

# Benefits of Non-Motorized Trails Bibliography

## Publications

Bichis-Lupas, M. and Moisey, R. (2001). A Benefit Segmentation of Rail-Trail Users: Implications for Marketing by Local Communities. *Journal of Park and Recreation Administration*, 19(3), pp. 78-92.

Brownson, R., Housemann, R., Brown, D., Jackson-Thompson, A., King, B. and Salas, J. (2000). Promoting Physical Activity in Rural Communities: Walking Trail Access, Use and Effects. *American Journal of Preventive Medicine* (18) 3, pp. 235-241.

Gitelson, R., Guadagnolo, F. and Moore, R. (1988). Economic Impact Analysis of a Community-Sponsored Ten-Kilometer Road Race. *Journal of Parks and Recreation Administration*, 6(4).

Crompton, J. (2000). *The Impact of Parks and Open Space on Property Values and the Property Tax Base*. Ashburn, VA. National Recreation and Parks Association.

Crompton, J. (2001). Perceptions of How the Presence of Greenway Trails Affects the Value of Proximate Properties. *Journal of Park and Recreation Administration*, 19(3), pp. 114-132.

Crompton, J. (2001). The impact of parks on property values: A review of the empirical evidence. *Journal of Leisure Research*, 33(1), pp. 1-31.

Crompton, J., Love, L., and More, T. (1997). An Empirical Study of the Role of Recreation, Parks, and Open Space in Companies' (Re) Location Decisions. *Journal of Park and Recreation Administration*, 15(1), pp. 37-58.

Equestrian Land Conservation Resource. *Equestrian Economic Impact Analysis: How Your Community Benefits*. Order online at: <http://www.elcr.org/publist.html>

Federal Highway Administration (1992). *Transportation Potential and Other Benefits of Off-Road Bicycle and Pedestrian Facilities*. U.S. Department of Transportation. Case Study No. 7. Publication No. FHWA-PD-92-040. Order at: <http://www.fhwa.dot.gov/environment/bikeped/nbws-ord.htm>

Federal Highway Administration (1992). *Benefits of Bicycling and Walking to Health*. U.S. Department of Transportation. Case Study No. 14. Publication No. FHWA-PD-93-025. Order at: <http://www.fhwa.dot.gov/environment/bikeped/nbws-ord.htm>

Feeney, S.(1997). *The Mohawk-Hudson Hike-Bike Trail and Its Impact on Adjoining Residential property*. Schenectady, NY: Schenectady County Department of Planning.

Frauman, E. and Cunningham, P. (2001). Using a Means-End Approach to Understand the Factors that Influence Greenway Use. *Journal of Park and Recreation Administration*, 19(3), Pp. 93-113.

- Haigood, T., and Crompton, J. (1998). The Role of Recreation Amenities in Retiree Location Decisions. *Journal of Park and Recreation Administration*, 16(1).
- Kent, M., Gilbertson, D. and Hunt, C. (1997). The Educational Value of the Rural Trail: A Short Walk in Lancashire. *Journal of Geography in Higher Education*, 21(3), pp. 349-362.
- Lee, B., and Shafer, S. (2002). The Dynamic Nature of Leisure Experience: An Application of Affect Control Theory. *Journal of Leisure Research*, 34(3), pp. 290-310.
- Little, C.E. (1991). *Greenways for America*. Baltimore: The Johns Hopkins University Press.
- Moore, R., Gitelson, R, and Graefe, A. (1994). The Economic Impacts of Rail-Trails. *Journal of Parks and Recreation Administration*, 12(2).
- Moore, R. and Barthlow, K. (1998). The Economic Impacts and Uses of Long-Distance Trails: Featuring a Case Study of the Overmountain Victory National Historic Trail, Washington, D.C. National Park Service.
- Moore, R. and Ross, D. (1998). Trails and Recreational Greenways: Corridors of Benefits. *Parks and Recreation*, 33(1), pp. 68-79.
- Murphy, M. (1992). The Impact of Brush Creek Trail on Property Values and Crime. Sonoma State University: Environmental Studies and Planning Department.
- National Park Service Rivers, Trails and Conservation Assistance Program (1992). The Impacts of Rail-Trails, A Study of Users and Nearby Property Owners From Three Trails. For sale by the U.S. Government Printing Office, Superintendent of Documents, Mail Stop: SSOP, Washington, DC 20402-9328, ISBN 0-16-041677-9.
- National Park Service (1990). *Trails For All Americans: The Report of the National Trails Agenda Project*. Prepared through a Cooperative Agreement between American Trails and the U.S. Department of the Interior, National Park Service.
- Renner, J. (1994). Making a Case for the Economic Benefits of Historic and Heritage Tourism. Paper presented at the 12th. National trails Symposium, Anchorage, AS, September 28 - October 1, 1994.
- Shafer, C., Lee, B., and Turner, S. (2000). A Tale of Three Greenway Trails: User Perceptions Related to Quality of Life. *Landscape and Urban Planning: An International Journal*, 49, pp. 163-178.
- Shafer, C., Scott, D., and Mixon, J. (2000). A Greenway Classification system: Defining the Function and Character of Greenways in Urban Areas. *Journal of Park and Recreation Administration*, 18(2), pp. 88-106.

Siderelis, C. and Moore, R. (1995). Outdoor Recreation Benefits of Rails-Trails. Journal of Leisure Research, 27, pp. 344-359.

Swan, L. (1991). Preliminary Economic Impact Analysis: Three Alternative Uses of the Oregon, California, and Eastern Railway Company Right-of-Way Between Klamath Falls and Bly, Oregon. Klamath Falls, OR: USDA Forest Service, Winema National Forest, Pacific Northwest Region.

Teddler, L. (1995). Do Greenways Make Good Neighbors? Evidence From a Survey of Adjacent Residents in Cary, North Carolina. Chapel Hill, NC: Center for Urban and Regional Studies, University of North Carolina.

Turco, D. and Kelsey, C. (1993). Measuring the Economics of Special Events. Parks and Recreation, (28)12, pp. 33-37.

### **Publications Available on the Internet**

A Guide To Transportation Enhancements: Enhancing America's Communities. Nov. 2002. National Transportation Clearinghouse.  
<http://www.enhancements.org/misc/TEGuide2002.pdf>

A Healthy Active Oregon: The Statewide Physical Activity Plan. Oregon Coalition for Promoting Physical Activity. February 2003.  
<http://www.dhs.state.or.us/publichealth/hpcdp/physicalactivityandnutrition/paplan.pdf>

A Step in the Right Direction. The Health Benefits of Hiking and Trails. American Hiking Society. [http://www.americanhiking.org/news/pdfs/health\\_ben.pdf](http://www.americanhiking.org/news/pdfs/health_ben.pdf)

ACES: Active Community Environments Initiative. National Center for Chronic Disease Prevention and Health Promotion. <http://www.cdc.gov/nccdphp/dnpa/aces.htm>

Active Communities. How Trails Benefit Your Neighborhood. American Hiking Society. [http://www.americanhiking.org/news/pdfs/active\\_com.pdf](http://www.americanhiking.org/news/pdfs/active_com.pdf)

Benefits of Greenways: A Pennsylvania Study. (2002). Pennsylvania Greenways Partnership Commission. <http://www.pagreenways.org/toolbox/Benefits.pdf>

Benefits of Trails and Greenways. Pathways to Nature and Kinship. James Swan. Presented at the National Trails Symposium. September 21 - 24, 2000.  
<http://www.americantrails.org/resources/benefits/NatureKinBene.html>

Benefits of Trails and Greenways. Ten Reasons to Consider a Trail or Greenway in Your Next Project. American Trails.  
<http://www.americantrails.org/resources/benefits/10reasons.html>

Benefits of Trails and Greenways. Trails and Greenways Clearinghouse.  
<http://www.americantrails.org/resources/benefits/BenefitsGrnwy.html>

Benefits of Trails and Greenways. Unplugged and Reconnected: Working Toward A New Mentality For Trails. By Robert Searns. American Trails.  
<http://www.americantrails.org/resources/benefits/unpluggedSearns.html>

Benefits of Trails and Greenways: Anchorage Trail System Adds To Quality of Life. Julie Madden. <http://www.americantrails.org/resources/benefits/GrnwyAnchorage.html>

Benefits of Trails and Greenways: Artful Ways: Enhancing Trails and Greenways With Art and Artists. Charles Tracy. American Trails.  
<http://www.americantrails.org/resources/benefits/ArtfulWays.html>

Benefits of Trails and Greenways Fact Sheet. Trails and Greenways Clearinghouse.  
[http://www.trailsandgreenways.org/resources/benefits/topics/tgc\\_benefits.pdf](http://www.trailsandgreenways.org/resources/benefits/topics/tgc_benefits.pdf)

Benefits of Trails and Greenways. Health Programs and Trails. American Trails.  
<http://www.americantrails.org/resources/benefits/HealthTwoArtic.html>

Benefits of Trails and Greenways. Health-Based Benefits of Parks, Trails and Open Space. American Trails.  
<http://www.americantrails.org/resources/benefits/HealthGrnwy.html>

Benefits of Trails and Greenways. More News and Research on Trails and Health. American Trails. <http://www.americantrails.org/resources/benefits/HealthNews3.html>

Benefits of Trails and Greenways: Outdoor Recreation As A Motivational Tool For Youth. Mary Midkiff. American Trails.  
<http://www.americantrails.org/resources/benefits/HorsesGiveBene.html>

Benefits of Trails. Rails-to-Trails Conservancy.  
<http://www.railtrails.org/benefits/recreation/default.asp>

Benefits of Walking. Pedestrian and Bicycle Information Center.  
<http://www.walkinginfo.org/pp/benefits/printerversion.htm>

Bicycle Tourism In Maine: Economic Impacts and Marketing Recommendations. Executive Summary. April 2001. Maine Department of Transportation.  
<http://www.maine.gov/mdot/opt/pdf/biketourismexecsumm.pdf>

Case Studies: Trails and Greenways Clearinghouse.

Virginia Civil War Trails:

<http://www.trailsandgreenways.org/resources/development/casestud/VACivilWarTrails.pdf>

Silver Comet Trail (GA):

<http://www.trailsandgreenways.org/resources/development/casestud/SilverComet.pdf>

Misphillion River Greenway (DE):

<http://www.trailsandgreenways.org/resources/development/casestud/misphillionRiverGreenway.pdf>

Great Allegheny Passage (PA, MD):

<http://www.trailsandgreenways.org/resources/development/casestud/GreatAlleghenyPassage.pdf>

Mineral Belt Trail (CO):

<http://www.trailsandgreenways.org/resources/development/casestud/MineralBeltTrail.pdf>

Greenway Trail (TN):

<http://www.trailsandgreenways.org/resources/development/casestud/GreenwayTrail.pdf>

Community Benefits. The Social and Economic Benefits of Transportation Enhancements. National Transportation Clearinghouse.

<http://www.enhancements.org/misc/benefits.pdf>

Community Benefits of Open Space. John Crompton.

[http://www.tpl.org/content\\_documents/tx\\_H-GBenefits.pdf](http://www.tpl.org/content_documents/tx_H-GBenefits.pdf)

Communities by Design: Influencing Your Communities Quality of Life. The American Institute of Architects. <http://www.aia.org/gov/CommByDesign.pdf> - <http://www.aia.org>

Connectivity: Reconnecting People and Places. Rails-to-Trails Conservancy.

<http://www.railtrails.org/benefits/connectivity/default.asp>

Creating Walkable Communities: A Guide for Local Governments - Mid-America Regional Council.

[http://www.bikewalk.org/assets/pdf/Creating\\_Walkable\\_Communities.pdf](http://www.bikewalk.org/assets/pdf/Creating_Walkable_Communities.pdf)

Economic Benefits, Making Open Space. Leger, M. GORP.

[http://gorp.away.com/gorp/features/trusts/econ\\_ben.htm](http://gorp.away.com/gorp/features/trusts/econ_ben.htm)

Economic Benefits of Trails and Greenways. Rails To Trails Conservancy.

[http://www.trailsandgreenways.org/resources/benefits/topics/tgc\\_economic.pdf](http://www.trailsandgreenways.org/resources/benefits/topics/tgc_economic.pdf)

Economic Impacts of Protecting Rivers, Trails and Greenway Corridors. Rivers Trails and Conservation Assistance, National Park Service. 1995, Fourth Edition (Revised).

[http://www.nps.gov/pwro/rtca/econ\\_all.pdf](http://www.nps.gov/pwro/rtca/econ_all.pdf)

Chapter 7: Corporate Relocation and Retention:

<http://www.nps.gov/pwro/rtca/crprte.htm>

Economic Impacts of Trails: Forest Recreation's Growing Impact. American Trails.

<http://www.americantrails.org/resources/economics/EconForestRec.html>

Enhancing The Environment With Trails and Greenways. Trails and Greenways Clearinghouse.

[http://www.trailsandgreenways.org/resources/benefits/topics/tgc\\_conenv.pdf](http://www.trailsandgreenways.org/resources/benefits/topics/tgc_conenv.pdf)

Estimating the Economic Benefits of Bicycling and Bicycling Facilities: An Interpretive Review and Proposed Methods (2004). Krizek, K. University of Minnesota.

<http://www.enhancements.org/trb/trb2004/TRB2004-000070.pdf>

Evaluation of the Burke-Gilman Trail's Effect on Property Values and Crime. Seattle Engineering Department. May 1987.

<http://www.massbike.org/bikeways/wayside/westapp4.htm>

Green Infrastructure: Smart Conservation For The 21st Century. Benedict, M., and McMahon, E. (2001). The Conservation Fund. Sprawl Watch Clearinghouse Monograph Series. <http://www.sprawlwatch.org/greeninfrastructure.pdf>

Growing Demand for Safe Walking and Bicycling. The Perspective of the Pedestrian and Bicycle Information Center. A Four-Year Report. Jan. 2003.

<http://www.pedbikeinfo.org/pdf/fouryearreport.pdf>

Health and Wellness Benefits. Rails To Trails Conservancy.

[http://www.trailsandgreenways.org/resources/benefits/topics/tgc\\_health.pdf](http://www.trailsandgreenways.org/resources/benefits/topics/tgc_health.pdf)

Healthy Communities/Healthy Economies. The Trust for Public Lands.

[http://www.tpl.org/tier3\\_cd.cfm?content\\_item\\_id=1339&folder\\_id=829](http://www.tpl.org/tier3_cd.cfm?content_item_id=1339&folder_id=829)

Historic Preservation and Community Identity. Rails To Trails Conservancy.

[http://www.trailsandgreenways.org/resources/benefits/topics/tgc\\_historic.pdf](http://www.trailsandgreenways.org/resources/benefits/topics/tgc_historic.pdf)

How Land Use and Transportation Systems Impact Public Health. A Literature Review of the Relationship Between Physical Activity and Built Form. Frank, L., Engelke, P., Schmid, T., and Killingsworth, R. (Working Document). ACES: Active Community Environments Initiative Working Paper #1. pp. 147.

<http://www.cdc.gov/nccdphp/dnpa/pdf/aces-workingpaper1.pdf>

How Land Use and Transportation Systems Impact Public Health: An Annotated Bibliography. Frank, L., Engelke, P., and Hourigan (Working Document). ACES: Active Community Environments Initiative Working Paper #2. pp. 63.

<http://www.cdc.gov/nccdphp/dnpa/pdf/aces-workingpaper2.pdf>

Link Between Health and Sprawl Makes "Smart" Growth Look Even Smarter. Active Living By Design 3/1/04.

[http://www.activelivingbydesign.org/news/?fuseaction=press\\_detail&subject=general&category=Land%20Use&press\\_id=15905](http://www.activelivingbydesign.org/news/?fuseaction=press_detail&subject=general&category=Land%20Use&press_id=15905)

Measuring the Health Effects of Sprawl. A National Analysis of Physical Activity, Obesity and Chronic Disease. McCann, B. and Ewing, R. (2003). Smart Growth America. Surface Transportation Policy Project. pp. 48.

<http://www.smartgrowthamerica.org/report/HealthSprawl8.03.pdf>

Mountain Biking at Ski Resorts - An overview.

[http://www.imba.com/resources/bike\\_management/ski\\_resorts\\_overview.html](http://www.imba.com/resources/bike_management/ski_resorts_overview.html)

Mountain Biking Tourism Success Stories. International Mountain Bicycling Association.

[http://www.imba.com/resources/organizing/tourism\\_success.html](http://www.imba.com/resources/organizing/tourism_success.html)

More News and Research on Trails and Health. American Trails.  
<http://www.americantrails.org/resources/benefits/HealthNews3.html>

National Partnership Promotes Health and Recreation. National Center for Chronic Disease Prevention and Health Promotion.  
<http://www.cdc.gov/nccdphp/dnpa/physical/partnership.htm>

Obesity and The Environment. Initiatives of the National Institute of Environmental Health Sciences. <http://www.niehs.nih.gov/drcpt/beoconf/factsht.pdf>

Omaha Recreational Trails: Their Effect on Property Values and Public Safety. Greer, D. (2000). Partial Funding Provided by Challenge Cost Share Grant Program Rivers and Trails Conservation Assistance, National Park Service.  
<http://www.americantrails.org/resources/adjacent/OmahaStudy.html>

Oregon State University Bicycle Tourism Evaluation Proposal.  
[http://www.odot.state.or.us/tddresearch/05\\_Multimodal/BicycleTourismOSUProposal.pdf](http://www.odot.state.or.us/tddresearch/05_Multimodal/BicycleTourismOSUProposal.pdf)

Physical Activity and Health. A Report of The Surgeon General. U.S. Department of Health and Human Services. Centers for Disease Control and Prevention. National Center For Chronic Disease Prevention and Health Promotion. 1996. pp. 300.  
<http://www.cdc.gov/nccdphp/sgr/pdf/sgrfull.pdf> - <http://www>

Planning Healthier Suburbs, Where Cars Sit Idle and People Get Moving. American Trails. <http://www.americantrails.org/resources/health/SuburbBrody.html>

Policy Prescriptions for Healthier Communities. Pollard, T. (2003). American Journal of Health Promotion, September/October 18(1), pp. 109-113.  
[http://www.activelivingbydesign.org/resources/ajhppolicyprescriptions\\_pollard.pdf](http://www.activelivingbydesign.org/resources/ajhppolicyprescriptions_pollard.pdf)

Preserving Historic and Cultural Resources. Trails and Greenway Clearinghouse.  
<http://digilander.libero.it/greenways/pdf/5%5B1%5D.pdf>

Promoting Physical Activity Through Trails. National Center for Chronic Disease Prevention and Health Promotion. <http://www.cdc.gov/nccdphp/dnpa/physical/trails.htm>

Property Values and Landowner Concerns. The B&O Netliner.  
[http://www.rcdi.org/trailissues/concerns\\_prop\\_values.html](http://www.rcdi.org/trailissues/concerns_prop_values.html)

Rail Trails and Safe Communities: The Experience On 372 Trails. Tracy, T. and Morris, H. (1998). Rails to Trails Conservancy.  
<http://www.enhancements.org/rtcdocs/safecomm.pdf>

Rail Trails And Special Events: Community and Economic Benefits. (2001). Nelson, C., Vogt, C., Lynch, J., and Stynes, D. Paper presented at the 2001 Northeast Recreation Research Symposium, April 1-3, 2001, Bolton Landing, NY.  
<http://www.prr.msu.edu/trails/nerrfinal.htm>

Relationship Between Urban Sprawl and Physical Activity, Obesity, and Morbidity. American Ewing, R., Smid, T., Killingsworth, R., Zlot, A., and Raudenbush, S. (2003). Journal of Health Promotion. September/October 18(1). Pp. 47-57. <http://www.smartgrowthamerica.org/report/JournalArticle.pdf>

Safe Routes To School: A National Movement in Need of Federal Support. American Bikes. [http://www.americabikes.org/images/resource/saferouts/SRTS Fact Sheet.pdf](http://www.americabikes.org/images/resource/saferouts/SRTS_Fact_Sheet.pdf)

Spiritual Pilgrimages and Sacred Places: Applying Feng Sui To Trails and Greenways. Presented at the National Trails Symposium. November 16, 1998. <http://www.americantrails.org/resources/planning/SpiritualPilgrimPlan.html>

Study Links Health to Neighborhood Design. National Public Radio. All Things Considered Audio File. <http://www.npr.org/features/feature.php?wfld=1415707>

Ten Reasons to Consider a Trail or Greenway in Your Next Project. American Trails. <http://www.americantrails.org/resources/benefits/10reasons.html>

The Benefits That Trails Provide to Communities. San Diego County Strategic Plan. <http://www.americantrails.org/resources/benefits/SDCountyPlan.pdf>

The Challenges in Health: Getting America Moving Again. National Center for Bicycling and Walking. [http://www.bikewalk.org/challenge/challenge\\_health.htm](http://www.bikewalk.org/challenge/challenge_health.htm)

The Economic and Social Benefits of Off-Road Bicycling and Pedestrian Facilities. (1995). NBPC Technical Brief. National Bicycle and Pedestrian Clearinghouse. Technical Assistance Series, Number 2, September 1995. [http://www.imba.com/resources/science/econsoc\\_benefits.html](http://www.imba.com/resources/science/econsoc_benefits.html)

The Economic Benefits of Parks and Open Space: How Land Conservation Helps Communities Grow Smart and Protect the Bottom Line. The Trust for Public Lands. [http://www.tpl.org/tier3\\_cd.cfm?content\\_item\\_id=1195&folder\\_id=727](http://www.tpl.org/tier3_cd.cfm?content_item_id=1195&folder_id=727)

The Economic Benefits of Trails Fact Sheet. Feb. 2004. American Hiking Society. [http://www.americanhiking.org/news/pdfs/econ\\_ben.pdf](http://www.americanhiking.org/news/pdfs/econ_ben.pdf)

The Economic Benefits of Trails: Trail Monitor 1. Go for Green, The Active Living and Environment Program. <http://www.lin.ca/lin/resource/html/sp0039.pdf>

The Economic Benefits of Bicycle and Pedestrian-Based Tourism. National Center for Bicycling and Walking. [http://www.bikewalk.org/assets/Reports/economic\\_impact.htm](http://www.bikewalk.org/assets/Reports/economic_impact.htm)

The Economic Benefits of Mountain Biking at One of its Meccas: An Application of the Travel Cost Method to Mountain Biking in Moab, Utah. Fix, P. and Loomis, J., Colorado State University. [http://www.imba.com/resources/science/economic\\_moab.html](http://www.imba.com/resources/science/economic_moab.html)

The Economic Benefits of Parks and Open Space. (1999). How Land Conservation Helps Communities Grow Smart and Protect the Bottom Line. Lerner, S. and Poole, W. Trust For Public Land. <http://safety.fhwa.dot.gov/fourthlevel/pdf/econbenz.pdf>

The Economic Cost of Physical Inactivity in Michigan: Executive Summary. Michigan Fitness Foundation. <http://www.michiganfitness.org/indexpagedownloads/CostofInactivity.pdf>

The Economic Impacts and Uses of Long-Distance Trails: A Case Study of the Overmountain Victory National Historic Trail (1998) Moore, R. and Barthlow, K. Prepared for United States Department of the Interior National Park Service. <http://ntl.bts.gov/lib/12000/12200/12275/12275.pdf>

The Importance of Physical Activity. National Center for Chronic Disease Prevention and Health Promotion. <http://www.cdc.gov/nccdphp/dnpa/physical/importance/index.htm>

The Environmental Benefits of Bicycling and Walking. National Bicycling and Walking Study (1993). U.S. Dept. of Transportation. Federal Highway Administration. Case Study No. 15. Publication No. FHWA-DD-93-015. <http://www.americantrails.org/pdf/BikePedBen.pdf>

The Property Value Effects of the South Ridgeline Trail in Eugene, OR. Jensen, D., and Durham, J. (2003). [http://economics.uoregon.edu/honors/2003/Ridgeline\\_paper.pdf](http://economics.uoregon.edu/honors/2003/Ridgeline_paper.pdf)

The Social, Health and Heritage Benefits of Trails. Trail Monitor 2. Go For Green, The Active Living and Environment Program. <http://www.americantrails.org/pdf/BikePedBen.pdf>

Thinking Green: A Guide to the Benefits and Costs of Greenways and Trails. (1998). Florida Department of Environmental Protection, Office of Greenways and Trails. <http://www.dep.state.fl.us/gwt/publications/thinkgreen.pdf>

Tips From IMBA on Developing Mountain Biking Tourism. International Mountain Bicycling Association. [http://www.imba.com/resources/bike\\_management/tourism.html](http://www.imba.com/resources/bike_management/tourism.html)

Traffic Calming, Auto-Restricted Zones and Other Traffic Management Techniques - Their Effects on Bicycling and Pedestrians. Case Study No. 19. National Bicycling and Walking Study. U.S. Department of Transportation. Federal Highway Administration. <http://www.bikewalk.org/assets/pdf/CASE19.PDF>

Trail Effects on Neighborhoods: Home Value, Safety, Quality of Life. Webel, S. American Trails. <http://www.americantrails.org/resources/adjacent/sumadjacent.html>

Trails Across Time...Trails Across Adversity: Re-Thinking The Benefits of Trails and Greenways: Opinions by Robert Searns. American Trails. <http://www.americantrails.org/resources/benefits/RethinkingSearns.html>

Trails and Greenways: Advancing the Smart Growth Agenda. Rails-to-Trails Conservancy. 2002. <http://www.enhancements.org/rctdocs/tgandsg.pdf>

Trails and Greenways For Livable Communities. Trails and Greenways Clearinghouse. [http://www.trailsandgreenways.org/resources/benefits/topics/tgc\\_fs\\_livable.pdf](http://www.trailsandgreenways.org/resources/benefits/topics/tgc_fs_livable.pdf)

Trails For Health: Promoting Healthy Lifestyles and Environments (Brochure). U.S. Department of Health and Human Services. <http://www.americantrails.org/resources/benefits/TrailsHealth.pdf>

Twenty-Five Communities Begin Projects to Promote Active Living. American Trails. <http://www.americantrails.org/resources/health/ActiveLivGrant03.html>

Walk Which Way? How Health and Fitness Professionals Can Use Pedometers to Achieve Current Physical Activity Recommendations. LeMasurier, G. American College of Sports Medicine. Health and Fitness Journal. January/February 2004. <http://www.acsm-healthfitness.org/pt/re/acsm/pdfhandler.00135124-200401000-00006.pdf;jsessionid=AoEB45bRsey8FeIMOOG9F54LjHxnSYLe9pSgl71z1lwGM25uzUsV!-1534462964>

What Can "Birding Economics" Bring To Oregon Communities? Oregon Cascades Birding Trail. <http://www.oregonbirdingtrails.org/economics.htm>