

Family Activities



Organized event around an identified theme to share information, increase awareness or provide recognition to a specific targeted audience. A program that is clearly promoted as an ATOD free event. Historically Tribal families have come together to promote community wellness.

TARGET POPULATION: YOUTH AND FAMILIES

RISK FACTORS ADDRESSED:

COMMUNITY DOMAIN

- ❖ Community Laws and Norms Favorable Toward Drug Use, Firearms, and Crime
- ❖ Low Neighborhood Attachment and Community Disorganization

FAMILY DOMAIN

- ❖ Family history of the problem behavior
- ❖ Family Management Problems
- ❖ Favorable parental attitudes and involvement in the behavior

INDIVIDUAL/PEER

- ❖ Early and Persistent Antisocial Behavior
- ❖ Friends Who Engage in the Problem Behavior
- ❖ Gang Involvement
- ❖ Favorable Attitudes Toward the Problem Behavior
- ❖ Early Initiation of the Problem Behavior

KEY INGREDIENTS:

Historical Recognition

- Inclusion of Elders as teachers when appropriate
- Communal participation from all ages in community
- Form of celebration, honoring and mentoring youth

Process

- ❖ Parents, Elders, youth
- ❖ Support staff to plan and organize event
- ❖ Location to support planned activities (Tribal Community Center)
- ❖ Education of ATOD misuse/abuse being non traditional in regards to Native American populations.

PROTECTIVE FACTORS ADDRESSED:

- Individual Characteristics
- Bonding
- Healthy beliefs and clear standards.

IOM

- Universal
- Indicated

Materials

- ❖ Cross-generational friendly activity
- ❖ Communal meal

OPTIONAL INGREDIENTS:

- Traditional music
- Traditional food
- Prizes specific to topic (example - flashlights “Turn on the Lights to Underage Drinking”)

RESOURCES: All Tribes

EXAMPLE OUTCOMES

EDUCATIONAL	Participants will demonstrate increase knowledge of the dangers of ATOD abuse and prevention of abuse
ATTITUDINAL:	Participants will say doing activities as a family is beneficial
BEHAVIORAL	Participants will better engage together as a family