Oregon Public Health: Interim Ebola Monitoring Plan

Updated November 12, 2014

Oregon public health officials are following federal CDC guidance for monitoring and movement of people with potential Ebola virus exposure. Local health departments will be in contact with returning healthcare workers and travelers from affected areas. Public health officials will create a plan to monitor the person's health for 21 days after last possible Ebola exposure, based on a risk assessment. The plan will include daily monitoring for symptoms and may include restrictions on public activities or travel.

PEOPLE WITH NO SYMPTOMS

RISK LEVEL	PUBLIC HEALTH ACTION		
	Monitoring	**Restricted public activities**	**Restricted travel**
HIGH RISK	Yes – Direct active monitoring	Yes	Yes
SOME RISK	Yes – Direct active monitoring	Case by case assessment	Case by case assessment
LOW RISK	Yes – Active monitoring for some, direct active monitoring for others	No	No
NO RISK	No	No	No

IF SYMPTOMS DEVELOP

If a person under monitoring develops symptoms, the local health department will be **notified immediately**. The person will be rapidly isolated, evaluated, and moved to an appropriate healthcare facility if needed.

Definitions

HIGH RISK – Example: Known Ebola exposure (e.g. needle stick, unprotected exposure to blood or body fluids from symptomatic Ebola patient, unprotected contact with dead body in an affected area).

SOME RISK – Example: Direct contact with symptomatic Ebola patient in an affected area while wearing appropriate personal protective equipment.

LOW RISK – Example: Travel to an affected area within the past 21 days with no known exposure; providing healthcare to symptomatic Ebola patient in the U.S. while wearing appropriate personal protective equipment.

Direct Active Monitoring: Public health authority checks in with person under monitoring at least once a day, through direct observation.

Active Monitoring: Public health authority checks in with person under monitoring at least once a day (e.g. by phone).

This information provides an overview. For more information:

Web: healthoregon.org/ebola Email: ebola.oregon@state.or.us Phone: call 211