

# GORGE WIDE FOOD SURVEY RESULTS

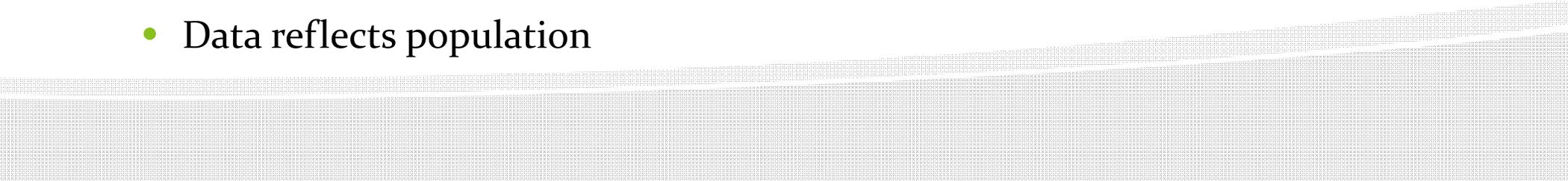
May 2015 Columbia Gorge CCO Consumer Advisory Council



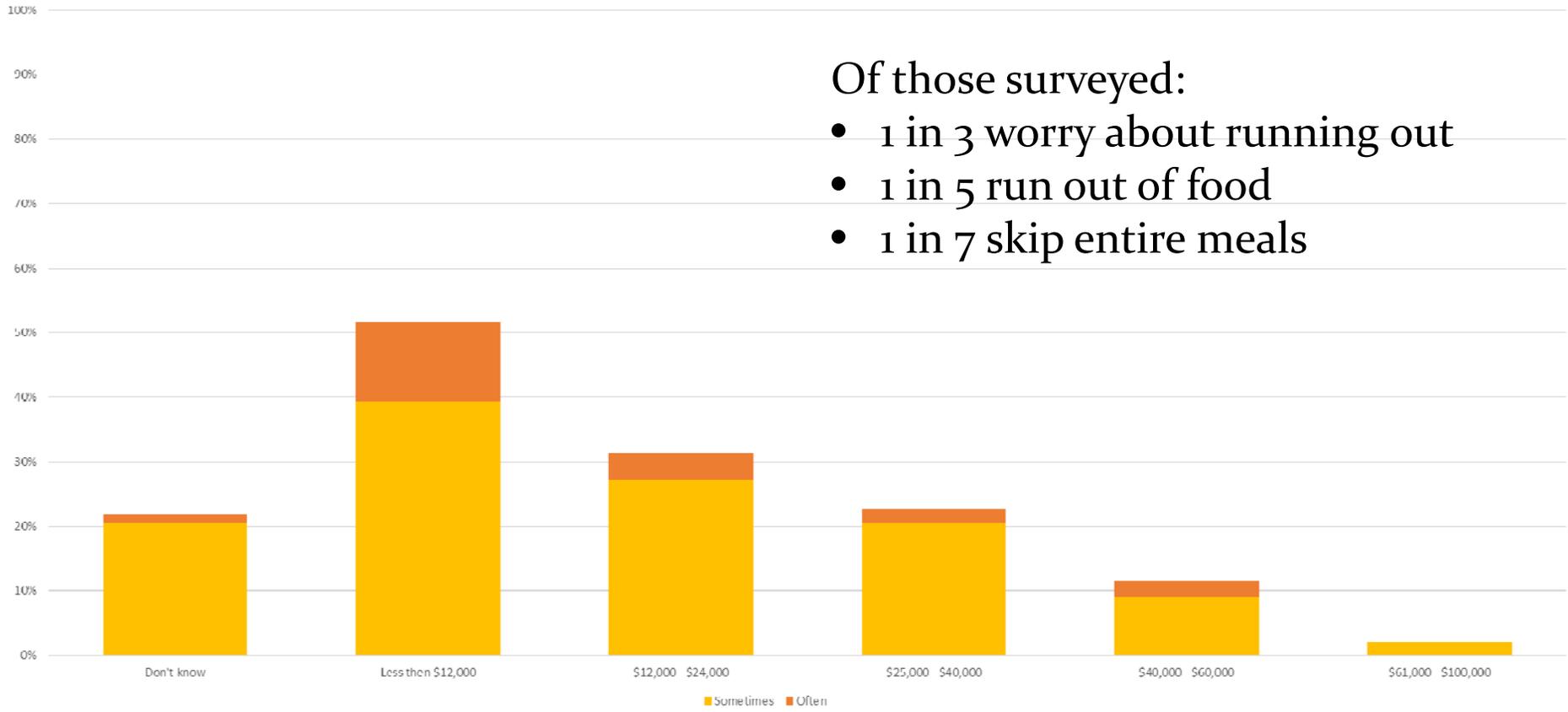


## Who was surveyed:

Collaboration across 5 counties. Many area agencies and partners contributed to its success.

- 1956 households surveyed; 4,664 individuals (1850 < 18; 535 >=65)
  - 75% English, 25% Spanish
  - 60% Caucasian, 31% Hispanic, 3% American Indian
  - Less than 3% Asian, Hawaiian and Pacific Islander & African American
  - 45% of the population surveyed receive SNAP, WIC or Free and Reduced lunch or some combination of the three
  - Data reflects population
- 

% of households surveyed (by income) that ran out of food before they could get more



Of those surveyed:

- 1 in 3 worry about running out
- 1 in 5 run out of food
- 1 in 7 skip entire meals



## High Level of Food Insecurity

Households on SNAP, WIC and/or School Lunch programs *still* experience **HIGH** levels of Food Insecurity

	General Population	SNAP/WIC/Free Lunch
Ran out of food	22%	34%
Went without a meal	15%	24%
Went without a meal so children can eat	10%	18%
Children went without a meal	3%	5.5%



## What makes it hard to get food?

	General	Ran out of food
Cost	69.3%	85%
Time for shopping	24.0%	15%
Distance to the store	20.4%	21%
Transportation	15.1%	22%
Foods that I want/ need are not available	12.6%	8%



## Interventions of interest

Learning to shop on a budget	24%
Cooking classes	26%
Nutrition and healthy eating classes	25%
Gardening classes	21%
Food preservation classes (canning, drying, freezing)	29%
Land to grow a garden on/ community garden	14%



# Veggie Rx Program



In the last 12 months, did you and the people you live with

- worry that you would run out of food before you were able to get more?
- run out of food before you were able to get more?

10 different Farmers Markets (May - Sep)  
9 Grocery Stores in off season (Oct - Apr)  
Mobile Farm Market year round