

## Overview of transfer of ABA benefit to the CCOs

### I. Workgroups

- a. Workgroup with CCO representatives (Jan 2015 to Jan 2016) – Deliverables included:
  - i. Diagram of different systems possibly involved in care of ABA patient and their role (eligibility requirements & purpose of care).
  - ii. Draft of clinical guidelines (Trillium & U of Oregon)
  - iii. Proposal of statewide PA process with room for CCO options
- b. Workgroup with Stakeholders + CCOs (Jan 2016 to June 2016)
  - i. Addressed/discussed many issues regarding ABA benefit
  - ii. Overview of ABA therapy by provider Jenny Fischer
  - iii. Overview of ABA benefit and utilization
  - iv. Deliverables:
    1. Q&A of straightforward issues
    2. Document outlining ODDS & HSD similar services
    3. Recommended fee schedule changes
    4. Revised rules – in progress

### II. Communication regarding the transfer of the ABA benefit

- a. Letter to parents/recipients – sent out to FFS recipients, available as a template for CCOs along with a FAQ
- b. Letter to providers – sent out early May 2016
- c. Letter to schools encouraging coordination of care (to be sent 1<sup>st</sup> week of June)

### III. Transfer of files and PA database

- a. List of members receiving ABA benefit to CCOs April-May 2016
- b. Electronic files of members receiving ABA sent April – June 2016
- c. The transfer of member info will need to happen more than one time due to enrollment changes – last update will come last week in June.

### IV. HSD resources available

- a. Families/recipients – ABA resource guide and steps to treatment on website: <http://www.oregon.gov/oha/healthplan/Pages/behavioralhealth.aspx>.
- b. Providers – webinars and training videos available
- c. CCOs – technical assistance, webinars, slides and documents outlining specific topics available

**For more information and supporting documentation please contact:**

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## Overview of ABA benefit

### I. Fundamental pieces in place

- a. **ABA codes** pair above funding line on prioritized list with 2 diagnoses – autism (Line 197) and Stereotypy with self-abusive behavior due to neurological dysfunction (Line 442) – see also guideline note 75 and 126.
- b. **FFS fee schedule** can be found at:  
<http://www.oregon.gov/oha/healthplan/Pages/behavioralhealth.aspx>.
- c. **ABA rules** exist on prior authorization (OAR 410-172-0650(h)), who can prescribe and provider ABA (OAR 410-172-0760) and eligibility and required documentation (OAR 410-172-0770).
- d. **PA requirements** are (1) a diagnosis of autism or stereotypy with self-abusive behavior due to neurological dysfunction and recommendation for treatment by a physician or psychologist, and (2) an assessment and treatment plan from a licensed ABA provider (BCBA). Renewal of PA is every 6 months based on documented progression towards treatment goals.

### II. Utilization

- a. 72 families currently served, 90 prior authorizations processed (several are 2<sup>nd</sup> and 3<sup>rd</sup> renewals)
- b. The benefit appears to be growing steadily (not exponentially)

### III. Future steps & biggest challenge

- a. Recommendations for rules changes (so far) from workgroup:
  - i. Add grandfathered ABA providers to list of those who can submit a treatment plan.
  - ii. Clarify self-injurious behavior as stereotypy with self-abusive behavior due to neurological dysfunction.
  - iii. Take away the requirement of a Division approved standardized needs assessment
- b. Recommendations for fee schedule changes from workgroup:
  - i. Increase the rate for supervision codes 0368T/0369T
  - ii. Add the 0360T/0361T codes for observation to fee schedule
- c. Largest challenge continues to be a lack of providers in rural areas.