



You have the **right** to be in a happy, healthy relationship.

Claim your dating rights!

Does your girlfriend or boyfriend:

- spread rumors or share private pictures of you on the web?
- harass you via cell phone or text messaging?
- embarrass you in front of others?
- act in ways that frighten you?
- try to control who you see, what you do, or what you wear?
- monitor your computer or cell phone use?
- get angry at you often or quickly?
- shove, kick or slap you?
- force you to have sex?
- pressure you to use alcohol or drugs?

You have the right to:

- ♥ make decisions about your own body
- ♥ choose your own friends
- ♥ be treated with respect
- ♥ express your own thoughts and opinions
- ♥ live without fear or intimidation
- ♥ feel good about yourself
- ♥ choose what to wear
- ♥ change your mind
- ♥ spend time with your family
- ♥ private use of your cell phone or computer
- ♥ spend time doing things of interest to you

If you think you may be in an abusive relationship, you can get help!



Call the National Teen Dating Abuse Hotline toll free: 1-866-331-9474 or TTY 1-866-331-8453. Or visit LovelsRespect.org.



Visit LovelsNotAbuse.com for teen dating information and resources.

Provided compliments of:



SOROPTIMIST

Best for Women