

## **Oregon Health Plan Prioritized List Changes Self-Monitoring of Blood Glucose for Type 1 & 2 Diabetes**

The Health Evidence Review Commission approved the following changes to the Prioritized List of Health Services on December 8, 2013, based on the approved coverage guidance, “Self-Monitoring of Blood Glucose for Type 1 & 2 Diabetes.” The changes will take effect for the Oregon Health Plan on April 1, 2014.

**New guideline note:**

### **ANCILLARY GUIDELINE NOTE: SELF-MONITORING OF BLOOD GLUCOSE IN DIABETES**

For patients with type 1 diabetes and those with type 2 diabetes using multiple daily insulin injections, home blood glucose monitors and related diabetic supplies are covered.

For patients with type 2 diabetes not requiring multiple daily insulin injections, 50 test strips and related supplies are covered at the time of diagnosis. For those who require diabetic medication that may result in hypoglycemia, up to 50 test strips per 90 days are covered. If there is an acute change in glycemic control or active diabetic medication adjustment, an additional 50 strips are covered.

All diabetic patients who are prescribed diabetic test strips should have a structured education and feedback program for self-monitoring of blood glucose.