

FluBites

December 28, 2025- January 03, 2026

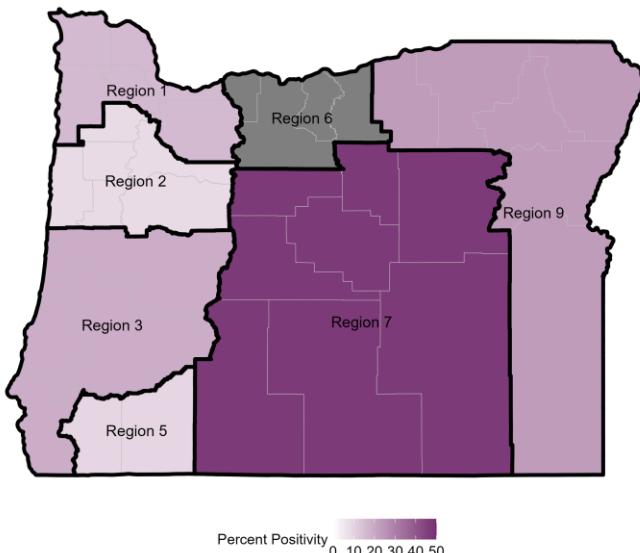
Influenza surveillance data at a glance		
	Percent Positivity ^a	Hospitalizations ^b
Current Week	14.8%	44
Previous Week	14.4%	37

^a Data from National Respiratory and Enteric Virus Surveillance System (NREVSS)

^b Hospitalization surveillance in Clackamas, Multnomah, and Washington counties only

Influenza Test Results in Oregon, NREVSS, Current Week				
Region	Influenza A	Influenza B	Total Tests	Percent Positivity
1	322 (15.2%)	14 (0.7%)	2,113	15.9%
2	37 (8.3%)	0 (0.0%)	445	8.3%
3	9 (19.1%)	0 (0.0%)	47	19.1%
5	46 (9.3%)	0 (0.0%)	497	9.3%
6	0 (0.0%)	0 (0.0%)	0	0.0%
7	16 (47.1%)	0 (0.0%)	34	47.1%
9	52 (23.2%)	0 (0.0%)	224	23.2%

Oregon Influenza Percent Positivity by Region

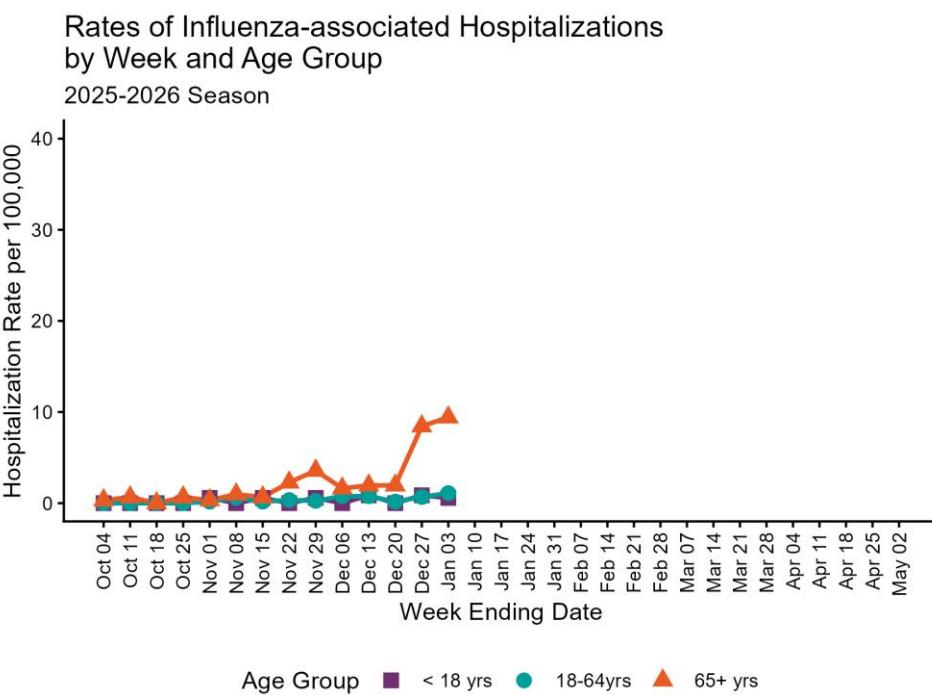


Regions with insufficient data are displayed as grey

Influenza Hospitalizations

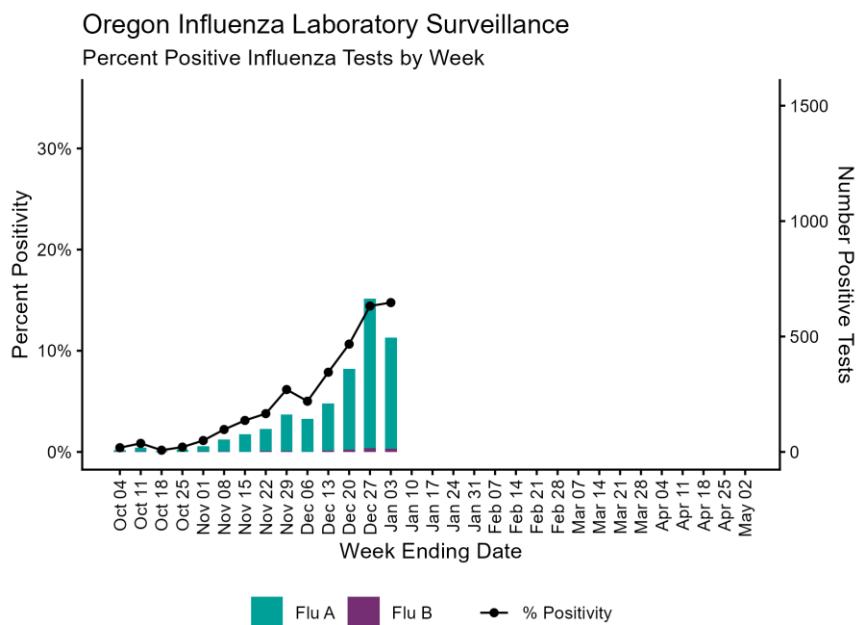
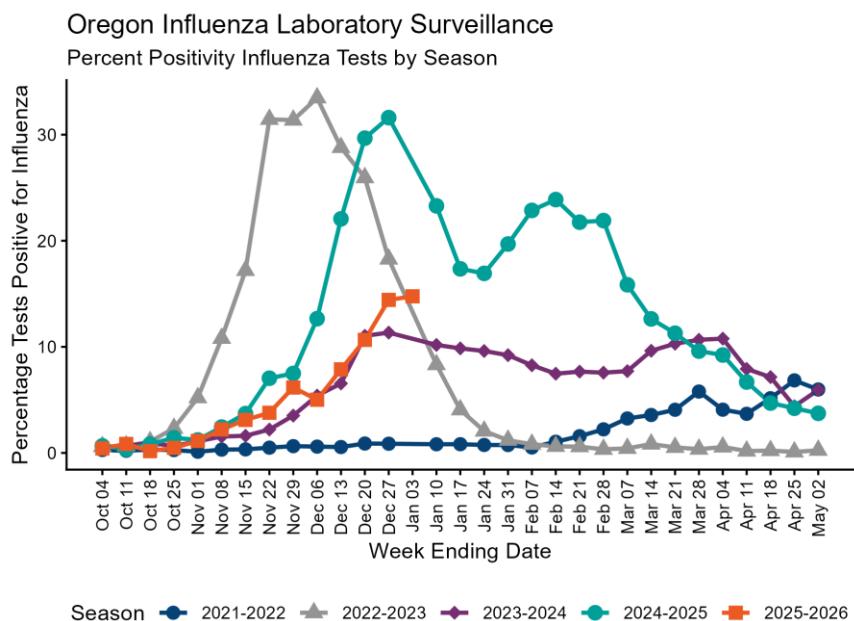
The Oregon Health Authority conducts population-based surveillance for laboratory-confirmed hospitalizations associated with influenza in Clackamas, Multnomah, and Washington counties during October 1 - April 30. To date, 174 hospitalizations have occurred during the 2025-2026 season. There were 44 hospitalizations reported during December 28, 2025 - January 03, 2026. The cumulative hospitalization rate for the 2025-2026 season is 9.6 per 100,000 people.

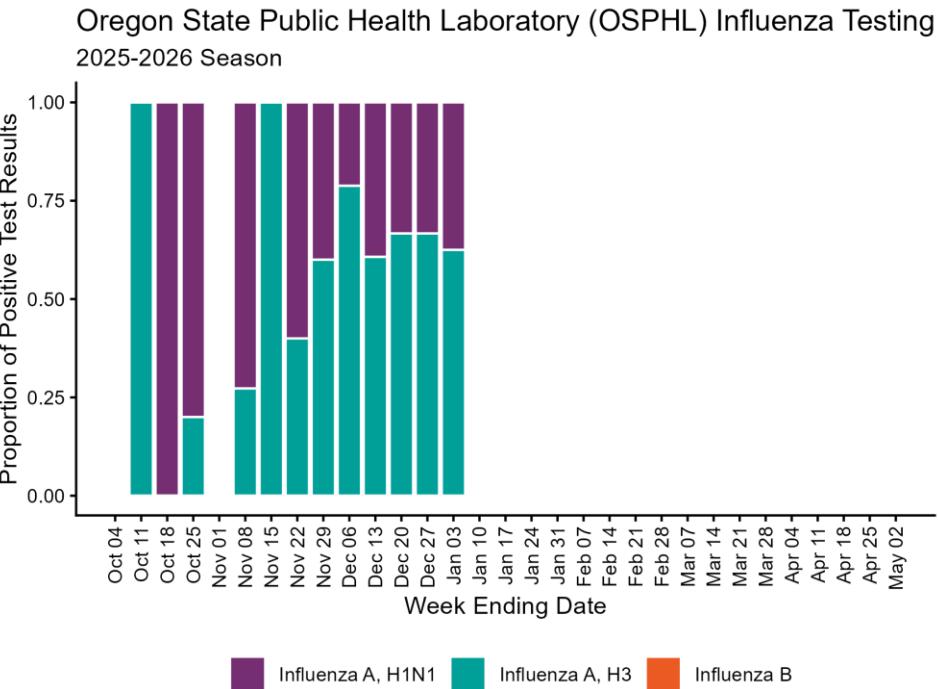
2025-2026 Influenza-Associated Hospitalizations		
Age Group (years)	N	Rate per 100,000 people
0-4	2	2.3
5-17	12	4.5
18-49	28	3.3
50-64	31	9.5
65+	101	33.7



Laboratory Data

14.8% of specimens tested for influenza were positive during December 28, 2025 - January 03, 2026. 37.1% of positive influenza specimens tested at the Oregon State Public Health Laboratory (OSPHL) this season are influenza A (H1N1), 62.9% are influenza A (H3), and 0% are influenza B. National laboratory trends can be found at [CDC FluView](#).





Avian Influenza

There has been 1 reported human case of highly pathogenic avian influenza (HPAI) H5N1 in Oregon. More information on avian influenza in humans is available from the [CDC](#). More information on avian influenza in animals is available from the [Oregon Department of Agriculture](#).

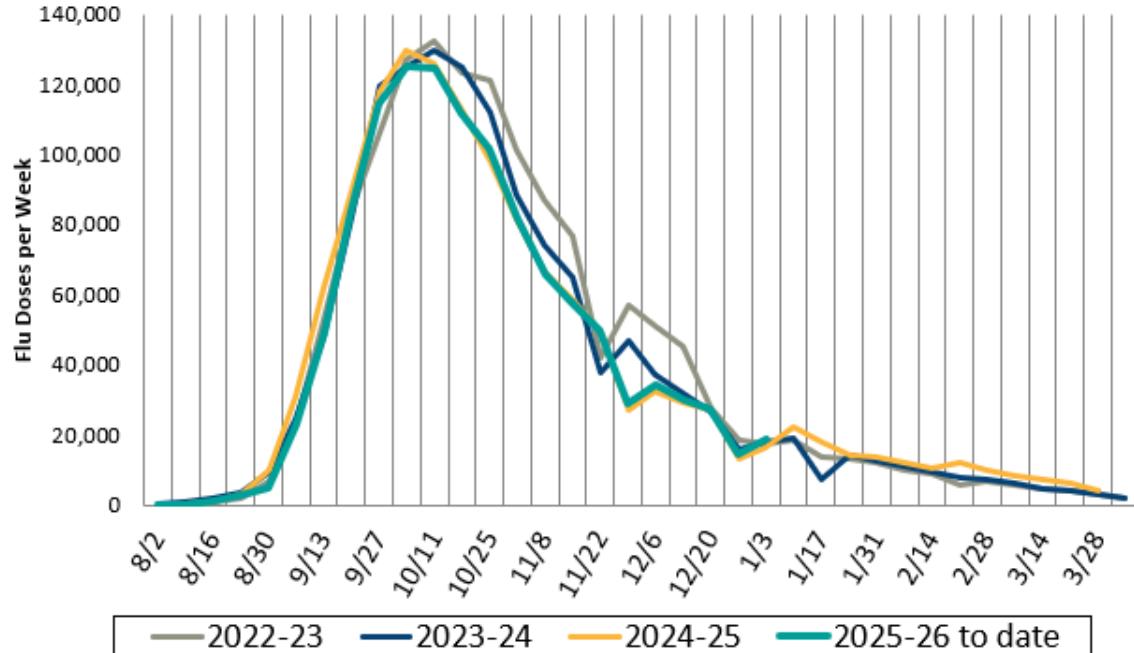
Immunization Data

As of January 5, 2026, influenza immunization seeking in Oregon has increased with the start of the 2026. Immunization seeking typically increases through early January as the circulation of seasonal influenza and other respiratory diseases increases. Overall, the number of Oregonians seeking influenza immunizations this season is slightly lower than in the prior 2024-25 season.

For more information on Oregon influenza immunizations, including county, age and race/ethnicity trends, the OHA Influenza Immunization Dashboard is available at:

https://public.tableau.com/app/profile/oregon.immunization.program/viz/Oregon_Influenza_Vaccination/Statewide

Weekly Oregon Influenza Immunization Totals, 2025-26 Compared to Prior 3 Seasons



Cumulative Oregon Influenza Immunizations, 2025-26 Compared to Prior 3 Seasons

