



## Is it a BRS Activity?

<b><u>NOT</u> A BRS ACTIVITY</b>	<b>COULD BE BRS <u>MUST</u> TIE TO SERVICE PLAN</b>
Movies	Treatment Groups
Recreation	Skill Training Groups / Activities
Cultural Activities	Individual Skill Training
Chores	Teaching / Follow up on Skills Training
NA/AA meetings	Crisis De-escalation
Quiet Time / Reflection Time	Teaching /Practicing Coping Skills
Exercise Groups / Activities	Problem Solving Conversations
Gardening	Individual Counseling
Talking about interests	Group Counseling
Supervision	In the moment Skill Training
Meals	Parent Training
Arts and Crafts	
Parenting of own child	