Influenza vaccination

Annual vaccination against influenza is the best preventive way to protect yourself from getting sick from the flu. Getting a flu vaccination also helps protect the people around you who are more vulnerable to flu, such as young children and older adults. Flu vaccination substantially lowers the risk of being hospitalized due to flu at all ages. Currently the Advisory Committee on Immunization Practices (ACIP) recommends that everyone 6 months of age and older receive an annual flu vaccination.

During the 2015-16 influenza season, 43% of Oregonians received a flu vaccination. Adult women of all ages are more likely to receive a flu vaccination than are men. Roughly 2 out of 3 adult flu vaccinations are given to women.
Oregon falls short of the Healthy People 2020 goals of 70% annual flu vaccination rates among both adults and children. Neither adult nor child targets are likely to be met in the foreseeable future. This is in part due to low rates among adolescents and non-senior adults, and persistent gender differences among adults.

Additional Resources: ALERT Immunization Information System

About the Data: Data source is the ALERT Immunization Information System (IIS). Rates are based on the number of seasonal influenza immunizations reported to ALERT IIS and administered between August 1st and May 1st for each influenza season.

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Oregon State Health Profile