

# Equity Training

---

PROMOTING AN UNDERSTANDING OF EQUITY  
THROUGH THE LENS OF ACES

# Trauma is an Equity Issue

---

There is a relationship between trauma and health equity

Adverse Childhood Experiences (ACEs) are negatively associated with adult education, employment, health, and income potential

ACEs are common across the entire population, but have increased prevalence in minority population

Understanding the potential impact of early adversity across the life course is critical to breaking the intergenerational cycle ACEs transmission

# ACEs and NEAR Science

---

## ACEs (Adverse Childhood Experiences)

- Adverse Childhood Experiences harm children's developing brains. Each person can take a 10-question survey to determine his or her ACE score. ACEs are risk factors, not determinants.

## NEAR Science (Neuroscience, Epigenetics, ACEs and Resilience)

- Near Science explains how stressful events that happen in our early years of development affect us in ways that last our entire lives.
- This is the science on how, from our birth, our brains are growing and adjusting to our environment.
- Whether traumatic, friendly, threatening or soothing, our experiences get wired into our biology.
- Epigenetics explains that some of the biologic response to trauma may be passed from generation to generation.

# As an Equity Issue

---

## Historical Trauma and Epigenetics

- Traumatized populations show significant differences in health outcomes than in non-traumatized populations
- Childhood trauma and its lifelong effects are more prevalent among minorities

## Cycle of Trauma in Poverty

- Carries on until there is a pathway to break it
- Best indicator of a child abuse and neglect is the parent's history of abuse and neglect

# Creating Community Understanding

---

## Southern Oregon Success (SORS)

- A multi-stakeholder group which promotes the health, academic, and life success of our children, youth, and families
- Spreading a “trauma-informed” approach in education, human services, public safety and workforce development to help build resilience in children, families and communities.
- With financial support from three local Coordinated Care Organizations, AllCare, Jackson Care Connect and PrimaryHealth, the ACEs and Resilience effort is providing trauma-informed training sessions and events at no cost to schools, agencies, businesses and community groups.
- Our **Southern Oregon ACEs Training Team** has presented training sessions to over 10,000 people across all sectors in Jackson and Josephine Counties since May of 2016.

# The CCOs Role

---

All PrimaryHealth employees participated in the “ACE Interface” training in 2017, which included two-hours of information on ACEs/NEAR science and one-hour of application

The ACE Interface program is promoted to CCO stakeholders, including providers and community partners

PrimaryHealth participates in SORS and other groups to promote the spread of shared learning and trauma-informed practices

Beyond ACE Interface, the CCO is sponsoring, through Health Related Services, ACEs training and mentoring for application in local schools (The CLEAR Program)

# ACE Interface Training

---

Training Team (Master Trainers and Presenters)

High Quality Evidence Based Curriculum

Flexible to the Receiving Organization's Needs

FREE

Widely Available in Community, Including Monthly "Open" Presentations

# Contact Information

---

Jennifer Johnstun, RN

Health Strategy Officer

PrimaryHealth

[jennifer.johnstun@primaryhealthfamily.com](mailto:jennifer.johnstun@primaryhealthfamily.com)

(541-)471-4208