

**Briefing/Monitoring Paper
Children's Services Advisory Committee**

Title: EASA Information and Update

Date: 1-15-2016 Drafted by: Jean Lasater Young Adult Services Coordinator HSD

Program Overview:

The EASA model serves individuals experiencing symptoms consistent with schizophrenia, and related psychotic disorders and Bi-polar disorders. The goal of the program is to ensure they and their families have the resources to effectively deal with the illness and minimize the impact on their lives. The New Investment EASA sites established to date are: Clackamas, Douglas, Jackson-Josephine, Klamath, Lane, and the Eastern Oregon Counties of Baker, Wallowa, Malheur, and Umatilla*

The EASA Model is a team approach that includes clinicians, OT's, nursing, prescribing, peer support, supported employment and education, multi-family groups, participant groups, community education and transition planning. Each site has bi-annual fidelity reviews and there are clinical consultations, peer support and strategy group meetings held monthly.

The Center for Excellence supports a Young Adult Leadership Council. The Council works on getting input from EASA participants around the state and advocating for

EASA last for two years. The ideal outcome for EASA is to allow a young adult and their family to maintain a healthy life trajectory.

CSAC Responsibilities:

- I. Maintain connection and awareness of EASA progress and concerns
- II. Provide a seat for EASA alum on CSAC

Many issues that come before CSAC are interrelated. To assist CSAC in monitoring progress and to ensure interrelationships are addressed, please check which OHA and Child, Youth, and Young Adult Services initiatives/projects/issues and programs of outside agencies are related to implementation.

| Programs | Systems |
|--|---|
| Early Childhood | Trauma Informed Care |
| Outpatient | Suicide Awareness/Prevention/Intervention |
| School-Based Services/Clinics | System of Care Approach |
| Primary Care / Physical Health | Tribal Systems of Care |
| OPAL-K | Insurance (Private/OHP/CHAMPUS etc) |
| Wraparound | Health Systems (managed care, HMO, etc) |
| Day Treatment | Coordinated Care Organizations |
| Acute Hospitalization | Child Welfare |
| Residential treatment | Oregon Youth Authority |
| Out of home placement – child welfare | Oregon Department of Education |
| Out of home placement – juvenile justice | |
| Family Peer Support | Statutes and Administrative Rules |
| Youth/Young Adult Peer Support | |
| Youth Suicide Prevention | |

Task #1: How is the program/new investment being implemented?

EASA began in the early 2000's in four counties: Marion, Polk, Linn, and Yamhill. Since then, through the use of state general funding and MHBG funds, EASA is now in 27 counties, with nine counties coming on board during the 2015-17 Biennium.

There is also a Center for Excellence at Portland State University, dedicated to bringing new sites on line, providing technical assistance and clinical consultation to EASA teams, and monitoring sites' progress toward fidelity.

Sites in the early stages or yet to be developed are: Benton, Lincoln, Coos, Curry, Wheeler, Umatilla, Lake, Harney, Gilliam, and Grant

See Information Sheet Attached

Outcomes being tracked. See PDF Attached

Notes on Task #1

The implementation is progressing. Challenges include frontier service delivery that is effective and efficient and identifying start-up funding for the sites coming on line.

Task #2: For the next 12 months what are the issues of concern?

Support to the 15-17 sites

Consolidation of data collection process-housing the data and aligning data collection with MOTS/MMIS

Fidelity guidelines update

 Increase young adult involvement in program decision-making

 Increase family member participation in program decision-making

Sustainable funding model-Medicaid, GF, MHBG, and Private Pay

Notes on Task #2

These are not so much concerns as the work to be done in the next six months to a year. They are challenging and may take longer than six months to figure out, however.

Task #3: In the next six months how should CSAC be involved?

- Request six month updates on the items listed in Task #2
- Support the young adult (MYAI) recommendations

Notes on Task #3

Discussion Notes:

Attachments:

- PDF-EASA Data-Existing Sites
- Fact Sheet-OHA
- Prevention of Hospitalization
- EASA Young Adult National Policy Platform

<http://www.usnews.com/opinion/blogs/policy-dose/2015/11/30/treating-psychosis-early-is-a-mental-health-game-changer>

<http://www.easacommunity.org/>

<http://www.nytimes.com/2015/12/29/health/programs-expand-schizophrenic-patients-role-in-their-own-care.html?ref=health>

Timeline for monitoring

Ongoing
