



# Sipwene kan fori Oregon pwe epwe fich ren meinisin.

Non unesen ach ei state, chomong aramas non Oregon ra kan masngeni titino kena ngeni safei eoch. Annukun ngeni meinisin a kan forita non ngaw ngeni sakkun aramas me pwan kopput a kan fori pwe chomong nenien nonom ra kan masngeni tit ngeni safei. Ekkena tit ra kan pwan kuna non eochun sukun me tumunun safei; ach angang; ekkewe neighborhood sia nonom non, nge ika mo ekkewe nenii sia no pwe sipwe asoso ra kan pwan ngaw seni. Nge ina mo nge safean meinisin chon Oregon epwene kan chok eochuno nupwen system kena non unesen ewe state ra kan atetenino ar repwene awenechar ngeni apunguunon ekkei tit.

**Healthier Together Oregon, HTO**  
**(Pechakun Fengan Oregon) ii a kan**  
**an Oregon we 2020–2024 amon**  
**ren aeochunano an ewe state we**  
**wewefengenin safei.**

HTO ii an ach ei State we Amon ren Aeochunano Safei (State Health Improvement Plan) a kan aiiti 5 aewin fofor ren safei me pwan 62 sakkun fofor ren anepano pechakunen meinisin chon non Oregon. Emoni ka ekkena mwich ra kana chocho ren aeochunano pechakunen chon non neniach epwe kan tongeni eaea.



**Healthier Together Oregon**

[healthiertogtheroregon.org](http://healthiertogtheroregon.org)

Ew angangen poputa seni ewe  
Oregon Health Authority



## Ekkena nenien nonom ra kan angang fengen repwe kan fori siwin.

Anepano mwongungu me apecakunano pwak sefanin an Oregon kei nenien nonom epwene forata aeochun kena pwe repwene amwakutukich ngeni ach we kunen fisen: ew state ikewe safei me pwan apecakunen aramas a kan fisita non unusen manawen aramas seni meinisin sakkun anuwer, ia ra etto me ie, osupwangen mokutukutir, mwan ika fefin, sakkun aramas ra sani, pisekisek ika wowungaw, chon fonu me ia me ia fonu a nom ie.

## Sipwe awewe ew angangen mwich.

Ewe Oregon Health Authority a awora an ewe amon we aewin chon aninis seni ar angang fiti chomong sakkun chiener me chon aninisir:

- Chon tumunun Safei
- Chon angangen muun ra uututa
- Chon awora angang
- Chon Pisekisek a worn our moni repwe ngenir
- Pekin Sai fetan
- Pekin Eeaaon fonu me amon
- State, mwichen Indian me safean meinisin non neniach
- Pekin Pungun Chon atai annuk me chon apecakuna annuk
- Mwich kena mi angonong seni non neniach

- Mwich kena mi angonong seni Mwichen fan
- Pekin Imweimw me chon awora aninisin aramas
- Asukun

## Sipwe kan pwan ew pisekin angang ren ekkena mwich ika nenien nonom ra kan angang fengen pwe repwe aeochueno an Oregon we pekin safei.

Ewe amon a kan fofor pwe epwe:

- Atora ngeni ren foforinongan amonen aeochunon safean non neniach seni ekkena safean meinisin non neniach, Coordinated Care Organizations (Mwichen Achufengenin Tumun) me pioin esap ren moni.
- Ator ngeni annuk, angang fengen me monien kamonong
- Awora ew fansoun ren angang fengen won ew eaeafengenin kunen fisin ren safei
- Awora ew neni ren angang fengen me chufengen non unusen ewe state ren kaeon met a kan angangeoch ren anepanon awewefengen

*Nupwen OHA a kan awenewena aninis ren HTO, ew mwich mi anonganong seni non neniach a iteni PartnerSHIP a kan awora tumun, awenewen, apoputan me pwan foforun finite. Ren chomong usun PartnerSHIP, kopwe no ngeni healthoregon.org/ship.*

## Kich sia kuta ach sipwe chungeni ekken ekkoch repwe achocho ne anepano awewefengenin safei non Oregon.

Ren chomong poraus ika chungeni kich, churi healthiertogetheroregon.org ika email publichealth.policy@state.or.us. Sia anean pwe sipwe rong senuk. Katon usuch won YouTube: <https://bit.ly/3jvkuAE>