

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1996

Would you say that in general your health is?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Excellent		24.2	25.2	30.2	28.8	24.9	19.6	14.2
Very good		35.7	37.6	41.2	39.1	37.5	31.2	26.2
Good		27.8	30.2	21.6	25.4	27.1	27.8	36.1
Fair		8.6	6.6	5.1	4.7	7.5	12.2	16.5
Or poor		3.7		1.9	2.0	2.9	8.9	6.8
Don't know/Not sure		.1	.4				.3	.2
Male	Excellent	23.4	28.8	27.5	27.6	21.8	19.9	13.9
	Very good	37.4	40.7	44.6	40.1	36.6	33.1	27.4
	Good	27.6	24.6	22.5	27.6	30.2	28.7	30.8
	Fair	7.7	5.1	4.1	3.4	8.4	9.6	17.4
	Or poor	3.8		1.4	1.4	3.1	8.8	10.0
	Don't know/Not sure	.2	.8					.5
Female	Excellent	24.8	22.1	32.2	29.7	27.8	19.4	14.3
	Very good	34.5	35.0	38.8	38.4	38.4	29.8	25.6
	Good	27.9	35.0	20.8	23.8	24.3	27.2	39.0
	Fair	9.2	7.9	5.9	5.7	6.7	14.1	16.0
	Or poor	3.6		2.3	2.5	2.8	8.9	5.1
	Don't know/Not sure	.1					.5	
Denominator is: All survey respondents								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1996

Would you say that in general your health is?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Excellent		705	65	160	201	136	64	79
Very good		1041	97	218	273	205	102	146
Good		809	78	114	177	148	91	201
Fair		250	17	27	33	41	40	92
Or poor		107		10	14	16	29	38
Don't know/Not sure		3	1				1	1
Male	Excellent	288	34	61	81	57	27	28
	Very good	461	48	99	118	96	45	55
	Good	340	29	50	81	79	39	62
	Fair	95	6	9	10	22	13	35
	Or poor	47		3	4	8	12	20
	Don't know/Not sure	2	1					1
Female	Excellent	417	31	99	120	79	37	51
	Very good	580	49	119	155	109	57	91
	Good	469	49	64	96	69	52	139
	Fair	155	11	18	23	19	27	57
	Or poor	60		7	10	8	17	18
	Don't know/Not sure	1					1	
Denominator is: All survey respondents								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1996

For how many days during the past 30 days was your physical health not good?
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	5.7	10.9	8.5	7.4	5.1	1.5	1.4	
2	5.7	8.1	6.6	7.2	5.7	2.8	3.6	
3	3.3	4.3	4.3	3.6	3.5	2.8	1.6	
4	1.7	1.2	2.3	2.1	2.2	.6	.9	
5	2.9	5.4	2.8	2.9	2.7	1.8	2.5	
6	.6	1.2	.6	.4	.4	.9	.7	
7	2.1	2.3	3.0	2.6	1.6	1.2	1.3	
8	.1	.4	.4	.1				
9	.0			.1				
10	1.6	1.9	.9	1.7	1.1	2.4	1.8	
11	.1			.1	.2			
12	.1				.2	.3	.2	
14	1.2	2.3	.9	1.3	1.3	.6	1.1	
15	1.5	1.6	2.1	1.3	.7	1.8	1.6	
16	.0				.2			
17	.0					.3		
19	.0			.1				
20	.5	.4	.6	.7	.4	.6	.2	
21	.2			.3		.6	.2	
25	.2		.2	.3	.2		.2	
28	.1	.4		.1	.2		.2	
29	.0				.2			
30	5.5	1.6	1.5	3.0	5.9	11.9	10.1	
Don't know/Not sure	1.0	.8		.1	.5	1.2	3.2	
None	65.8	57.4	65.2	64.2	67.8	68.5	68.8	
Refused	.1			.1			.5	
	1	6.2	9.3	9.5	8.8	4.2	1.5	2.5
	2	5.3	9.3	9.9	5.8	2.3	2.9	2.5
	3	3.0	3.4	2.7	3.7	4.2	2.2	1.0
	4	1.7		1.8	2.0	2.7	1.5	1.0
	5	2.4	5.1	2.3	2.4	3.1	1.5	1.0
	6	.6	1.7	.5	.3		.7	1.0
	7	1.2	.8	1.4	1.0	1.5	1.5	1.0
	8	.1	.8					
	10	1.0		.5	.7	.8	2.9	1.5

Male	11	.1			.3			
	14	.7	1.7	.5	.7	1.1	.7	
	15	.6		.5	1.0	.4		1.5
	16	.1				.4		
	20	.2		.5			.7	
	25	.1			.3			
	28	.1						.5
	29	.1				.4		
	30	4.7	.8	1.8	2.7	5.0	8.8	10.0
	Don't know/Not sure	1.1			.3	.8	.7	4.5
	None	70.8	66.9	68.5	69.4	73.3	74.3	72.1
	Refused	.1			.3			
Female	1	5.4	12.1	7.8	6.4	6.0	1.6	.8
	2	6.0	7.1	4.2	8.2	8.8	2.6	4.2
	3	3.5	5.0	5.5	3.5	2.8	3.1	2.0
	4	1.7	2.1	2.6	2.2	1.8		.8
	5	3.2	5.7	3.3	3.2	2.5	2.1	3.4
	6	.7	.7	.7	.5	.7	1.0	.6
	7	2.7	3.6	4.2	3.7	1.8	1.0	1.4
	8	.2		.7	.2			
	9	.1			.2			
	10	2.0	3.6	1.3	2.5	1.4	2.1	2.0
	11	.1				.4		
	12	.2				.4	.5	.3
	14	1.5	2.9	1.3	1.7	1.4	.5	1.7
	15	2.1	2.9	3.3	1.5	1.1	3.1	1.7
	17	.1					.5	
	19	.1			.2			
	20	.7	.7	.7	1.2	.7	.5	.3
	21	.3			.5		1.0	.3
	25	.2		.3	.2	.4		.3
	28	.2	.7		.2	.4		
	30	6.1	2.1	1.3	3.2	6.7	14.1	10.1
Don't know/Not sure	.9	1.4			.4	1.6	2.5	
None	62.1	49.3	62.9	60.4	62.7	64.4	66.9	
Refused	.2						.8	
Denominator is: All survey respondents								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1996

For how many days during the past 30 days was your physical health not good?
(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Total	2915	258	529	698	546	327	557	
1	166	28	45	52	28	5	8	
2	166	21	35	50	31	9	20	
3	96	11	23	25	19	9	9	
4	49	3	12	15	12	2	5	
5	84	14	15	20	15	6	14	
6	18	3	3	3	2	3	4	
7	60	6	16	18	9	4	7	
8	4	1	2	1				
9	1			1				
10	46	5	5	12	6	8	10	
11	2			1	1			
12	3				1	1	1	
14	35	6	5	9	7	2	6	
15	43	4	11	9	4	6	9	
16	1				1			
17	1					1		
19	1			1				
20	14	1	3	5	2	2	1	
21	5			2		2	1	
25	5		1	2	1		1	
28	4	1		1	1		1	
29	1				1			
30	160	4	8	21	32	39	56	
Don't know/Not sure	28	2		1	3	4	18	
None	1918	148	345	448	370	224	383	
Refused	4			1			3	
	Total	1233	118	222	294	262	136	201
	1	76	11	21	26	11	2	5
	2	65	11	22	17	6	4	5
	3	37	4	6	11	11	3	2
	4	21		4	6	7	2	2
	5	30	6	5	7	8	2	2
	6	7	2	1	1		1	2
	7	15	1	3	3	4	2	2

Male	8	1	1					
	10	12		1	2	2	4	3
	11	1			1			
	14	9	2	1	2	3	1	
	15	8		1	3	1		3
	16	1				1		
	20	2		1			1	
	25	1			1			
	28	1						1
	29	1				1		
	30	58	1	4	8	13	12	20
	Don't know/Not sure	13			1	2	1	9
	None	873	79	152	204	192	101	145
	Refused	1			1			
Female	Total	1682	140	307	404	284	191	356
	1	90	17	24	26	17	3	3
	2	101	10	13	33	25	5	15
	3	59	7	17	14	8	6	7
	4	28	3	8	9	5		3
	5	54	8	10	13	7	4	12
	6	11	1	2	2	2	2	2
	7	45	5	13	15	5	2	5
	8	3		2	1			
	9	1			1			
	10	34	5	4	10	4	4	7
	11	1				1		
	12	3				1	1	1
	14	26	4	4	7	4	1	6
	15	35	4	10	6	3	6	6
	17	1					1	
	19	1			1			
	20	12	1	2	5	2	1	1
	21	5			2		2	1
	25	4		1	1	1		1
	28	3	1		1	1		
	30	102	3	4	13	19	27	36
	Don't know/Not sure	15	2			1	3	9
None	1045	69	193	244	178	123	238	
Refused	3						3	

Denominator is: All survey respondents

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1996

Q3. For how many days during the past 30 days was your mental health not good?
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	4.8	6.6	7.2	5.4	5.1	2.1	2.3	
2	8.0	10.1	9.8	11.0	8.6	5.5	2.2	
3	4.4	5.0	5.1	6.4	5.3	1.2	1.8	
4	2.3	3.9	3.8	2.7	1.8	1.2	.9	
5	4.8	7.4	7.2	6.0	4.0	2.4	2.2	
6	.6	1.2	.4	.4	.2	1.2	.7	
7	1.9	4.3	2.5	2.7	1.5	.6	.5	
8	.2	.8		.4	.2		.2	
9	.0		.2					
10	2.2	4.7	2.1	3.0	2.4	1.5	.4	
11	.0			.1				
12	.1		.2		.2			
14	.6		1.1	.4	.9	.6	.2	
15	2.5	4.7	3.4	2.1	2.4	2.1	1.4	
17	.0		.2					
18	.0		.2					
20	1.2	1.9	2.5	1.4	.7	.6	.4	
21	.2	.4	.2	.3	.2	.3		
25	.5	1.2	.8	.9	.2			
26	.1		.2				.2	
27	.0				.2			
28	.2	.4	.4	.1			.2	
29	.2	.4	.4		.2	.3	.2	
30	3.9	5.0	3.8	3.4	3.3	5.5	3.9	
Don't know/Not sure	1.1	.4	.2	1.1	1.6	.9	2.0	
None	59.7	41.5	48.2	51.7	60.6	73.1	80.3	
Refused	.2	.4	.2		.4	.6	.2	
	1	4.2	6.8	5.9	4.8	5.3	1.5	
	2	7.2	10.2	7.7	10.2	8.0	2.9	2.5
	3	3.4	3.4	4.1	5.4	3.4	2.2	.5
	4	2.6	5.1	3.2	3.4	2.3	1.5	.5
	5	3.4	9.3	3.6	2.7	2.3	2.9	2.5
	6	.6	1.7		.3		2.9	.5
	7	1.1	1.7	2.3	1.0	1.1		
	8	.3	.8		.3	.4		.5

Male	9		.1		.5				
	10		1.8	1.7	1.8	3.1	1.5	1.5	.5
	12		.1				.4		
	14		.6		1.8	.3	.4	1.5	
	15		2.4	3.4	3.2	2.4	1.5	1.5	2.5
	20		.9		2.3	1.4	.4	.7	
	21		.3	.8		.7	.4		
	25		.3	.8		.7	.4		
	28		.2		.5	.3			
	29		.2		.9				
	30		3.6	3.4	4.1	2.0	4.2	4.4	4.0
	Don't know/Not sure		.8	.8		.7	1.1		2.0
	None		65.7	50.0	58.1	60.2	66.0	77.9	82.6
	Refused		.2		.5		.8		
Female	1		5.3	6.4	8.1	5.9	4.9	3.7	2.8
	2		8.5	10.0	11.4	11.6	9.2	7.3	2.0
	3		5.1	6.4	5.9	7.2	7.0	.5	2.5
	4		2.1	2.9	4.2	2.2	1.4	1.0	1.1
	5		5.9	5.7	9.8	8.4	5.6	2.1	2.0
	6		.5	.7	.7	.5	.4		.8
	7		2.6	6.4	2.6	4.0	1.8	1.0	.8
	8		.2	.7		.5			
	10		2.5	7.1	2.3	3.0	3.2	1.6	.3
	11		.1			.2			
	12		.1		.3				
	14		.5		.7	.5	1.4		.3
	15		2.6	5.7	3.6	2.0	3.2	2.6	.8
	17		.1		.3				
	18		.1		.3				
	20		1.5	3.6	2.6	1.5	1.1	.5	.6
	21		.1		.3			.5	
	25		.6	1.4	1.3	1.0			
	26		.1		.3				.3
	27		.1				.4		
	28		.2	.7	.3				.3
	29		.2	.7			.4	.5	.3
	30		4.2	6.4	3.6	4.5	2.5	6.3	3.9
	Don't know/Not sure		1.4		.3	1.5	2.1	1.6	2.0
None		55.3	34.3	41.0	45.5	55.6	69.6	78.9	
Refused		.2	.7				1.0	.3	

Denominator is: All survey respondents

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1996

Q3. For how many days during the past 30 days was your mental health not good?
(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Total	2915	258	529	698	546	327	557	
1	141	17	38	38	28	7	13	
2	232	26	52	77	47	18	12	
3	128	13	27	45	29	4	10	
4	68	10	20	19	10	4	5	
5	141	19	38	42	22	8	12	
6	17	3	2	3	1	4	4	
7	56	11	13	19	8	2	3	
8	7	2		3	1		1	
9	1		1					
10	64	12	11	21	13	5	2	
11	1			1				
12	2		1		1			
14	17		6	3	5	2	1	
15	73	12	18	15	13	7	8	
17	1		1					
18	1		1					
20	36	5	13	10	4	2	2	
21	6	1	1	2	1	1		
25	14	3	4	6	1			
26	2		1				1	
27	1				1			
28	5	1	2	1			1	
29	6	1	2		1	1	1	
30	115	13	20	24	18	18	22	
Don't know/Not sure	33	1	1	8	9	3	11	
None	1740	107	255	361	331	239	447	
Refused	7	1	1		2	2	1	
	Total	1233	118	222	294	262	136	201
	1	52	8	13	14	14		3
	2	89	12	17	30	21	4	5
	3	42	4	9	16	9	3	1
	4	32	6	7	10	6	2	1
	5	42	11	8	8	6	4	5
	6	8	2		1		4	1

Male	7	13	2	5	3	3		
	8	4	1		1	1		1
	9	1		1				
	10	22	2	4	9	4	2	1
	12	1				1		
	14	8		4	1	1	2	
	15	29	4	7	7	4	2	5
	20	11		5	4	1	1	
	21	4	1		2	1		
	25	4	1		2	1		
	28	2		1	1			
	29	2		2				
	30	44	4	9	6	11	6	8
	Don't know/Not sure	10	1		2	3		4
	None	810	59	129	177	173	106	166
	Refused	3		1		2		
	Female	Total	1682	140	307	404	284	191
1		89	9	25	24	14	7	10
2		143	14	35	47	26	14	7
3		86	9	18	29	20	1	9
4		36	4	13	9	4	2	4
5		99	8	30	34	16	4	7
6		9	1	2	2	1		3
7		43	9	8	16	5	2	3
8		3	1		2			
10		42	10	7	12	9	3	1
11		1			1			
12		1		1				
14		9		2	2	4		1
15		44	8	11	8	9	5	3
17		1		1				
18		1		1				
20		25	5	8	6	3	1	2
21		2		1			1	
25		10	2	4	4			
26		2		1				1
27		1				1		
28		3	1	1				1
29		4	1			1	1	1
30	71	9	11	18	7	12	14	
Don't know/Not sure	23		1	6	6	3	7	

None	930	48	126	184	158	133	281
Refused	4	1				2	1
Denominator is: All survey respondents							

Oregon Public Health Division - healthoregon.org/brfss

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1996

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work or recreation?
(Weighted Column Percents)

		Total	Age Groups						
			18-24	25-34	35-44	45-54	55-64	65+	
1		7.4	8.4	10.6	8.2	7.3	4.1	2.6	
2		6.4	9.9	6.2	5.8	8.6	2.7	4.4	
3		4.2	3.1	4.7	6.5	3.7	2.7	1.8	
4		2.6	3.1	2.9	2.8	2.3	1.4	2.2	
5		2.7	5.2	3.5	2.1	2.0	3.4	.9	
6		.3		.3	.2	.3	.7	.4	
7		2.2	1.6	2.1	2.6	2.3	2.0	2.2	
8		.4		1.2		.7			
9		.2			.2		.7	.4	
10		1.6	1.0	.9	1.4	2.3	4.1	.9	
12		.2		.3			.7	.4	
14		1.3	2.1	1.2	1.4	.7	2.0	.9	
15		2.2	1.6	2.3	1.6	2.0	3.4	3.1	
18		.1						.4	
20		.9		1.5	1.2	.3	1.4	.4	
21		.3			.7	.7			
23		.1					.7		
25		.5		.3	.5	.3	1.4	.9	
28		.1				.3			
30		4.9	2.6	1.5	3.5	5.6	11.6	9.6	
Don't know/Not sure		.7	.5		.2		.7	3.9	
None		60.6	60.2	60.1	61.1	60.5	55.8	64.0	
Refused		.3	.5	.6			.7	.4	
Male	1	8.4	7.8	15.1	7.8	7.6	4.1	3.8	
	2	7.3	13.0	4.8	8.4	5.3	6.1	7.6	
	3	3.4	1.3	3.2	5.2	3.8	4.1	1.3	
	4	2.3	3.9	.8	3.2	2.3		2.5	
	5	1.6	3.9	1.6	1.3	2.3			
	6	.5				.8	2.0	1.3	
	7	2.6		1.6	3.2	3.8	4.1	2.5	
	8	.3		.8		.8			
	10	1.3	1.3		1.3	2.3	4.1		
	12	.2					2.0		
	14	1.1		.8	1.3	.8	4.1	1.3	
			2.6	1.3	3.2	1.3	1.5	6.1	5.1

	15							
	18	.2						1.3
	20	.6		1.6	1.3			
	21	.5			1.3	.8		
	25	.3					2.0	1.3
	30	5.8	2.6	2.4	3.2	6.8	14.3	12.7
	Don't know/Not sure	.5			.6			2.5
	None	60.0	64.9	62.7	60.4	61.4	46.9	55.7
	Refused	.5		1.6				1.3
Female	1	6.8	8.8	7.9	8.4	7.1	4.1	2.0
	2	5.9	7.9	7.0	4.4	11.2	1.0	2.7
	3	4.7	4.4	5.6	7.3	3.6	2.0	2.0
	4	2.7	2.6	4.2	2.5	2.4	2.0	2.0
	5	3.3	6.1	4.7	2.5	1.8	5.1	1.3
	6	.2		.5	.4			
	7	2.0	2.6	2.3	2.2	1.2	1.0	2.0
	8	.4		1.4		.6		
	9	.3			.4		1.0	.7
	10	1.8	.9	1.4	1.5	2.4	4.1	1.3
	12	.2		.5				.7
	14	1.4	3.5	1.4	1.5			
	15	2.0	1.8	1.9	1.8	2.4	2.0	2.0
	20	1.0		1.4	1.1	.6	2.0	.7
	21	.2			.4	.6		
	23	.1					1.0	
	25	.6		.5	.7	.6	1.0	.7
	28	.1				.6		
	30	4.4	2.6	.9	3.6	4.7	10.2	8.1
	Don't know/Not sure	.9	.9				1.0	4.7
None	61.0	57.0	58.6	61.5	59.8	60.2	68.5	
Refused	.2	.9				1.0		
Denominator is: All survey respondents who answered that they had physical or mental health problems within the last 30 days								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1996

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work or recreation?

(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Total	1637	191	341	429	301	147	228	
1	121	16	36	35	22	6	6	
2	105	19	21	25	26	4	10	
3	69	6	16	28	11	4	4	
4	42	6	10	12	7	2	5	
5	44	10	12	9	6	5	2	
6	5		1	1	1	1	1	
7	36	3	7	11	7	3	5	
8	6		4		2			
9	3			1		1	1	
10	26	2	3	6	7	6	2	
12	3		1			1	1	
14	21	4	4	6	2	3	2	
15	36	3	8	7	6	5	7	
18	1						1	
20	14		5	5	1	2	1	
21	5			3	2			
23	1					1		
25	8		1	2	1	2	2	
28	1				1			
30	81	5	5	15	17	17	22	
Don't know/Not sure	12	1		1		1	9	
None	992	115	205	262	182	82	146	
Refused	5	1	2			1	1	
	Total	617	77	126	154	132	49	79
	1	52	6	19	12	10	2	3
	2	45	10	6	13	7	3	6
	3	21	1	4	8	5	2	1
	4	14	3	1	5	3		2
	5	10	3	2	2	3		
	6	3				1	1	1
	7	16		2	5	5	2	2
	8	2		1		1		
	10	8	1		2	3	2	

Male	12		1					1	
	14		7		1	2	1	2	1
	15		16	1	4	2	2	3	4
	18		1						1
	20		4		2	2			
	21		3			2	1		
	25		2					1	1
	30		36	2	3	5	9	7	10
	Don't know/Not sure		3			1			2
	None		370	50	79	93	81	23	44
	Refused		3		2				1
Female	Total		1020	114	215	275	169	98	149
	1		69	10	17	23	12	4	3
	2		60	9	15	12	19	1	4
	3		48	5	12	20	6	2	3
	4		28	3	9	7	4	2	3
	5		34	7	10	7	3	5	2
	6		2		1	1			
	7		20	3	5	6	2	1	3
	8		4		3		1		
	9		3			1		1	1
	10		18	1	3	4	4	4	2
	12		2		1				1
	14		14	4	3	4	1	1	1
	15		20	2	4	5	4	2	3
	20		10		3	3	1	2	1
	21		2			1	1		
	23		1					1	
	25		6		1	2	1	1	1
	28		1				1		
	30		45	3	2	10	8	10	12
Don't know/Not sure		9	1				1	7	
None		622	65	126	169	101	59	102	
Refused		2	1				1		
Denominator is: All survey respondents who answered that they had physical or mental health problems within the last 30 days									