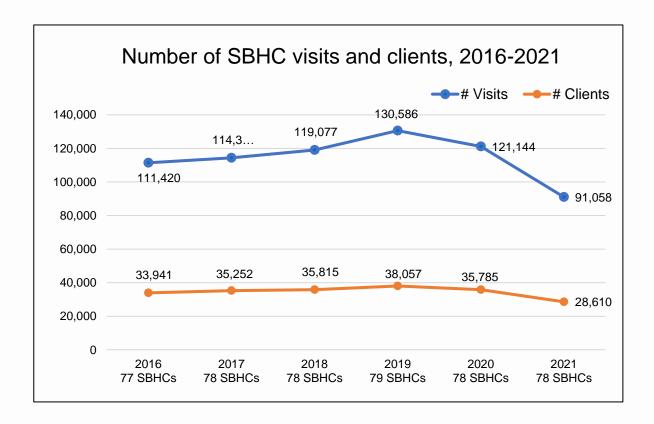


SBHC ENCOUNTER DATA





Encounter Data Visits and Clients 2016-2021

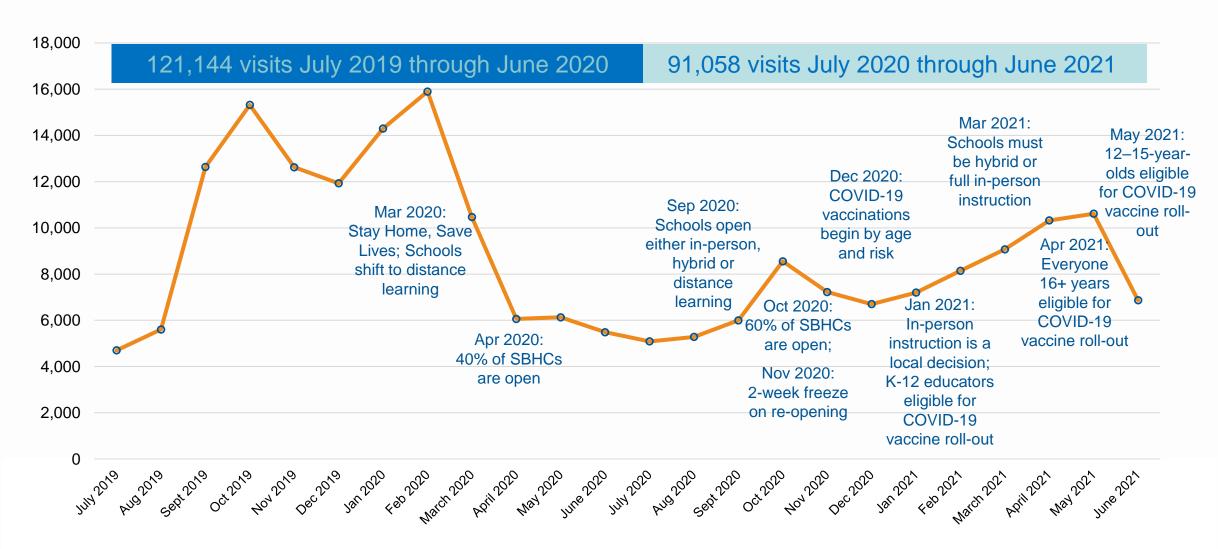


- In the 2020-2021 service year, SBHCs provided 91,058 visits to 28,610 clients of all ages.
- On average, clients accessed a SBHC three times a year.
- 61% of visits were with school-aged youth (5 21 years) in 2020-2021, compared to 2019-2020, where 74% of visits were with school-aged youth.
- Reason for visits among school-aged youth:
 - 48% for primary care services
 - 51% for behavioral health
 - . 1% for dental health
- 46% of school-aged youth received an immunization
 - 11% received a COVID-19 vaccine

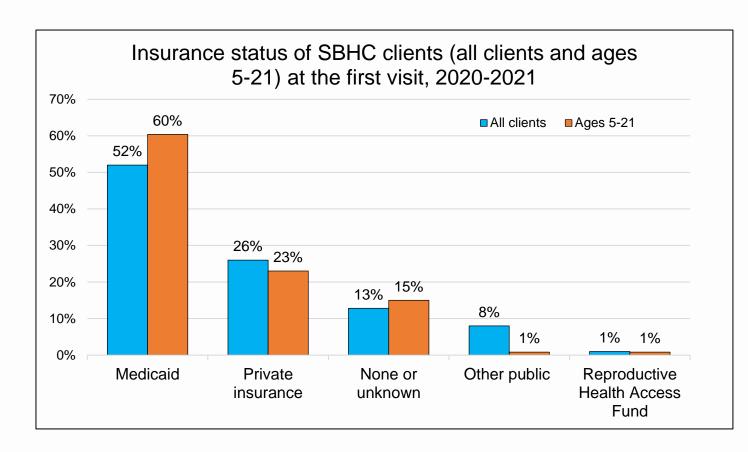




Number of SBHC visits by month; July 2019 - June 2021



Insurance Status of SBHC Clients, 2020-2021

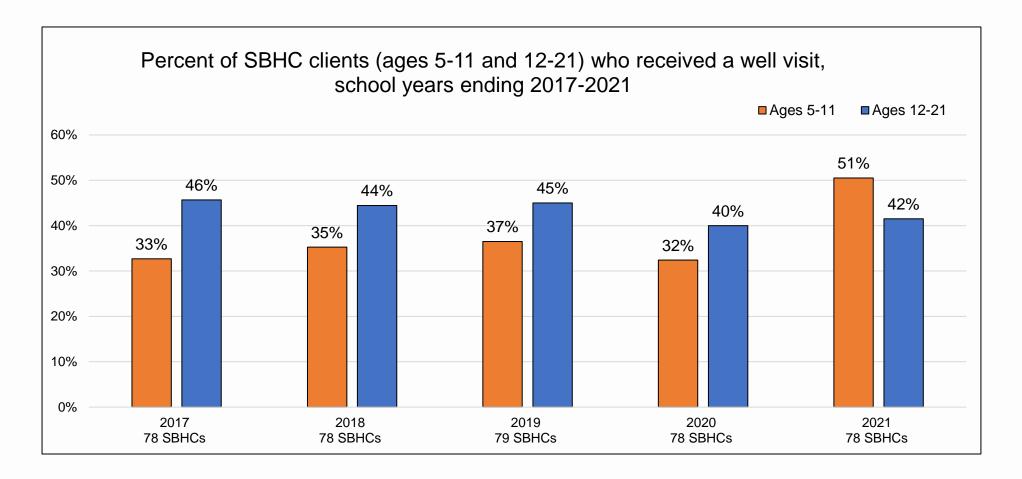


- 52% of all clients had Medicaid coverage
- 60% of school-aged clients (5 21 years) had Medicaid coverage





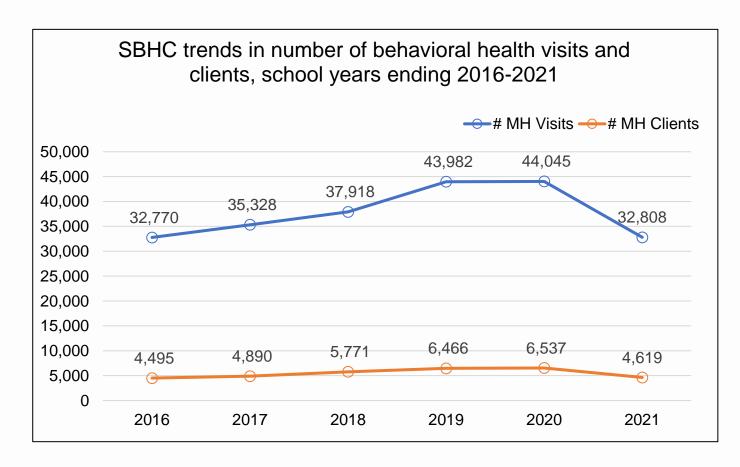
Annual Well Visit, 2017 - 2021







Behavioral Health Visits and Clients 2016-2021

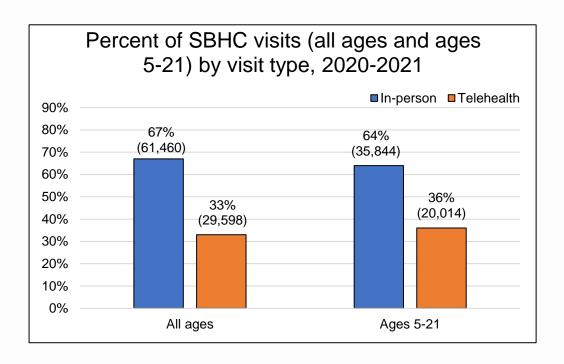


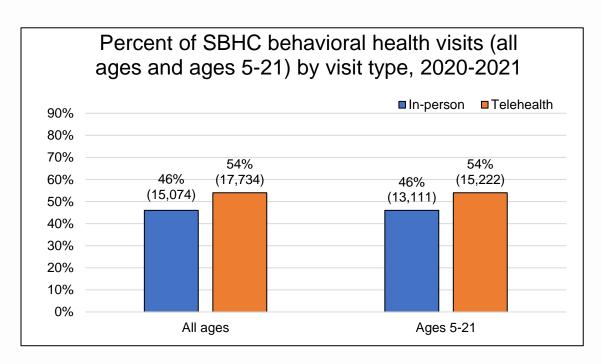
- During the 2020-2021 service year,
 SBHCs provided 32,808 behavioral health visits to 4,619 clients
- On average, behavioral health clients accessed a SBHC for behavioral health visits eight times a year.
- The number of behavioral health visits decreased by 26% from 2019-2020 to 2020-2021
- This decrease was consistent with the overall 25% decrease in visits.





Telehealth Visits and Clients 2020-2021



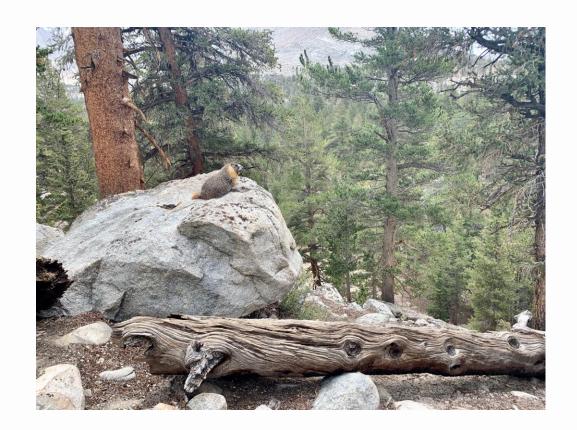


- SBHCs provided 29,598 visits via telehealth to 7,794 clients of all ages
- 36% of visits among school-aged youth
 (5 21 years) were via telehealth

- SBHCs provided 17,734 behavioral health visits via telehealth to 2,885 clients of all ages
- 54% of behavioral health visits among schoolaged youth (5 - 21 years) were via telehealth









QUESTIONS?





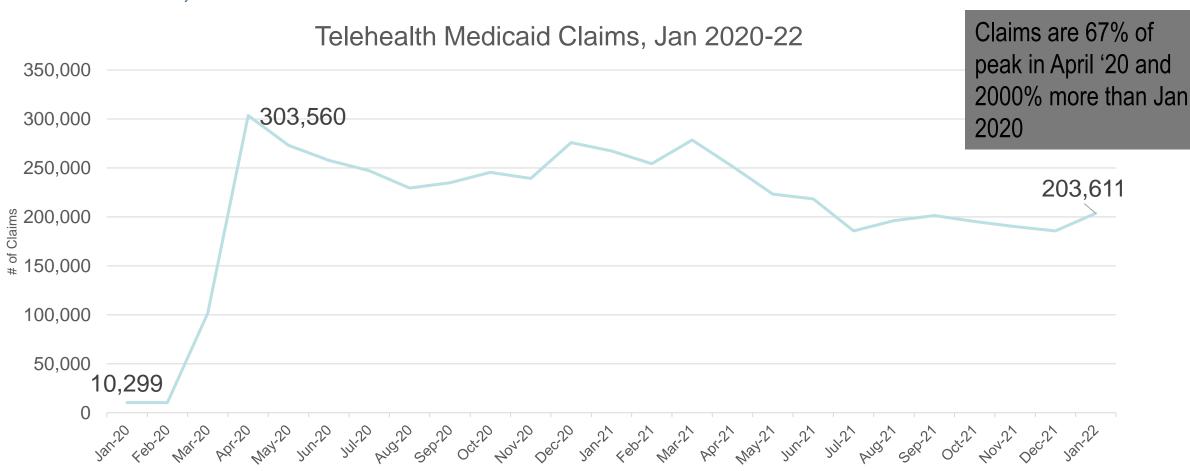
TELEHEALTH





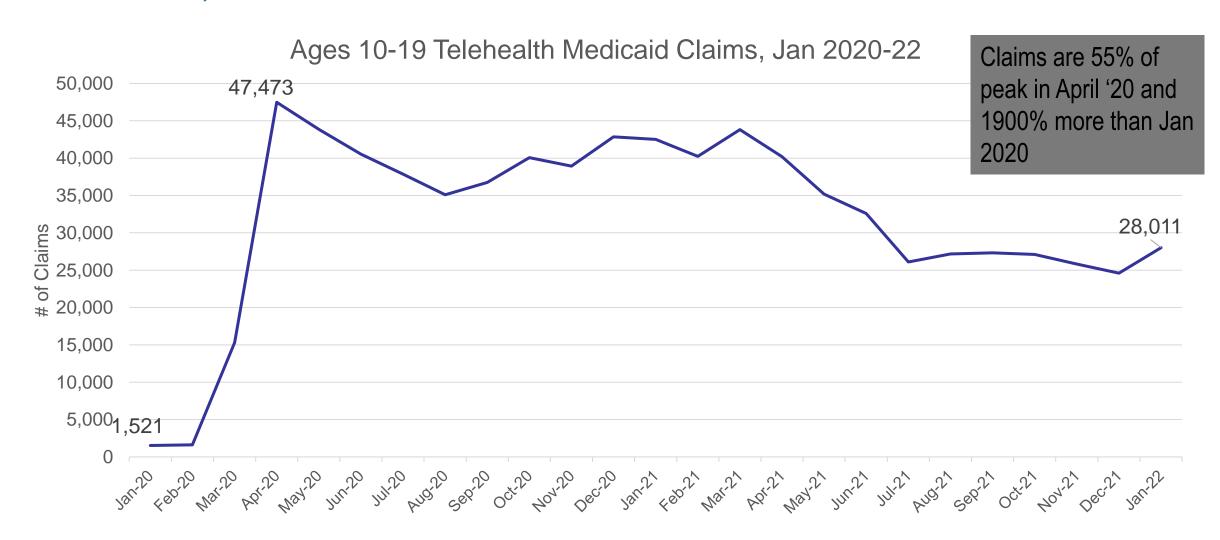
Telehealth Use Increased Dramatically Early in the Pandemic

Data source: OHA Health Analytics Dashboard

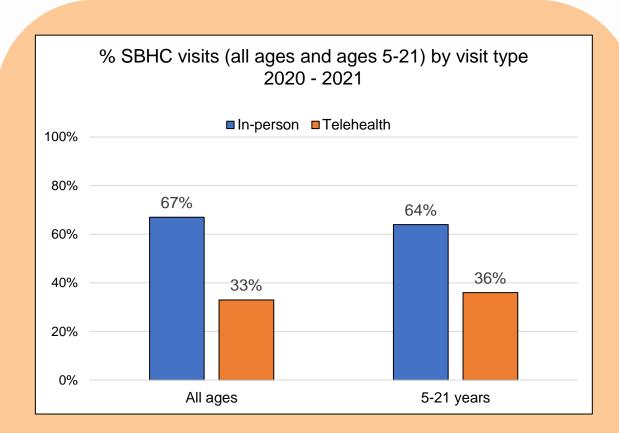


Adolescent Telehealth Use Follows Similar Pattern

Data source: OHA Health Analytics Dashboard

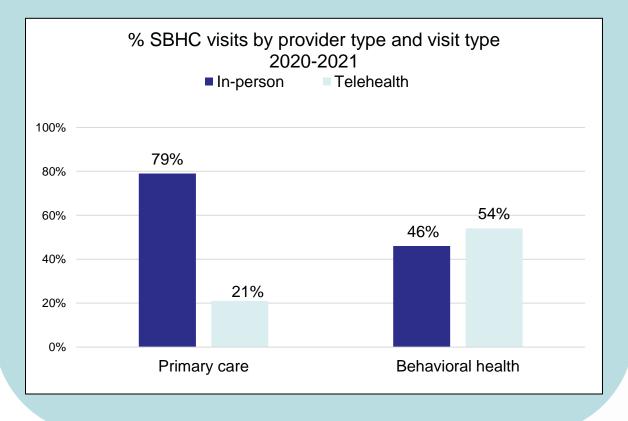


SBHC Telehealth in Two Charts (2020 – 2021 school year)



 Telehealth accounted for about 1/3 of visits (likely an undercount)

- Majority of behavioral health visits were via telehealth.
- Telehealth only accounted for ~20% of primary care visits.



(Some) Temporary Telehealth Policies Becoming Permanent

- HB 2508 and Oregon Medicaid program policy changes
 - Location: Telehealth allowed from a provider office or a patient's home
 - Patient population: Telehealth allowed for new patients (not just established)
 - Pay parity for telehealth and in-person including audio-only in certain cases. Health care interpreters must be paid at parity.
 - Providers ensure meaningful access
 - Patient copays/cost sharing cannot be more than for in-person services

https://dfr.oregon.gov/insure/health/understand/Documents/DFR-OHA%20Telehealth%20Guidance.pdf





Billing Modifiers and Codes

Place of Service (POS) codes:

- 02: Patient not in their home
- 10: Patient at home

This distinction effective 1/1/22

Telehealth Procedure Code Modifiers:

- GT Behavioral health
- 93 *NEW* telephone-only/ audioonly
- 95 Primary care/phys health





Other Telehealth Policies That May Apply – PCPCH Program

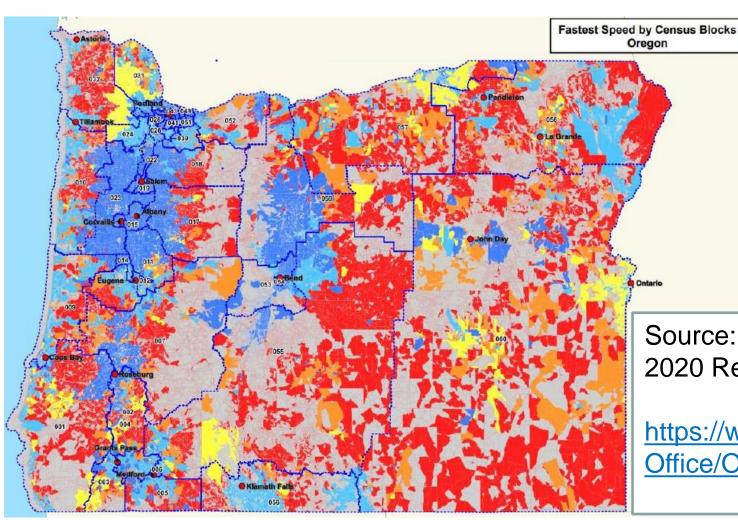
- PCPCH program launched a new standard related to telehealth
 - New PCPCH Standard 1.G: Alternative visits (alternative to traditional in-person office visits)
 - Examples: mobile health vans, in-home visits, some group visits, and telehealth
 - Practices will need to demonstrate telehealth improves access for an identified patient population in the clinic

https://www.oregon.gov/oha/HPA/dsi-pcpch/Documents/2020-PCPCH-TA-Guide.pdf (pgs. 28-30)





Challenges – Broadband access



Fastest Speed by Census Blocks Oregon

Future ready

Basic Broadband

Underserved (<25/3)

Unserved (<10/1)

Unconnected

Unpopulated

Source: Oregon Broadband Advisory Council 2020 Report

https://www.oregon4biz.com/Broadband-Office/OBAC/Reports/BroadbandRpt2020.pdf

Resources and Supports – Oregon Lifeline

- Oregon Lifeline: Federal and state government program that provides a monthly discount on phone or broadband service for qualifying low-income Oregon households. (https://www.oregon.gov/puc/pages/oregon-lifeline.aspx)
- Affordable Connectivity Program (formerly Emergency Broadband Program) offers additional resources for Lifeline qualifying households and other groups (https://acpbenefit.org/)
- Both programs offer discounts on broadband bills for qualifying households
- Both programs can offer free technology or discounts on technology (e.g., certain households may qualify for a free cell phone and data service with Oregon Lifeline)





SITE FEEDBACK FOR 2022-23









QUESTIONS?





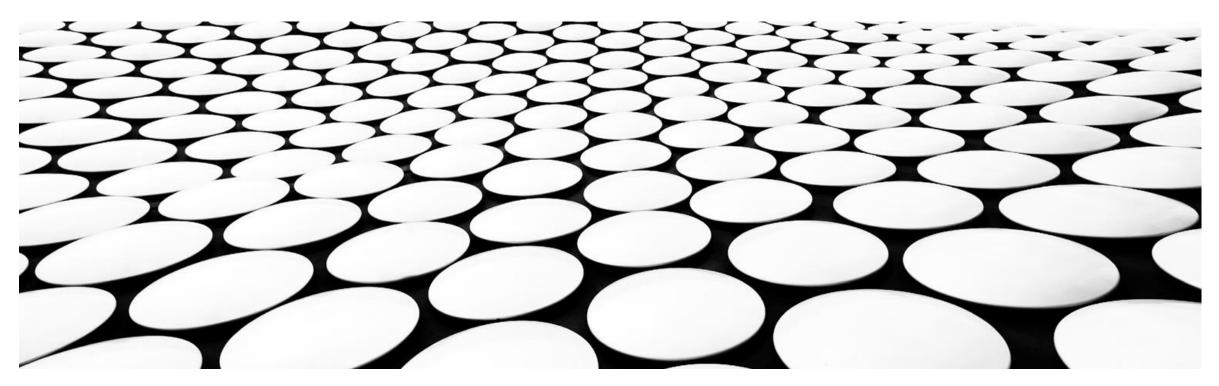
BREAK







OREGON SCHOOL-BASED HEALTH CENTERS BEFORE AND DURING A PANDEMIC



Principal Investigators: Education & Health Researchers



Thad Domina
University of North
Carolina, Chapel Hill



Andy Saultz
Pacific
University



Dara ShifrerPortland State University



Walker Swain
University of Georgia



Sabrina Zadrozny University of North Carolina, Chapel Hill



Andrew McEachin
Northwest Evaluation Association

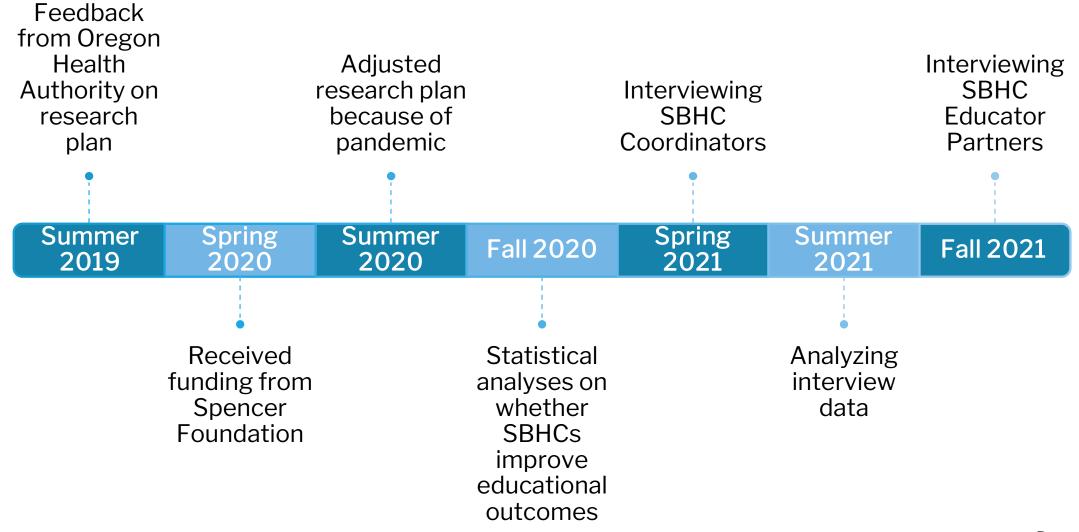


Andrew Penner University of California, Irvine Andy - 58

BROAD GOALS

- What services do SBHCs offer to students and neighboring communities and what operational structures do they use to offer those services? How has SBHC service provision and operational structure changed over the course of the pandemic?
- How do healthcare professionals and educators coordinate student and community supports? How have those coordination efforts changed over the course of the pandemic?
- What role have SBHCs played in the development of school **responses to the pandemic**? How did SBHCs inform practices as schools moved to remote instruction in spring, 2020? How did SBHCs inform school decisions about whether, when, and how to resume in-person instruction in fall, 2020 or spring, 2021?

HISTORY



Interviewer Team



Affie Eyo-Idahor **Portland State** University



Haley Simons University of North Carolina, **Chapel Hill**



Erika Carpenter Portland State University



Alyssa Nestler **Pacific University**



Emily Burgess Portland State University



Suzy Fly **Portland State** University



Lauryn Rivers University of North Carolina, Portland State University **Chapel Hill**



Xuan Dinh Dara - 61

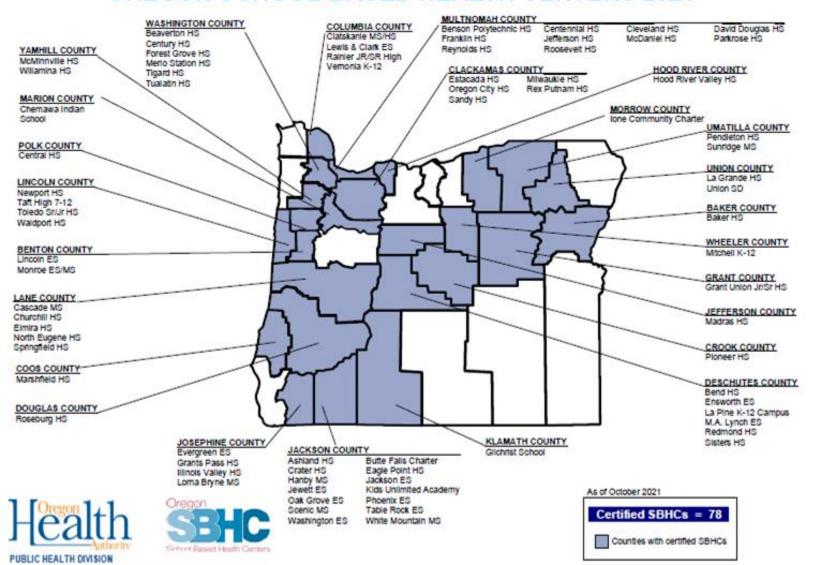
INTERVIEW AIMS

- Nature of partnership between SBHC and school
- SBHC engagement with broader school community
- SBHC engagement with school administrators and teachers
- Nature of student access to SBHC
- Current state of SBHCs overall and given pandemic

SHARING FINDINGS

- First Priority: **Protecting the identities** of individuals, SBHCs, and schools
- Sharing findings with survey and interview respondents (you!)
 - Meetings like this
 - Eventually research briefs
- Sharing findings with health and education researchers and policymakers ②
 - National conferences
 - Peer-reviewed journal articles
 - Eventually with journalists

OREGON SCHOOL-BASED HEALTH CENTERS 2021



School-Based Health Center Program

INTERVIEWS COMPLETED

- 14 of Oregon's 34 SBHCCoordinators
 - Representing 30 of Oregon's 78 SBHCs
- **20 Educator Partners**
 - 11 principals / vice-principals
 - 5 student services directors
 - 4 other

PRELIMINARY FINDINGS FROM **SBHC COORDINATOR** INTERVIEWS

- **The pandemic** limited routine wellness exams and exhausted SBHC staff & students
- More mental health services needed but lack staff/resources
- Automated calls to parents reporting students as absent when they go to the SBHC causes major issues for students, parents, and educators (e.g., confidentiality)
- **Telehealth** has addressed accessibility and absence issue to some extent
- SBHC coordinators appreciated **helping develop plans for safely reopening schools**

- Multiple **benefits** of partnering with an SBHC:
 - Mental health services are essential
 - Reproductive health services benefit students and community outside of school
 - SBHCs address health needs schools are unable to address for legal/logistical reasons
 - Particularly like having a **specific liaison** between SBHC and school

- **Barriers** to SBHC access
 - SBHCs understaffed (e.g., hiring difficulties, unable to fulfill commitments to school)
 - Students worry visits not confidential from parents
 - Community resistance to reproductive health services
 - Families unsure which insurance accepted
 - **Linguistic** barriers

- Challenges presented by COVID
 - The **need for more mental health services** only exacerbated including suicide ideation
 - Accessing students more difficult when school was entirely remote
 - A few SBHC-school partnerships suffered, especially when SBHCs shut down entirely

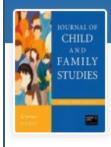
- Positive impacts of COVID
 - SBHCs able to maintain services even whens schools shut down
 - Some reported higher levels of student access
 - Telehealth
 - No class disruption
 - Evening appts / Wider range of ages
 - SBHC-school partnership strengthened
 - Increased communication about teacher/staff mental health
 - Facilitation of testing, vaccinations for teachers

FIRST STUDY

The Role of Community Engagement in School-Based Health Center Sustainability Before and During COVID-19

- SBHCs define community engagement in different ways but use community engagement to better serve students and vulnerable adult populations
- Community engagement is not only central in the founding and infrastructure of SBHCs but is also key for SBHC sustainability
- While **COVID** presented many challenges, SBHCs developed **innovative and creative strategies** (e.g., telehealth) for engaging with the community and supporting healthier schools and communities amidst a global natural disaster

FIRST STUDY



Journal of Child and Family Studies

2022 National School-Based Health Care Conference Going Virtual – June 27-30, 2022



Potential Future Studies

- Barriers and Successes in SBHC Partnerships with Schools
- Resources that Support SBHC Provision of Mental Health Services
- Contextual Variation in SBHC's Ability to Provide Reproductive Health Services
- Differences between **SBHC Coordinators and their Educator Partners** in Perceived Areas for Improvement
- The Political Origins of SBHC Sustainability

Seeking Additional Funding

Topical Ideas

- Narrow in on mental health and/or reproductive health services
- Sustainability of SBHCs as organizations, particularly in a pandemic
- How SBHCs support uninsured children

Data Ideas

- Integrate triennial survey data from the National School Based Health Alliance with interview data from Oregon as a 'case study'
- Combine this survey data with national data on youth's educational outcomes

Seeking Additional Funding

Topical Ideas

- Narrow in on mental health and/or reproductive health services
- Sustainability of SBHCs as organizations, particularly in a pandemic
- How SBHCs support uninsured children

Which direction seems most promising/useful? Do you have other ideas?

Respond at **PollEv.com/darashifrer205**

Data Ideas

- Integrate triennial survey data from the National School Based Health Alliance with interview data from Oregon as a 'case study'
- Combine this survey data with national data on youth's educational outcomes

Email us at sbhcstudy@pdx.edu

- What comments, suggestions or additions do you have?
- Are you available to participate in an interview? (\$70 gift card!)
 - Encourage your educator partner too!
- What information would be useful for **improving your practice**?



OREGON SCHOOL-BASED HEALTH ALLIANCE





Closing

- Slides and recording will be posted on our website: www.healthoregon.org/sbhc
- Look for an official release of the 2022 SBHC Status Update in the coming months.
- Stay tuned for details about our Fall 2022 Coordinators Meeting!





Happy (almost!) summer break!







Contact us

School-Based Health Center Program

Oregon Public Health Division

800 NE Oregon St., Ste. 805

Portland, OR 97232

P: 971-673-0249

F: 971-673-0250

SBHC.program@dhsoha.state.or.us

www.healthoregon.org/sbhc





