

EXAMPLE IMPLEMENTATION OF FOUR PHASES

Phase 1: Orientation, Stabilization and Initial Engagement

(This phase is typically short, a minimum of approximately 6 weeks.)

Participants are expected to:

- Attempt to establish initial abstinence
- Understand and accept that he or she has an alcohol/drug dependence/addiction problem
- Demonstrate initial willingness to participate in treatment activities
- Become compliant with the conditions of participation in drug court
- Establish an initial therapeutic relationship
- Commit to a plan for active treatment.

Phase 2: Provision of Treatment

(A minimum of approximately 3 months.)

Participants are expected to:

- Demonstrate continued efforts at achieving abstinence
- Develop an understanding of substance abuse and offender recovery tools, including relapse prevention
- Develop an understanding and ability to employ the tools of cognitive restructuring of criminal/risk thinking
- Develop the use of a recovery support system
- Assume or resume socially accepted life roles, including education or work and responsible parenting and family relations.

Phase 3: Transition to Community Engagement

Participants are expected to:

- Demonstrate continued abstinence
- Demonstrate competence in using relapse prevention, recovery, and cognitive restructuring skills, in progressively more challenging situations
- Develop further cognitive skills such as anger management, negotiation, problem-solving and decision making, and financial and time management
- Connect with other community treatment or rehabilitative services matched to identified needs
- Demonstrate continued use of a community-based recovery support system
- Demonstrate continued effective performance of socially-accepted life roles.

Phase 4: Maintenance of Recovery Skills and Supports

Participants are expected to:

- Demonstrate internalized recovery skills and the ability to follow their aftercare plan with minimal program support
- Maintain abstinence, demonstrate ability to identify relapse issues, and intervene
- Contribute to and support the development of others in earlier phases of the drug court program and demonstrate continued effective performance of socially accepted life roles.