



Oregon ebp news

OREGON HEALTH
AUTHORITY ADDICTIONS &
MENTAL HEALTH DIVISION

EBP : Evidence Based Practices

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**"The future of
mankind lies
waiting for those
who come to
understand their
lives and take up
their
responsibilities
to all living
things"**

**~Vine Victor
Deloria Jr.
Standing Rock
Sioux**

AMH Report to Interim Judiciary Committee: EBP Use Reaches 75%

You may remember the language in the statute: "for the 09-11 biennium, 75 per cent of treatment funds covered by ORS. 182.525 are expected to be spent on EBPs". The data is in, and the overall level of EBP use wasn't 72.09% or 75.275% EBP use, it was almost exactly 75% and, therefore, met the statutory requirement. This level remains the requirement for the future, and AMH will continue to report to the Legislature every other year.

AMH revised the process this year to "better align with the intended goals of ORS 182.525", so only the following client populations were included in the self-report survey:

- for Alcohol and Drug Treatment Services--clients referred by criminal justice system, including DUII clients;
- for Adult Mental Health System--clients identified as "Priority One"; and
- for the Children's Mental Health System--clients who are part of the Integrated Services Array (ISA).

[Note: the survey did not include the following services: prevention; crisis; pre-commitment; personal care; state hospital; acute care hospital; or services delivered to individuals outside the population described above.]

The top ten practices most commonly reported for the three populations above were: Cognitive Behavioral Therapy, Motivational Interviewing, Relapse Prevention, Co-Occurring Disorders Treatment, ASAM, Dialectical Behavioral Therapy, Seeking Safety, Individual Drug Counseling, Medication Management, Matrix Model, Cannabis Youth Treatment, Collaborative Problem Solving, Supported Employment, Supported Housing and Wraparound.

The full report can be found on the AMH website at:

<http://www.oregon.gov/DHS/mentalhealth/ebp/reports/joint-interim-judiciary10report.pdf>. The reports of the other agencies included in the statute (Department of Corrections, Criminal Justice Commission, Oregon Youth Authority and the Oregon Commission on Children and Families) will also be posted. If you have questions call Shawn Clark at 503-945-9720 or Jon Collins at 503-945-6429.

Oregon Receives Multimillion Dollar Access to Recovery (ATR) Grant

Oregon was one of 30 organizations to receive multi-year funding as part of SAMHSA's Access to Recovery (<http://www.atr.samhsa.gov/>) initiative.

ATR services include several unique features:

- peer-delivered mentoring, coaching, recovery housing, transportation, childcare, and care coordination;
- use of vouchers rather than providing funds to intermediaries or providers; Oregon has selected Web Infrastructure for Treatment Services (WITS) as its voucher management system platform;
- free and independent choice in the selection of recovery support services among ATR participants; that means there must be at least two options provided to clients seeking services, including community and faith-based options.

This is a 4-year initiative and year one will include five counties: Multnomah, Lane, Umatilla, Douglas and Jackson. Services will focus on three populations: veterans, parents involved in child welfare who have accessed treatment via Intensive Treatment and Recovery Services (ITRS) and inmates transitioning from correctional facilities.

Karen Wheeler, AMH Addiction Programs Administrator notes, "this could not have come at a better time given the state budget challenges we face and our readiness to develop a recovery-oriented system of care, new data systems, and new approaches to financing services."



Focus On: Neurosequential Model of Therapeutics (NMT)

The Addictions & Mental Health Division has provided eight sites in Oregon with the opportunity to participate in a year-long training with Dr. Bruce Perry and the ChildTrauma Academy. This work will prepare child serving agencies to provide assessment and intervention to abused or neglected children using developmentally informed, trauma-sensitive methods. Each of the 8 sites have put together multidisciplinary teams that include mental health, early childhood, education, child welfare and family partners among others. "Enthusiasm and interest in this project is phenomenal with over 60% of the State involved through these eight sites", says AMH's Children's Mental Health Specialist Rita McMillan.

For more on the brain, trauma and this promising practice go to:

<http://www.mandtsystem.com/mandtnew/articles/Traumagenic/Trauma%20and%20brain%20development.pdf>

"Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning."

~Albert Einstein

"How do I stay on top of what's going on with EBPs in Oregon?"

Sign up to receive EBP-related emails at:

https://service.gov.delivery.com/service/subscribe.html?code=ORDHS_98

"Without deviation from the norm progress is not possible"

~Frank Zappa

Certified Prevention Specialist Requirements Changing

The Addiction Counselor Certification Board of Oregon (ACCBO) and AMH collaborated with Prevention Specialists across Oregon to revise the training requirements for becoming a Certified Prevention Specialist (CPS). The total hours are the same, however specific training coursework has been added or stipulated. Re-certification hours will remain the same. More detail can be found at:

<http://www.oregon.gov/DHS/addiction/prevention/cps-training-grid.pdf>.

For more information on this and other prevention trainings go to:

<http://www.oregon.gov/DHS/addiction/prevention.shtml#training>

Recommended Resources:

★ Oregon Student Wellness Survey Data

Oregon's Student Wellness Survey is an anonymous, research-based survey of youth in grades 6, 8 and 11. It is a source of data about health risks such as depression, alcohol, tobacco and drug use; and delinquent behaviors such as bullying, fighting and harassment. The 2010 data is now available at:

<http://www.oregon.gov/DHS/addiction/student-wellness/index.shtml>

★ SAMHSA's Toolkit for Permanent Supportive Housing

This free download includes tools, informational materials, and sample documents that can help you address key challenges in the planning, development, and on-going operation of permanent supportive housing projects; for a copy go to:

<http://store.samhsa.gov/shin/content/SMA10-4510/SMA10-4510-01.pdf>

Oregon Research Institute (ORI) announces the 8th annual Research to Practice Conference: **Supporting Families Through Evidence-Based Approaches: Meeting Diverse Levels of Need** which will be held **Friday, December 3, 2010, from 8:30 am to 4:30 pm at ORI** (1715 Franklin Boulevard, Eugene OR, 97403). The program will provide 6.0 CEUs. Presentations will review recent research on evidence-based models of family interventions for childhood problems, with a focus on matching the intensity of treatment to each family's level of need. There is a nominal fee of \$50, \$75, or \$100 sliding scale for attendees depending on available budget or ability to pay. Attendance will include the CEU certification, a coffee/continental breakfast during morning check-in, lunch, and all materials. For more information or to register, go to the conference site at <http://ori.org/RTPConference/index.html>. Complete session descriptions, speaker bios, and other pertinent details are included on the site.



Problem Gambling Services' Latino Leadership Group

Paul D. Potter, Problem Gambling Services Manager, has begun a pilot mentoring/training program for leaders in the Latino problem gambling treatment/awareness community.

The goal is to build upon the work this group has done over the past 3 years in improving awareness of problem gambling among Latinos and in providing culturally relevant services by increasing members' leadership knowledge and skills.

"We can learn from each other", says Potter, "as I present some of the well known leadership tools, strategies and practices the group can apply them to their own leadership efforts and, as they do so, can help me understand how, and if, those constructs fit within the Latino culture".



Addictions and
Mental Health
Division
500 Summer St.
NE E 86
Salem, OR 97301
Phone: Shawn
Clark
503-945-9720

***The truth is more
important than
the facts***
~ Frank Lloyd
Wright



SAMHSA Announces Strategic Initiatives



SAMHSA has released a draft paper outlining its strategic initiatives for 2011-2014; they were developed with public input and include:

- Prevention of Substance Abuse and Mental Illness
- Trauma and Justice
- Military Families
- Health Care Reform Implementation
- Housing and Homelessness
- Health Information Technology
- Data, Outcomes and Quality
- Public Awareness and Support

The paper can be downloaded from:

http://www.samhsa.gov/about/sidocs/SAMHSA_SI_paper.pdf