

San Diego County Probation Department
Prison Rape Elimination Act (PREA) information for the Detainee Rule Book

What is Sexual Abuse/Harassment?

- Probation clients or staff engaging in or attempting to engage in a sexual act /harassment with (a)another probation client.
- Threatening or intimidating someone sexually
- Inappropriate touching
- Pressuring a probation client or staff to engage in a sexual act
- Making sexual comments that may include profane or abusive language or gestures
- Exposing yourself to another probation client or staff

Regardless of whether it is staff, probation client, or visitors, while you are at this location no one has the right to pressure you to engage in sexual acts. While you are at this location you may NOT engage in a sexual relationship with another detainee or staff. You do not have to tolerate sexual assault/harassment or pressure to engage in sexual behavior. You have the right to be safe from sexual advances and acts.

Examples of Sexual Harassment/Sexual Assault

Calling out dirty names	Passing sexual notes or pictures
Grabbing, touching or pinching	Grabbing someone's buttocks
Starting sexual rumors or telling stories about someone	Writing sexual graffiti about someone
Standing in someone's way or standing too close	Gestures or looks – winking, licking lips or suggestive body movements
Comments about a person's body	Whistles or rude noises
Staring at someone's body	Bumping into someone or brushing up against the person
Exposing your genitals or buttocks	Pulling down someone's pants as a joke
Requests for sex, assault, or rape	Threats or insults

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What to do if you or someone else is sexually abused, sexually harassed, or sexually assaulted?

- Tell a staff member or any adult in this facility you feel safe with
- Tell your parent, guardian, or other family member
- Tell the PREA Coordinator
- Fill out a grievance or a sick call slip and place in the locked grievance or sick call box
- Call one of the abuse and neglect hot lines listed in the section that lists agencies that offer victim support.
- You do not have to name the person who sexually abused, harassed or assaulted you to receive assistance, but specific information may make it easier for staff to help you

Confidentiality

Information concerning the identity of a victim reporting sexual assault, harassment or abuse, and the facts of the report itself, shall be limited to those who have a need to know in order to make decision concerning the victims welfare and for law enforcement/investigative purposes.

Counseling

If you have been the victim of sexual abuse, harassment or assault a referral to counseling services will be provided for you.

Medical

If you were sexually assaulted, there are medical services available for you.

Avoiding sexual abuse, harassment and assault

Here are some things you can do to protect yourself against sexual abuse, harassment, or assault.

- Do not accept gifts or favors from staff or youth

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- Do not accept an offer from another person to be your “protector”
- Be direct and firm if others ask you to do something you don’t want to do. Do not give mixed messages to other youth regarding your wishes for sexual activity.
- Trust your instinct. If you sense that a situation may be dangerous or inappropriate, it probably is. If you fear for your safety or the safety of another youth, report your concerns to staff.

The following agencies offer victim support:

- Center for Community Solutions
(858) 272-5777
- Crisis Team 24 hour Hotline:
(619) 641-6891
- Professional Community Services: (619)
449-8703
- Sexual Assault Prevention and Response (SAPR) Fleet and Family Support Center:
(619) 692-5909 or (866) 923-6478
- Woman’s Resource Center: (760)
757-3500

WHAT YOU MAY FEEL IF YOU ARE A VICTIM OF SEXUAL HARASSMENT OR ARE SEXUALLY ABUSED:

Afraid Ashamed Helpless Put Down Cheap Angry Embarrassed

REMEMBER: SEXUAL HARASSMENT OR SEXUAL ABUSE IS NOT YOUR FAULT.
AS A VICTIM YOU WILL NOT GET IN TROUBLE.

ARE YOU SEXUALLY HARASSING OR SEXUALLY ABUSING SOMEONE? ASK YOURSELF THESE QUESTIONS

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- Would it be okay for someone to say or do these things to my brother, sister, loved one, or your best friend?
- Would I say or do these things in front of my parents, guardian, or grandparents?
- Would I do these things to my parents, guardian, grandparents, or friends?
- Would my family, girlfriend, or boyfriend like it if what I did or said was texted, posted on the internet, or seen on television?