

ODE Farm to CNP Newsletter



February 1-28, 2023

FARM TO CHILD NUTRITION PROGRAMS (CNP): INSIDE THE ISSUE

Fresh Fruit and Vegetable (FFVP) Update

FFVP SY 22-23 <u>mandatory training</u> needs to be completed before submitting your first claim. Agreements and EGMS are delayed but please continue to submit claims following the <u>22-23 claim</u> <u>calendar</u>. Please continue to submit claims to <u>FarmtoCNP@ode.oregon.gov</u>.

Farm to CNP Competitive Reimbursement Grant

The Farm to CNP Competitive Reimbursement Grant is now open. Applicants must have been awarded a Farm to CNP Non-Competitive Reimbursement Grant and have a \$0 balance of Non-Competitive Funds to be eligible. **Round 4 applications are due March 8, 2023 by 2 PM**. If you applied for Round 3 but have yet to been awarded the funds in EGMS, you are still eligible to apply for Round 4 as long as claims totaling your award balance have been submitted to the Farm to CNP inbox, **FarmtoCNP@ode.oregon.gov**.



FoodCorps Service Member Applications Open

FoodCorps is seeking service members for their 2023-24 service term. See the announcement on Page 3.

Program Highlights in this Issue

- KPAW Videos at Grants Pass School District to promote FFVP
- McMinnville School District's Fresh Fruit and Vegetable Program Educational Materials (FFVP)
- Grow Towers at Joseph Lane Middle School (supported by the Farm to CNP Education Grant) and Hydroponics at Douglas High School

Other Announcements

Education Grant

View our press release **here** to learn more about the education grant and the winning entries.

2022-2023 Oregon School Garden Survey

This 44-question survey should take 15-20 minutes to complete. We would like everyone to fill out **this survey** even if it has been completed in the past before. Even if your garden is not currently in use, we would still everyone to fill it out so we can get better data about school gardens in Oregon.

CNP Grant Updates

Competetive Reimbursement Grant

- Round 4 of the Competitive Reimbursement Grant is now open. Applicants must have been awarded a Farm to CNP Non-Competitive Reimbursement Grant and have a \$0 balance of Non-Competitive funds.
- Applications are due March 8, 2023 by 2PM.
- There will be a total of six rounds of the Competitive Reimbursement Grant through the end of the biennium.
- If you applied for Round 3 but have yet to been awarded the funds in EGMS, you are still eligible to apply
 for Round 4 as long as claims totaling your award balance have been submitted to the Farm to CNP inbox,
 FarmtoCNP@ode.oregon.gov.
- You can view the Request for Grant Applications (RFA) and the full timeline on the <u>Competitive</u>
 <u>Reimbursement Grant webpage</u>.



Fresh Fruit and Vegetable Program (FFVP)

- Please continue to submit claims to FarmtoCNP@ode.oregon.gov according to the <u>SY 2022-2023 FFVP</u> <u>timeline</u>. December 2022 claims are due Wednesday, March 1, 2023.
- Agreements and EGMS are currently on hold, but sponsors will be notified as soon as claims are ready to be entered. Claims must still be submitted to FarmtoCNP@ode.oregon.gov by the monthly deadlines. Here are the <u>SY 2022-2023 FFVP deadlines</u>.
- The <u>mandatory annual FFVP training</u> is now available. This training will need to be completed before submitting your first claim for the 22-23 school year.
- Any questions can be sent to us at FarmtoCNP@ode.oregon.gov.

FFVP Highlight at Grants Pass School District



Principle Jake Musser at Allendale Elementary

Check out one of their videos <u>here</u> (the FFVP announcement begins at 2:40)

Another FFVP Highlight at McMinnville School District

Sugar Snap Peas

Excellent source of Vitamin K which helps keep your bones strong

They are a cross between a snow pea and English pea invented in the 1970s

Each snap pea has fibers that only flow in one direction



Cara Cara Orange

Great source of folate, fiber, potassium, and Vitamin C

Cara cara oranges are most similar to a blood orange

Rich in antioxidants which help keep your immune system healthy



Pinova Apple

Great source of fiber to assist in digestion

This variety was first developed in eastern Germany

Known to have a sweet-tart and tropical flavor best for smoothies



Thank you to McMinnville for sharing these awesome images they use to educate the school community about their weekly FFVP offerings! If you would like to share what you do at your school email us at FarmtoCNP@ode.oregon.gov.



FoodCorps Oregon is Seeking Service Members



Are you ready to serve up change? <u>Applications</u> are now open for our next class of PAID FoodCorps AmeriCorps service members! As a paid service member, you'll connect kids to nourishing food in school, from the classroom to the cafeteria. Secure your plans for next year NOW by applying TODAY!

What makes a great paid service member? A motivated leader who's passionate about food education, and eager to serve—especially in a <u>community you call home</u>. Your unique strengths will shape your service, and with the support of our program resources, we'll get kids excited about nourishing food together.

You'll grow through your service, too. You'll get access to dozens of equity-centered resources and training opportunities and gain a network of equity-centered passionate food educators and world leaders After your service, our <u>alumni program</u> can help you make meaningful connections and build your career in public health, education, food justice, school food leadership, nonprofit management, and more!

APPLY TODAY! If you need some inspiration to get started, check out these **5** tips for making your application stand out! We can't wait to read your application!

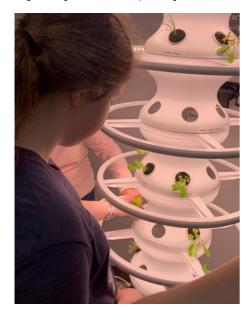
Questions about the application process? Interested in chatting to learn more about our PAID service program? Send me an email, I'd love to connect!

Emmie Lacy, FoodCorps Oregon Local Recruiter, emmie.lacy@foodcorps.org



Umpqua Valley Farm to School Highlight

Hydroponics at Joseph Lane Middle School





"Looks super cool with the baby boy and baby girl plants. They'll grow big in a week or two, right Mrs. Harding" -Simone

The JoLane garden is a great area for the students to learn about several outdoor skills. Students have learned how to build raised beds and stone walkways. They are learning about regrowing food from kitchen scraps such as potatoes, onions and celery. The students have a worm bin and a compost tumbler that they use to recycle food scraps from our classroom and from the cafeteria. This will be the first year that we will be able to use the compost we make in our garden. The best part of the garden is that the kids have taken an unused area of our school and transformed it into an area that is used. Both staff and students are proud of what they have accomplished in such a short time.

Hydroponics at Douglas High School





"We were able to keep the whole school district supplied with hydroponic lettuce for the months of Nov. and Dec. I've sold the cafeteria 28 lbs of hydroponic lettuce @ \$9/lb to the tune of \$254.00."

Check out this awesome article to learn more about hydroponics at Douglas High School!

February 1-28, 2023 | Vol 4 Issue 7 Questions or suggestions for future issues? Please send an email to the Farm to CNP team at FarmtoCNP@ode.oregon.gov.

Civil Rights and Complaints Process

The Oregon Department of Education Child Nutrition Programs (ODE CNP) works closely with the regional USDA Office of Civil Rights and other organizations committed to equal educational opportunity and respectful environments.

ODE CNP actively promotes equity. We offer training and technical assistance to ODE CNP sponsors and providers to assist them with their responsibilities regarding discrimination and harassment. ODE CNP also conducts workshops on these and related subjects at state, regional, local program sites, and conferences. Future activities include developing outreach strategies and tactics aimed at inclusiveness and increased program participation.

To file a Child Nutrition Programs complaint of discrimination with the State of Oregon, please send an email to ODE CNP Civil Rights or write to:

Director of Child Nutrition Programs, Oregon Department of Education, 255 Capitol Street NE, Salem, OR 97310 or call (503) 947-5888, (voice) or (503) 378-2892(TDD).

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/usda-program-discrimination-complaint-form.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 Complaint form or letter must be submitted to USDA by:

mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

fax: (833) 256-1665 or (202) 690-7442; or

email: program.intake@usda.gov

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