STANDARD PROCEDURES ALGORITHM FOR PRESCRIBING & ADMINISTERING DEPOT MEDROXYPROGESTERONE ACETATE

1) Health and History Screen
Review Hormonal Contraceptive Self-Screening Questionnaire.
To evaluate health and history, refer to USMEC or Oregon MEC.
1 or 2 (green boxes) - Hormonal contraception is indicated, proceed to next step.
3 or 4 (red boxes) - Hormonal contraception is contraindicated --> Refer

2) Pregnancy Screen
a. Did you have a baby less than 6 months ago, are you fully or nearly-fully breast feeding, AND have you had no menstrual period since the delivery?
b. Have you had a baby in the last 4 weeks?
c. Did you have a miscarriage or abortion in the last 7 days?
d. Did your last menstrual period start within the past 7 days?
e. Have you abstained from sexual intercourse since your last menstrual period or delivery?
f. Have you been using a reliable contraceptive method consistently and correctly?
If YES to AT LEAST ONE and is free of pregnancy symptoms, proceed to next step.
If NO to ALL of these questions, pregnancy can NOT be ruled out --> Refer

3) Medication and Disease State Screen (incl Questionnaire #11, 17, 20, 22 + med list)?
Caution: Long-term corticosteriod therapy (*PLEASE ALWAYS REFER TO CURRENT MEC*)

4) Blood Pressure Reading
Take and document patient's current blood pressure. Is BP < 160/100?
Note: RPH may choose to take a second reading, if initial is high.

5) Discuss DMPA therapy with patient.
a) Address any unexplained vaginal bleeding that worries patient (Questionnaire #6) - Refer when necessary, such as when not related to a recent pap or sexual intercourse.
b) Counseling - Discuss the management and expectations of side effects (bleeding irregularities, etc.)
c) Counseling - Discuss plans for follow-up visits, particularly for q 3 month administration of DMPA; Stress importance of returning for next injection within 11-13 weeks of previous injection. Provide patient with specific calendar date range for next injection.
d) Counseling - Caution with use of DMPA > 2 years (due to loss of bone mineral density). For therapy > 2 years, consultation with healthcare provider is indicated.

6) Issue prescription and administer DMPA
Pharmacist shall issue a prescription for depot-medroxyprogesterone and administer the medication. Monitor patient for 20 minutes for adverse reactions.

Note: Instruct patient that if this injection is not within 7 days of start of her period, then abstain or use backup method for 7 days.

6) Ongoing administration of DMPA
Pharmacist shall confirm that date of last injection was within 11-15 weeks.
-If > 15 weeks ago, then pharmacist must rule out pregnancy (repeat Step 2, and document), and instruct patient to abstain or use backup method for 7 days.
-If between 11-15 weeks ago, adminster the medication.
-Do not administer if < 11 weeks ago.

7) Discuss and Provide Referral / Visit Summary to patient
Encourage: Routine health screenings, STD prevention, and notification to care provider