



Isha Dakhliga Carruurta	
Ilaha Dakhliga Ilmaha	Tusaale(ooyin)
- Dakhliyada laga kasbado shaqada	- Ilmaha ayaa haysta shaqo joogto ah oo buuxda ama wakhtii dhiman ah oo kasbada mushahar ama mushqaayad
- Sooshaal Sekuuritiga - Biximaha Naafanimada - Dheefaha Dhaxalka	- Ilmaha ayaa indho-beel ama naafso ah oo qaataas heefaha Soshal Sekuuritiga - Waalid ayaa naafso, shaqo ka fariisi ah, ama dhintay, oo ilmaha ayaa hela dheefaha sooshal sekuuritiga,
-Dakhli laga helo qof reerka ka baxsan	- Saaxiib ama xubin ehelka qoyska ka mid ah ayaa si joogto ah u siiyaa ilmaha lacag kharashayn
-Dakhli laga helo il kasta oo kale	- Ilmo ayaa ka hela dakhli joogto ah ka fuundo hawlgab gaar ah, lacag u ururtay, ama ammanoo ah

Isha Dakhliga Qaangaarayaasha		
Dakhliga laga Kasbado Shaqada	Gargaarka Dowladda / Taageerada Afada Ama Seyga / Taageerada Ilmaha	Benshinka / Hawl Ka Fariisiga / Dhammaan Dakhliga Kale
- Mushahar, mushqaayad, gunno lacag kaash ah - Dakhliga saafiga ee laga helo iskaa-u-shaqaaysiga (beer ama meherad)  Haddii aad ku jirto Ciidamada Maraykanka:  - Mushaharka asaasiga ah iyo gunnooyinka lacagta kaashka ah (Ha KU darin lacagta xarbiga, FSSA ama gunnooyinka guriyanta gaar ahaansan) - Gunnooyinka guriyanta saldhigga-ka-baxsan, cuntada iyo dharka	- Dheefaha shaqo la'aanta - Magdhowga shaqaalaha - Dakhliga Kaabitaanka Sooshal Sekuuritiga (SSI)  - Gargaarka kaashka ah ee laga helo gobolka ama dawladda deegaanka - Biximaha la siiyo afo ama sey la kala tagay - Biximaha taageerada ilmaha - Dheefaha horay uga tirsanaan ciidamo - Dheefaha shaqo joojinta	- Sooshal Sekuritiga(oo ay ku jiraan hawlgabka xadiidka iyo dheefaha sambabbada madoobaada) - Hawlgabka gaarka ah ama dheefaha naafada - Dakhliga joogtada ah ee laga helo aammnaysiga ama milkiyadaha - Lacagaha ururssmay - Dakhli maaligashi - Dulsaarka la kasbaday - Dakhli kiro - Biximo lacag kaasha ah oo si joogto ah looga helo in ka baxsan reerka

## IKHTIYAARI LAGU BUUXINAYO

## Aqoonsiga Isireed Iyo Qowmiyeed ee Carruurta

Waxa la nooga baahan yahay inaan ku weyddiino macluumaadka ku saabsan isirka iyo qowmiyadda carruertaada. Macluumaadkani waa muhiim oo waxay waxtar uga yeelanaysaa sidii loo hubin inaan si buuxda ugu adeegeyno jaalidiyaddeena. Ka jawaabidda qaybtan ayaa ikhtiyaar ah oo ma saamayn doonto u mutaysnaanta carruuta ee cuntada bilaashka ah ama qiiimaha laga dhimay.

**Qowmiyadda (mid calaamee):**  Hisbaanik ama Laatiino  Aan Ahayn Hisbaanik ama Laatino

**Isirka (calamaadee mid ama in ka badan):**  Hindi Maryakan ama ama Dhalad Alaaska  Aasiyan  Madow ama Afrikaan Ameerikan  Dhalad Hawaaii ama Jasiiradaha Kale ee Basafiigga  Caddaan

Keerka **Qadada Dugsiga Qaranka ee Richard B. Russell** ayaa u baahan macluumaadka ku qoran codsigan. Qasab keguma aha inaad bixiso macluumaadka, laakiin haddii aadan bixin, uma oggolaan karno ilmahaaga cuntada bilaashka ah ama qiiimaha la dhimay. Waa inaad soo raacisaafarta tiro ee ugu dambaysa lambarka sooshal sekuritiga xubinta reerka ee qaangaaraah ah ee saxeexa codsiga. Afarta tiro ee ugu dambaysa lambarka sooshal sekuritiga looma baahna markaado ugu codsanayso magaca qorshaha korriinka kuugu hoos jira ama aad qorto Barnaamijka Gargaarka Nafqaada Kaamilinta ah (SNAP), kees lambarka Barnaamijka Gargaarka Ku Meelgaarka ah ee Qoysaska Baahan (TANF) ama Barnaamijka Cunto Qaybinta Deegaannada Hindida (FDPIR) ama aqoonsasho FDPIR oo kale looguna talagalay ilmahaaga ama markaado tilmaamto xubinta reerka ee qaangaarka ahi aanu lahayn lambar sooshal sekuriti. Waxaan u isticmaali doonaa macluumaadkaa in la go'amiyo haddii u ilmahaagu uu u mutaysan yahay cuntada bilaashka ah ama qiiimaha la dhimay, iyo maamulka iyo fulinta barnaamijiyada qadada iyo quracda. Waa DHIC kartaa inaan la wadaagno macluumaadkaaga u mutaysiga barnaamijiyada waxbarashada, caafimaadka, iyo nafaqada si ay qiiimeeyaa, raasamaaleeyaa ama u go'amiyaan dheefaha loogu talagalay dib u eegga barnaamijka, saraakiisha fulinta sharciga si ay iyagana uga caawiso inay eegaan in lagu xadgudbay xeerarka barnaamijka.

yadoo la raacyo sharciga xuquuqda madaniga ah ee federaalka iyo Waaxda Beerahaa ee Maraykanka (USDA) xeerarka iyo siyaasadaha xuquuqda madaniga ah, machadkan waxxa ka mammuuq ah inay ku takooro isir, midab, asal qaran, jinsi (oo ay ku jiraan aqoonsiga jinsiga iyo nooca galmeda), naafanimada, da'da, ama aargoosiga ama aargoosiga hawlihi hore ee xuquuqda madaniga ah. Macluumaadka barnaamijka waxaa lagu heli karaa luqado aan Ingiriisi ahayn.

aDadka naafada ah ee u baahan hab kale oo isgaarsiineed si ay u helaan macluumaadka barnaamijka (tusaale, far waaweyn, cajalad maqal ah, Luqadda Calaamadaha Ameeriikaanka), waa inay la xiriiran gobilka mas'uulka ka ah ama wakaalada maxallii ah ee maamusha barnaamijka ama Xarunta TARGET USDA ee (202) 720- 2600 (cod iyo TTY) ama kala xidhiidh USDA iyada oo loo sii marayo Adeegga Gudbinta Federaalka (800) 877-8339. Si aad u xarayso cabashada barnaamijka takoorka, dacwad-qauduuh waa inuu buuxiyaa foomka AD-3027, Foomka Cabashada Takoorka ee Barnaamijka USDA kaas oo laga heli karo onlayska ee : <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, laga bilaabo xafsiis kasta oo USDA, adoo wacaya (866) 632-9992, ama adigoo warqad u qoraya USDA. Warqaddu waa inay ku jiraan magaca qofka dacwoonaya, ciwaanka, lambarka taleefanka, iyo sharraxaad qoral ah oo ku saabsan falka takoorka ah ee lagu eedeeeyay oo faahfaahsan si loogu wargaliyo Kaaliyaha Xoghayaha Xuquuqda Madaniga (ASCR) nooco iyo taariikhda xadgudubka xuquuqda madaniga ah ee lagu eedeeeyay. Foomka AD-3027 ama warqadda la buuxiyay waa in loo gudbiyaa USDA iyadoo loo marayo:

- boostada U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410
  - faakis: (202) 690-7442; ama (202) 690-7442; ama ama  
iimayl: program.intake@usda.gov
- Machadkani waa bixiye fursad loo siman yahay.

## Ha buuxin

## Loogu Talagalay Kaliya Isticmaalka Dugsiga

Annual Income Conversion: Weekly x 52, Every 2 Weeks x 26, Twice a Month x 24 Monthly x 12

How often?

Total Income

Weekly    Bi-Weekly    2x Month    Monthly

   

Household size

Categorical Eligibility

Determining Official's Signature

Date

Confirming Official's Signature

Date

Eligibility:

Oregon Expanded Income Group Eligible

Free    Reduced    Denied

  

N/A    Yes    No

Verifying Official's Signature

Date