In 2018-2019 school year, the Oregon Mentoring Program (OMP) received a grant from OEA Choice Trust. This grant funded five OMP Pilot Projects to work on developing a culture of wellness in their mentors and beginning educators by building resiliency, understanding vicarious trauma and developing self-care strategies. These resources were developed by the OMP Pilot Projects.

These resources were submitted by the Southern Oregon Mentor Consortium, their participating school districts are Ashland, Butte Falls, Grants Pass, Klamath Falls City Schools, Klamath Co., Medford, Prospect, Three Rivers, and Phoenix/Talent.

[Agenda for Regional Mentor Forum](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_AgendaRegionalMentorForum.docx)

[2nd Agenda for Regional Mentor Forum](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_agenda2regionalmentorforum.docx)

[Daring Greatly Reading Guide](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_DaringGreatlyReadingGuide.pdf)

[Positive Discipline Workshops Description of Services](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_DescriptionofServices2018.pdf) 2018

[Sound Discipline One-pager](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_SoundDisciplineOneSheet.pdf)

[Whole School Brochure](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_WholeSchoolbrchr2016.pdf) – 2016

[Resources & Strategies for Student Self-Regulation and Resilience](http://www.gordonelwoodfoundation.org/docs/resources_strategies.pdf) November 2018

[House of Positive Discipline in the Classroom](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_houseofpositivedisciplineclassroom.pdf)

[The Brain Architecture Life Journal](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_lifejournal.pdf)

[Positive Discipline in the Classroom Book Study Jigsaw Template](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_positivedisciplinejigsawtemplate.docx)

[Positive Discipline in the Classroom Book Study Jigsaw Sample](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_jigsawsample.docx)

[Elements of a Psychologically Healthy School Workplace](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_kporgelementshealthyschoolworkplace.pdf) March 2019 Kaiser Permanente

[The Brain Architecture Game Rule Book](https://dev.thebrainarchitecturegame.com/wp-content/uploads/2018/08/Rules.v4.0M_COLOR.pdf)

[Beyond Bubble Baths](https://www.oregon.gov/ode/schools-and-districts/grants/mentoring/Documents/somc_beyondbubblebaths.pptx)