Treatment of Adrenal Crisis Quiz
(Created 4/2016)

Name: ____________________________   Date: __________________

1. What is the organ that the adrenal gland sits on top of?

2. What is the prescribed dose of medication called that a student needs during an adrenal crisis?

3. What plan should you review that is on file with the school that describes the student’s adrenal crisis signs, symptoms and medication dosage and administration?

4. List three things that could trigger an adrenal crisis in a student diagnosed with adrenal insufficiency.
   a)______________________________________________
   b)______________________________________________
   c)______________________________________________

5. List five signs or symptoms that a child can exhibit when suffering from an adrenal crisis.
   a)______________________________________________
   b)______________________________________________
   c)______________________________________________
   d)______________________________________________
   e)______________________________________________
6. Who is able to conduct a training on adrenal insufficiency?

7. What Oregon Revised Statute authorizes persons to be trained to administer medication to students diagnosed with adrenal insufficiency who are suffering from an adrenal crisis?

8. Training on adrenal insufficiency is required every ____ years, but the Oregon Health Authority recommends retraining every _____ year(s) to maintain competency.

9. When a child with adrenal insufficiency suffers a physical or emotional event, they are unable to produce the stress hormone _________ and need a ‘stress dose’ of their prescribed medication to avoid permanent disability or death.

10. When in doubt ____________ the student with their stress dose of medication.

11. When reconstituting any injectable drug to be given to a child suffering from adrenal crisis, if the solution remains ____________, you are instructed not to administer the drug and wait for EMS providers.
12. If a child with adrenal insufficiency suffers a skinned knee, will they necessarily require a stress dose of their medication?______ What if that child suffers a broken ankle?_______