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**Date:** August 25, 2022

**To:** Oregon Health Plan (OHP) providers  
Coordinated care organizations

**From:** Nathan Roberts, Traditional Programs manager  
Medicaid Programs

**Subject:** Billing for diabetes self-management and prevention programs

OHP covers the following diabetes self-management prevention education programs for all OHP members with Type I or Type II diabetes:

- [Stanford Diabetes Chronic Disease Self-Management Program](#): Also known as Diabetes Self-Management Program (DSMP). Available in Chinese, and in Spanish as *Manejo Personal de la Diabetes*.
- [Diabetes Self-Management Training](#): Also known as Diabetes Self-Management Education and Support.

These programs can help people with diabetes to lower A1C levels, manage medications, prevent or reduce diabetes complications, improve quality of life, build healthier eating and exercise habits, and lower medical expenses.

Nationwide fewer than 60 percent of newly diagnosed people are referred to these programs, despite their proven effectiveness on both short and longer-term outcomes.

OHP also covers two years of [National Diabetes Prevention Program \(National DPP\) services](#) for OHP members who have prediabetes, a history of gestational diabetes, or are overweight (without Type I or Type II Diabetes or End-Stage Renal Disease).

### What should you do?

The Oregon Health Authority (OHA) encourages providers to refer or offer these programs to OHP members. To find local programs:

- Contact your local [public health department](#).
- Search for upcoming workshops on [Oregon's list of Healthy Living programs](#).
- Find recognized National DPP programs in Oregon on [the CDC's National DPP registry website](#).

To learn the requirements for offering and billing for these services, refer to OHA's fact sheets about reimbursement for [diabetes self-management programs](#) and [National DPP services](#).

### Questions?

- **About fee-for-service billing:** [Contact Provider Services](#) (800-336-6016).
- **About self-management programs for CCO members:** [Contact the member's CCO](#).

Thank you for your continued support of the Oregon Health Plan and the services you provide to our members.