

More on Safety

We encourage practitioners to review these brochures to keep current on other state requirements:

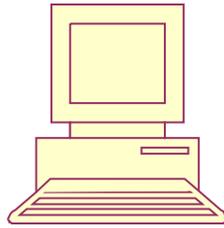
- **Client Records: Required**
- **Nail Technician Tool Safety**
- **Stay Away from MMA**

Find brochures at www.oregon.gov/OHLA or contact us at (503) 378-8667 or hlo.info@state.or.us to order copies.

The **Health Licensing Office (HLO)** is a state consumer protection office within the Oregon Health Authority. The HLO provides centralized regulatory oversight for multiple volunteer citizen boards of health and related professions.

We help protect Oregon consumers by setting, communicating and enforcing uniform regulatory standards.

The **Board of Cosmetology** consists of six licensed practitioners and one public member. The HLO boards and councils help to set educational and professional scope of practice standards but are not responsible for the HLO central office administration.



Find it online!

- Renew your license
- Update your address
- Download forms, publications
- And more!

www.oregon.gov/OHLA

Oregon
Health
Authority

HEALTH LICENSING OFFICE

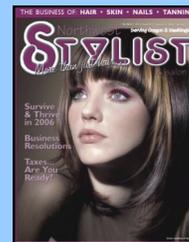
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Turn to **Oregon Regulatory News** in *Northwest Stylist & Salon* every month for the latest news from the Board of Cosmetology and the Health Licensing Office (HLO). *Northwest Stylist* is distributed free to cosmetology facilities, independent contractors and cosmetology schools statewide.



Board of Cosmetology



Nail Technician FOOT SPA SAFETY



Oregon
Health
Authority

HEALTH LICENSING OFFICE

NAIL TECHNOLOGY

Foot Spa Safety

Thankfully, Oregon has avoided large-scale infection outbreaks caused by improperly cleaned and disinfected foot spas. **Let's keep it that way!**

This brochure details the basic steps necessary and **REQUIRED** to protect the health and safety of your clients.

By following these steps, you'll be in compliance with state health and safety requirements. You'll also avoid potential consumer complaints, civil penalties and license sanctions.

Questions? Contact Us

📞 Call **503-378-8667**

📧 E-mail hlo.info@state.or.us

❓ Or ask an HLO regulatory compliance officer during a **salon inspection**

Did you know?

Shaving or waxing before a pedicure may cause microscopic breaks in the skin. Intact skin is the best barrier to infection.

A foot spa is any container used to soak the feet during a pedicure, such as circulating and non-circulating units, pipe-less units and tubs or bowls.

After Each Client

Follow these **REQUIRED** steps after each client:

- 👉 Drain all water and remove all debris from the foot spa.
- 👉 Clean surfaces and walls of the foot spa with soap or detergent and rinse with clean, clear water.
- 👉 Disinfect with bleach or an EPA-registered **high-level disinfectant** with demonstrated tuberculocidal activity. Use according to manufacturer's instructions.

Keep Screen Clean

Follow these **REQUIRED** steps after each client:

- 👉 Remove the screen (a screwdriver may be necessary). All residue trapped behind the screen must be removed. Wash the screen and foot spa inlet with soap or detergent and water. 
- 👉 Soak the screen in a bleach solution or high-level disinfectant. Use according to manufacturer's instructions.

End of the Day

Follow these **REQUIRED** steps at the end of each day:

- 👉 After cleaning with soap (enzymatic or surfactant are best) or detergent, fill the foot spa with a solution of high-level disinfectant mixed with water. Follow manufacturer's instructions.
- 👉 Turn on foot spa and circulate the solution for at least 10 minutes.
- 👉 Drain and flush the system.
- 👉 Wipe dry with a clean towel.

Client Records

Nail salons and independent contractors are **REQUIRED** to keep an individual record on each client. For details, review the brochure *Required Client Records*.

Client records **MUST** note health condition(s) that may complicate services or pose a potential health risk (such as *bleeding disorders, diabetes, allergies or sensitivities to chemicals or products, etc.*).

Breaks in the skin increase the risk of infection. Swollen, red or other foot conditions may be medical in nature.

Refer your client to a medical professional if necessary.