



SBHC Coordinators Meeting

May 17, 2021



Welcome & agenda

1:00PM	Welcome & Agenda
1:05PM	Snapshot
1:25PM	SPO Updates
1:50PM	Oregon School-Based Health Alliance
2:00PM	<i>BREAK</i>
2:10PM	SBHC Spotlight & Discussion
2:55PM	Closing

Thank you



Molly Costello Art & Design

Assessing Student Health and the Systems that Shape It

SNAPSHOT ON ADOLESCENT HEALTH 2019

Oregon Healthy Teens Survey

- Representative sample of Oregon's 8th and 11th graders
- Survey takes place biennially in odd years (most recent 2019)
- ~28,000 students, 227 schools surveyed, 77 districts
- Provides state and county level estimates
- Questions cover: general, oral, and mental health topics, resilience, behavior, and perceptions of peer and parental attitudes.
- Was replaced in 2020-21 by the Student Health Survey

For more on the Survey:

<https://public.health.oregon.gov/BirthDeathCertificates/Surveys/OregonHealthyTeens/Pages/index.aspx>

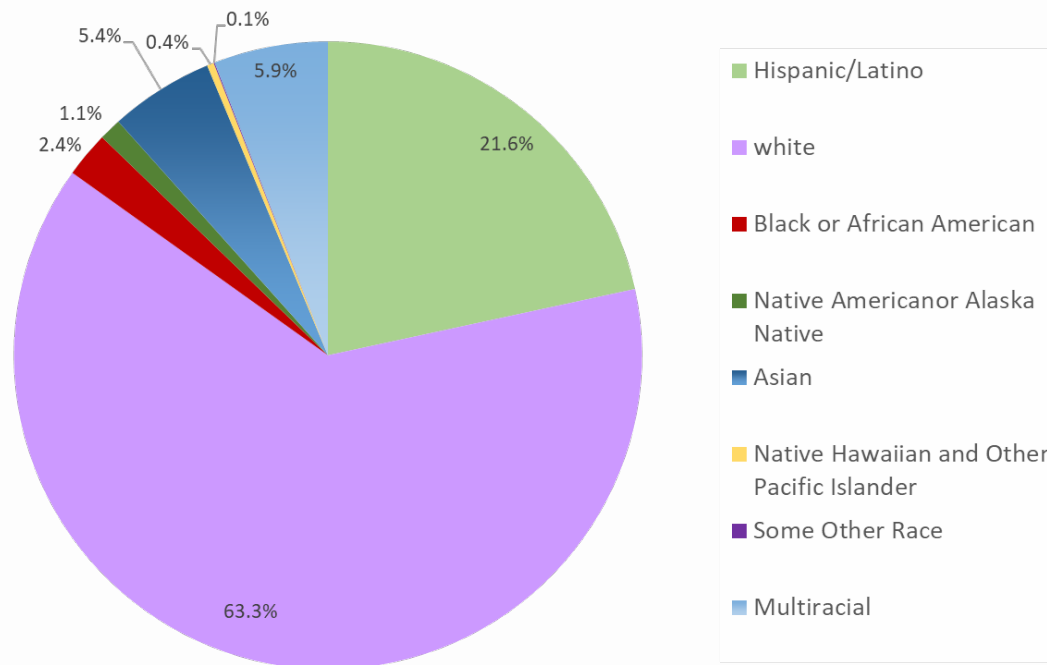
Goals of the Snapshot cont.

Build a framework that attempts to acknowledge fundamental drivers of youth health **(3 S's):**

- **Strengths**
 - Positive Youth Development
 - Informed decision making
 - Empowerment
- **Systems**
 - Public Policy
 - Systems of Oppression (Racism, Transphobia & Homophobia)
 - Economics
- **Surviving**
 - Coping Behavior
 - Mental Health Outcomes (Depression, Suicide Contemplation)
 - Health Inequities

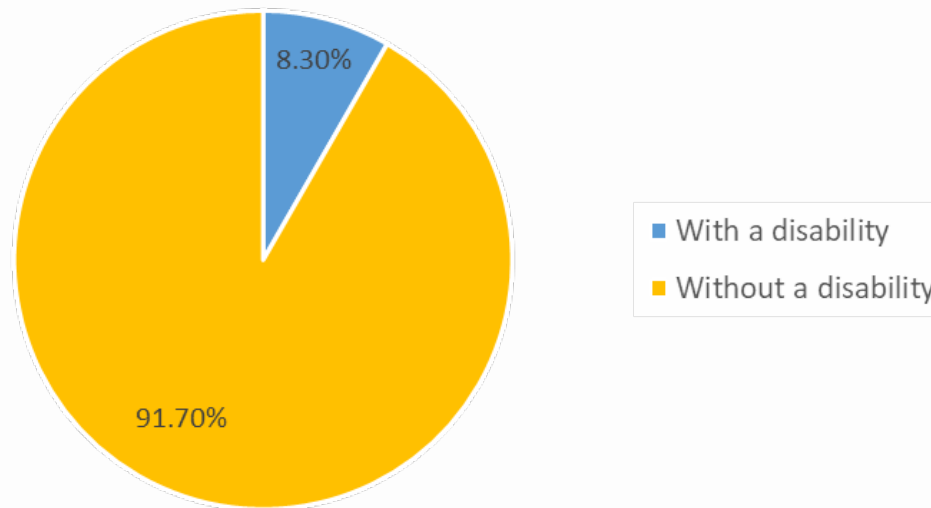
Socioeconomic Context of Oregon Adolescents

	Population
Adolescents (Aged 10-24)	771,060



Socioeconomic Context of Oregon Adolescents

- 64,046 adolescents (10-24 years old) in Oregon have a disability



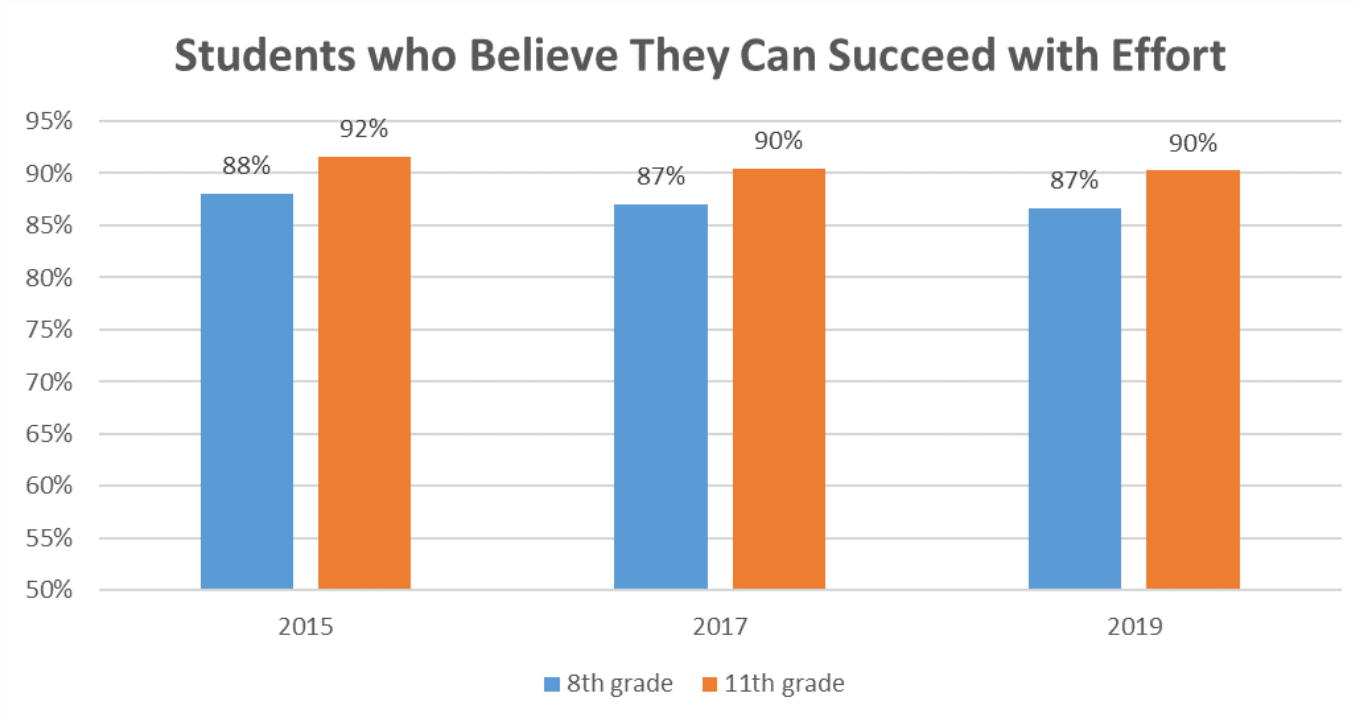
Source: U.S. Census Bureau, 2019 American Community Survey 1-Year Estimates PUMS data

Strengths

PUBLIC HEALTH DIVISION
Adolescent and School Health

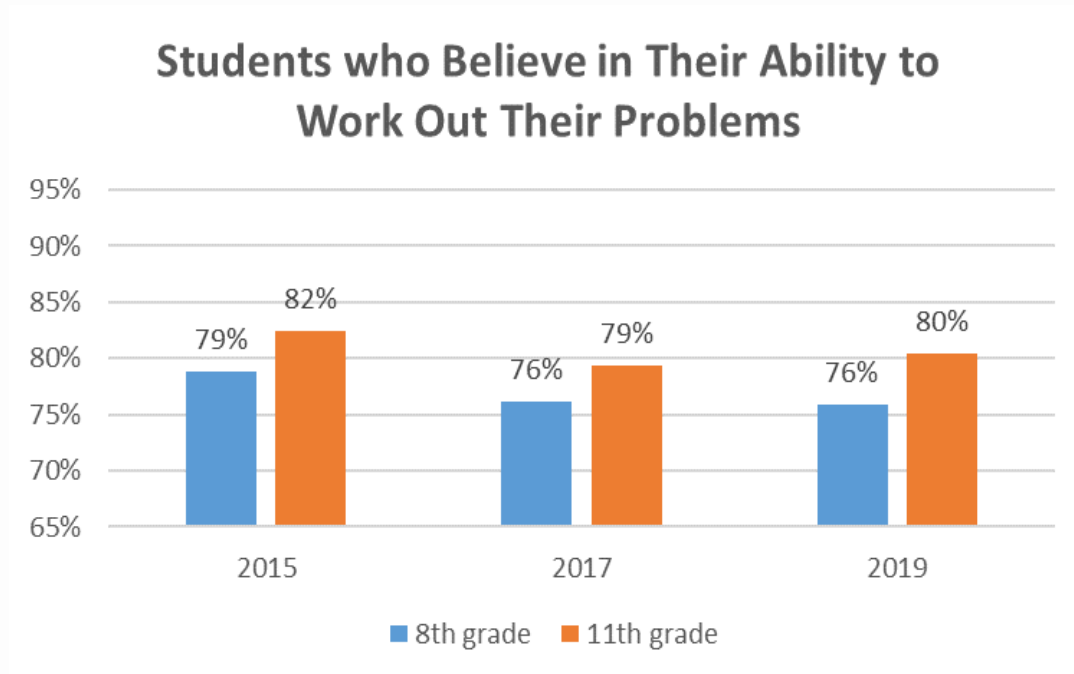


Adolescent Self Efficacy



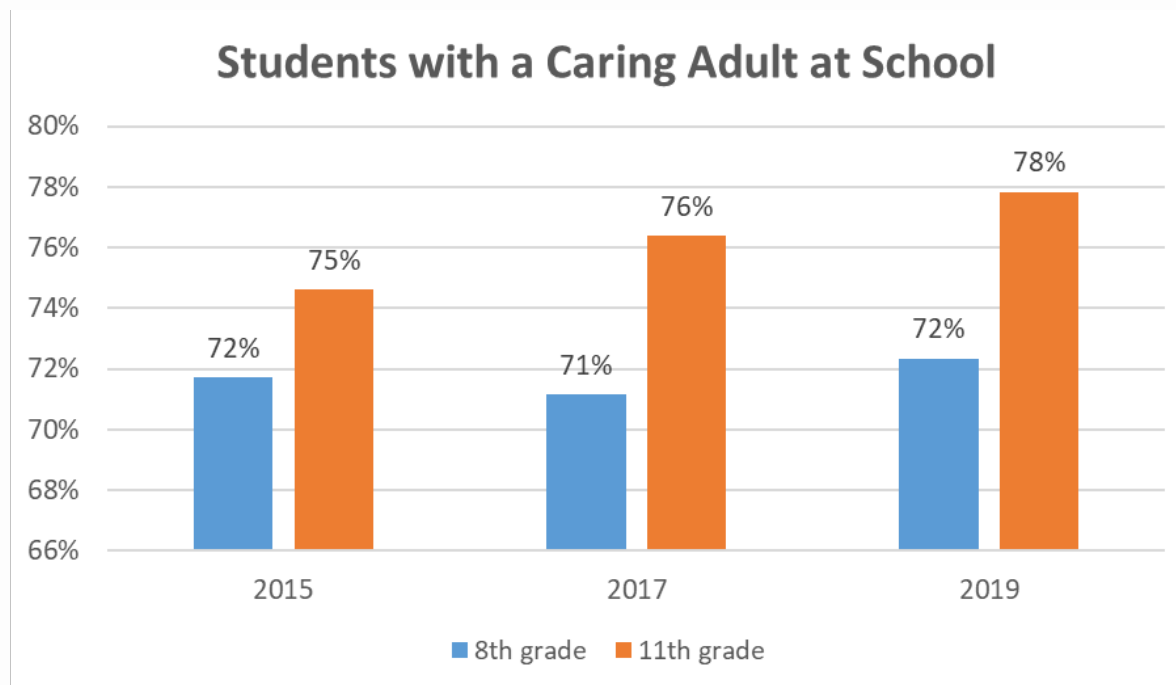
Source: 2015-19 Oregon Healthy Teens Survey

Adolescent Self Efficacy



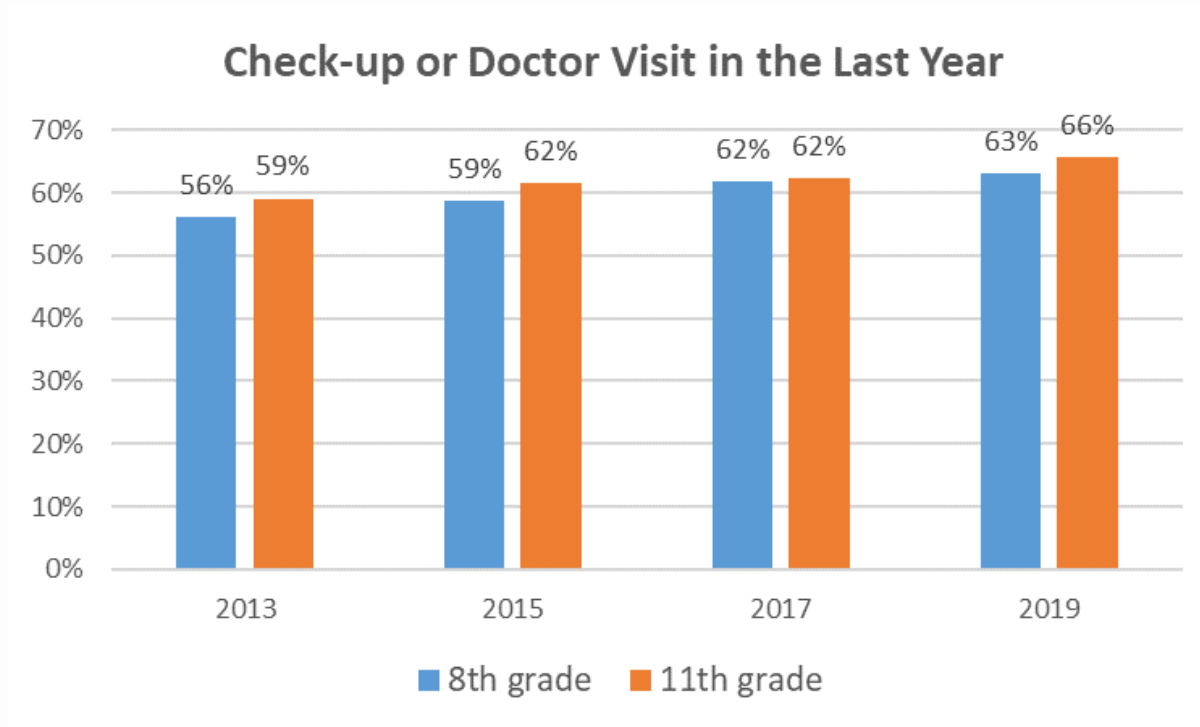
Source: 2015-19 Oregon Healthy Teens Survey

Caring and Trusted Adult Relationships



Source: 2015-19 Oregon Healthy Teens Survey

Parents/Students Seeking Out Preventive Care



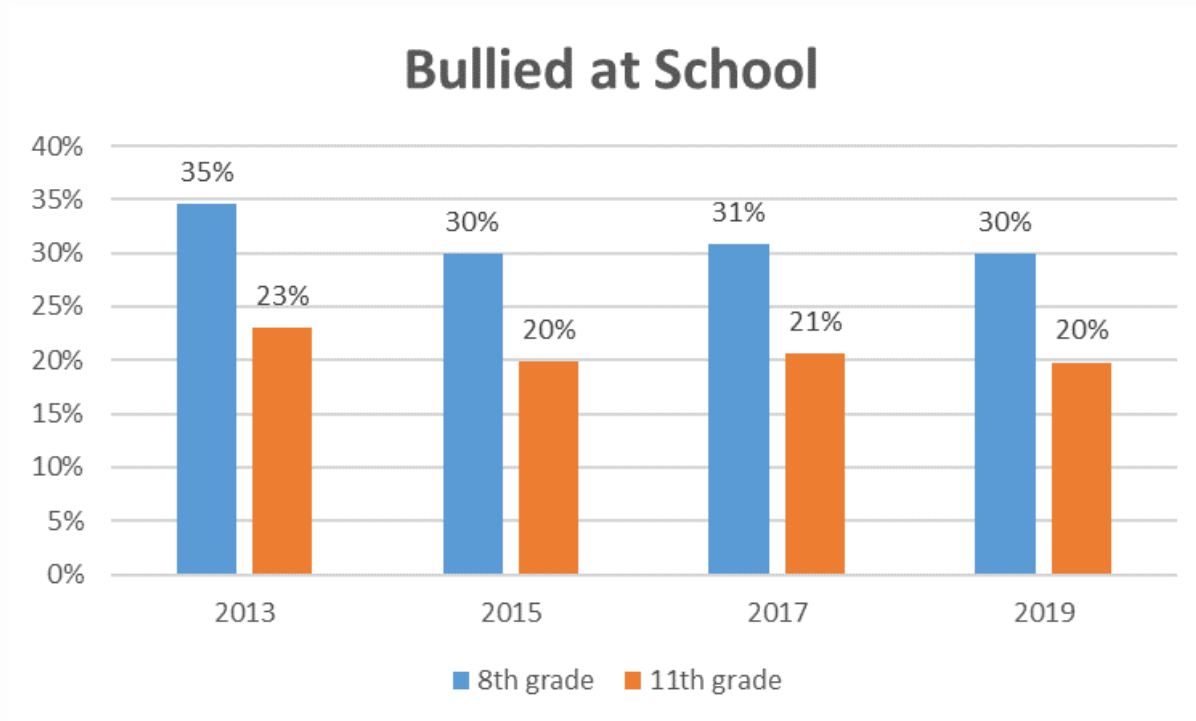
Source: 2015-19 Oregon Healthy Teens Survey

Systems

PUBLIC HEALTH DIVISION
Adolescent and School Health

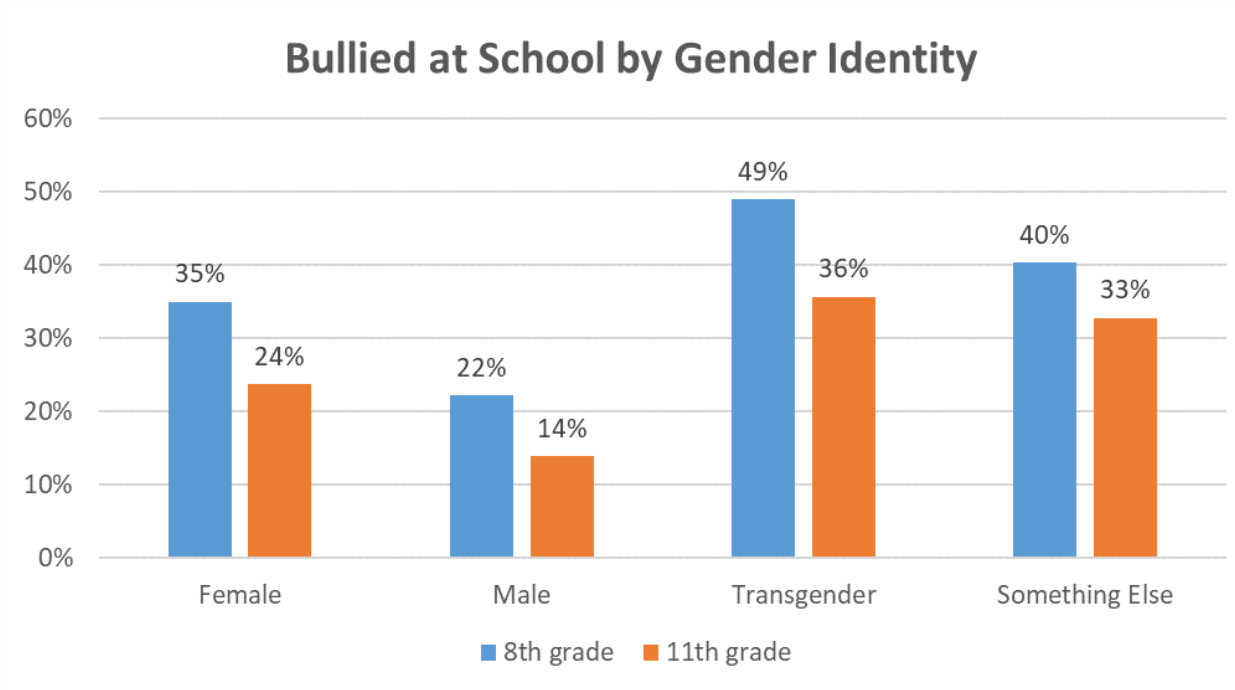


School Climate



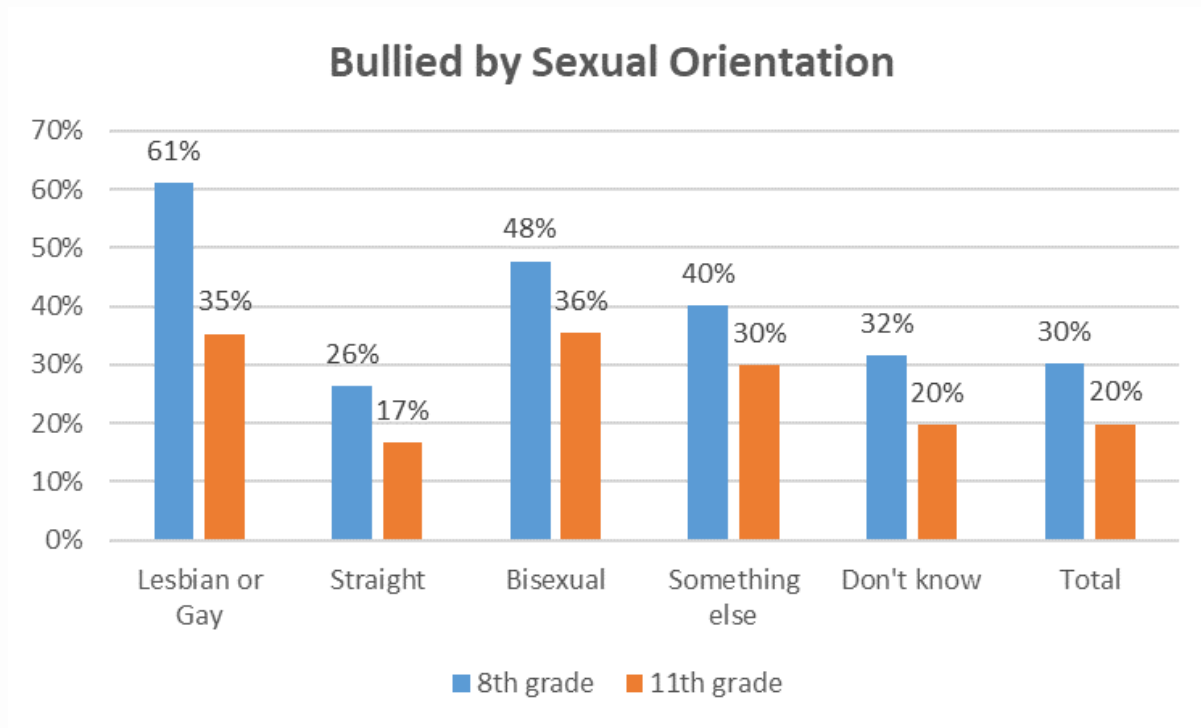
Source: 2015-19 Oregon Healthy Teens Survey

School Climate



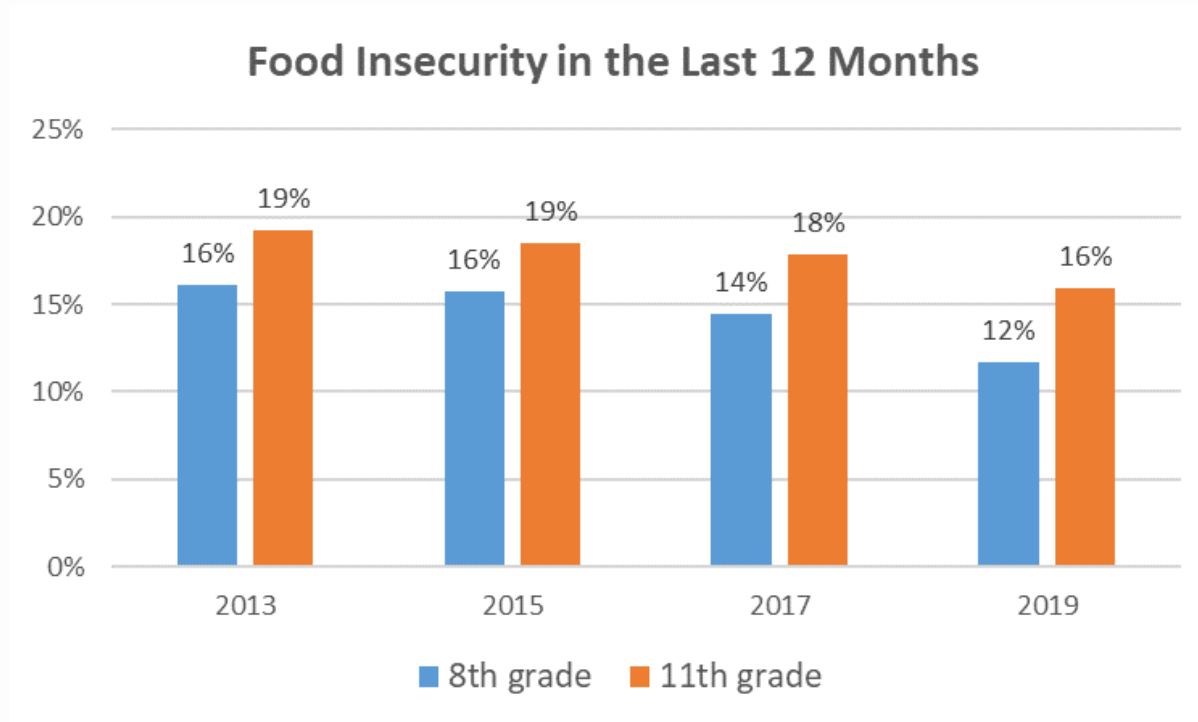
Source: 2019 Oregon Healthy Teens Survey

School Climate



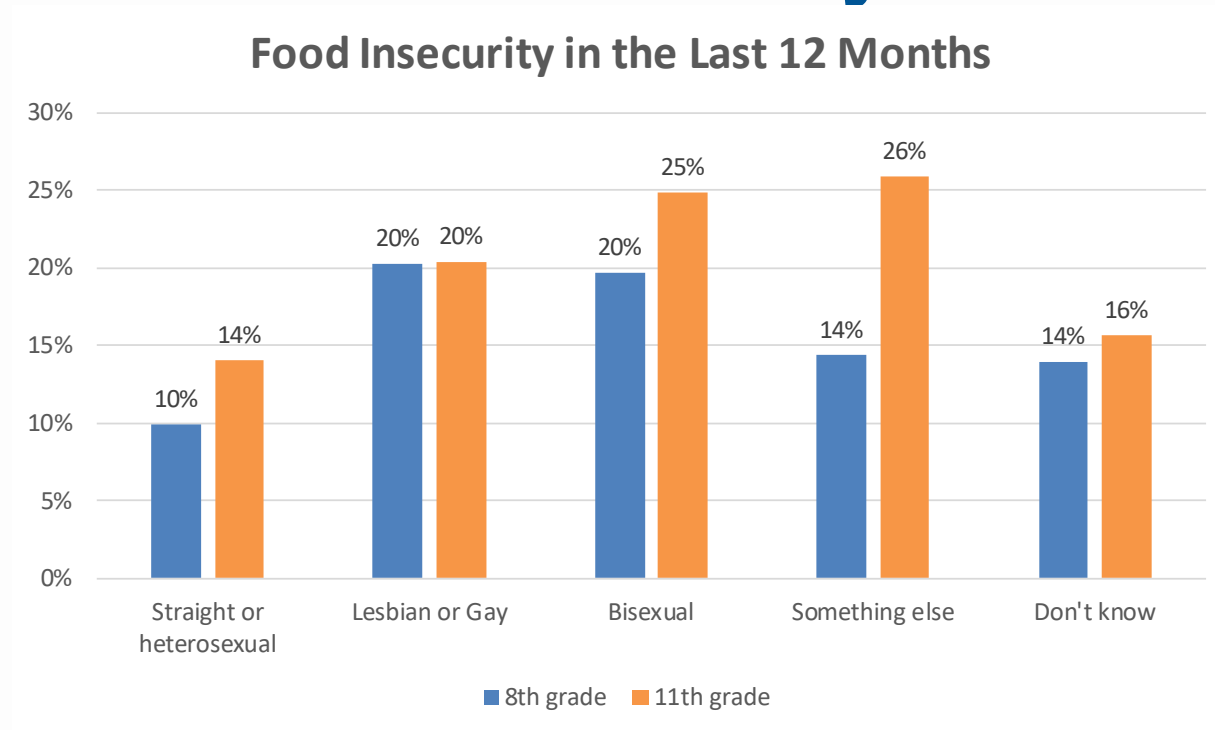
Source: 2019 Oregon Healthy Teens Survey

Adolescent Food Insecurity



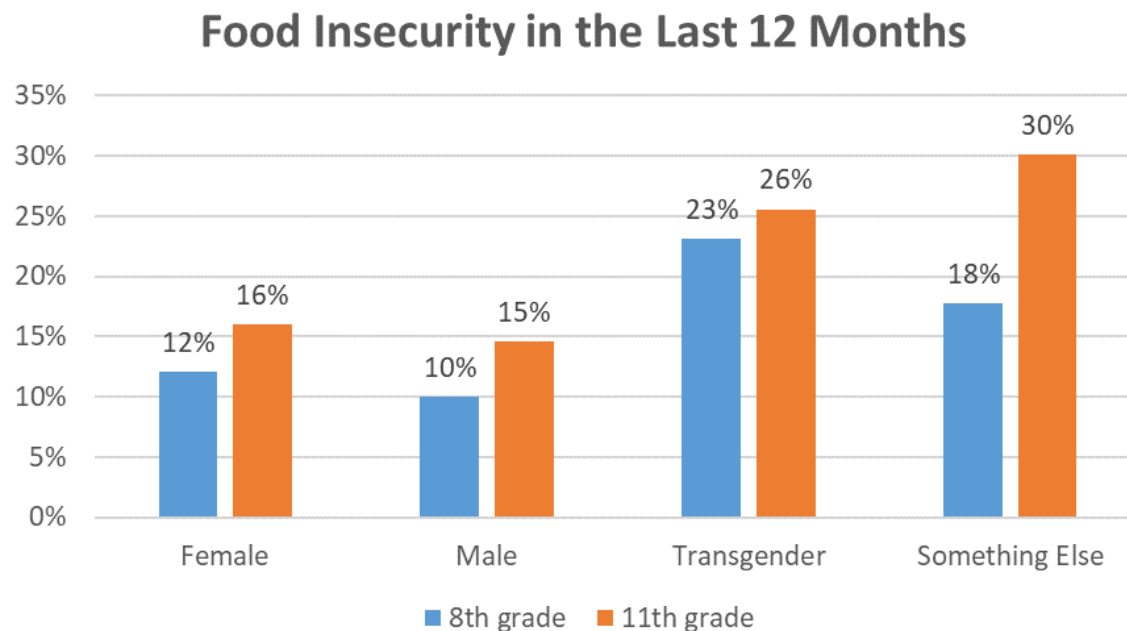
Source: 2013-19 Oregon Healthy Teens Survey

Adolescent Food Insecurity



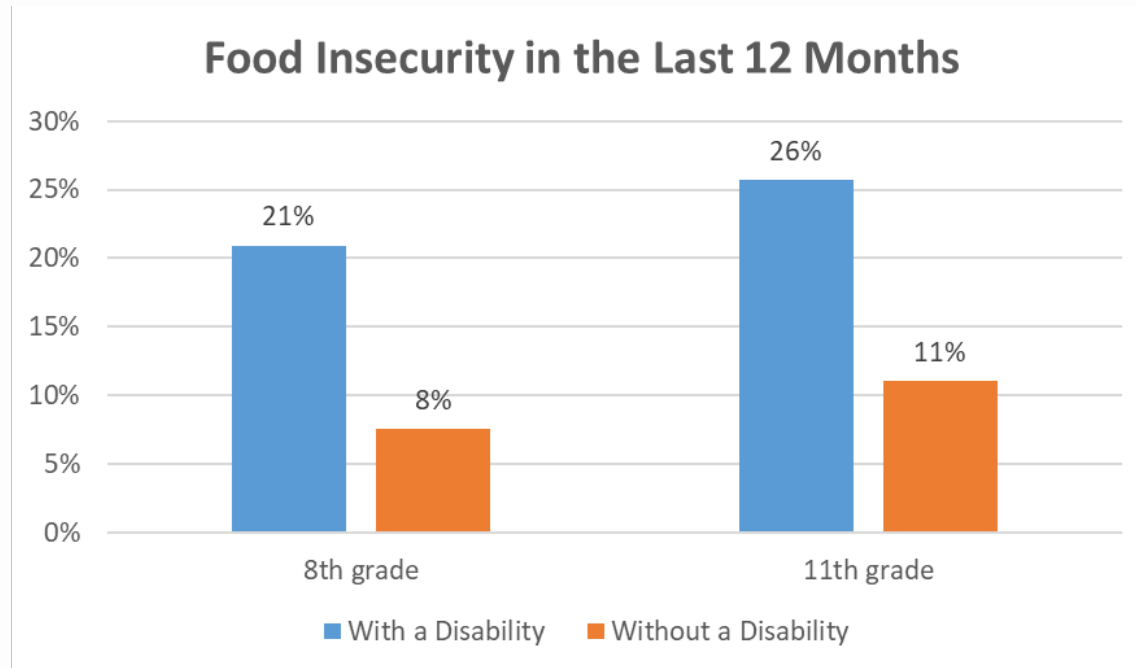
Source: 2019 Oregon Healthy Teens Survey

Adolescent Food Insecurity



Source: 2019 Oregon Healthy Teens Survey

Adolescent Food Insecurity



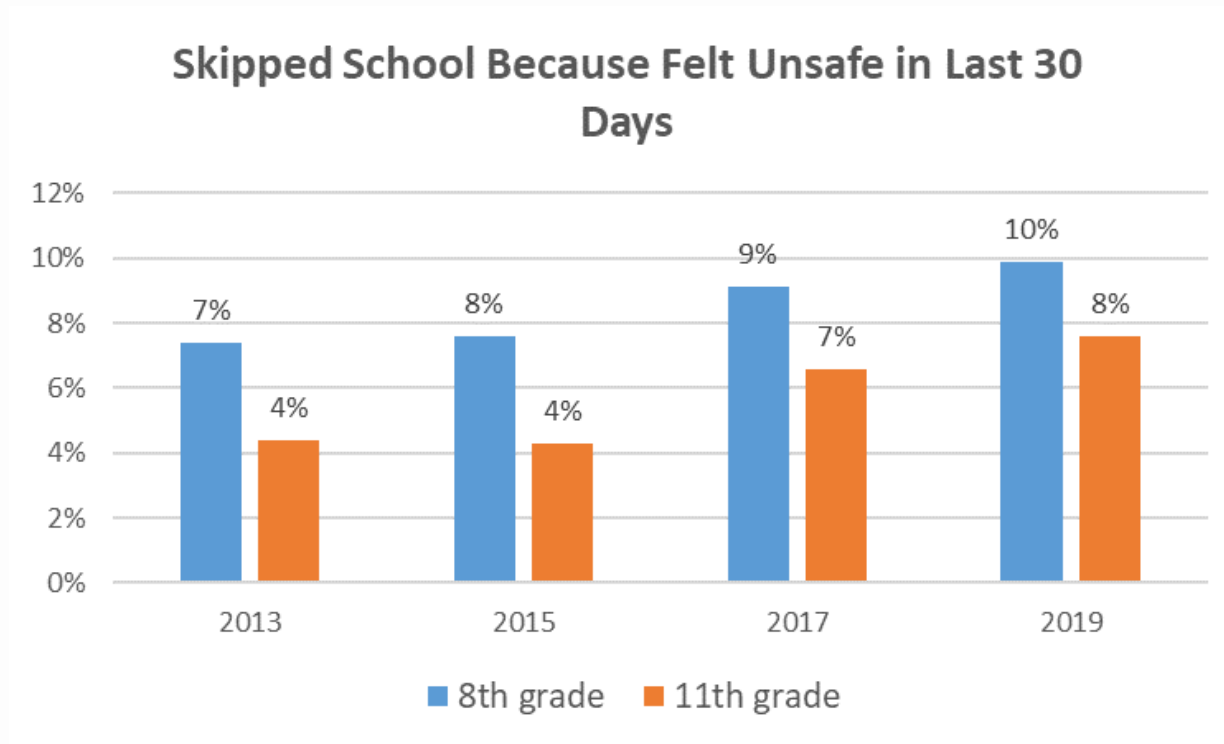
Source: 2019 Oregon Healthy Teens Survey

Surviving

PUBLIC HEALTH DIVISION
Adolescent and School Health

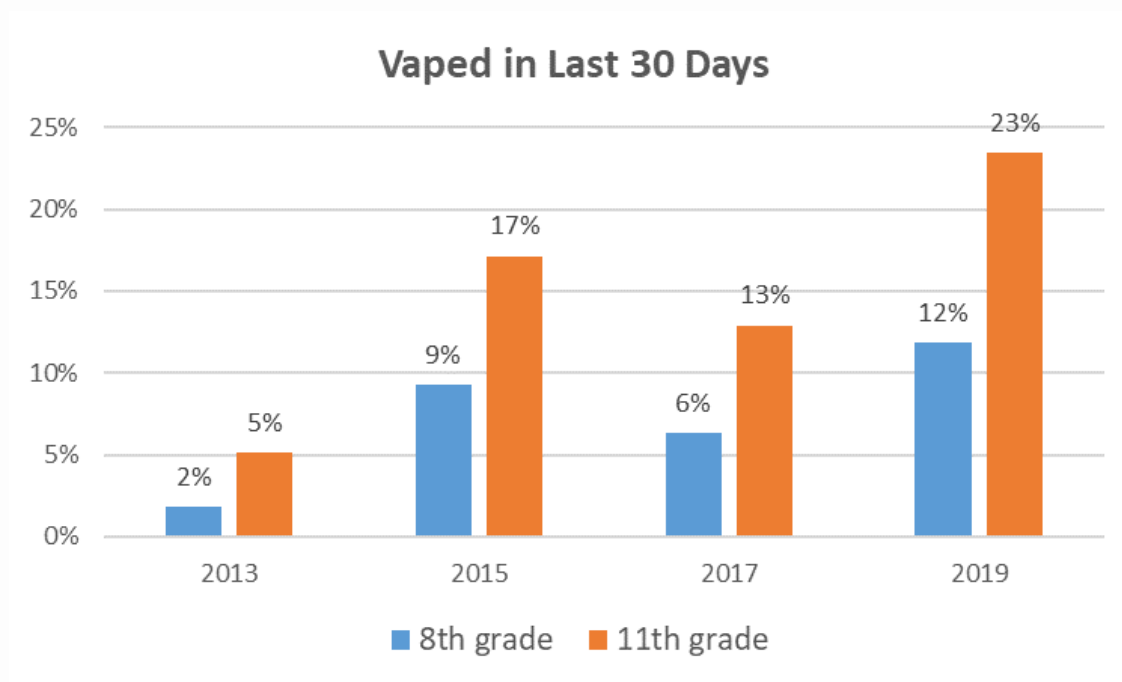


Absenteeism



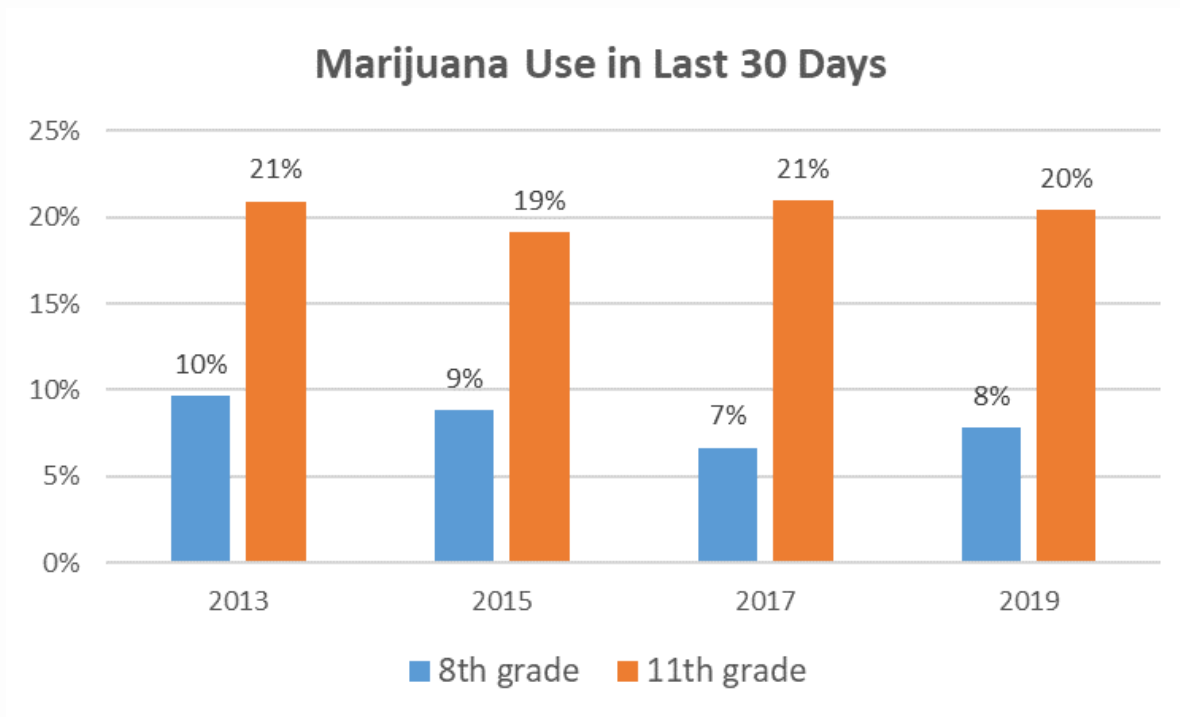
Source: 2015-19 Oregon Healthy Teens Survey

Adolescent Tobacco Use – Vaping



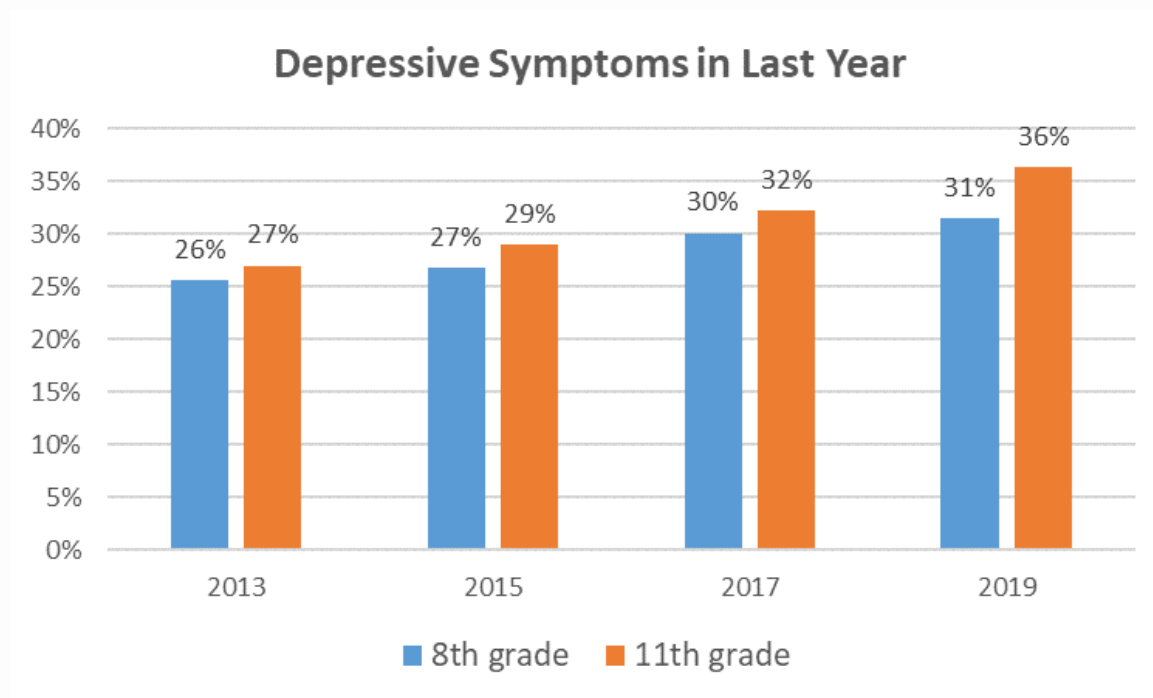
Source: 2013-19 Oregon Healthy Teens Survey

Adolescent Substance Use



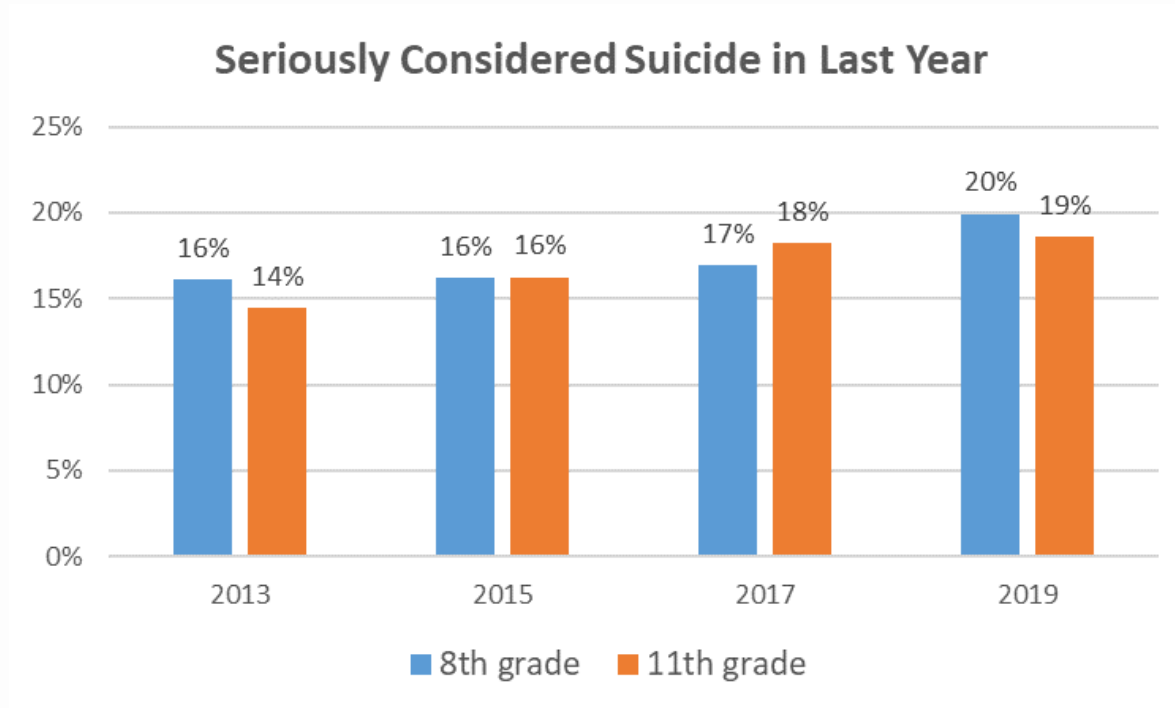
Source: 2015-19 Oregon Healthy Teens Survey

Depression



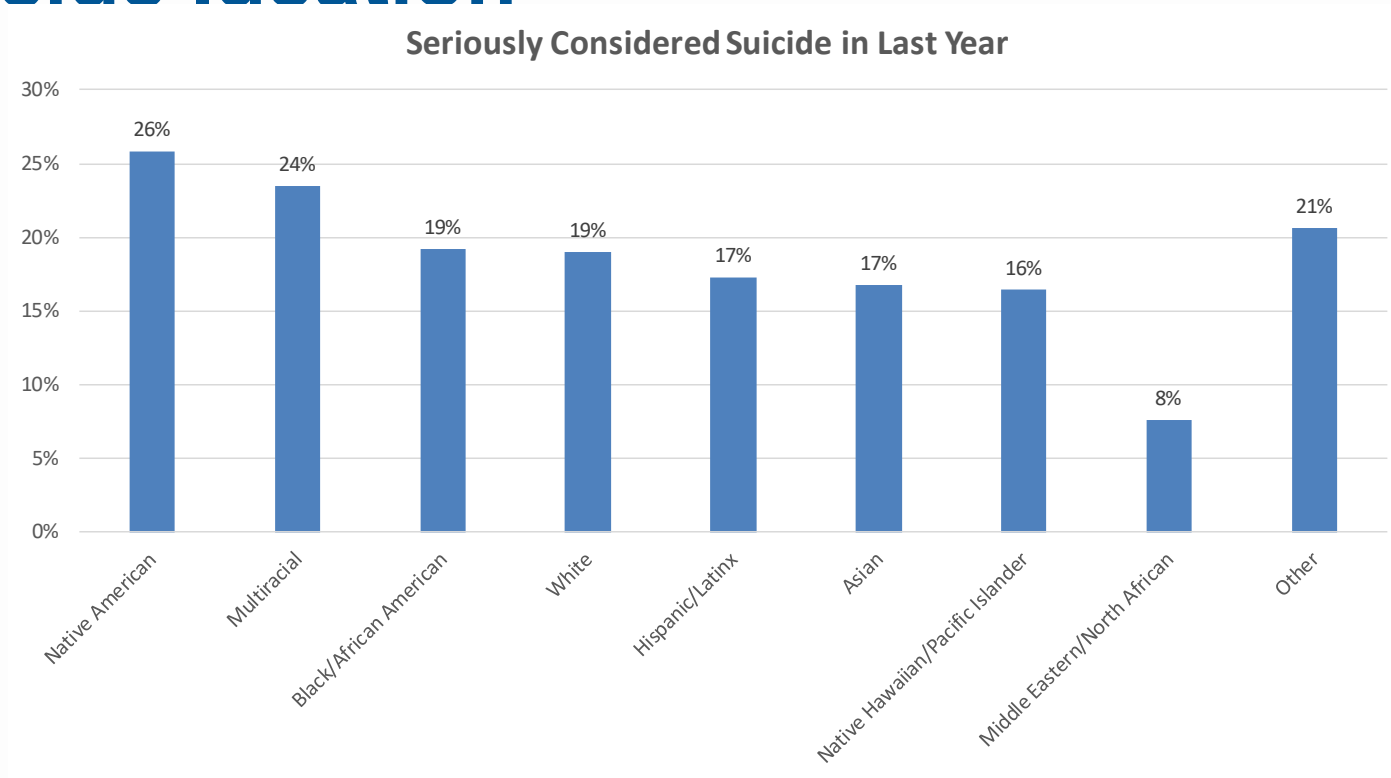
Source: 2015-19 Oregon Healthy Teens Survey

Suicide Ideation



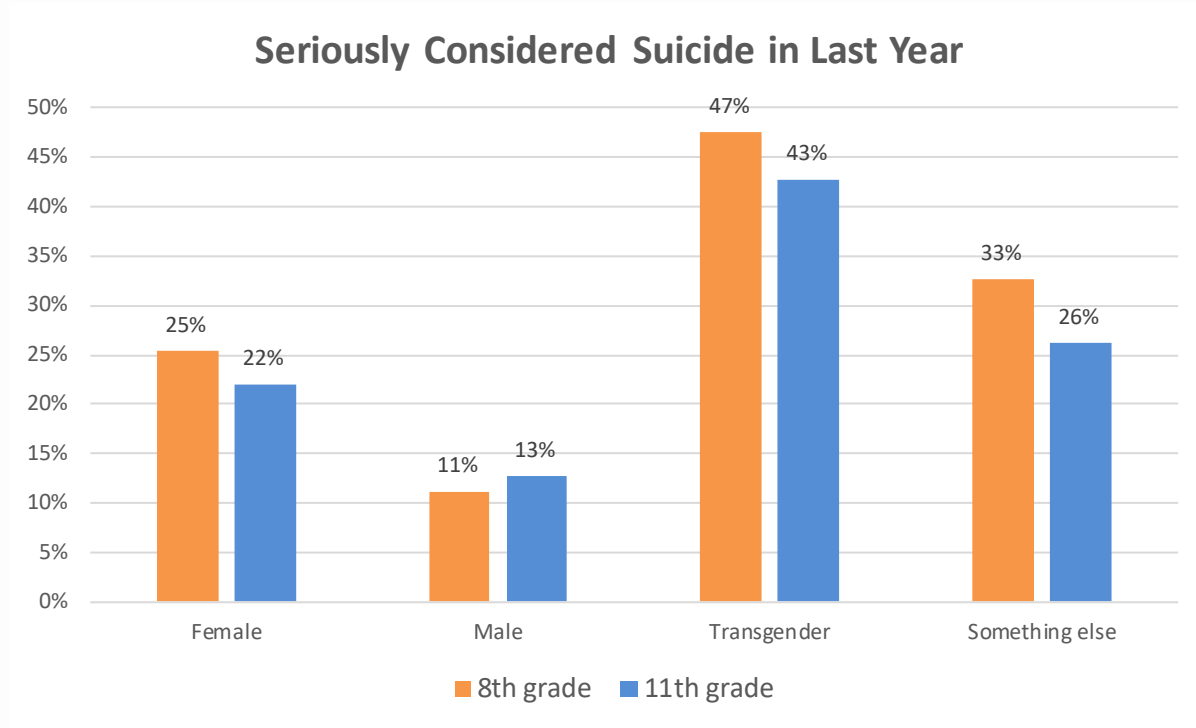
Source: 2015-19 Oregon Healthy Teens Survey

Suicide Ideation



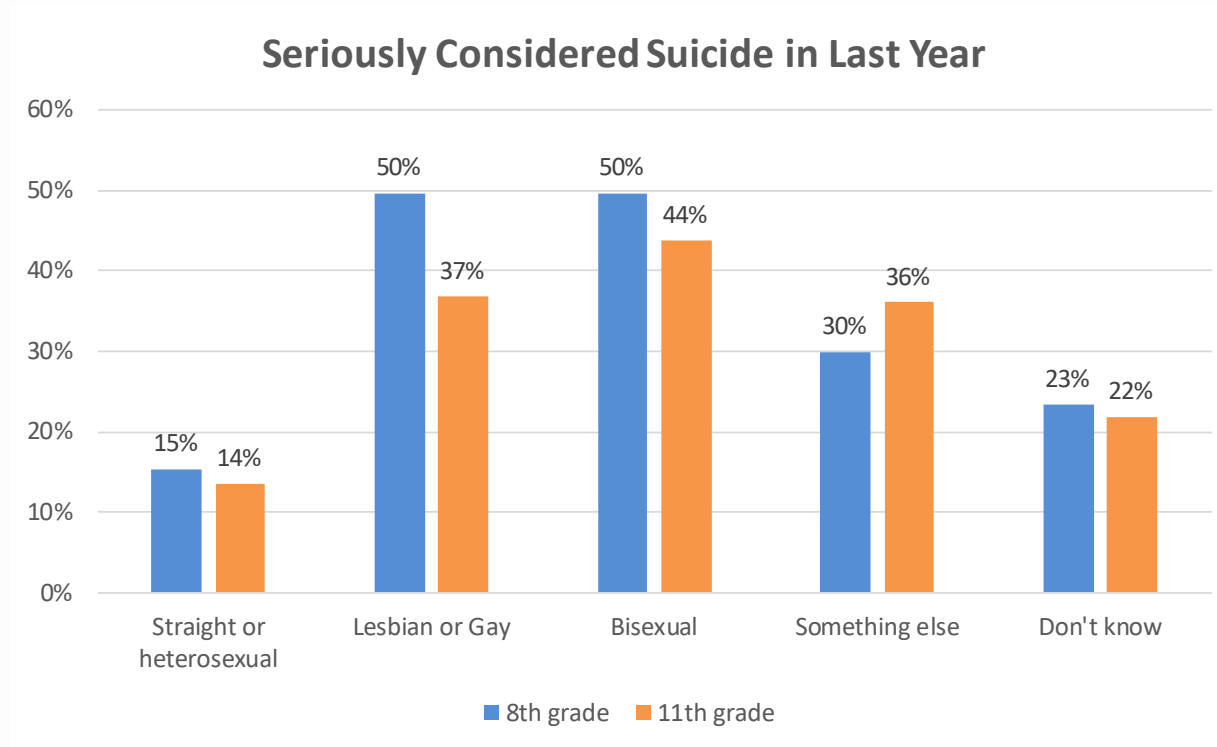
Source: 2019 Oregon Healthy Teens Survey (11th grade)

Suicide Ideation



Source: 2019 Oregon Healthy Teens Survey

Suicide Ideation



Source: 2019 Oregon Healthy Teens Survey

Positive Youth Development Benchmark: Questions Incorporated in Benchmark

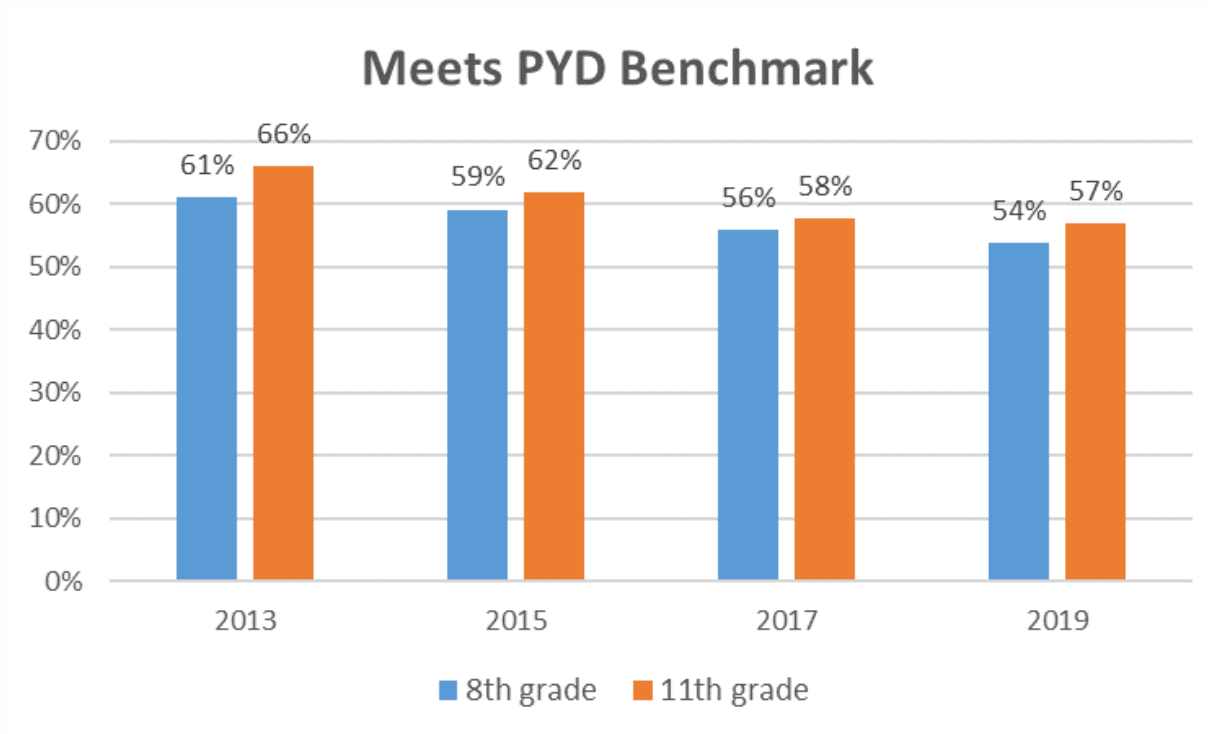
Rate Poor, Fair, Good, Very Good, Excellent

1. Would you say that in general your *physical health* is?
2. Would you say that in general your *emotional and mental health* is?

Mark how true you feel each statement is to you

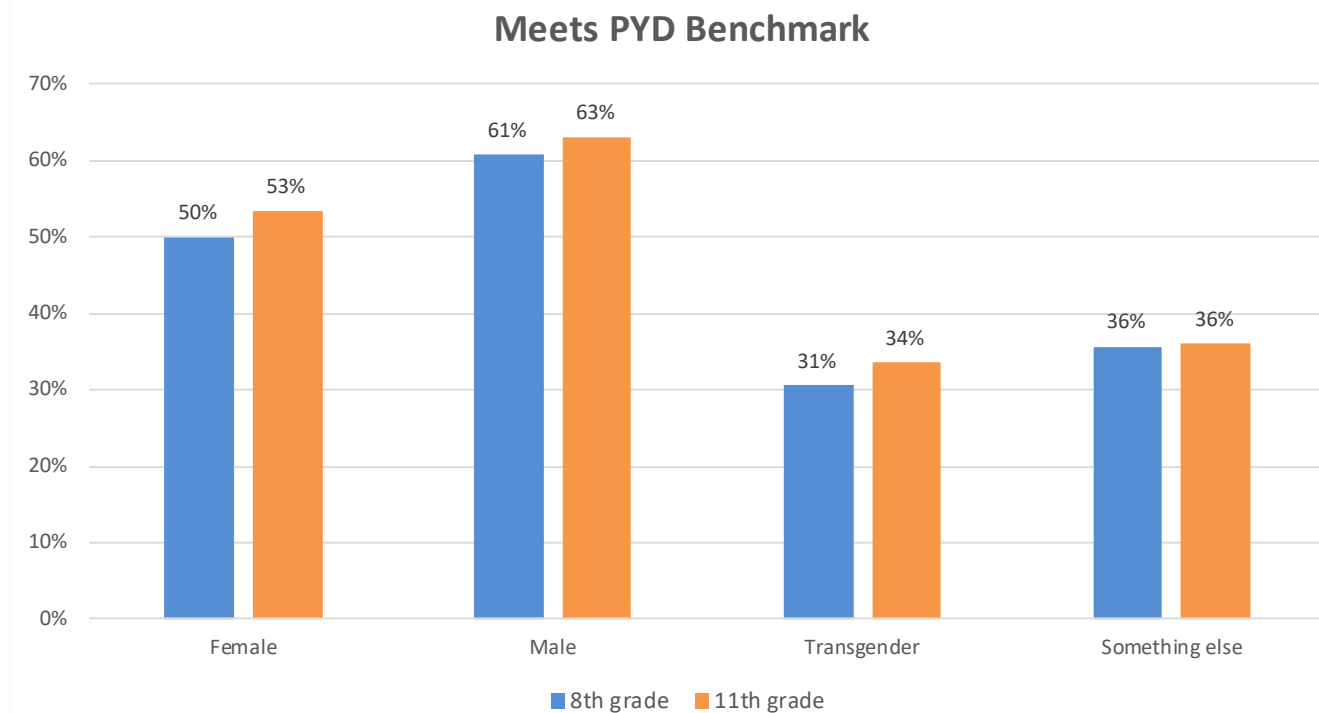
1. I can do most things if I try
2. I can work out my problems
3. There is at least one teacher or other adult in my school that really cares about me
4. I volunteer to help others in my community.

Positive Youth Development



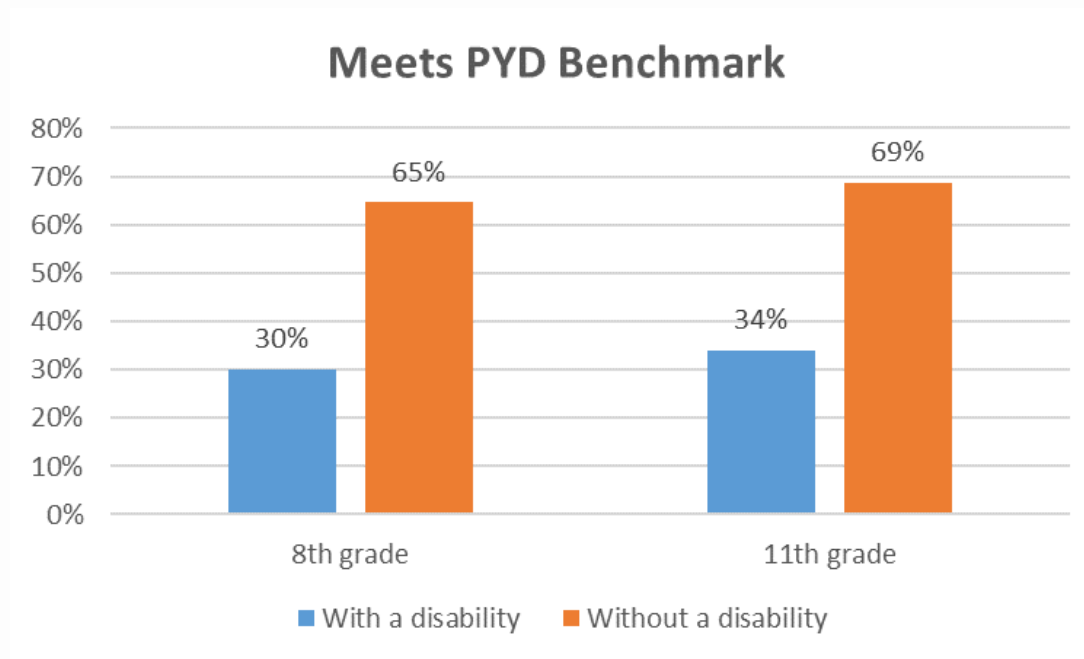
Source: 2015-19 Oregon Healthy Teens Survey

Positive Youth Development



Source: 2019 Oregon Healthy Teens Survey

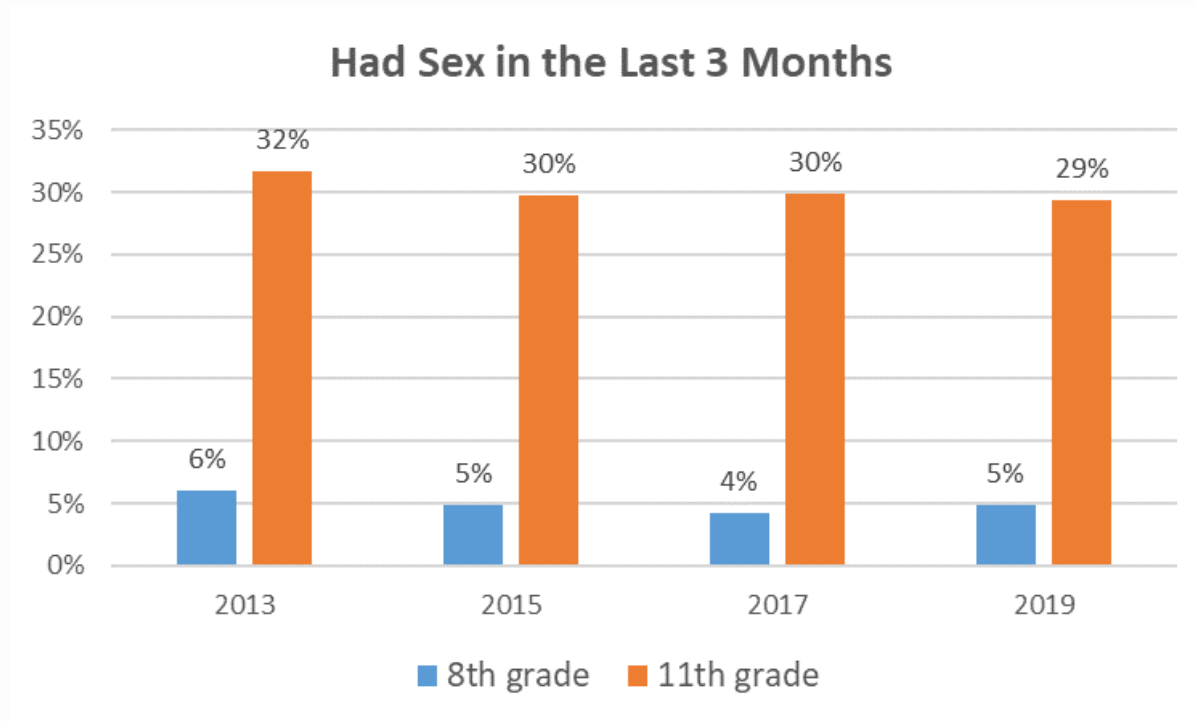
Positive Youth Development



Source: 2019 Oregon Healthy Teens Survey

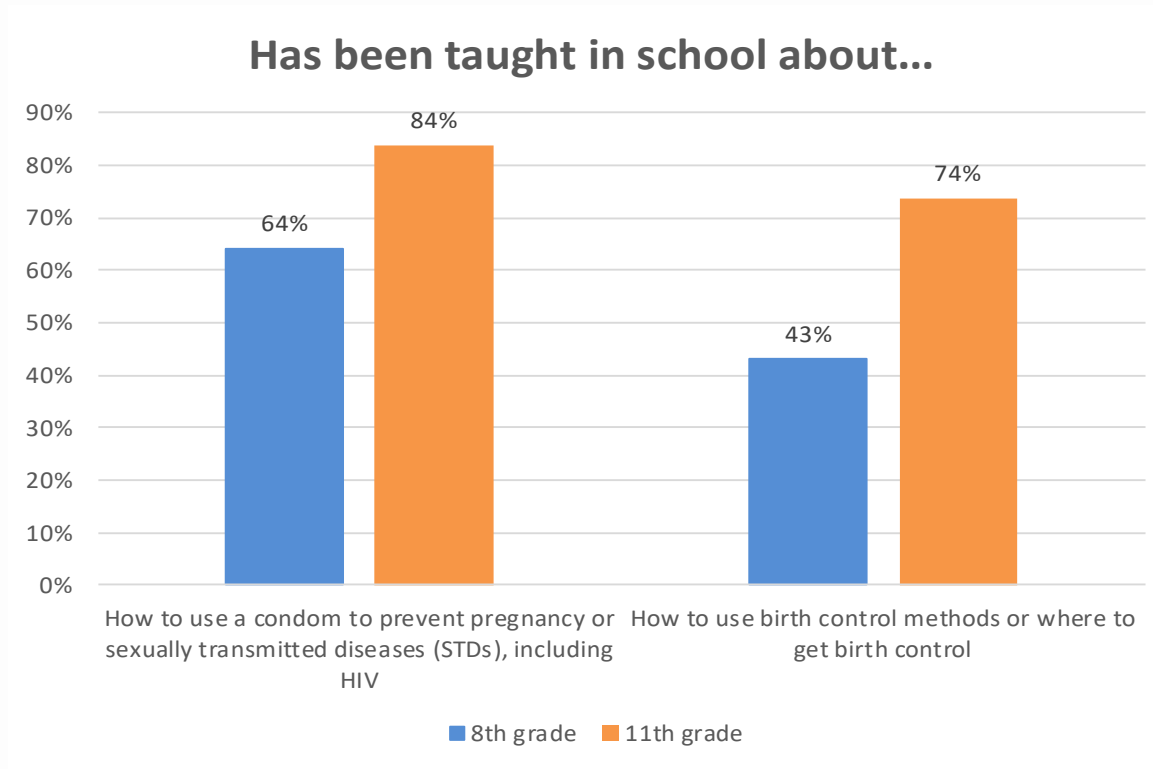
Youth Sexual Health

Adolescent Sexual Health



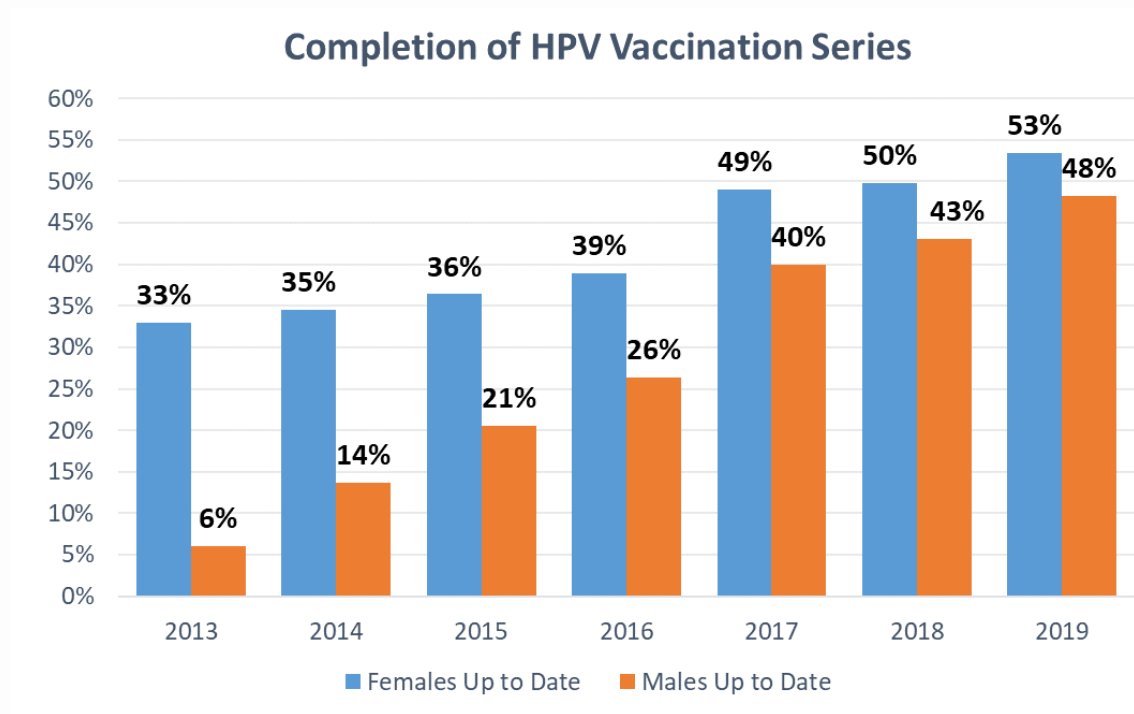
Source: 2015-19 Oregon Healthy Teens Survey

Adolescent Sex Ed- Condom Use & Birth Control



Source: 2019 Oregon Healthy Teens Survey

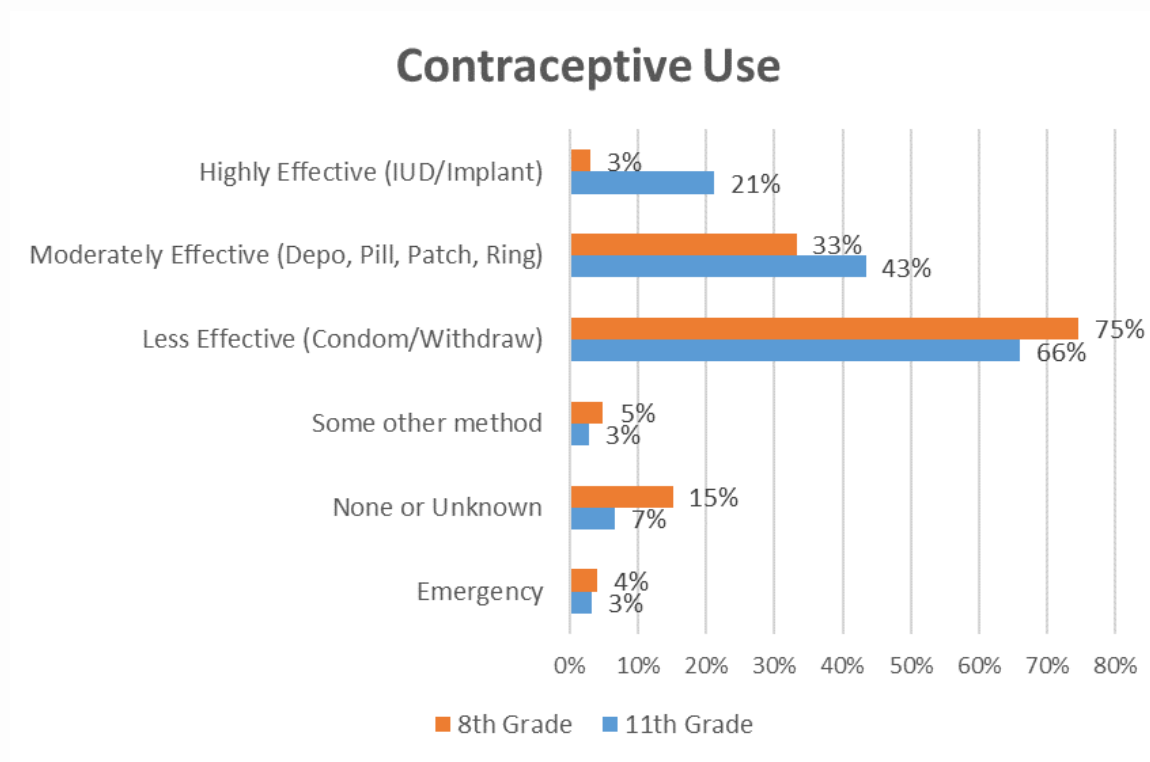
Youth Sexual Health - Immunization



Source: ALERT IIS: 2013-17 Oregon Immunization Program's Adolescent Immunization Rates

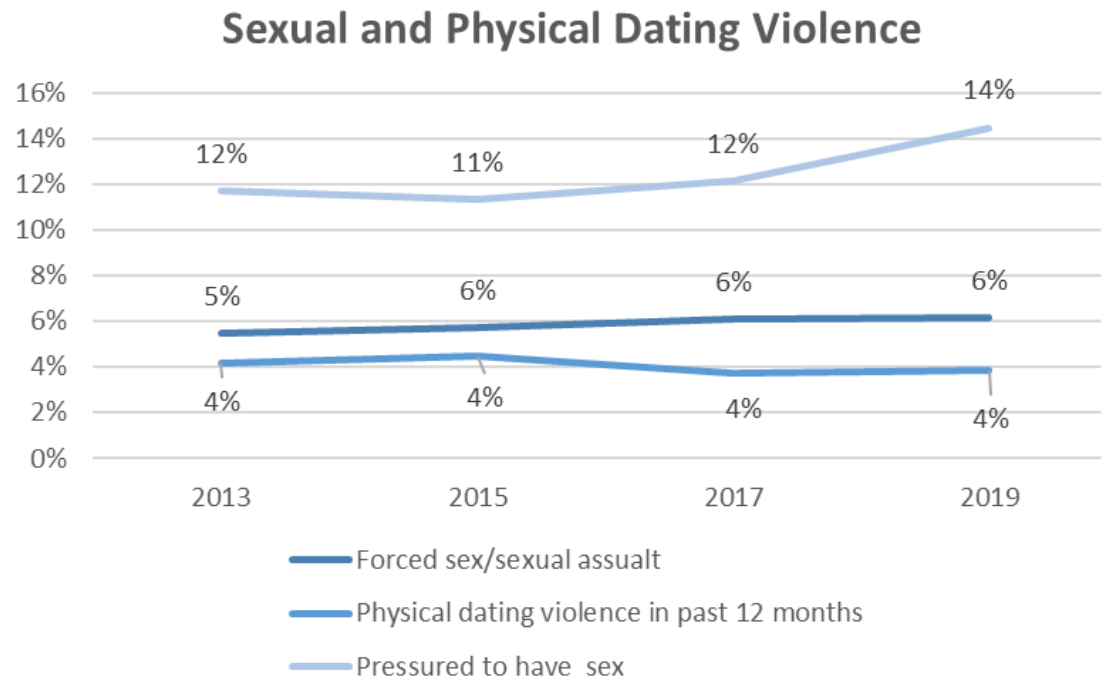
*Starting in 2016, adolescents can be up-to-date for HPV vaccine if they received two doses at least 6 months apart, and got their first HPV immunization before age 14. Otherwise 3 doses are still required. The 2017 data reflect this change.

Adolescent Sexual Health



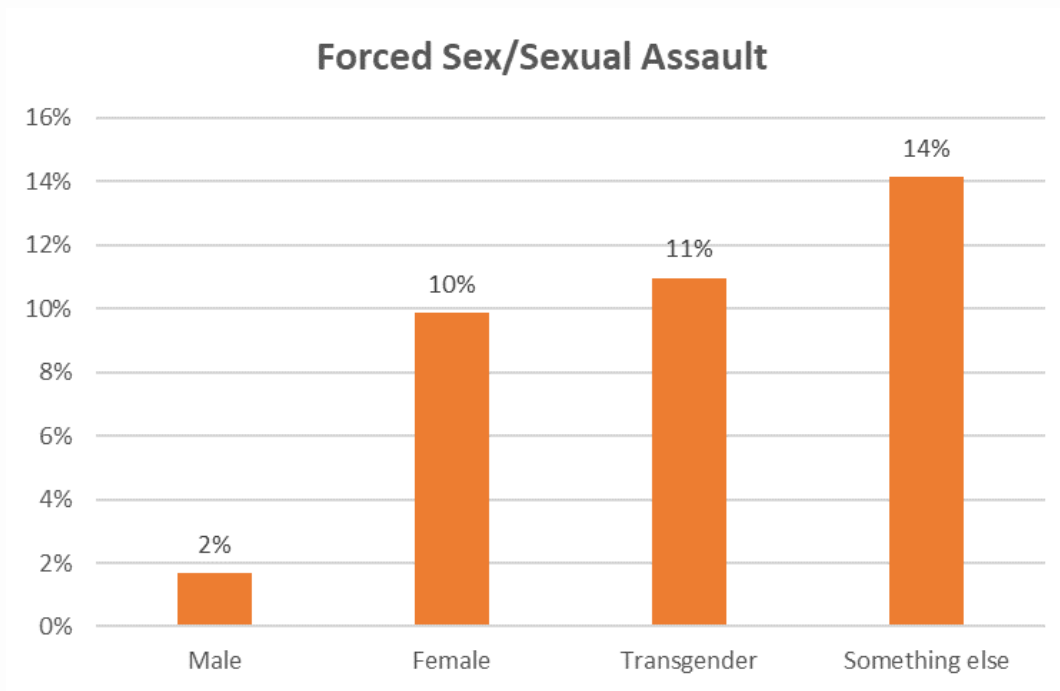
Note: Percentages are of youth who have had sexual intercourse. Categories are not mutually exclusive - students could choose more than one method.

Sexual & Physical Dating Violence- 11th Grade



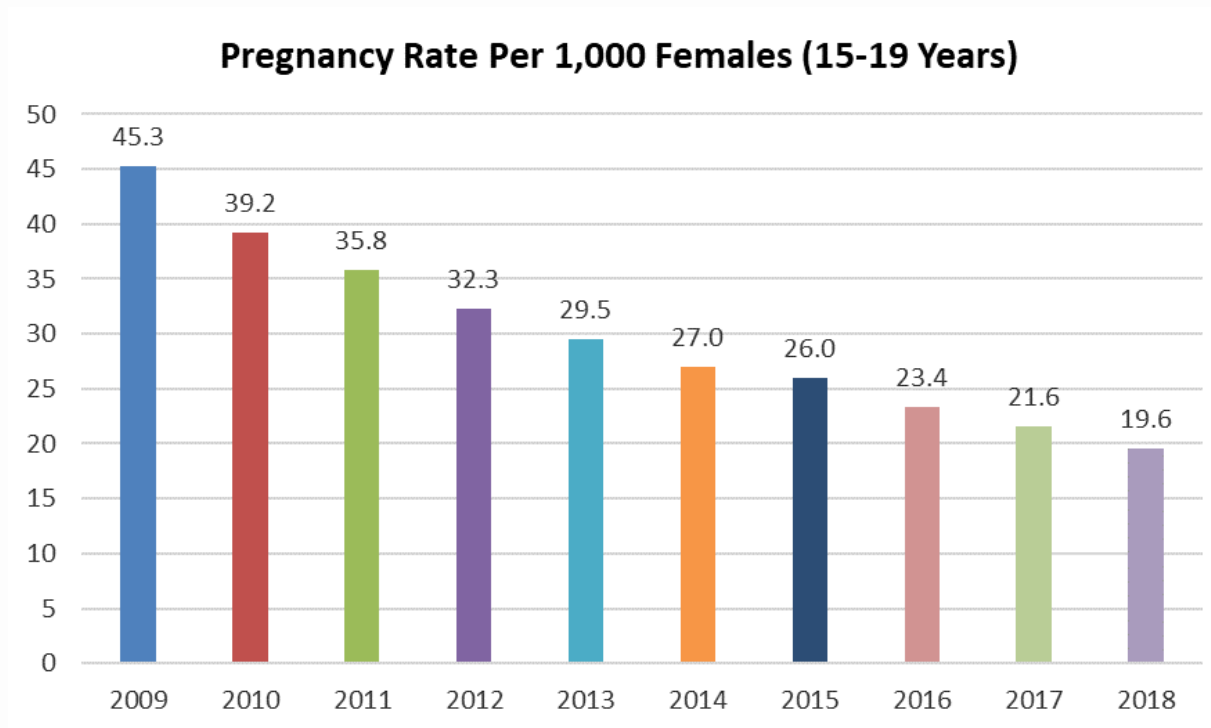
Source: 2013-2019 Oregon Healthy Teens Survey

Sexual Assault- 11th grade



Source: 2019 Oregon Healthy Teens Survey

Adolescent Sexual Health



Source: Oregon Public Health Assessment Tool

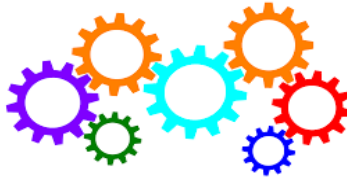


SPO UPDATES

SBHC State Program Office Team



Rosalyn- Adolescent &
School Health Manager
(Interim)



Kate – Team Lead (P/T, ends 6/30/21)
Mikah -School MH Specialist
***Vacant** - Systems Development
Specialist*



Karen – Public Health Nurse
Rebecca– Public Health Nurse



Cuong –Administrative
Specialist



Sarah – Epidemiologist/ Health
Economist (P/T)
Loretta – Research Analyst
Kavita – Research Analyst (P/T)

SBHC Funding

At this point, we are predicting stable funding for 2021-23



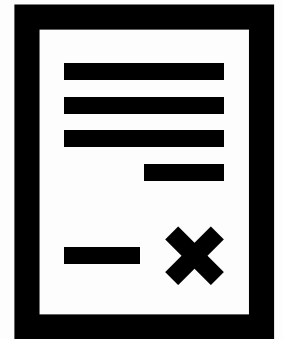
Potential \$\$\$

HB2591

- 10 planning grants for SBHC and SN
- 3 mobile clinics
- 3 telehealth pilots

Contracts

- LPHAs surveyed this spring about 2021-2023 SBHC contract relationship
- All LPHAs decided to maintain current contracting relationship:
 - 12 LPHAs will hold contract
 - 11 LPHAs declined contract
 - 2 will hold contract for some, decline others



Contracts

- SPO moving forward amendments for 21-23 biennium LPHA and medical sponsor contracts (July 1, 2021-June 30, 2023)
 - Base funding
 - Mental Health Expansion Grant (MHEG) award
 - New sites (planning or newly certified)
- SPO will make future amendments for:
 - Grantees declining MHEG award
 - 21-23 Youth-Led grant awardees

Mental Health Expansion Grant Updates

- MHEG – Capacity
 - All current MHEG award recipients will be eligible to receive the same award amount as in the 2019-2021 biennium to support MHEG Capacity
 - No application – opt out process
 - QMHAs allowable

Mental Health Expansion Grant Updates

- MHEG – Youth-Led Projects
 - Open for competitive application
 - Not limited to YACs
 - YPAR no longer required
 - Application Due May 31st

Policy survey results

- April survey on SBHC operations
 - Summer 2021
 - Plan for 2021-2022 school year
- Answers to help SPO determine certification policy for upcoming school year

Policy survey results

- Situation constantly shifting (COVID, school reopening plans, etc.), so difficult to predict Fall 2021
- Vast majority of SBHCs planning to return to somewhat “normal” operations in Fall 2021
- Telehealth is here to stay
 - Pros: improves access, reduces barriers
 - Cons: difficult to implement with some populations and services
- Staff turnover challenges

Policy survey results

- Majority of SBHCs anticipate being able to meet SBHC standards during 21-22 school year
 - 73 out of 78 (96%) will meet minimum requirements for number of days per week the clinic is open
 - 70 out of 78 (90%) will meet minimum requirements for onsite staffing hours

Policy survey results

Telehealth model #1: student is off-site and provider is at SBHC

# of SBHCs	Type of telehealth service
69	Primary care provider at SBHC
73	Behavioral health provider at SBHC
67	Primary care AND behavioral health at SBHC
75	Primary care OR behavioral health at SBHC

Policy survey results

Telehealth model #2: student is off-site and provider is at a non-SBHC location

# of SBHCs	Type of telehealth service
32	Primary care provider off-site
40	Behavioral health provider off-site
49	Primary care OR behavioral health off-site
32	Primary care AND behavioral health off-site

Certification Standards 2021-2022

- Assumptions
 - Schools will be open in the fall for in-person learning
 - If school is open, SPO expects the SBHC should be open for in-person services



AAP Guidance

Well Care & COVID-19

Well care should occur in person when possible.

Well care should be provided consistent with Bright Futures.

Should be in-person care ONLY: initial newborn visit; comprehensive physical exam; office testing, including labs; hearing, vision, oral health screening; fluoride varnish; & immunizations.

<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/guidance-on-providing-pediatric-well-care-during-covid-19/>

<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/guidance-on-the-necessary-use-of-telehealth-during-the-covid-19-pandemic/>

AAP Guidance

Sick Care & COVID-19

Access to care will be challenging during the pandemic but is achievable if communities work together

Use interim and updated guidance to improve provider confidence and ability to provide care for the same variety of visits provided prior to the public health emergency

Barriers should be removed to improve access to appropriate care with consideration of the patient/family at the center of efforts and advocacy

AAP Guidance

Telehealth & COVID-19

Telemedicine should not be used as a replacement for in-person care when a more detailed physical examination or intervention is necessary

Telehealth visits are part of a matrix of care options available to provide the right care in the right place at the right time.

Telehealth should be based on the medical condition; preferences of the patients, families, provider; and resources available.

Telehealth when occurring should be supported, followed by a timely in-person visit

<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections//guidance-on-providing-pediatric-well-care-during-covid-19/clinical-guidance>

<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/guidance-on-the-necessary-use-of-telehealth-during-the-covid-19-pandemic/>

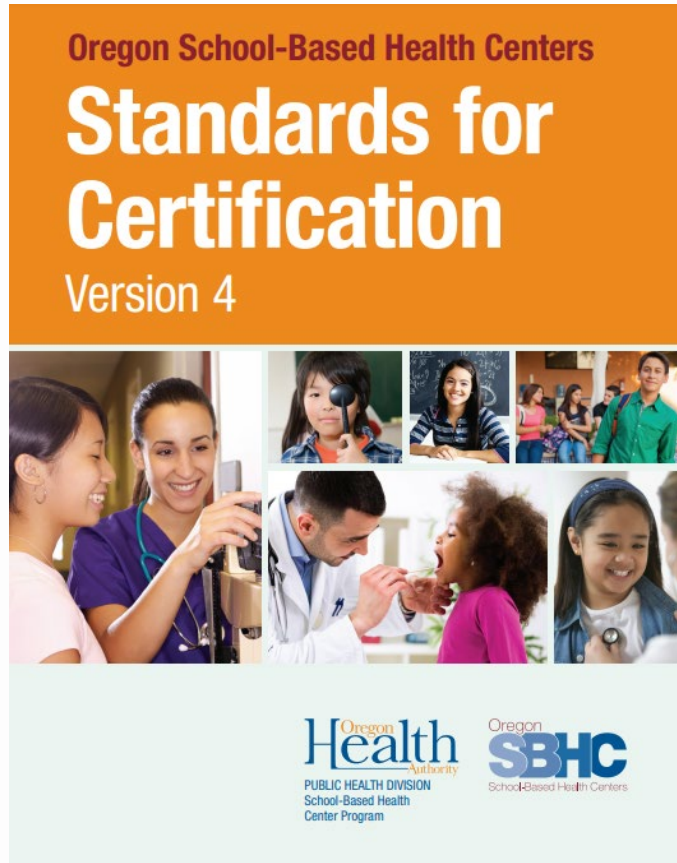
AAP Guidance

Safe Schools & COVID-19

On-site school health services, including SBHCs, should be supported if available, to complement the pediatric medical home and to provide acute, chronic, and preventive care.

Plans should include required outreach to connect students to on-site services regardless of remote or in-person learning mode, including considering maintaining services in SBHCs, even during periods of virtual learning.

Certification Standards 2021-2022



Beginning next school year, we will return to upholding the Standards for Certification by requiring waivers if not in compliance with minimum standards

Certification Standards 2021-2022

- SBHCs must notify SPO within 20 calendar days of any change that brings the SBHC out of compliance with the certification requirements.
- Waivers must include:
 - Explanation of the non-compliant requirement
 - Plan for corrective action and,
 - Date for meeting compliance.



Certification Standards 2021-2022

- Waivers will be required beginning **October 1st, 2021**
 - SOME EXAMPLES:
 - ✓ Not open a minimum of 3 days a week
 - ✓ Not open at least 15 hours/week
 - ✓ Not meeting SBHC minimum staffing

SBHC staffing type	Minimum hours per week	Minimum days per week
Office/health/medical assistant	15 hours	Unspecified
Primary care provider	10 hours	2 days
Additional health professional (medical/behavioral/oral health)	10 hours	Unspecified

- ✓ No availability for same-day and scheduled appointments during open hours
- ✓ Not providing physical health minimum requirements ON-SITE
 - ✓ Examples: Physical exams, acute care, immunizations, etc.
- ✓ Not billing

Certification Standards 2021-2022

- Site Visits currently planned for IN-PERSON next school year
 - ✓ SPO team members and SBHC staff are eligible and have access to COVID-19 vaccination
 - ✓ Medical Sponsor to allow for visitors to SBHC
 - ✓ Space Size
 - ✓ PPE
 - ✓ Staff availability
 - ✓ Governor & OHA to allow non-essential travel
 - ✓ ODE/RSSL School Guidance to allow for visitors to school



Certification Standards 2021-2022

Encounter data reporting for upcoming SY21-22

- SBHCs will continue to be required to submit encounter data as usual for all **onsite** clients and visits
 - Mid-year (January 15th) and year-end (July 15th) deadlines for non-OCHIN sites

Telehealth encounter data

- Data reporting requirements for SY21-22 telehealth visits are yet to be determined
 - What “counts” as SBHC visit if provider and student are physically offsite?
- SPO will release guidance on this in June

Certification Standards 2021-2022

Operational Profile:

- Complete as normal by **October 1, 2021**
- SPO will host Operational Profile training in August/September
 - Details and registration information – TBA!

Certification Standards 2021-2022

Key Performance Measures (KPMs)

- No required benchmarks
- All sites must audit the 2 required Core KPMs (Well-visit and Health assessment)
- Sites will choose one Optional KPM (list includes: chlamydia, depression or substance use screening, nutrition counseling or one of four immunization measures).
- DO NOT make your SY21-22 Optional Measure selection until Operational Profile programming changes are completed,. Email will be sent by the end of June with instructions.
- Submit SY20-21 audit results by **October 1, 2021**

Certification Standards 2021-2022

iPad Satisfaction surveys

- Requirements to collect surveys for onsite SBHC clients are being finalized
 - SPO intends to release guidance by the end of June

Pilot Telehealth Satisfaction survey

- Need to assess impact of increased telehealth services on client experience/satisfaction
- Seeking YOUR input on a pilot telehealth survey
- Mark your calendars for **June 3rd at 10am** if you want to be part of the discussion and provide feedback. *Zoom meeting invitation will be sent out soon.*





OREGON
SCHOOL-BASED
HEALTH ALLIANCE

OREGON SCHOOL-BASED HEALTH ALLIANCE

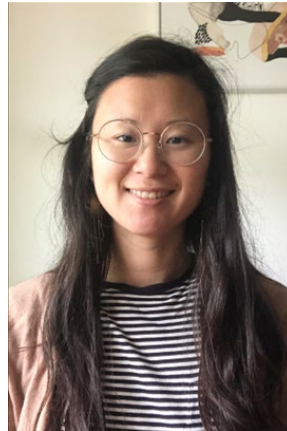
SBHC Coordinators Meeting
May, 2021



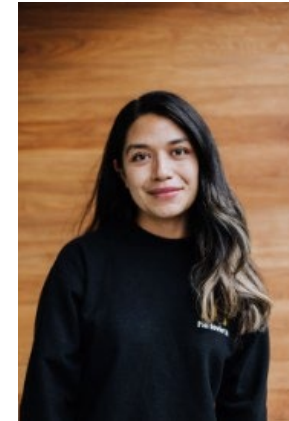
The OSBHA Team



**Ashley
McAllister**
Youth-Adult
Partnership
Manager



Jen Shin
Operations
Manager



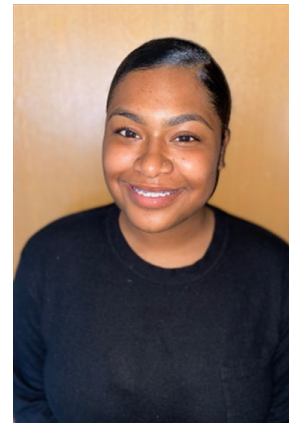
**Jennifer
Cruz
Hernandez**
Peer Coach



Jessica Chambers
Administrative
Coordinator



Maureen Hinman
Interim Executive
Director



Mykia Hernandez
Youth Programs
Coordinator



Shian Gutierrez
Community Partnerships
Coordinator

State Policy Agenda

- **HB 2591, School Health Expansion Act**
 - Increases the number of school health planning grants,
 - Adds mobile school health models
 - Allows for telehealth pilots between SBHCs and school nurses.
- **HB 2368, Trauma Informed Schools**
 - Oregon Hispanic Advocacy Commission bill - OSBHA providing support
 - Our goal is to see expansion and funding support with an increased focus on equity and community engagement

National Policy Agenda

- SBHC Reauthorization – **PASSED!**
- \$5 million for FQHC-sponsored SBHCs – **PASSED!**
 - Of around 300 applications, 25 applications for up to \$200k will be approved
 - Announcements should be sometime around August – let us know if you get one and good luck!
- \$ XXX million for SBHCs - Two funding pools with equal amounts for:
 - FQHCs
 - Non-FQHCs
- *Infrastructure bill should include language that says education can use funds for SBHCs*
- *Watch for Community School grants*



Virtual Youth Gathering

- Held May 13
- About 70 participants, from different areas of the state
- Information gathered by caucus/affinity group
- Creating a report and a webinar for fall 2021



Basecamp

- Space for sharing information
- Steal shamelessly and share seamlessly
- Ask questions of the field
- Build a network



Email
admin@osbha.org
to get signed up!

Membership



Keep in Touch with OSBHA

- Email Maureen Hinman: Maureen@osbha.org
- Sign up on our website to receive our new bimonthly newsletter
- Connect with us on Facebook, Instagram, and Twitter @OregonSBHA
- **NEW: Oregon SBHC Basecamp**





Time for a break!

Please return @ 2:10PM

Rogue SBHCs Jackson County

- Ceci Robe SBHC Coordinator & Administrator
CRobe@roguech.org

Eagle Point HS

Ashland HS

White Mountain MS

Butte Falls Charter School

Table Rock ES



Referral Checklist

- **REASON FOR REFERRAL FOR STUDENT OR FAMILY (CHECK ALL THAT APPLY):**

- ☐ Housing/Shelter
 - ☐ Health Insurance (OHP)
 - ☐ Health Care (Medical, Dental, Vision)
 - ☐ Counseling/Therapy/Behavioral Health
 - ☐ Legal Assistance
 - ☐ Supplies (Clothing, etc.)
 - ☐ Other
 - ☐ Social Support
 - ☐ Food
 - ☐ Addiction/Recovery
 - ☐ Transportation
 - ☐ Safety/Advocacy
 - ☐ Childcare
-

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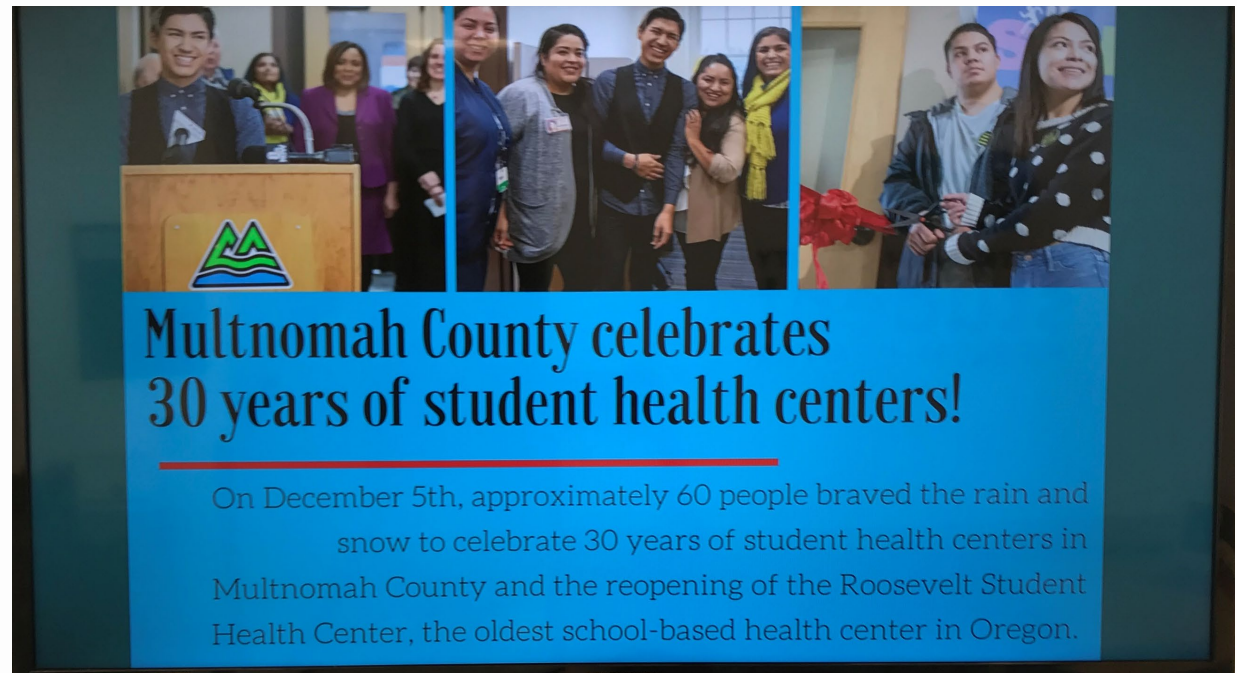
- Housing: ☐ Stable ☐ Unstable ☐ None
-

- Family Stress: ☐ Low ☐ Medium ☐ High

Multnomah County Student Health Centers

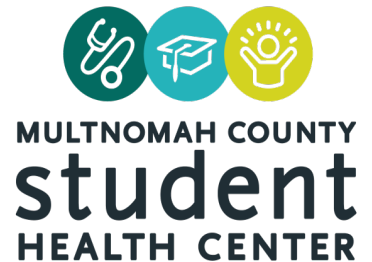
- Alexandra Lowell SHC Administrator
- alexandra.lowell@multco.us

- Parkrose
- Reynolds
- Centennial
- Madison
- Franklin
- Roosevelt
- Cleveland
- David Douglas
- Jefferson



Health Assessment Improvements

Alexandra Lowell
State Coordinators Mtg
5/17/21



Adolescent Health Assessment

(Ages 12-17)

Please answer these questions to help us get to know you and together we can plan the best care for you. It's okay to skip any questions you are not comfortable answering.

I understand confidentiality (privacy) regarding my health information: YES ☐ NO ☐

PHYSICAL HEALTH, NUTRITION AND ACTIVITY

Do you brush your teeth 2 times a day? YES ☐ NO ☐

Are there times when your family does not have enough food to eat YES ☐ NO ☐

Have you tried to lose or control your weight by making yourself throw up or by taking laxatives? YES ☐ NO ☐

How happy are you with your weight? Not at all 0__ 1__ 2__ 3__ 4__ 5__ Very happy

What exercise, sport or strenuous activities do you enjoy doing? _____

How many hours per day do you watch TV, go on the Internet or play video games? _____

Old

New

Adolescent Health Assessment

(Ages 12-17)

Please answer these questions to help us get to know you and together we can plan the best care for you. It's okay to skip any questions you are not comfortable answering.

I understand confidentiality (privacy) regarding my health information: YES ☐ NO ☐

PHYSICAL HEALTH, NUTRITION AND ACTIVITY

Do you brush your teeth 2 times a day? YES ☐ NO ☐

Are there times when you or your family does not have enough food to eat YES ☐ NO ☐

How happy are you with your appearance? Not at all 0__ 1__ 2__ 3__ 4__ 5__ Very happy

Have you ever tried to lose or control your weight by skipping meals, restricting your calories, bingeing frequently, making yourself throw up, taking laxatives or fasting? YES ☐ NO ☐

What exercise, sport or physical activities do you enjoy doing? _____

How many hours per day are you on your phone/computer, watch TV or play video games? _____

EMOTIONAL WELL BEING

Who do you live with?
Is there anything at home, school or with friends that is making you feel worried, upset or stressed?.....YES <input type="checkbox"/> NO <input type="checkbox"/>
If yes, what?
Do you often feel worried, nervous or scared?.....YES <input type="checkbox"/> NO <input type="checkbox"/>
Over the past two weeks, have you been bothered by any of the following problems:
Little interest or pleasure in doing things?
<input type="checkbox"/> (0) Not at all <input type="checkbox"/> (1) Several days <input type="checkbox"/> (2) More than half the days <input type="checkbox"/> (3) Nearly every day
Feeling down, depressed, irritable or hopeless?
<input type="checkbox"/> (0) Not at all <input type="checkbox"/> (1) Several days <input type="checkbox"/> (2) More than half the days <input type="checkbox"/> (3) Nearly every day
In the past 30 days, have you wished you were dead or wished you could go to sleep and not wake up?
In the past 30 days, have you actually had any thoughts about killing yourself?
Have you EVER done anything, started to do anything, or prepared to do anything to end your life?
IF YES - Was this within the past 3 months?
Do you have problems with sleep? (e.g., falling asleep, waking up at night or nightmares)
Are you attracted to: <input type="checkbox"/> males <input type="checkbox"/> females <input type="checkbox"/> both <input type="checkbox"/> none
Have you ever felt uncomfortable being identified as male or female?

Old

New

EMOTIONAL HEALTH

Have you been bothered, made to feel less than or left out due your race, ethnicity, gender identity, sexual orientation, religion, learning difference, or disability? YES <input type="checkbox"/> NO <input type="checkbox"/> IN THE PAST <input type="checkbox"/>
Is there anything at home, school or with friends that is making you feel worried, upset or stressed?.....YES <input type="checkbox"/> NO <input type="checkbox"/>
If yes, what?
Do you often feel worried, nervous or scared? YES <input type="checkbox"/> NO <input type="checkbox"/>
Do you have problems with sleep? (e.g., falling asleep, waking up at night or nightmares) YES <input type="checkbox"/> NO <input type="checkbox"/>
What do you use social media for? Check all that apply: <input type="checkbox"/> dating <input type="checkbox"/> connecting with friends/family <input type="checkbox"/> news <input type="checkbox"/> information <input type="checkbox"/> posting life events <input type="checkbox"/> trends <input type="checkbox"/> other
Is social media causing stress, decreased self esteem, worry or sadness?
Not at all 0__ 1__ 2__ 3__ 4__ 5__ very much
Over the past two weeks, have you been bothered by any of the following problems:
Little interest or pleasure in doing things?
<input type="checkbox"/> (0) Not at all <input type="checkbox"/> (1) Several days <input type="checkbox"/> (2) More than half the days <input type="checkbox"/> (3) Nearly every day
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In the past 30 days, have you actually had any thoughts about killing yourself? YES <input type="checkbox"/> NO <input type="checkbox"/>
Have you EVER done anything, started to do anything, or prepared to do anything to end your life? YES <input type="checkbox"/> NO <input type="checkbox"/>
IF YES - Was this within the past 3 months? YES <input type="checkbox"/> NO <input type="checkbox"/>
Are you attracted to: <input type="checkbox"/> males <input type="checkbox"/> females <input type="checkbox"/> both <input type="checkbox"/> none <input type="checkbox"/> other
Have you ever felt uncomfortable being identified as male or female? YES <input type="checkbox"/> NO <input type="checkbox"/>

RISK REDUCTION

Have you had sex?YES ☐ NO ☐

Do you want information about how to avoid pregnancy (birth control) and/or sexually transmitted infections?YES ☐ NO ☐

Do you ever smoke cigarettes/cigars, vape, e-cigs snuff or chew tobacco?YES ☐ NO ☐

In the past 12 months, did you:

Drink any alcohol (more than a few sips)?YES ☐ NO ☐

Smoke, vape, or eat any kind of marijuana?YES ☐ NO ☐

Use anything else to get high?YES ☐ NO ☐

Have you ever ridden in a car driven by someone (including yourself) who was "high" or had been using alcohol or drugs?YES ☐ NO ☐

Old

New

RISK REDUCTION

In the past 12 months, did you:

• Drink more than a few sips of beer, wine, or any drink containing alcohol? YES ☐ NO ☐

• Use any marijuana (weed, oil, or hash by smoking, vaping, or in food) or "synthetic marijuana" (like "K2, Spice")? YES ☐ NO ☐

• Use anything else to get high (like other illegal drugs, prescription, or over-the-counter medications, and things that you sniff, puff or vape? YES ☐ NO ☐

• Use a vaping device* containing nicotine or flavors, or use any tobacco products†) Such as e-cigs, mods, pod devices like JUUL, disposable vapes like Puff Bar, vape pens, or e-hookahs. † Cigarettes, cigars, cigarillos, hookahs, chewing tobacco, snuff, snus, dissolvables, or nicotine pouches) YES ☐ NO ☐

Have you ever ridden in a car driven by someone (including yourself) who was "high" or had been using alcohol or drugs? YES ☐ NO ☐

Do you want information about how to avoid pregnancy (birth control) and/or sexually transmitted infections? YES ☐ NO ☐

Have you had sex (oral/anal/vaginal)? YES ☐ NO ☐

SAFETY AND INJURY PREVENTION

Do you always wear a seatbelt in the car?	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Does anyone bully, harass or pick on you?	YES <input type="checkbox"/>	Past <input type="checkbox"/> NO <input type="checkbox"/>
Do you or anyone close to you have guns or weapons?	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Has anyone ever hurt, touched or treated you or anyone in your house in a way that made you feel scared or uncomfortable?	YES <input type="checkbox"/>	NO <input type="checkbox"/>

SAFETY AND INJURY PREVENTION

Do you always wear a seatbelt in the car?	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Does anyone bully, harass, pick on you (cyber, verbal, physical, etc)?	YES <input type="checkbox"/>	Past <input type="checkbox"/> NO <input type="checkbox"/>
Do you or anyone close to you have guns or weapons?	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Has anyone ever hurt, touched or treated you or anyone in your house in a way that made you feel scared or uncomfortable?	YES <input type="checkbox"/>	NO <input type="checkbox"/>
Have you been in a relationship where someone threatened you, hurt you or made you feel disconnected from family and friends?	YES <input type="checkbox"/>	NO <input type="checkbox"/>

Benson SBHC Multnomah County

- Dr. Nancy Zink SBHC, Coordinator and Administrator
zink@ohsu.edu
- Caroline Bleckmann LCSW, SBHC Coordinator
cbleckmann@pps.net

Benson HS



La Clinica SBHCs

Jackson County 17 SBHCs, 9 certified

- Rebecca Holmes RN, SBHC Coordinator
- rholfmes@laclinicahealth.org
- Crater HS
- Jewett ES
- Oak Grove ES
- Hanby MS
- Jackson ES
- Washington ES
- Kids Unlimited Charter
- Phoenix ES
- Scenic MS



Chemawa Health Clinic



School-Based Health Centers

Welcome to Your Patient Centered Medical Home

Home is a place where you are known and cared for. A medical home is much the same.

In recent years, a new medical model called the Patient Centered Medical Home (PCMH) has shown many benefits, and has become a hot topic in health care. Many US health care providers are moving to this model — including all Indian Health Service (IHS) ambulatory care facilities.

The PCMH model encourages patients and their provider teams to work closely together to ensure that care is more comprehensive, coordinated and consistent. This approach should result in more streamlined and personalized care — as well as reduced waste, improved access to medical services and, most importantly, better outcomes — especially for patients who have chronic conditions.

Learn more below about how PCMHs work and what makes them special. *And welcome home!*

SUPPORT FOR YOUR GOALS

Your care team will provide support at every visit for goal setting and action planning, to help you reach your health goals — from quitting smoking, to losing weight, to getting your blood sugar levels under control.

CARE COORDINATION

We'll follow up within a few days of an emergency room visit or hospital discharge, providing referrals to community resources and specialty care when needed.

SCHEDULING THAT WORKS

We'll provide extended access to care and services through patient- and family-centered scheduling options that are accessible to all patients.

Putting Patients First

Elements of the Patient Centered Medical Home

EFFECTIVE USE OF TECHNOLOGY

We use health information technology and analyze data to continuously improve performance, quality and service.

TRADITIONAL HEALING

IHS facilities support alternative and complementary medicine approaches, including Native American traditional healing.

CHRONIC CONDITIONS

We make it a priority to closely monitor conditions such as diabetes, high blood pressure and heart disease, so serious conditions get the extra attention they need.

PATIENT EXPERIENCE

We'll seek feedback from you and your family about your health care experience and use your responses for quality improvement.

CARE BASED ON MEDICAL EVIDENCE

IHS care teams keep up with major medical research, so you can benefit from the latest health recommendations.

ATTENTION TO PREVENTION

We'll remind you about important preventive care, immunizations and recommended screenings. When problems are caught early, they're easier to treat!

PATIENT INVOLVEMENT

We respect patient and family values and the needs you express. If you have questions, please ask! We want you to understand your care and be actively engaged in decisions and choices.

CONSISTENCY & CONTINUITY

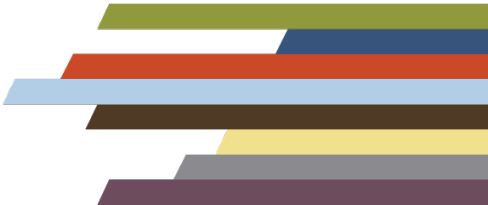
This means making sure you can see the same provider and care team, those who know you and your health history, whenever possible.

Physical/Mental Health Screening Quality Indicators

WOSU screening planning and implementation.

Indicate the number of students:

- Enrolled in school: up to 400 14-19 year old AI/AN youth representing up to 70 or more Tribes
- Formally screened universally across all departments in the absence of known risk factors during 1st week of school
- Identified as being at-risk or already experiencing a mental health or physical health problem
- Referred to a mental health service, primary care, dental, or optometry following identification
- Identified as being at-risk or already experiencing a physical health problem based on intake packet



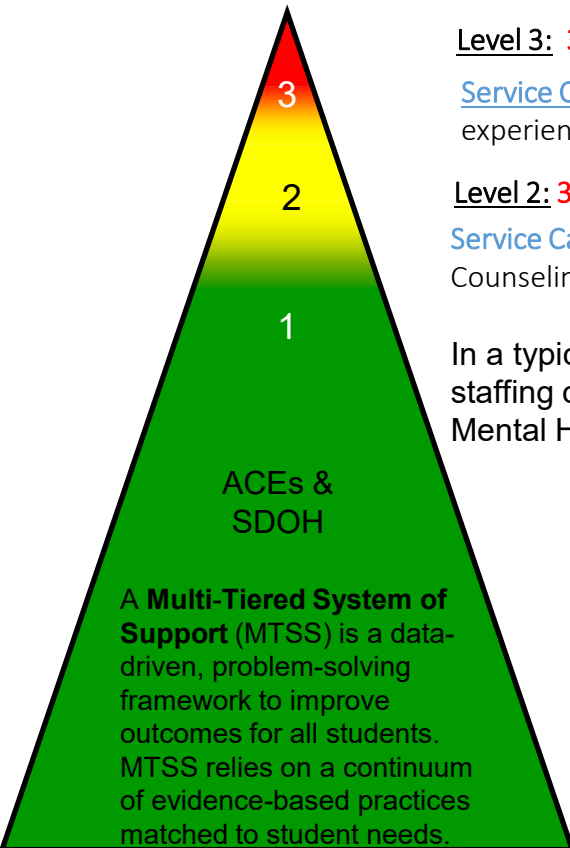
Quality Indicator

Of students screened,
how many were
screened for:

- Depression
- Suicidality
- Substance use
- Trauma
- Anxiety
- General mental health
- Well-being or protective factors
- Obesity
- Vision
- Hearing
- STD's
- Nutrition
- Others

WOSU School-Wide Multi-Tiered System of Supports

WOSU/Chemawa Indian High School Needs Assessments based on Screening



Level 3: 35-44% (140-176) Tertiary Interventions (**HIGH NEED**) (1-5% typical in average public school)

Service Capacity Need Met: Behavioral Health Assessments, Service Planning, Individual and Group Counseling, experiential Cultural, Music and Art Therapy, Residential Treatment Referrals.

Level 2: 35-38% (140-152) Secondary Interventions (**MODERATE NEED**) (5-15% average in public school)

Service Capacity Need Met: Behavioral Health Assessments, Service Planning, Individual and Group Counseling, experiential Cultural, Music and Art Therapy.

In a typical academic school year, between 200-250 would be eligible for level 2 and 3 services; current staffing capacity of 1 administrator, 1 admin support staff, 6 Mental Health Counselors, 1 Psychiatric Mental Health Practitioner, and 3 creative arts therapist.

Level 1: 100% (380-400) Primary Prevention/Selective/Indicated Prevention (**Universal All**)

Service Capacity Need Met: Universal Screening; Needs Assessments/School Climate.

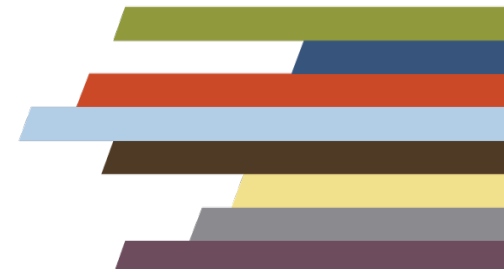
Follow-Up Processes

- **Tiered approach to follow up**

- Resource map of WOSU, home Tribe, and community supports and services
- Determine interventions that will be implemented for students at different levels of risk, i.e., level 3 and 2

- **Follow-up schedule**

- High risk- same day
- Moderate risk- within a week
- Low risk- communicate findings to staff, students, and parents within a reasonable timeframe (e.g., one month).
- Processes to follow up with caregivers and school staff
- Utilize care coordination matrix to map based on screening results and identified level of needs



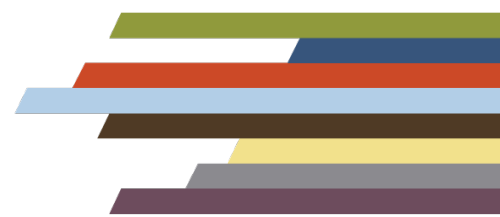
Resources

Center for Disease Control and Prevention. (n.d.). *Youth risk behavior surveillance system*. Retrieved from <https://www.cdc.gov/healthyyouth/data/yrbs/index.htm>

National Center for School Mental Health. (2018). School mental health screening playbook: Best practices and tips from the field. Retrieved from <http://csmh.umaryland.edu/media/SOM/Microsites/CSMH/docs/Reports/School-Mental-Health-Screening-Playbook.pdf>

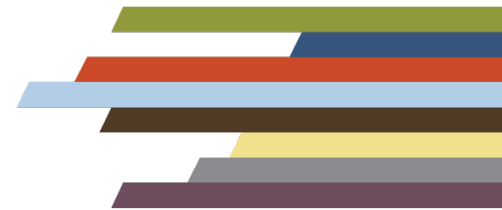
National Center for School Mental Health. (n.d.). *The SHAPE system screening and assessment library*. Retrieved from <https://theshapesystem.com/>

School-Based Health Alliance. (n.d.). *The children's health and education mapping tool*. Retrieved from <https://www.sbh4all.org/resources/mapping-tool/>



References

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- Crocker, J. & Bozek, G. (2017). District-wide mental health screening: Using data to promote early identification and quality services. Retrieved from <http://bit.ly/dwmhscreening>



Closing

- 2021 SBHC Report
- Fall trainings (dates TBA):
 - Operational Profile training
 - SBHC 101 orientation
- Fall Coordinators Meeting – More information to come

Contact Us

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