

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

Would you say that in general your health is?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Excellent		22.3	20.1	27.2	27.7	25.2	20.2	11.0
Very good		36.7	48.3	41.1	36.2	34.8	32.2	30.5
Good		28.1	27.3	22.9	26.6	27.2	29.3	35.6
Fair		10.0	4.2	8.2	7.7	10.0	12.9	16.4
Or poor		2.8		.7	1.9	2.8	5.3	6.2
Don't know/Not sure		.1					.2	.3
Male	Excellent	24.6	27.0	30.7	28.1	26.8	23.2	9.4
	Very good	35.5	45.4	41.0	36.9	32.6	33.8	24.5
	Good	26.9	23.6	19.3	24.9	27.3	25.0	41.9
	Fair	10.1	4.0	8.2	8.4	10.6	14.3	15.9
	Or poor	2.7		.8	1.7	2.7	3.2	8.1
	Don't know/Not sure	.1					.5	
Female	Excellent	20.1	12.9	23.6	27.2	23.6	17.3	12.1
	Very good	37.8	51.5	41.2	35.4	37.1	30.6	34.8
	Good	29.2	31.3	26.6	28.2	27.0	33.3	31.0
	Fair	9.9	4.3	8.1	7.0	9.4	11.5	16.7
	Or poor	2.9		.6	2.1	2.9	7.2	4.9
	Don't know/Not sure	.1						.6
Denominator is: All survey respondents								

Would you say that in general your health is?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3308	292	607	750	592	391	676
Excellent		727	55	159	205	153	79	76
Very good		1209	136	245	287	212	129	200
Good		936	87	152	191	151	117	238
Fair		329	14	45	53	59	45	113
Or poor		103		6	14	17	20	46
Don't know/Not sure		4					1	3
Male	Total	1399	153	273	327	241	170	235
	Excellent	343	36	85	91	66	39	26
	Very good	486	65	103	127	77	59	55
	Good	390	45	62	82	64	42	95
	Fair	137	7	20	20	28	24	38
							1 of 17	

	Or poor	42		3	7	6	5	21
	Don't know/Not sure	1				1		
Female	Total	1909	139	334	423	351	221	441
	Excellent	384	19	74	114	87	40	50
	Very good	723	71	142	160	135	70	145
	Good	546	42	90	109	87	75	143
	Fair	192	7	25	33	31	21	75
	Or poor	61		3	7	11	15	25
	Don't know/Not sure	3						3

Denominator is: All survey respondents

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

For how many days during the past 30 days was your physical health not good?
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	5.4	10.7	7.8	5.4	3.8	2.7	3.1	
2	7.2	7.2	10.0	10.3	6.7	3.2	3.6	
3	4.0	6.6	4.2	4.6	3.3	4.0	2.1	
4	1.8	3.1	1.5	1.5	1.2	1.5	2.3	
5	2.2	4.0	1.7	1.8	3.1	1.9	1.6	
6	.6	.3	.8	.8		.3	1.1	
7	2.1	4.1	2.8	1.4	2.0	1.2	1.6	
8	.2	.1	.1	.7		.2	.2	
9	.1		.1			.3		
10	1.7	1.8	1.4	1.3	3.0	1.7	1.2	
11	.0					.2	.1	
12	.1			.1		.4	.2	
13	.0			.1				
14	1.5	.2	1.3	1.0	1.3	2.9	2.5	
15	1.3	.6	.6	1.1	1.6	1.2	2.3	
16	.0					.2		
18	.0				.2			
20	.8	.4	.2	.9	.6	1.0	1.4	
21	.3	.6	.6	.5	.1		.1	
25	.2		.2	.1	.1	.5	.3	
26	.0			.1				
27	.0						.2	
28	.1			.2	.2			
29	.1				.3		.1	
30	5.0	1.0	2.0	2.8	6.3	9.2	9.4	
Don't know/Not sure	1.0		.4	.4	.5	1.3	3.3	
None	64.0	59.4	64.0	64.8	65.7	66.3	63.0	
Refused	.2		.4	.1			.4	
	1	4.7	6.7	7.2	4.6	3.7	1.3	3.5
	2	6.6	10.1	8.5	8.2	5.3	2.8	3.9
	3	2.9	4.3	3.4	2.6	4.2	3.3	
	4	1.8	3.4	1.6	1.7	1.0	.7	2.5
	5	1.7	4.6	.6	.9	2.3	2.3	1.1
	6	.4		.6	.6		.6	.6
	7	1.2	3.2	1.2	.2	1.8	3 of 17	1.3

Male	8	.4	.1	.2	1.0		.3	.6
	10	1.3		1.1	.8	2.7	1.9	.9
	11	.0					.3	
	12	.0						.3
	14	1.5		1.7	.8	1.1	1.6	3.4
	15	1.1	.6	.4	1.3	1.8		1.9
	16	.0					.4	
	20	.6	.9	.2	1.1		.7	.6
	21	.1	.6					.3
	25	.0		.2				
	26	.0			.1			
	28	.1			.3			
	29	.1						.3
	30	4.7	1.3	1.6	2.4	4.7	8.7	11.3
	Don't know/Not sure	.8		.4		1.0	1.5	2.3
	None	69.8	64.3	70.4	73.4	70.3	73.4	65.0
	Refused	.2		.8				.3
Female	1	6.1	14.9	8.3	6.2	3.9	4.1	2.7
	2	7.7	4.3	11.4	12.4	8.2	3.7	3.4
	3	4.9	9.0	5.0	6.4	2.4	4.5	3.5
	4	1.8	2.7	1.4	1.3	1.3	2.2	2.2
	5	2.7	3.3	2.7	2.7	3.8	1.4	2.0
	6	.8	.7	.9	1.0			1.4
	7	2.9	5.1	4.5	2.5	2.3	2.3	1.8
	8	.1			.4			
	9	.1		.2			.6	
	10	2.1	3.6	1.8	1.9	3.2	1.4	1.3
	11	.0						.1
	12	.2			.2		.8	.1
	13	.1			.3			
	14	1.6	.3	.9	1.3	1.6	4.1	1.8
	15	1.4	.7	.8	.8	1.4	2.4	2.5
	18	.1				.4		
	20	1.0		.2	.8	1.2	1.2	1.9
	21	.5	.7	1.2	1.0	.1		
	25	.3		.2	.2	.2	1.0	.5
	27	.1						.3
	28	.1			.1	.4		
	29	.1				.6		
30	5.4	.7	2.5	3.2	8.0	9.6	8.0	
Don't know/Not sure	1.2		.4	.8		1.1	4.0	

None	58.6	54.2	57.5	56.4	61.1	59.5	61.6
Refused	.1			.1			.5
Denominator is: All survey respondents							

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Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

For how many days during the past 30 days was your physical health not good?

(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Total	3308	292	607	750	592	391	676	
1	183	23	57	42	27	12	22	
2	238	27	56	75	43	15	22	
3	116	13	25	31	16	15	16	
4	59	10	10	12	7	6	14	
5	75	13	12	15	16	8	11	
6	19	1	4	7		1	6	
7	76	15	19	12	12	5	13	
8	9	1	1	5		1	1	
9	2		1			1		
10	59	5	10	12	16	7	9	
11	2					1	1	
12	5			1		2	2	
13	1			1				
14	41	1	5	7	8	10	10	
15	41	3	3	8	7	5	15	
16	1					1		
18	1				1			
20	28	1	2	6	5	5	9	
21	11	2	3	4	1		1	
25	8		2	1	1	2	2	
26	1			1				
27	1						1	
28	4			2	2			
29	3				2		1	
30	187	4	14	23	45	33	68	
Don't know/Not sure	40		2	4	2	6	26	
None	2092	173	380	480	381	255	423	
Refused	5		1	1			3	
	Total	1399	153	273	327	241	170	235
	1	70	8	26	15	9	3	9
	2	95	19	22	26	15	5	8
	3	32	4	7	8	7	6	
	4	24	7	3	6	3	1	4
	5	26	8	2	4	5	4	3

Male	6	6		2	2		1	1
	7	21	7	5	1	4		4
	8	7	1	1	3		1	1
	10	17		3	2	6	3	3
	11	1					1	
	12	1						1
	14	11		1	2	3	2	3
	15	14	2	1	4	3		4
	16	1					1	
	20	8	1	1	3		1	2
	21	2	1					1
	25	1		1				
	26	1			1			
	28	1			1			
	29	1						1
	30	74	3	5	9	17	13	27
	Don't know/Not sure	14		1		2	3	8
	None	969	92	191	240	167	125	154
	Refused	2		1				1
	Female	Total	1909	139	334	423	351	221
1		113	15	31	27	18	9	13
2		143	8	34	49	28	10	14
3		84	9	18	23	9	9	16
4		35	3	7	6	4	5	10
5		49	5	10	11	11	4	8
6		13	1	2	5			5
7		55	8	14	11	8	5	9
8		2			2			
9		2		1			1	
10		42	5	7	10	10	4	6
11		1						1
12		4			1		2	1
13		1			1			
14		30	1	4	5	5	8	7
15		27	1	2	4	4	5	11
18		1				1		
20		20		1	3	5	4	7
21		9	1	3	4	1		
25		7		1	1	1	2	2
27	1						1	
28	3			1	2			

29	2				2		
30	113	1	9	14	28	20	41
Don't know/Not sure	26		1	4		3	18
None	1123	81	189	240	214	130	269
Refused	3			1			2

Denominator is: All survey respondents

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Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

For how many days during the past 30 days was your mental health not good?
(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
1	4.8	6.4	9.9	6.8	2.4	.8	1.1
2	7.9	11.4	11.1	9.1	6.8	6.9	2.8
3	3.2	6.2	3.5	2.9	4.3	2.1	1.4
4	2.6	4.8	3.6	3.2	1.6	1.1	1.4
5	3.9	7.0	4.7	4.1	4.8	2.0	1.5
6	.9	.8	2.0	.3	1.2	1.2	.2
7	2.1	4.4	2.0	1.7	2.6	1.7	1.0
8	.3	.3	.1	.9	.3	.1	
9	.0	.3					
10	2.5	3.6	3.0	3.8	2.6	.8	.9
12	.2		.5	.1		.1	.2
14	.6	.6	1.4	.6	.3	.6	
15	2.3	3.2	2.3	3.9	1.5	1.1	1.4
16	.1	.3	.1				
20	1.3	1.4	1.1	1.7	1.5	1.8	.6
21	.2	.4	.3		.4		
25	.6	.9	.9	.2	1.2	.0	.2
26	.0			.0			
27	.0			.1			
28	.2		.4	.1	.3	.6	
29	.2	.6	.0	.3			.1
30	3.6	2.1	3.4	3.3	6.2	3.0	3.1
Don't know/Not sure	1.0	.4	.6	.7	.9	.6	2.4
None	61.5	44.9	49.1	56.3	61.1	75.6	81.3
Refused	.1			.1			.2
	1	5.3	7.7	14.7	5.3	1.6	.4
	2	5.9	8.4	6.7	8.5	5.0	1.5
	3	2.6	3.1	2.3	3.0	4.9	.6
	4	2.7	7.4	4.3	2.3	1.6	.5
	5	2.9	5.0	3.3	2.7	3.7	1.7
	6	1.2	.9	3.4	.7	.7	1.2
	7	1.4	5.7	1.4	.1	1.0	.7
	8	.3	.6		.6	.7	
	9	.1	.6				
	10	2.5	4.9	2.6	3.4	2.0	.3

Male	12	.3		.8			.2	.6
	14	.4		1.7		.4		
	15	1.6	2.9	1.6	2.1	.8	.7	1.3
	20	1.1	1.4	.6	1.6	1.4	.9	.6
	21	.2	.9	.4				
	25	.3		.6		.5	.1	.6
	28	.1			.3			
	29	.1			.4			.3
	30	2.8	1.7	2.3	3.3	3.6	1.2	4.0
	Don't know/Not sure	.7	.9	.4	.2	.6	.4	1.9
	None	67.4	48.1	52.9	65.6	71.3	86.0	84.2
Female	1	4.3	5.1	5.0	8.3	3.1	1.5	1.5
	2	9.7	14.6	15.6	9.7	8.6	8.9	3.8
	3	3.8	9.5	4.7	2.8	3.6	2.8	2.0
	4	2.5	2.0	2.8	4.2	1.5	1.1	2.0
	5	4.9	9.0	6.2	5.4	6.0	3.0	1.4
	6	.6	.7	.5		1.6	1.1	.3
	7	2.7	3.0	2.6	3.2	4.2	2.6	1.1
	8	.3		.2	1.1		.2	
	10	2.6	2.2	3.5	4.1	3.2	1.2	.7
	12	.0		.1	.1			
	14	.7	1.3	1.1	1.1	.1	1.1	
	15	3.0	3.5	3.0	5.6	2.2	1.5	1.5
	16	.1	.7	.2				
	20	1.5	1.3	1.7	1.9	1.5	2.6	.7
	21	.2		.2		.7		
	25	.8	2.0	1.1	.4	2.0		
	26	.0			.1			
	27	.0			.1			
	28	.4		.8		.7	1.1	
	29	.2	1.3	.1	.1			
	30	4.3	2.4	4.6	3.3	8.8	4.6	2.4
Don't know/Not sure	1.3		.9	1.2	1.1	.9	2.8	
None	55.8	41.6	45.2	47.2	50.9	65.7	79.2	
Refused	.1			.1			.3	
Denominator is: All survey respondents								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

For how many days during the past 30 days was your mental health not good?
(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Total	3308	292	607	750	592	391	676	
1	159	22	49	58	17	3	10	
2	253	39	60	66	43	25	20	
3	108	16	23	21	28	9	11	
4	70	7	20	16	12	5	10	
5	136	20	34	36	27	10	9	
6	28	3	9	3	7	5	1	
7	71	11	16	16	16	7	5	
8	11	1	1	6	2	1		
9	1	1						
10	88	10	21	30	16	6	5	
12	6		3	1		1	1	
14	20	2	10	4	2	2		
15	85	10	16	27	13	8	11	
16	2	1	1					
20	45	4	9	13	7	7	5	
21	4	1	2		1			
25	19	3	5	2	7	1	1	
26	1			1				
27	1			1				
28	6		2	1	2	1		
29	6	1	1	3			1	
30	133	8	21	26	41	15	22	
Don't know/Not sure	40	1	4	6	7	3	19	
None	2012	131	300	412	344	282	543	
Refused	3			1			2	
	Total	1399	153	273	327	241	170	235
	1	71	13	30	21	5		2
	2	92	17	23	27	15	7	3
	3	37	6	6	8	14	2	1
	4	25	4	8	3	5	3	2
	5	41	8	12	9	7	2	3
	6	16	2	6	3	2	3	
	7	19	7	6	1	3	1	1
	8	5	1		2	2		

Male	9	1	1					
	10	36	6	9	12	6	1	2
	12	4		2			1	1
	14	7		6		1		
	15	26	5	4	8	3	2	4
	20	16	2	2	6	3	2	1
	21	2	1	1				
	25	6		2		2	1	1
	28	1			1			
	29	3			2			1
	30	37	3	3	10	10	2	9
	Don't know/Not sure	12	1	1	1	2	1	6
	None	942	76	152	213	161	142	198
	Female	Total	1909	139	334	423	351	221
1		88	9	19	37	12	3	8
2		161	22	37	39	28	18	17
3		71	10	17	13	14	7	10
4		45	3	12	13	7	2	8
5		95	12	22	27	20	8	6
6		12	1	3		5	2	1
7		52	4	10	15	13	6	4
8		6		1	4		1	
10		52	4	12	18	10	5	3
12		2		1	1			
14		13	2	4	4	1	2	
15		59	5	12	19	10	6	7
16		2	1	1				
20		29	2	7	7	4	5	4
21		2		1		1		
25		13	3	3	2	5		
26		1			1			
27		1			1			
28		5		2		2	1	
29		3	1	1	1			
30		96	5	18	16	31	13	13
Don't know/Not sure		28		3	5	5	2	13
None	1070	55	148	199	183	140	345	
Refused	3			1			2	
Denominator is: All survey respondents								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
1	5.9	6.6	7.5	6.9	5.5	4.8	2.2	
2	7.0	7.0	7.3	9.5	6.4	6.9	3.2	
3	4.1	13.1	3.9	2.9	2.9	3.1	.2	
4	1.8	1.1	1.5	1.1	2.1	1.4	4.2	
5	2.9	2.0	2.5	4.1	4.1	2.9	1.1	
6	.3	.9	.5	.2		.7		
7	1.7	1.7	2.8	2.0	.8	.9	1.4	
8	.5	.4		.6	1.2		.4	
9	.0						.2	
10	1.8	.4	1.4	1.8	4.2	1.5	1.1	
12	.1						.4	
14	1.3	.2	1.3	.3	1.4	3.5	2.5	
15	1.6	1.2	.9	1.0	3.0	1.7	2.4	
16	.0				.1			
17	.1				.3			
18	.0				.1			
20	1.0		.7	.9	.7	2.3	2.1	
21	.3		.6	.4		.3	.3	
24	.0						.2	
25	.3		.4	.2	.5	.7		
27	.1						.4	
28	.1				.3			
29	.1			.2				
30	3.9	.5	1.5	2.2	3.1	10.7	9.8	
Don't know/Not sure	.5		.4	.2		.7	1.9	
None	64.7	64.9	66.8	65.5	62.9	57.9	66.0	
Refused	.1			.1	.2			
	1	6.6	10.1	8.7	4.2	6.7	4.8	4.2
	2	7.7	11.5	6.9	9.0	7.6	4.4	4.5
	3	4.2	15.2	1.5	2.2	3.9	4.1	
	4	1.5	.7	.6	.7	2.0	2.1	4.1
	5	2.8	.5	1.8	5.4	4.5	2.1	.7
	6	.4		.7	.2		1.8	
	7	1.6	.9	3.9		1.7		2.0
	.3	.9		.2	.6	13 of 17		

Male	8							
	10	2.3	.4	1.1	1.6	6.1	3.5	2.0
	14	1.2		1.2		2.1	2.1	3.4
	15	1.1	2.4		.4	2.6		1.4
	20	.8			1.6	.3	2.1	1.6
	21	.1						.7
	25	.1			.4			
	30	3.9		.7	3.5	3.0	9.3	12.8
	Don't know/Not sure	.1						.7
	None	65.3	57.4	72.9	70.6	58.4	63.8	61.8
	Refused	.1				.6		
Female	1	5.3	3.4	6.6	9.0	4.7	4.8	1.0
	2	6.5	3.0	7.7	9.9	5.7	8.4	2.4
	3	4.1	11.2	5.9	3.3	2.1	2.5	.4
	4	2.1	1.4	2.2	1.3	2.2	1.0	4.2
	5	3.1	3.5	3.1	3.1	3.9	3.4	1.4
	6	.3	1.7	.3	.2			
	7	1.8	2.5	1.9	3.5	.2	1.5	1.0
	8	.6			.8	1.7		.7
	9	.1						.4
	10	1.5	.4	1.7	1.9	2.8	.3	.5
	12	.1						.6
	14	1.4	.4	1.4	.6	1.0	4.3	1.9
	15	2.0		1.6	1.4	3.2	2.8	3.0
	16	.0				.2		
	17	.1				.6		
	18	.0				.2		
	20	1.2		1.3	.3	1.0	2.4	2.5
	21	.4		1.2	.6		.5	
	24	.1						.3
	25	.4		.8		.9	1.1	
	27	.1						.7
	28	.1				.6		
	29	.1			.4			
	30	3.8	.9	2.2	1.2	3.2	11.7	7.9
	Don't know/Not sure	.7		.7	.3		1.1	2.6
	None	64.2	71.6	61.5	61.9	66.0	54.2	68.7
	Refused	.0			.2			

Denominator is: All survey respondents who answered that they had physical or mental health problems within the past 30 days

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 1997

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?
(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Total	1882	205	389	452	344	186	306	
1	123	11	41	38	18	10	5	
2	128	17	34	32	23	12	10	
3	67	17	18	15	12	4	1	
4	39	5	7	6	8	2	11	
5	58	4	13	19	11	7	4	
6	6	1	2	2		1		
7	32	5	7	11	2	2	5	
8	9	1		4	3		1	
9	1						1	
10	33	2	4	9	11	3	4	
12	2						2	
14	25	1	7	2	4	5	6	
15	33	2	5	5	12	3	6	
16	1				1			
17	1				1			
18	1				1			
20	21		4	3	4	4	6	
21	6		2	2		1	1	
24	1						1	
25	5		1	1	2	1		
27	1						1	
28	2				2			
29	1			1				
30	75	1	5	11	11	17	30	
Don't know/Not sure	14		2	1		2	9	
None	1195	138	237	289	217	112	202	
Refused	2			1	1			
	Total	699	103	154	165	119	64	94
	1	45	7	18	8	6	3	3
	2	49	13	11	9	9	3	4
	3	22	6	5	4	6	1	
	4	12	2	1	2	3	1	3
	5	22	1	5	9	4	2	1
		3		1	1	15 of 17	1	

Male	6							
	7	7	2	2		1		2
	8	3	1		1	1		
	10	13	1	1	2	5	2	2
	14	8		3		2	1	2
	15	8	2		1	4		1
	20	6			2	1	1	2
	21	1						1
	25	1			1			
	30	30		1	7	3	6	13
	Don't know/Not sure	1						1
	None	467	68	106	118	73	43	59
	Refused	1				1		
Female	Total	1183	102	235	287	225	122	212
	1	78	4	23	30	12	7	2
	2	79	4	23	23	14	9	6
	3	45	11	13	11	6	3	1
	4	27	3	6	4	5	1	8
	5	36	3	8	10	7	5	3
	6	3	1	1	1			
	7	25	3	5	11	1	2	3
	8	6			3	2		1
	9	1						1
	10	20	1	3	7	6	1	2
	12	2						2
	14	17	1	4	2	2	4	4
	15	25		5	4	8	3	5
	16	1				1		
	17	1				1		
	18	1				1		
	20	15		4	1	3	3	4
	21	5		2	2		1	
	24	1						1
	25	4		1		2	1	
	27	1						1
	28	2				2		
	29	1			1			
	30	45	1	4	4	8	11	17
	Don't know/ Not sure	13		2	1		2	8
	None	728	70	131	171	144	69	143
	Refused	1			1		16 of 17	

Denominator is: All survey respondents who answered that they had physical or mental health problems within the past 30 days

Oregon Public Health Division - healthoregon.org/brfss