

# Integrated Team Based Care

St. Charles Health System & Oregon Health Authority

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## Background

Psychosocial health is a part of total health and affects prognosis and course of all medical outcomes.<sup>1</sup>

Interdisciplinary teams promote stronger relationships with patients and address care more holistically and comprehensively, while reducing health care costs and providing better quality of care.<sup>2</sup>

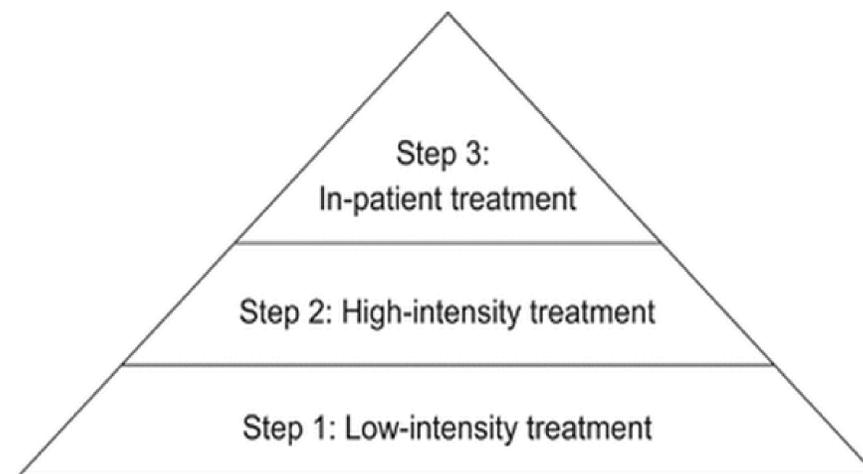


## Project description

This project will implement a standardized, reliable, stepped, team-based care model that integrates physical and behavioral health. The model identifies and treats psychosocial needs of patients in primary care and women's health, with demonstrated impact on increasing access, reducing health disparities, reducing costs and improving population health.

## Objective

The interdisciplinary team will develop and implement an algorithm for stepped psychosocial health management, including team and individual roles and responsibilities and work flow, by January 1, 2016, in both primary care and women's health.



## Outcomes Measures

### Outcome 1

Percentage of patients with improved score on Patient Health Questionnaire – 9 (PHQ-9) measure.

### Outcome 2

Percentage of patients with improved score on Generalized Anxiety Disorder – 7 (GAD-7) measure.

## Progress to Date

1. Identified interdisciplinary team in both primary care and women's health and defined roles and responsibilities.
2. Developed standardized algorithm for stepped care for total health in primary care.

St. Charles  
Family Care  
Redmond,  
Oregon



The Center for  
Women's Health  
Redmond,  
Oregon



## Contact

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## References

1. Macleod, J., Smith G.D. (2003). Psychosocial factors in public health treatment? *Journal of Epidemiology and Community Health*; 57, 565-570.
2. Sammer, J. (2011). *Medical homes move from pilots to real-world implementation* [Retrieved April 30, 2012] <http://managedhealthcareexecutive.modernmedicine.com/mhd/News+Analysis/Medicalhomesmove-to-realsworldimplentation/Article/detail/750641>