



# Health Equity

## Training and Partnerships

Cord VanRiper

Cascade Health Alliance



# Learning Culture: An Introduction

- Opening Activity
  - Think about your early school years. What activities are pretty much part of every elementary school day?
  - How do you think that these experiences taught you lessons about living in the culture in which you grew up?
  - If you think about it, kids in every culture have daily routines that they learn during their formative years and that teach them about their culture—just like all of us did!





# Learning Culture: Your Thoughts?

Image Credit: HEB, 2013)





# Learning Culture: Analysis

- The students are making a clock. As we will see, this ties in with an American focus on time.
- The students are working together, yet each has a specific role (holding the number or being a hand on the clock). As we will see, this ties in with an American focus on individual effort, even if it is for the good of the whole.





- Partnership with regional health equity experts
  - Communications and population health professionals
- Use Office of Equity and Inclusion's Cultural Competency Continuing Education (CCCE) requirements



# Cultural Trends: Applying Cultural Taxonomies

Veronica Koehn, Ph.D.

Department of Communication Studies

Oregon Institute of Technology





Oregon TECH

# Cultural Humility & Health

*Attitudes that improve outcomes*



*Sophie Nathenson, Ph.D.*  
*Director, Population Health Program*  
*Oregon Tech*



*Hands-on education for real-world achievement.*



# What is culture?

## WHAT IS CULTURE?



**Culture:** An integrated pattern of human behavior that includes thoughts, communications, languages, practices, beliefs, values, customs, courtesies, rituals, manners of interacting, roles, relationships and expected behaviors of a racial, ethnic, religious or social group.





# Discussion

- Is medicine culture free?
- What are the assumptions in western medicine?
- What are some stereotypes of health practitioners?
- What are some stereotypes of patient populations?



- Partnership with Klamath Regional Health Equity
  - Implicit Bias training focus
  
- Trauma-informed Care
  
- Equity and Special Health Care Needs Dashboard
  - Identifies gaps in data
  - Centers CCO staff
  - “Snapshot” of membership
  - Idea of “deeper dive” topics
  - Quarterly – OIHA dashboard based data



# Thank you

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