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# Learning Collaborative - Communications about Social-Emotional Health for Children 0-5 Years

Health Aspects of Kindergarten Readiness  
Measure: System-Level Social-Emotional  
Health Metric

November 29, 2023

Oregon  
Health  
Authority



ORPRN  
*Oregon Rural Practice-Based  
Research Network*



OHSU

# Agenda

- CCO sharing
- All participant discussion
- Announcements:
  - Attestation update for 2023 work
  - Upcoming technical assistance opportunities
  - Input sessions on child-level metric



# Social Emotional Health Metric

Learning Collaborative

11/29/2023

## Overview of communication work Yamhill is doing with community, families, providers. What strategies are you using?

Flyers for all families with members ages 0-5

Follow up outreach for members with 3 or more social indicators

Communicating to providers in our newsletter- highlighting new contracted providers (refer to same 3 places)

Providing annual Early Childhood MH training

Presenting Child Health Complexity Data and SEH information in several member and provider committees and councils

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FREE CEUS | VIRTUAL 

# MENTAL HEALTH TREATMENT FOR CHILDREN

This workshop will focus on how to jointly lessen the impact of trauma exposure and create an overall trauma-informed system of care for young children 0-5.

Presented by Ann Chu, PhD is Associate Clinical Professor at the University of California, San Francisco

**OCTOBER 4TH, 2023**  
**9:00AM – 12:00PM PST**

Register for the training  
by clicking the button!

**REGISTER NOW** 

<https://ycco.mykajabi.com/ycco-trainings>



## How does communication work support the purpose of the system-level SEH Metric?

Communication is key to changing the system but there are still legitimate challenges

- Stigma-having to seek Mental Health services for your very young child is a reflection on your parenting. Hard to acknowledge
- Repeated messaging-we are bombarded with social media advertising and yet there is not enough messaging regarding infant and early childhood social-emotional health and it's impact on well being
- There is still the belief that infants and young children do not remember
- Competing with many other deserving system level initiatives

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# What are you learning?

This metric is in 4 phases and would have had better outcomes if we started with the Early Learning providers in Phase I and allowed them to develop our priorities

We need to create a marketing campaign on a state and global level

SEH of children, ages 0-5, is just one of many initiatives our CCO's and provider network is managing. (little people-little problems)

We need to focus on alternative methods to helping parents and their young children (this currently happens within EC Programs)

This metric is challenging to implement and we need to concentrate on additional funding for all our early learning programs, including child care providers

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## Any plans or next steps for continuing communication work?

YCCO's BH Department will be offering scholarships to clinicians: PSU's Infant and Early Childhood MH Certificate Program, Child Parent Psychotherapy,

Continue to provide Child level data to Primary Care, BH, Head Start, Relief Nurseries, etc....

Our Early Learning Hub will prioritize this message at all of their community events

Highlighting clinicians who serve ages 0-5 in our monthly provider newsletter

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# Thank You!



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# Social-Emotional Health Incentive Metric

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# Community Conversations

July 14 – Kennedy School  
July 25 – Virtual Event



# What we heard...

## ***Therapy Services***

- Workforce Development for SBH
- Workforce Development for IBH
- Enhancement of types of therapy modalities
- Pursue new contract & payment options

## ***Supporting Access & Referral Pathways***

- CCO should have organized clear information on what SBH is available for b-5 for different audiences
- Use social complexity data to be proactive in outreach to families – how to connect parents getting services to consider young child

## ***Screening and Assessments***

- Need for training of Primary Care and staff on Social-Emotional Health
  - Identify best practices for screening/assessment
- Hire THW/CHW that are culturally specific to help conduct screening and/or assessments
- Screening fatigue and unclear recommendations
- Leverage CBOs who are already screening

## ***Environment***

- Develop regional messaging campaign

# Health Share's Community Level Action Plan Strategy for 2024

## Aligned with Communication and Coordination

### *Action Plan Priorities for 2024*

<b>Community Level Strategy</b>	Maintain investments with IRCO (Immigrant Refugee Community Organization) and Adelante Mujeres
	Begin planning for Social-Emotional Health regional messaging campaign
	Strategies for Sharing Collected Resources
	Connection to Specialty Behavioral Health for Community Based Organizations & Navigation to Needed Resources

# Health Share's Clinical Level Action Plan Strategy for 2024

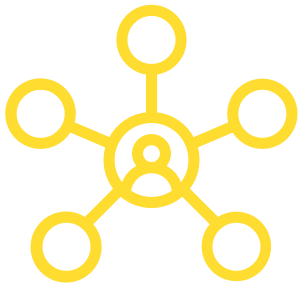
## Aligned with Communication and Coordination

<i>Action Plan Priorities for 2024</i>	
<b>Clinical Level Strategy</b>	Workforce Development & Training for <u><i>Specialty Behavioral Health</i></u>
	Workforce Development & Training for <u><i>Integrated Behavioral Health</i></u>
	Workforce Development & Training specific to <u><i>Primary Care Providers</i></u>
	Strategies for <b>Sharing Collected Resources &amp; Navigation Pathways</b>
	<b>Supporting Data Analysis</b> to identify and target interventions

# Workforce Development: Integrated Behavioral Health

## Goal of the Workforce Development for Integrated Behavioral Health

### Setting the Context: IBH's role in the system level metric



Screening



✓ “Flags” related to delays/concerns that show up in primary care now

Assessment



- ✓ Assessment options
- ✓ Clinical decision-making frameworks following risk assessment



Brief Intervention



- ✓ Evidence-based interventions for impacting early childhood social-emotional delays/concerns
- ✓ **Referral to specialty behavioral health when needed**

# Update on the Integrated Behavioral Health (IBH) Workforce Development and Training

The Oregon Pediatric Improvement Partnership (OPIP) facilitated a half-day in-person Learning Collaborative for Integrated Behavioral Health on October 17<sup>th</sup>



**48 Integrated Behavioral Health Attended**

representing 31 primary care sites

Registrants work within practices that are **attributed 18,000 children birth- 5**



health

share



# Discussion



What is your favorite place to visit in Oregon?



Sticky note (Ctrl+Shift+P)



Sticky note



|

Cancel

Save

# Announcements

# Second year attestation: Social-emotional health metric

**WHAT:** Completed **attestation survey**

**WHEN:** by February 29, 2024

**WHERE:** Via Survey Monkey -

<https://www.surveymonkey.com/r/6CP7NG8>

- SM link and pdf are searchable on the CCO Metrics Program resource page: <https://www.oregon.gov/oha/hpa/analytics/pages/cco-metrics.aspx>

# Second year deliverables: Social-emotional health metric

**WHAT: Updated asset map.** Per the table on page 5 of the 2023 technical specifications, this includes **both -**

- (i) an updated version of what CCOs submitted for Year 1/2022 (contracted specialty behavioral health services) **and**
- (ii) asset map for integrated behavioral health services (contracted Patient Centered Primary Care Homes who have attested to the PCPCH standards with Standard 3C3 to indicate that they provide integrated behavioral health services, including population-based, same-day consultations by behavioral health providers).
  - While CCOs do not have to use the asset map forms from the measure specification appendices or the fillable versions provided by OHA, CCO submissions must, at a minimum, include the elements noted in the measure specifications.
  - Therefore, CCOs may choose to submit separate documents (updated contracted specialty behavioral health services assets document and separate integrated behavioral health assets document) or, if they choose, one document including the required information on both types of assets.

**WHEN:** By February 29, 2024

**WHERE:** Via [Metrics.Questions@odhsoha.oregon.gov](mailto:Metrics.Questions@odhsoha.oregon.gov)

# Second year deliverable: Social-emotional health metric

**WHAT: Updated action plan.** Per the table on page 10 of the 2023 technical specifications, CCOs must submit an updated action plan assessing progress (per page 11).

- This includes assessing progress measured by meeting progress milestones the CCO set in the Action Plan and involving communities experiencing injustices in evaluating the success of improvement strategies and offering suggestions for revising the targets and strategies in the Action Plan.

**WHEN:** By February 29, 2024

**WHERE:** Via [Metrics.Questions@odhsoha.oregon.gov](mailto:Metrics.Questions@odhsoha.oregon.gov)

# Office hours: Social-emotional health metric

- **Thursday January 11, 2024; 12:00-12:30 p.m.**

**Join on your computer, mobile app or room device**

[Click here to join the meeting](#)

Meeting ID: 247 129 694 698

Passcode: goPvBs

[Download Teams](#) | [Join on the web](#)

- **Monday January 22, 2024; 3:00-3:30 p.m.**

**Join on your computer, mobile app or room device**

[Click here to join the meeting](#)

Meeting ID: 240 174 453 097

Passcode: mgche6

[Download Teams](#) | [Join on the web](#)

# Technical Assistance Opportunities

- [Communication flyers](#)
- Understanding the social-emotional health system and making improvements
  - **January 10**, 1-2pm – Webinar
  - **February 1**, 10-11am – Learning collaborative

You can access the technical assistance plan and registration links on [OHA's webpage](#).



# Input sessions on child-level metric

The measure stewards are offering input sessions for various groups – including CCOs – to inform the proposed 2025 child-level metric. There are two opportunities for CCOs listed below.

- **January 25**, OHA Metrics Technical Advisory Group: OPIP will be providing an overview of the proposed draft metric and areas of input OHA is wanting from attendees of the Metrics Technical Advisory Group. Time within the 1-3 PM meeting TBD.  
Join Meeting: [ZoomGov](#)
- Specific Input Session with OPIP: two times offered (same content)
  - **February 15**, 12:00-1:30 PM,  
Register here: <https://us06web.zoom.us/meeting/register/tZYudumsrzsqH9lft-KpwSSlhL186Pfw95v#/registration>
  - **February 21**, 12:00-1:30 PM, Register here:  
[https://us06web.zoom.us/meeting/register/tZMuf-CurTkoH9U026m\\_jvExKEEMDSnHvond#/registration](https://us06web.zoom.us/meeting/register/tZMuf-CurTkoH9U026m_jvExKEEMDSnHvond#/registration)

# Thank You

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