OREGON PROGRAM STANDARDS

Scoring Guide for School-Based Teen Parent Programs: Standards For Essential Curriculum Content

School districts will provide access to the full range of class options for adolescent parents in a comprehensive high school. In addition, they will be enrolled in a seminar or class specifically designed to meet their unique needs. The curriculum that follows identifies content for this seminar or parenting class.

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Essential Components of School-Based Teen Parent Program Curriculum Content NOTE: Box is checked IF descriptor applies.	Program Assessment			Continuous Improvement Plan		
	Needs Improvement	Emerging	Meets Standard	Goal for the Year	Technical Assistance Needs	Resource Needs
1. Orientation of Students to the Teen Parent Program						
1a. Description of services available to student enrolled in program:						

• On-site child care; policies for using on-site child care	❑ No on-site child care available.
	❑ No written policies for using on-site child care.
		❑ Yes, on-site child care is available, but…
		  ❑ Policies are pending
		  ❑ Policies for using on-site child care are not written.
			❑ Yes, on-site child care is available, and...
			❑ Written policies for using on-site child care are distributed and discussed.			

• Community agencies involved in program (list below in this box)	❑ No.	❑ Some agencies involved. ❑ Available off-site. ❑ Available on-site.	❑ Yes. ❑ All available on-site.			
• Mental health services (list below in this box)	❑ No.	❑ Some available.	❑ Yes, all appropriate services are available.			

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• Counseling & guidance (list below in this box)	☐ No.	☐ Some available. ☐ Available off-site. ☐ Available on-site.	☐ Yes, all appropriate services are available. ☐ Available on-site.			
• Health services (list below in this box)	☐ No.	☐ Some available. ☐ Available off-site. ☐ Available on-site.	☐ Yes, all appropriate services are available. ☐ Available on-site.			
• Educational planning	☐ No.	☐ Some available.	☐ Yes. ☐ Available on-site.			
• Educational support services	☐ No.	☐ Some available.	☐ Yes. ☐ Available on-site.			
• Expectations of students in program	☐ No.	☐ Expectations discussed. ☐ Expectations pending. ☐ No written expectations.	☐ Yes. ☐ Written expectations distributed and discussed.			
• Other services (list below in this box)						

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1b. Description of services available to children of teen parents:						
• Program for children in Infant & Toddler Center or Child Development Center	❑ No.	❑ Plans exist for programs. ❑ Off-site center.	❑ Yes. ❑ On-site center.			
• Community services available to young families (list below in this box)	❑ No.	❑ Inconsistent services.	❑ Yes.			
2. Continuing Concern: What Should I Do Regarding Parenting?						
2a. Adjustment to parenting:						
• Attitudes, roles, & expectations of parenting	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Realistic expectations	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Rights & responsibilities	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Teen parenthood	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Interactive relations between parents & children	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
2b. Child development:						
• Understanding developmental stages & influences	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Developmental assessment	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Physical, cognitive and affective development	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Bonding & attachment	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Enhancing child's development	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Early brain development	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
2c. Child care:						
• Nutrition, health, & safety issues of caring for young children	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Infant routines & schedules	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Healthy eating patterns	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Physical care of infants & toddlers	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Emergency care	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Childhood illnesses	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Immunizations	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Choosing quality child care	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
2d. Family relationships:						
• The family's influence on development	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Guidance & discipline	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Effective communication with children	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Common parenting concerns (toilet training, teething, sleeping)	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Childhood stress	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Child abuse & neglect	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Family law	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Father's role	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Three generational living situations	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
3. Continuing Concern: What Should I Do Regarding Development of a Positive Self?						
3a. Development of a sense of self in parents & children:						
• How individuals can examine & effect their own self-formation, & how parents can guide their children in process	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Identity & self-esteem	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Values & goals	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Pregnancy options	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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	Needs Improvement	Emerging	Meets Standard	Goal for the Year	Technical Assistance Needs	Resource Needs
• Healthy lifestyles	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Conflict management	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Dating & marriage	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Healthy families	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Ways to manage personal stress	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Time management	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
3b. Sexuality education in the family						
• Role parents play in children's sexuality education	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Importance of communication between parents & children about sexuality	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
4. Continuing Concern: What Should I Do Regarding Pregnancy?						
4a. Wellness lifestyle: importance of a healthy lifestyle before & during pregnancy:						
• Nutrition	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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	Needs Improvement	Emerging	Meets Standard	Goal for the Year	Technical Assistance Needs	Resource Needs
• Substance abuse	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Sexual decision-making	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Sexually-transmitted diseases	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Fitness	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
4b. Cost of parenthood: financial planning for pregnancy & parenting:						
• Prenatal costs & access to medical care	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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	Needs Improvement	Emerging	Meets Standard	Goal for the Year	Technical Assistance Needs	Resource Needs
• Equipment for baby	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Legal issues of teen parenting	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Community resources	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
4c. Importance of prenatal care: understanding how good prenatal care contributes to health of child:						
• Confirmation of pregnancy	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Maternal development	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Fetal development	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Pregnancy complications	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Labor & delivery	❑ Not covered..	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
4d. Postnatal care: care of mother & child after birth:						
• Postpartum care	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Newborn at the hospital	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Newborn care	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Newborn feeding	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans & assessment.			
5. Continuing Concern: What Should I Do About Managing the Interaction of Work & the Family?						
5a. Understanding the importance of balancing multiple life roles:						
• Balance multiple roles for well-being of the individual, family, & society	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Analyze personal choices as they relate to life roles	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Relate beliefs & attitudes to success/failure in balancing multiple roles	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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5b. Equity in work & family roles:						
• Evolution of family roles & responsibilities	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Developing strategies to promote equity in work & family roles	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
5c. Creating communities that support families:						
• Healthy communication among individuals, & building community support	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Recognize situations in work and personal life where it is necessary and appropriate to seek support	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
5d. Child care issues:						

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• The underlying factors that influence child care issues	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Identifying quality child care for infants, toddlers and preschool children	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Importance of consistent child care	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
6. Continuing Concern: What Should I Do Regarding Economic Independence?						
6a. Career exploration: assessing the needs and values in working						
• Personal assessment	❑ Not done.	❑ Partially done.	❑ Completely done. ❑ Used to plan student's education and/or training.			

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• Occupational choices	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Used to plan student's education and/or training.			
• Nontraditional jobs	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Used to plan student's education and/or training.			
• Career goals and decisions	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Used to plan student's education and/or training.			
• Additional education and/or training	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Used to plan student's education and/or training outside of our program.			
• Impact of career choice on long term financial security	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Used to plan student's education and/or training.			

Scoring Guide for Teen Parent Program Curriculum Content

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6b. Employability: understanding the process of securing and keeping a job						
• Barriers to employment	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Job search	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Family friendly workplace	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Interviews	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Equity in the workplace	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Job success	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Professional image	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
6c. Economic resources: financial planning for self-sufficiency						
• Credit	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Budgeting	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Financial considerations of employment	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			

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• Savings and checking	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Insurance	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			
• Finding affordable housing	❑ Not covered.	❑ Partially covered.	❑ Completely covered. ❑ Written lesson plans and assessment.			