



OREGON EMERGENCY MEDICAL SERVICE AWARDS **BOOK OF RECOGNITION**

Oregon Health Authority Emergency Medical Services & Trauma Systems Program 800 NE Oregon Street Portland, OR 97232 Telephone: (971) 673-0520 https://www.oregon.gov/oha

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INTRODUCTION

As we review this past year, 2019 marks a season of *progression*.

To highlight a few, Oregon celebrated the 30th year of the Oregon Trauma System. Our state-wide system was the first western state to accomplish this in 1988. January 1, 2019 was the enactment of a statewide standard for prehospital data collection, OR-EMSIS. The data collected will support future changes to our protocols, practices and advancement in technology in the field. Oregon continues to support improving and innovative patient care such as Community Paramedicine, rideshare medical transportation, Stop the Bleed community training and much more.

September 27, 2019 marks the 27th year of the Oregon EMS Conference and the 25th year of honoring medical providers, first responders and citizens for all the work they continue to provide at their agency, in their community, to their region, in Oregon and nationally.

The stories in these pages are glimpses to what each of you have sacrificed to help shape this passion, to help others, into a career. This year is not any different than others in the outstanding calls, advancements in care and concepts and the many providers that have influenced the EMS system. The nominations that were submitted continue to display the dedication that we know each of you have in this profession.

The 2019 Book of Recognition outlines a brief description of each person or group that was chosen by our EMS Subcommittee for Licensing and Discipline to receive an award. These awards represent years of contributing expertise and wisdom and they outline the dedication and training that is instilled into first responders. Other awards define a moment's decision that changed the course of a life.

Congratulations to this years recipients and thank you to each person who makes the decision daily to contribute to Oregon's EMS System.

Dana Selover, MD	Ca
EMS Director	El

Candace Toyama, P EMS Deputy Director David Lehrfeld, MD EMS Medical Director

Oregon EMS & Trauma Systems Program

LAST CALL

Al Blodgett Newberg Fire Department

Eddy "Joe" Adamson Eagle Valley Ambulance

James "JP" Morgan La Grande Fire Department

Jonathan "Johnny" Walker Mt. Ashland Ski Patrol

Pearce Lutz Polk County Fire District Falk Ambulance



Award Recipients

Service Based <u>Community Service Award</u>	8
Commitment to Quality	10
Impact Award	11
EMS Educator of the Year - Gail Marsh Madsen Award	12
Administrator of the Year	13
Medical Director of the Year	14
Provider of the Year <u>EMR</u> <u>EMT</u> <u>EMT-Intermediate</u> <u>Paramedic</u>	
Meritorious Service	20
Lifesaving	<mark>2</mark> 2
<u>Medal of Valor</u>	24
EMS Unit Citation	26
<u>Civilian</u>	29
EMS Cross	32
Director's Medal	33

SERVICE BASED AWARDS

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COMMUNITY SERVICE AWARD

Community Service award recognizes a provider or agency who has made an outstanding commitment to non-patient care aspects of a community's EMS system.

This year's recipient: Douglas County Responders First Foundation



Douglas County Responders First Foundation is a nonprofit organization that was formed in December 2015 as a result of the Umpqua Community College shooting that occurred on October 1, 2015. It was developed as a locally controlled and separate organization to be responsible for how donations

would be distributed to support out of pocket mental health care costs for our local first responders. It has helped countless EMS, Fire, and Police personnel though their difficult issues. The Foundation pays for training such as Assisting Individuals in Crisis and Group Crisis Intervention, for First Responders, Mental Health Councilors, and Chaplains. It provides the opportunity for First Responders to help their teammates by recognizing the warning signs of depression, provide peer support counseling, and help them to find the definitive care that they need to get better. They have also allowed for multiple first responders to go on mental health retreats, such as the West Coast Trauma Retreat, at no cost to them. Many first responders were effected by the emotional aftermath of the UCC shooting in 2015. Since then the foundation has supported treating many first responders. We all continue to movie forward, partially support by the foundation.

COMMUNITY SERVICE AWARD

Community Service award recognizes a provider or agency who has made an outstanding commitment to non-patient care aspects of a community's EMS system.

This year's recipient: **Taylor Costa, Paramedic** *Bend Fire and Rescue*



Taylor Costa moved to Bend 10 years ago to be closer to his father. He attended and graduated from Bend High School and thanks to exposure to the fire service, through his uncles, began pursuing a degree in public service.

In 2018 Taylor took a job as an EMT with Bend Fire and Rescue. He continued to pursue his degree to get his paramedic as well as work as a BLS medic for the fire department. Since he started, Taylor has been instrumental in training Stop the Bleed and CPR to the community. With Taylor's help, Bend Fire and Rescue established their first junior high training for Stop the Bleed in a health class last year. Since that pilot class Bend Fire and Rescue has included every junior high student in Bend. Despite Taylor's heavy academic load, he has helped train over 4,000 students and public members in these lifesaving bleeding

control skills.

Without Taylors help Bend Fire and Rescue's ability to reach out to the public would have been much less impactful. Taylor continues to be key to the ability

to deliver high quality public education. As Bend Fire implements new programs, like Safe Sleep for Infants, they continue to rely on volunteers like Taylor. New programs require training personnel for Bend Fire including evaluation and community outreach.

Once large programs are established, Bend Fire offers training to neighboring departments and will be reliant again on Taylor to support efforts in the tri-county area.



EMS COMMITMENT TO QUALITY AWARD

EMS Commitment To Quality award honors an EMS system, EMS agency or EMS provider who has demonstrated commitment to the principles of quality improvement, customer service and excellence in EMS.

This year's recipient: **Kevin Silvernail, Paramedic** *Elgin Ambulance*



Oregon's Rural and Frontier communities rely heavily on their volunteers and are blessed to have those that are passionate about their community and their profession. Kevin Silvernail, Elgin Ambulance and Fire Department, has just this, a passion about caring for his community. Not only is this Kevin the Fire Chief, he is the EMS Chief and training coordinator for the departments. Kevin has spent many years giving to his community and is responsible for acquiring excellent resources. Normally a town this size (population 1,769) wants for emergency medical services, however Elgin provides its own ILS transporting ambulance. Kevin is one of the first to volunteer for Fire and EMS projects and is continually looking to bring latest researched-base medicine back to his community and service. As the Training Officer, Kevin was one of the first to bring High Quality CPR and the Pit Stop Method to his department as a requirement instead of just nice to know information. Kevin was also one of the first departments to provide Stop the Bleed training locally

and is a member of a collection of representatives from Union County (Grande Ronde Hospital, La Grande Fire Department, Life Flight Network) to provide STB training to anyone in the area who is interested in hosting the class.

Kevin is on the Union County Fire Defense Board and a voting member of the Union County Ambulance Service Area Board. As you can see, Kevin is involved at all levels of patient care and planning for the local area. He is also one of the most consistent EMS providers. Kevin has dedicated his life to EMS and patient care safety in Union County and many "Residents" have the utmost respect for him.

Kevin is great to work with. He always has a smile on his face. He is kind and very caring with his patients. He seems to be on every ambulance coming in from the Elgin area. He is very dedicated to the ambulance crew and educating the community members about Stop the Bleed campaign. Elgin would not likely have a volunteer ambulance service without the time he gives as a volunteer member. Kevin is the heart and soul of the Elgin

ambulance. Stephen McIlmoil, DO, Medical Director of Grande Ronde Hosp

Stephen McIlmoil, DO, Medical Director of Grande Ronde Hospital ED

His dedication to his agency and community is the only reason Elgin consistently responds to calls. Every call, every time he responds as a volunteer. He makes his community safer.

April Brock, Grande Ronde Hospital ED Manager



EMS IMPACT AWARD

EMS Impact award recognizes an individual who has made a substantial contribution to the Oregon Health Authority's effort to develop a statewide EMS system.

This year's recipient: Paul Rostykus, MD

Paul Rostykus, MD has been involved in many activities over the past 27 years that have resulted in significant improvement in EMS care throughout the State of Oregon. He has been an EMS Supervising Physician in Jackson County, providing medical direction since 1992 for multiple Fire & EMS agencies including Applegate Valley Fire, Ashland Fire Rescue, Butte Falls Volunteer Fire Department, Evans Valley, Jackson County Fire District #3, 4, 5, 6 & 9, Jacksonville Fire Department, Medford Fire & Rescue, Mercy Flights, Inc., Mt. Ashland Ski Patrol, Prospect Rural Fire Protection District, Rogue River Fire District, Rogue Valley International Medford Fire Department and has served as the Medical Director for the Rogue Community College Emergency Services department for over 20 years.

He has served Oregon in many roles as a member of the Oregon Medical Board EMS Advisory Committee from 2003-2009, the State

EMS Committee from 2009-2018, and president of the Oregon Chapter of National Association of EMS Physicians (NAEMSP) from 2013-2015. He is an Affiliate Assistant Professor of Emergency Medicine at OHSU and obtained National EMS subspecialty certification in October, 2013. He received the Oregon EMS Medical Director of the year Award in 2015. On the national level, he is an active member of the NAEMSP and has served as the Program Chair for the NAEMSP Annual Conference.

He has promoted EMS education throughout Oregon by helping organize and teach at multiple classes and conferences. These include Oregon EMS Conferences, Resuscitation Academies, EMS Medical Directors forums, and NAEMSP Medical Directors Overview Courses, which have been held in various communities around Oregon. Dr. Rostykus has brought EMS education to EMS providers in the field, EMS Medical and Agency Directors throughout the state. He helped to create, and continues to take an active role in the State of Jefferson EMS Conference in Southern Oregon, an annual event that provides much needed EMS continuing education in that region.

Dr. Rostykus brought together EMS Medical Directors and Agency Directors from around the state, setting up a List-serve to help facilitate communication and playing a pivotal role in starting the Oregon Chapter of NAEMSP. He was the driving force behind the creation of the EMS Medical Directors Forums in Oregon, a semi-annual event that now includes pre-hospital agency managers, allowing Oregon EMS Agency and Medical Directors to network, share information and protocols, influence EMS related legislation and stay current on new developments in EMS care around the country.

He has been active in EMS research as a co-investigator with the PNW Heart Rescue Project with multiple publications on EMS research. He has led the way in establishing Systems of Care for critical illnesses in Oregon. This includes his work with the Seattle Resuscitation Academy RA), bringing RA courses to Oregon, helping set up the Oregon CARES Registry to improve Cardiac Arrest care, Improving Stroke care by performing a study of prehospital stroke protocols in Oregon, working with the Oregon Stroke Network to facilitate a combined conference with Oregon EMS Medical Directors to help improve prehospital screening and transportation of stroke patients to stroke capable facilities and by setting up a stroke care system in his region.

It is impossible to estimate the number of Oregonians whose lives have been impacted by Dr. Rostykus' untiring efforts to improve EMS care across the great State of Oregon and we would like to recognize his immeasurable impact on Oregon EMS.

EMS EDUCATOR OF THE YEAR GAIL MARSH MADSEN AWARD

EMS Educator of the Year award honors an EMS educator, either pre-service or in-service, who excels as a teacher or who has made a significant contribution to the EMS education program in Oregon.

This year's recipient: Lauren Enright, Paramedic College of Emergency Services



Lauren Enright graduated from OHSU's Paramedicine Program in 1998 and has been a practicing paramedic for over 20 years. She is currently the Lead EMS/Paramedic Instructor at College of Emergency Services – NCTI in Clackamas, Oregon.

Instructor Lauren has been a vital asset to upcoming Paramedic students of CES/NCTI for years. She teaches with a passion that is hard to rival and is known for her intense motherly stare when students are being less then attentive and is quick to get class back on track. Despite her firmness and ability to quiet 27 talkative students in a split second, she is without a doubt one of the most endearing lead instructors CES/NCTI is sure to have known.

Instructor Lauren spends countless hours working to prepare lessons that are beyond your typical "sit and listen lecture." She believes that to truly learn you must engage the student and utilize hands-on skills. Every lesson brings new challenges for the students through teamwork and individual projects. When her students are struggling to learn Instructor Lauren helps the student find a method of studying that works for them individually. She cares for each student and their well-being as if they were family. Her belief is firm that every person deserves an EMS provider who truly cares and goes above and beyond in an individuals' time of need. To Enright, the students who pass through NCTI's halls are not just a number, they are part of what makes our community of EMS providers great.

From your students: Thank you Instructor Lauren for all the love you have shown, the time you invested in our education, and for every time you

challenged us to be better, to do more, and to study harder, all to become the Paramedic you would trust with your family.



ADMINISTRATOR OF THE YEAR AWARD

EMS Administrator of the Year award recognizes an EMS system administrator who has distinguished themselves through noteworthy contribution to a local, regional or the statewide EMS system.

> This year's recipient: **Rebeka Rand, Paramedic** *Blue Mountain Hospital District*



In 2011 Rebekah Rand, CCEMTP, was hired as a full-time Paramedic with Blue Mountain Hospital District. In November of 2016, in addition to her Paramedic responsibilities, Rebekah agreed to support the hospital as the Interim EMS Director. February 2017 she officially became the EMS/HEPP Director for Blue Mountain Hospital District. Since then, the EMS system in Grant County has subsequently grown. When Rebekah took over this position many of the volunteer responders, so vital to frontier areas, had stepped away. Rebekah made it her top priority to reestablish a strong rapport with

Grant County's EMS volunteers, bringing many of them back into service for their communities. In addition, she has worked diligently to incorporate local fire departments into the EMS medical response system by offering BMHD sponsored EMR trainings to all areas of Grant County. For the first time, fire and ambulance volunteers work hand in hand to expedite medical response to those in need. Providing outstanding continuing education opportunities for responders and her determination to improve recruitment and retention exemplifies her strong leadership skills. From upgrading ambulance equipment to staunchly supporting Grant County's EMS volunteers, her tireless work to provide excellent emergency care to those visiting and living in this sparsely populated county is to be commended.

Most of all, her willingness to support and find solutions that bring EMS responders of all levels together as a strong team, have ultimately improved ambulance service to everyone in Grant County. Rebekah inspires excellence and teamwork in her EMS crew. She exemplifies the

role of an outstanding EMS Administrator and is deserving of this award.



MEDICAL DIRECTOR OF THE YEAR AWARD

EMS Medical Director of the Year award honors a physician who serves or has served the EMS system by providing medical direction, on-line or off-line, and who has served with distinction.

This year's recipient: **Erling Oksenholt, MD** *Pacific West Ambulance*

> For the past 35 years, Dr. Erling J. Oksenholt, DO has served as the only Medical Director in the history of Pacific West Ambulance (previously Lincoln City Ambulance) along with serving as Medical Director for multiple EMS providers in Oregon. He has touched the lives of countless EMS providers by teaching and guiding them. Dr. Oksenholt has held numerous board certifications specializing in Emergency Medicine, Geriatric Medicine and Family Medicine in Oregon along with licensure in multiple countries. This one time US Olympic Committee physician has

dedicated a majority of his life to EMS. Dr. Oksenholt is deeply involved in implementing/improving EMS policies/procedures, encouraging his crews' education and constant improvement. One of his Paramedics wrote, "When I first started at Pacific West Ambulance he drove an old well faded Mercedes with the license plate "CARES". Through my time I have seen this simple word many times in his actions. Many case reviews with crews each year, teaching times involving both medical students and his EMS crews- showing how medicine is a circle involving the patient, prehospital providers, hospital staff and QA/QI.

Every year he does an international medical mission inviting doctors, medical students, nurses, EMTs and Paramedics plus others to places in great need of medical care like New Guinea, the Amazon, Ethiopia, Borneo or Peru guiding this group in their care for those in desperate need, realizing how fortunate we are and giving back because it is the right thing to do. He no

longer has the Mercedes or the license plate but for all who know him it is easy to see he still has the "plate in his soul."

All of us at Pacific West Ambulance and in the Metro West Ambulance Family of Companies are forever grateful for all that Dr. Oksenholt has done as Medical Director, mentor and friend.



PROVIDER OF THE YEAR AWARD – EMR

EMS Provider of the Year award honors an individual EMR, EMT, AEMT, EMT-I and/or Paramedic of whom displays exemplary dedication in his or her quality of patient care and service to their community.

This year's recipient: **Darin Colgan** *Scio Fire District*



Lt. Darin Colgan has been with Scio Fire District since March of 2003. Lt. Colgan has been one of the top five responders for the past 14 years, and of those years, three as the top responder. Last year Lt. Colgan was the top responder, responding to 287 calls, or 56% of the call volume for Scio Fire District. This year Lt. Colgan has participated in 420 hours of training and community events. He also oversees the water rescue team, is the District's safety officer, contributes as a weekend

duty officer and is part of the state conflagrations and deployed on three response in 2018. Lt. Colgan provides outstanding patient care and is always calm, caring and compassionate with every patient. He not only makes each patient feel as they are the number one priority; he is also very compassionate when dealing with the patient's family and friends. Lt. Colgan is the first person to step up and help at community events. He has put in countless hours with our Christmas basket program, Lamb and Wool fair, Fill the Boot, Scio Family Cares Day, Easter egg hunt, National Night Out, Trick or Treat, and Fire

Prevention activities.

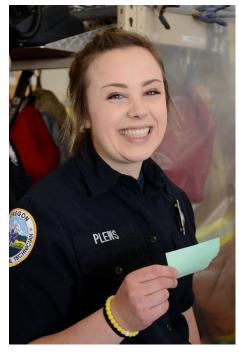
Lt Colgan can often be found at the fire station cleaning it, making sure the apparatus and equipment are ready to respond, mowing the yard and he does all of this with a smile. He is a great mentor to new personnel and is respected by his peers. He does all of this and still gets up at 4 am and works his 40 plus hour a week job. Scio Fire District would like to thank Lt. Colgan for his hard work and dedication to the Communities we serve.



PROVIDER OF THE YEAR AWARD – EMT

EMS Provider of the Year award honors an individual EMR, EMT, AEMT, EMT-I and/or Paramedic of whom displays exemplary dedication in his or her quality of patient care and service to their community.

This year's recipient: Lucy Plews Banks Fire District 13



Lucy Plews is that rare volunteer that you encounter only a few times in your life. Lucy came to the Banks Fire District as a High School student participating in the Fire Science Program. She then took on a summer intern position after graduating High School and before beginning a four-year undergraduate program at Pacific University. The call to emergency service was strong and Lucy joined our District as a volunteer in 2017, after her internship. She excelled in the Fire Academy and quickly obtained her EMR license. Her desire to always strive higher guickly saw her to an EMT license while balancing her full-time studies within a year. If these achievements weren't enough, Lucy has become one of our top responders pulling

at least two shifts per week at the station where her notable EMT skills are often called upon. She is known for her positive upbeat personality and compassion for patients. She has also sought out and achieved certification in rope and water rescue. In case this wasn't enough, Lucy is one of our Car Seat Technicians and a key to the success of our program. She has made every installation date and is the model on how

to interact with families. Lucy strives to provide the highest level of service possible. She is a top performer and has responded to 34% of District calls this award period while constantly striving to improve and excel. In doing so, she motivates others. No matter the request or level of help needed, Lucy is always willing to step up and will do so with a smile on her face.



PROVIDER OF THE YEAR AWARD – EMT- INTERMEDIATE

EMS Provider of the Year award honors an individual EMR, EMT, AEMT, EMT-I and/or Paramedic of whom displays exemplary dedication in his or her quality of patient care and service to their community.

This year's recipient: Scott Adams

Banks Fire District 13, Vernonia Volunteer Ambulance Association



Scott Adams has been an EMT for 22 years joining the Banks Fire District in 2000 where he received his EMT-I in 2003. Scott balances a full-time job as an Adoption Attorney, advocating for families and children, covers shifts for Metro West Ambulance, and is a key volunteer for the Banks Fire District and Vernonia Volunteer Ambulance Association.

In addition to responding to emergency calls, Scott serves as a CPR/Baby Sitting Instructor, a Car Seat Technician, and is

a Public Information Officer for the Banks Fire District. Scott takes on many responsibilities due to his calling to give back to his community. Amazingly, despite all these demands on his time, Scott is always available to help.

There is no better example of an individual dedicated to

serving others. Scott is an energetic and caring responder delegating when appropriate to new responders to ensure their growth. Scott works diligently to make our team the best. He represents the best of emergency service in general and emergency medicine in particular.



EMS Provider of the Year award honors an individual EMR, EMT, AEMT, EMT-I and/or Paramedic of whom displays exemplary dedication in his or her quality of patient care and service to their community.

This year's recipient: **Mark Wareing** *American Medical Response*



Mark Wareing has been a fixture in EMS over the years. He started in Josephine County in 1990 as a EMT and Fire Fighter and became a Paramedic for CARE Ambulance. Seeking a higher degree, he started with a company in Medford, Oregon and earned his BAM and advanced instruction certificates with DPSST. Mark, through his degree, created online programs for a EMS Fire group call ROLEA so they could train online. Making the jump back home to Josephine County

Mark worked with RCC, and local EMS and Fire agencies to create JOCO EMS.com and interactive web page with online training information sharing and system improvements. AMR reached out to Mark Wareing regarding his Supervisor training program and helped to create AMR's current online training program. Mark was also asked to create interactive training programs for various EMS topics such as obstetrics, 12 lead and a STEMI programs. He is recognized as an information expert within AMR training circles. Recently Mark has been very active in Josephine County creating a Prehospital Care Committee that brings area providers, hospital staff and EMS together to address needs of the EMS community. Rural areas of Josephine County also needed a way to obtain CME. Mark created an online live interactive program and even spent his off-time teaching others.

Mark has been a mentor to others who seek advice for career and personal lives. He has a willingness to look out for others above self.



INCIDENT BASED AWARDS

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Meritorious Service

Meritorious Service award recognizes an individual for a particular act of meritorious service in EMS.

> This year's recipient: **Anne Raven, Paramedic** *Hillsboro Fire Department*



Last spring Captain Anne Raven noticed an alarming trend with medical emergencies involving students at her community's high schools and began an investigation. Over the span of a few days crews responded to multiple medical emergencies with symptoms from various drug related use. This sparked Captain Raven to investigate further to find out that kids were using pressed pills they

thought were Xanax. Toxicology test showed only a small percentage was Xanax and it was mixed with other substances, such as fentanyl.

Captain Raven lead the efforts, with support from her leadership, by declaring a medical emergency and partnered with other community stakeholders to combat this serious safety threat. In doing this, Captain Raven's

actions allowed the community to respond with informed and coordinated efforts, specifically the emergency crews who were treating patients suspected of taking the unknown substances.



Meritorious Service

Meritorious Service award recognizes an individual for a particular act of meritorious service in EMS.

> This year's recipient: **Margaret Strozyk-Hayes, EMT** *Hamlet Rural Fire Protection District*



Margaret Strozyk–Hayes is both an Oregon and Washington EMT. She has many rolls that has helped her develop her passion for EMS and leadership. She works on-call for a Washington based EMS service, volunteers with Hamlet Rural Fire Protection District, is the training coordinator for Clatsop County High Angle Rescue Training Team, is a Oregon National Guard reserve 12-Bravo Engineer transitioning to a 69-Whiskey Combat

Medic Specialist and is in the middle of her clinical rotation for paramedic school at College of Emergency Services. She does all of this, along with running her maritime consulting business.

This past winter Margaret was the first EMS provider on scene of a motor vehicle accident where the driver lost control of the vehicle and drove into a building. With the car and building still un-stabilized Margaret entered the car to care for the patient. She found herself in the role of both EMS responder and working

incident command. Margaret continued to talk to the patient while also overseeing the arriving first responders and advising as to what was needed to secure the scene and begin extricating the patient. Her many skills acquired helped with keeping the crews safe while extricating the patient.



LIFESAVING

Lifesaving award recognizes an EMS provider who, while in an off-duty or volunteer capacity, makes an extremely noteworthy contribution to efforts that result in the saving of a life.

This year's recipient: McKenzie Fire District

Charlie Dehne, Cody Johnson, David Sherwood, Dulcy Pierce, Amanda Baglione, Garrett Corbari, David Starck, Meghan Anderson, Jayce Keller, Alexis Keller, Steven Praus, Darren Bucich, Lyle Larson, Ken Llewellyn & Bart Thompson

After completing a CPR refresher course during weekly drill on Wednesday, May 29th, 2019, Battalion Chief Dale Ledyard started McKenzie Fire & Rescue's annual physical agility test. However, he stopped midway because he began feeling poorly. His test observer noted his deteriorating physical condition and immediately brought him inside and had him sit down. While the observer was notifying the Training Officer of Battalion Chief Ledyard's worsening condition, Battalion Chief Ledyard collapsed without a pulse. Station personnel immediately began CPR and administered defibrillated shocks and doses of Epinephrine through an IV. Through the efforts of District Personnel Battalion Chief Ledyard not only regained a pulse, but also regained consciousness and began talking with personnel on scene. Battalion Chief Ledyard was transported, with additional personnel from McKenzie Fire & Rescue, to a local hospital where he had two stents inserted into his heart that afternoon.

Battalion Chief Dale Ledyard is recovered and is still an Officer with McKenzie Fire & Rescue.

I am very proud to be a member of McKenzie Fire and Rescue and be associated with the people involved. They are very competent and well

trained in emergency operations, especially EMS. It is because of these rescuers, and their skills, that I am able to write this letter of appreciation.

My family and I are very happy that their efforts were successful. I am well on my way to a full recovery and hope to return to full participation with the Department.

Again a huge Thank You to these members of McKenzie Fire and Rescue. - Dale Ledyard



LIFESAVING

Lifesaving award recognizes an EMS provider who, while in an off-duty or volunteer capacity, makes an extremely noteworthy contribution to efforts that result in the saving of a life.

This year's recipient: **Tim Dundas, EMT & Jeff Matschke, EMT-I** *Medford Fire-Rescue*



At approximately 12:55 p.m., a man exercising at the Court House Family Fitness Center on North Phoenix Road in Medford, suffered a cardiac arrest. While Medford Fire-Rescue was being dispatched



to the scene, simultaneously, a Pulse Point notification was sent out to nearby subscribers. Fortunately, two off-duty Medford Fire-Rescue firefighters were also in the fitness center and received the Pulse Point notification. Within one minute, both firefighters located the patient and began CPR. Apart from performing high-quality CPR, they were also able to locate the facility's AED and administer two shocks.

When the first Medford engine arrived roughly five minutes later, they were surprised to see members of their fire family already there, working swiftly. The arriving firefighters continued with CPR and administered one additional shock to the patient before carrying him into the awaiting Mercy Flight's ambulance.

By the time all of the firefighters, both off-duty and on, were through with their initial response, the patient left with a pulse, and even began to wake up. The patient was transported to Asante Rogue Regional Medical Center for further care.

This incident acts as a reminder that anyone, at any given point, can save a life. Early CPR and defibrillation makes a significant difference in a sudden cardiac arrest event.



MEDAL OF VALOR

Medal of Valor award recognizes an act of personal valor or heroism in the delivery emergency medical care, and in good judgment results in the saving of a life under extreme conditions and in extraordinary circumstances.

This year's recipient: Thomas Krokoski, Paramedic & Charles McCallister, EMT



Across Oregon, approximately 17% of our total populations call rural communities home. Emergency Medical Services (EMS) across Oregon that serve these rural areas work hard to ensure their communities have access to the health and emergency services they need. EMS crews that serve rural communities know there are unique challenges they face from limited health access to increased travel times and sometimes



ultimately serving as a safety net for the citizens they serve.

For Paramedic Thomas Krokoski and partner EMT Charles McAllister from Umpqua Valley Ambulance in Roseburg, these are familiar challenges and they work hard to save lives in the areas they serve with training, preparation and teamwork with other responding agencies and their hospitals/healthcare systems.

When Thomas and Charles were called to a pediatric drowning in a rural area they serve, they arrived a to find a 2-year old female found down in a pool for approximately 5-7 minutes with phone CPR in progress Staying calm and using their skills and knowledge to treat this child recognizing the odds and the challenges the faced, they achieved ROSC after 20 minutes of CPR. The Trauma Committee Chair and Trauma Coordinator for CHI Mercy Medical Center wrote, "During our review of this case, the exemplary care and heroic measures provided by your staff (Thomas Krokoski and Charles McAllister)

were recognized and we want to thank you for the EXEMPLARY high quality patient care that your staff provide to your patients in the community."

Treating a critical pediatric patient in a rural setting where travel times are increased, response personnel are limited and stress levels are increased due to the nature of the emergency, these responders showed exemplary care. We feel they are representative of the finest that EMS in Oregon has and are grateful for their dedication to their profession and to those they serve.



MEDAL OF VALOR

Medal of Valor award recognizes an act of personal valor or heroism in the delivery emergency medical care, and in good judgment results in the saving of a life under extreme conditions and in extraordinary circumstances..



This year's recipient: Marcus Stanton & Jacob Stewart American Medical Response

Marcus Stanton and Jacob Stewart were dispatch to a call for a woman complaining of flank pain. On arrival, two family members in the home suddenly mentioned a baby. There was no mention of pregnancy or birth during the read-back because the woman was unaware that she was pregnant. Marcus found the patient on the floor in a back bedroom with only the infant's legs, torso and one arm delivered. The breached baby was stuck. Jacob and Marcus immediately got to work, attempting to free



the child from her position. They created a breathing pocket for the child, as they were trained to do, but it was not enough. Supporting the infant and mother the two began coaching the mother to push with the contractions. Even though the mother said she was too tired the medics kept encouraging her to help. Marcus identified that the umbilical cord was wrapped around the neck, so he cut it. He then continued to manipulate the position of the infant and the mother and was finally able to free the child's arm. This change allowed the infant to finally birth her head. A guick assessment showed the infant was not breathing and had a slow pulse. Jacob began BVM ventilations. After a minute, the infant's pulse was still too slow, so they began compressions while moving toward the ambulance. In the ambulance, Marcus and a fire colleague continued BVM ventilations and compressions. At some point during the transport to the emergency department the newborn opened her eyes, and Marcus admitted that he cheered with relief. The Marcus and the fire fighters continued to support the infant on their transport. On arrival at the hospital, the child was crying, moving and fussing appropriately, and her color was improving. The receiving nurse at the ER had the following to say: I wanted to send a HUGE kudos for Marcus and Jacob. They crew assessed the situation and knew that an imminent delivery was taking place. The baby was breached. Using the training and quick mind, the crew was able to

support the laboring mother, turn the baby around, deliver, start CPR and perform resuscitative efforts. Because of this the baby is now healthy and happy.



EMS UNIT CITATION

EMS Unit Citation recognizes the department's organization, specialized teams and expert first responders in providing emergency pre-hospital care under extreme circumstances.

This year's recipient: Hood River House Fire Hood River Fire and Rescue, Hood River Police Department, Hood River Sheriff Department

On the afternoon of August 11, 2018, Scot Tennant, an off-duty Lieutenant firefighter, was at a home when he noticed smoke coming from a home nearby. The fire started on the exterior and worked its way into the attic on a windy day, which caused the fire to grow quickly providing little time to remove two elderly people (one on hospice care), their grand-daughter and a hospice RN.

The off-duty LT was able to call in the fire and determine there were victims inside which prepared the crews arriving from Hood River Fire & EMS. Scott Tennant and John Blosser were able to assist the hospice nurse remove the elderly female with Lt. Tennant taking command to allow the fire crews to focus on an impending rescue.

Prior to the arrival of any fire unit, Hood River Sheriff's deputy Vandenboss, Hood River Police Officer's Webb and Mason arrived attempting entry through the front door. With heavy black smoke pushing from the door, the officers attempted to crawl along the floor allowing them to enter only short distance causing them to exit and attempt again.

Upon exiting the home, they were met by Captain McCrea and Engineer Wilkins and let them know the male's location inside. Captain McCrea and Engineer Wilkins made their way to the back bedroom, locating the male patient. The firefighters then remove the elderly male out the window to the awaiting police officers outside – later exiting the home via the same window as the home rapidly deteriorated.

Scott Tennant - Hood River Fire & EMS (off-duty)

Clay McCrea, Jason Wilkins & Jeremy Cervantes - Hood River Fire & EMS (on-duty)

Erin Mason & Houston Webb - City of Hood River Police Department

Adam VandenBosch - Hood River County Sheriff's Office

John Blosser - Neighbor



EMS UNIT CITATION

EMS Unit Citation recognizes the department's organization, specialized teams and expert first responders in providing emergency pre-hospital care under extreme circumstances.

This year's recipient: Mt. Ashland Ski Patrol

At the Mt. Ashland Ski Area in southwestern Oregon on Saturday, February 16, 2019 three experienced and well-equipped Mt. Ashland Ski Patrollers were performing trail maintenance in fresh, deep snow, when one of the three fell head first into a tree well, was buried up to his waist and unable to self-extricate. The two nearby patrollers quickly came to render aid and radioed for additional resources. These 2 patrollers were able with great effort to extricate the fallen patroller from the tree well and began resuscitation efforts as the victim was unconscious, apneic and pulseless.

As additional patrollers arrived resuscitation efforts continued, including the application of an AED, and preparation for toboggan transport. The extrication initially involved a difficult quarter-mile uphill traverse through more than 2 feet of fresh, light, untracked snow to the nearest ski trail. During the entire extrication one patroller straddling the victim on the sled provided chest compressions. Additional ski patrol personnel responded to aid in the strenuous sled-hauling, later supplemented with help from resort staff, ski instructors and ski race personnel.

Once the sled arrived at the regular ski run, a snowmobile transported the victim and the chest compressor to the ski patrol room nearby. In the patrol room, 4 paramedics and 1 EMT from local EMS agencies were prepared for extensive and lengthy BLS & ALS measures, which unfortunately were unsuccessful. Following online medical consultation resuscitation efforts were ceased.

Although the ski patroller died in this tragic episode, the Mt. Ashland Ski Patrol performed extraordinarily in the resuscitation, extrication and sled transport across difficult terrain, all while chest compressions were continuing. The Mt. Ashland Ski Patrol deserves a "EMS Unit Citation" in 2019 for their efforts to save the life of their fellow patroller and friend in these very challenging circumstances.



EMS UNIT CITATION

The EMS Unit Citation recognizes the department's organization, specialized teams and expert first responders in providing emergency pre-hospital care under extreme circumstances.

Mt. Ashland Ski Patrol

Jason Berard John Rodriguez Tom Perry Karic Roberge Steve Walters Zac Kauffman Theo Barker Micha Willits Tripp Androy Mark Daly Annette Batzer Kerry Metlen Robert Taylor Doug Volk



Civilian

Civilian award recognizes a civilian who provides extraordinary service during the course of an EMS emergency.

This year's recipient: **Bob Ringering** Madras, Oregon



Bob Ringering has taught CPR to the public for about 14 years. He, himself, has been taught CPR for much longer. Now retired from the Special Districts Association, of Oregon he had never had to use his skills before May 1st, 2019.

On that day, Bob was playing golf at the Desert Peaks Golf Course in Madras, Oregon. While at hole number 5, someone was yelling at him, trying to get his attention from a parallel hole, number 1. There, the local Mayor, Richard Ladeby, had collapsed. He was unresponsive and without a pulse. Bob quickly responded to Richard's aid, providing chest compressions and rescue breaths. He continued CPR until paramedics with the Jefferson County EMS District arrived. Jefferson County EMS District, assisted by Jefferson County Fire District #1, provided medical treatment until Life Flight landed and transported the patient to St. Charles Medical Center in Bend.

Meanwhile, Bob's wife, Diane, was worried. You see, the reason Bob started teaching CPR in the first place was because of his own extensive cardiac history. When Diane heard the call on the scanner, she thought Bob was the patient. Diane tried to call Bob on his cell phone, but he did not answer because he was tending to Richard. She then tried to call the golf clubhouse, but no one answered the phone. The clubhouse staff responded to the incident. She was about to head over to the golf course herself when Bob called her to tell her of what had happened. Because of Bob's quick actions and skills, Richard is alive and well and back to work as the Mayor of our small town of Madras.

Civilian

Civilian award recognizes a civilian who provides extraordinary service during the course of an EMS emergency.

This year's recipient: Aaron DeSilva Grants Pass, Oregon



June 24, 2018 was like any other day in Southern Oregon. Aaron DeSilva and his family decided a day trip to Lake of the Woods was needed to escape the Medford heat and all the Forest Fire smoke. This was a last-minute decision as other plans for this day had fallen through. Aaron and his family went to the main lodge and decided that they would rather be in a less crowded area of the lake. So they drove to a less densely populated area. It was early and still rather chilly. Aaron noticed a father and son swimming into the lake and stated how far apart the

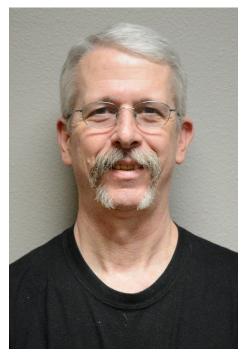
two had become. Moments later the father was approaching the no wake buoys and the young boy, not near his father, appeared to be struggling. Aaron jumped up and was emptying his pockets, his eagle eye steadily, watching as the head of the boy disappeared under the water for a second or two as he ran into the water and started swimming to the child. Just as he was about half way there, the father of the boy realized what was happening and began to swim back to his son, but he was too far away. Aaron made it to the boy just as on lookers watched him sink under the surface having no energy left. As Aaron reached the spot where the boy had gone under, he looked down and saw the boy sinking with his eyes open and reaching up toward the water's surface. Aaron swam down and grabbed the boy and pulled him to the surface with mere seconds to spare before drowning would enviably occurred. Bystanders remained on the shore as Aaron dragged the boys limp body to shore alone. The boy was breathing but had taken on a significant amount of water. The boy's father made it to shore shortly after the two and was so thankful for Aaron's act of heroism. Had it not been for the quick actions of Aaron DeSilva, there surely would have been a death at the lake that day. Thank you, Aaron for your selfless and heroic act.



EMS CROSS

EMS Cross honors an a person who by act or deed represents the most outstanding achievement in EMS over an extended period of time. This is the highest award that can be bestowed in the absence of extreme conditions and extraordinary circumstances.

This year's recipient: **Mark Hornshuh, Paramedic** Banks Fire District 13 & Portland Community College



The Oregon EMS Cross recognizes an EMS Provider who by act and deed represents the most outstanding achievement in EMS over an extended period of time. The Banks Fire District proudly nominates Mark Hornshuh for this award in honor of his 30 years of dedicated diligent service on the part of Emergency Medical Service in Oregon.

Mark has made a mission out of providing quality EMS education and service for the last two decades. This mission has been evident in his 30 years volunteering with the Banks Fire District and 23 years working for Portland Community College (PCC). Mark is a constant presence at District drills attending nearly 80% and instrumental in EMS training for the District. Serving as a Captain for the Fire District, he is the go-to source for advice on the educational process for our new recruits in addition to responding to emergency calls. Mark also serves as the Program Specialist for PCC's EMS Program (EMT & Paramedic) and is a part-time faculty member. Mark strives on multiple fronts to make EMS students

successful. He takes a vested interest in their progress and ensuring they receive a quality education. This fact is very evident in his work for PCC in all areas of instruction for the EMT program. He has established himself as the go to person for PCC's EMS program. To assist students in outlying areas, Mark worked diligently to offer local EMS programming. Most recently, due to his efforts, an EMT class was offered in Forest Grove that benefited firefighters from Forest Grove, Banks, Gaston and Cornelius. Simply put, Mark is invaluable to the EMS program for Banks Fire and beyond. Mark has also volunteered for over 25 years at the Oregon EMS Conference. His contribution and oversight set the stage for the awards banguet and opening ceremony.

Mark accomplishes all tasks in the most professional and positive manner. He is always eager to answer questions and to provide help to all. Students and new recruits quickly learn that Mark will go the extra step in helping them realize their goals. Mark has dedicated his life's work to improving Emergency Medical Service in Oregon and ensuring future responders are the best trained and prepared. There is no better representation of the ideals of the EMS Cross than Mark Hornshuh.



DIRECTOR'S MEDAL

Director's Medal recognizes an individual who is particularly noteworthy and who has substantially contributed to the EMS system in the State of Oregon.

This year's recipient: **Shawn Baird, Paramedic** *Woodburn Valley Ambulance*



Shawn Baird, Chief Operating Officer of Woodburn Ambulance Service, Inc. has an impressive track record when it comes to EMS. From serving as the Chief Operating Officer and Vice President of Woodburn Ambulance Service to serving as the Oregon State Ambulance Association President and as the American Ambulance Association President Elect 2019, Shawn's influence in the world of EMS not only impacts the 450 square miles that Woodburn Ambulance serves in Oregon but impacts EMS nationwide. With 20+ years' prior experience as a paramedic and as a co-owner of a small ambulance service right here in rural Oregon, Shawn has had a unique opportunity to fill nearly every role in EMS. Beginning his career as a Paramedic at Woodburn Ambulance in 1990 shortly after finishing the Program at Chemeketa Community College, Shawn went

on to become an experienced co-owner with a demonstrated history working in this field. He became skilled in business while giving of his time to chair the Marion County Ambulance Service Advisory Committee; to serve as chair and board member of NORCOM 911 Center; to serve as an advisory board member for Silverton Health/ Silverton Hospital; to serve as a member of a special appointed National Emergency Medical Services Advisory Council; to service as a member of the Board of Directors along with past Treasurer and Government Affairs Co-Chair for the American Ambulance Association plus completing nonprofit work through Medical Teams International traveling as an EMS consultant to Sri Lanka, Vietnam and Cambodia. Shawn lives and shares his innovation management style along with his analytical skills, coaching and ability to work with government to improve EMS across our county. As a strong business development

professional with a Master of Arts (MA) focused in Leading Innovation and Change from York St. John University, Shawn has impacted how Emergency Medical Services is provided not only here at home but across the U.S. with health systems analysis, policy development and system design consultation. At home at Woodburn Ambulance or in our nation's capital, Shawn's creed of "if it's important to you, it's important to me" has earned him the admiration of all who know and work with him. The Director's Medal signifies Shawn Baird for his noteworthy and substantial contributions to the EMS system of the State of Oregon and to our nation.



