

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Overweight and obesity prevalence among adults.
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Not at risk (BMI less than 25.0)		42.6	60.2	48.1	42.1	37.1	32.3	39.5
Overweight (BMI between 25.0 and 29.99)		37.1	29.0	35.1	37.0	36.6	42.5	41.0
Obese (BMI 30.0 or greater)		20.4	10.8	16.9	21.0	26.3	25.3	19.5
Male	Not at risk (BMI less than 25.0)	34.5	53.7	39.3	31.2	28.4	27.3	31.9
	Overweight (BMI between 25.0 and 29.99)	45.5	36.8	45.0	46.4	43.8	49.2	50.8
	Obese (BMI 30.0 or greater)	20.0	9.6	15.7	22.4	27.8	23.5	17.3
Female	Not at risk (BMI less than 25.0)	50.6	67.4	57.5	53.4	46.4	37.2	45.2
	Overweight (BMI between 25.0 and 29.99)	28.7	20.4	24.4	27.1	28.9	35.7	33.7
	Obese (BMI 30.0 or greater)	20.7	12.1	18.1	19.5	24.8	27.0	21.1

Denominator is: All survey respondents.

Overweight and obesity prevalence among adults.
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		7,703	696	1,436	1,605	1,561	1,048	1,357
Not at risk (BMI less than 25.0)		3,269	424	699	675	587	337	547
Overweight (BMI between 25.0 and 29.99)		2,634	168	446	539	538	417	526
Obese (BMI 30.0 or greater)		1,482	74	229	313	367	254	245
Don't Know/Not sure/Refused		318	30	62	78	69	40	39
Male	Total	3,092	307	630	641	646	403	465
	Not at risk (BMI less than 25.0)	1,069	167	255	205	181	108	153
	Overweight (BMI between 25.0 and 29.99)	1,386	103	266	298	292	194	233
	Obese (BMI 30.0 or greater)	595	29	95	133	165	98	75
	Don't Know/Not sure/Refused	42	8	14	5	8	3	4
Female	Total	4,611	389	806	964	915	645	892
	Not at risk (BMI less than 25.0)	2,200	257	444	470	406	229	394
	Overweight (BMI between 25.0 and 29.99)	1,248	65	180	241	246	223	293
	Obese (BMI 30.0 or greater)	887	45	134	180	202	156	170
	Don't Know/Not sure/Refused	276	22	48	73	61	37	35

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

At risk for chronic disease based on Body Mass Index (BMI) being 25.0 or higher.
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Not at risk		42.6	60.2	48.1	42.1	37.1	32.3	39.5
At risk		57.4	39.8	51.9	57.9	62.9	67.7	60.5
Male	Not at risk	34.5	53.7	39.3	31.2	28.4	27.3	31.9
	At risk	65.5	46.3	60.7	68.8	71.6	72.7	68.1
Female	Not at risk	50.6	67.4	57.5	53.4	46.4	37.2	45.2
	At risk	49.4	32.6	42.5	46.6	53.6	62.8	54.8
Denominator is: All survey respondents.								

At risk for chronic disease based on Body Mass Index (BMI) being 25.0 or higher.
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		7,703	696	1,436	1,605	1,561	1,048	1,357
Not at risk		3,269	424	699	675	587	337	547
At risk		4,116	242	675	852	905	671	771
Don't Know/Not sure/Refused		318	30	62	78	69	40	39
Male	Total	3,092	307	630	641	646	403	465
	Not at risk	1,069	167	255	205	181	108	153
	At risk	1,981	132	361	431	457	292	308
	Don't Know/Not sure/Refused	42	8	14	5	8	3	4
Female	Total	4,611	389	806	964	915	645	892
	Not at risk	2,200	257	444	470	406	229	394
	At risk	2,135	110	314	421	448	379	463
	Don't Know/Not sure/Refused	276	22	48	73	61	37	35
Denominator is: All survey respondents.								

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

How much would you like to weigh?
Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
75	.0		.0				
80	.0				.0		
90	.0			.1	.0		.1
92	.0		.1	.1			
94	.0			.0			
95	.1	.1		.1		.1	
97	.0			.0			.0
98	.1	.2	.1	.2	.0	.0	.2
99	.0				.1	.1	.0
100	.6	1.1	.9	.6	.6	.2	.4
101	.0						.1
102	.1		.1	.0		.0	.1
103	.1	.1	.1	.2	.1		.1
104	.0	.1				.1	.1
105	.7	1.9	.5	.7	.6	.1	.6
106	.1		.1	.1	.3	.1	
107	.1	.1	.0	.1	.2	.1	
108	.2	.1	.4	.1	.2		.4
109	.1		.1	.2	.1	.1	.0
110	2.4	3.4	2.9	2.5	2.1	2.0	1.9
111	.1			.2			.1
112	.3	.2	.0	.2	.3	.2	.7
113	.1	.1	.1	.1	.0	.1	.0
114	.1	.2		.1	.1	.0	.2
115	2.4	3.1	3.3	2.2	2.3	1.3	2.5
116	.0	.1	.1	.1			.1
117	.1	.2	.1	.1	.1	.0	.0
118	.5	.4	.4	.5	.5	.5	.7
119	.0				.0	.1	.1
120	4.9	5.7	6.0	5.7	3.9	4.4	3.7
121	.1			.1			.3
122	.3		.2	.2	.1	.3	.7
123	.1	.1	.1	.2	.2	.3	.0
124	.2		.2	.2	.1	.5	.3
125	4.7	5.7	5.8	4.5	4.5	3.5	4.2
126	.1		.2	.1	.1	.1	
127	.3	.4	.3	.2	.3	.6	.1
128	.3	.1	.3	.5	.2	.4	.5

129	.1			.1	.3	.2	.2
130	7.6	8.9	6.6	8.0	7.7	7.2	7.3
132	.3	.6	.3	.3	.2	.2	.3
133	.1	.1	.1		.1	.1	.1
134	.1		.1	.2	.1	.1	.3
135	5.4	5.7	5.4	5.6	5.0	4.9	5.7
136	.2		.3	.1	.2	.2	.4
137	.1		.1	.2	.2	.1	.2
138	.3		.2	.1	.4	.8	.6
139	.1					.1	.3
140	5.9	3.9	5.2	5.7	6.6	6.6	6.7
141	.0					.1	.0
142	.2	.3	.2	.3	.2	.2	.3
143	.0		.1	.1	.1		
144	.0		.1				.1
145	3.6	3.9	2.6	2.9	3.2	3.3	5.7
146	.1		.1		.2	.1	.1
147	.1	.4			.2		
148	.2	.2	.2	.2	.3	.1	.3
149	.1				.1	.2	.1
150	7.8	6.8	8.1	6.8	8.2	7.9	8.8
151	.1			.1	.1	.0	.2
152	.2		.0	.2	.0	.4	.3
153	.1	.1	.1	.0	.0	.1	.3
154	.1		.3		.1		.1
155	2.6	2.2	2.2	2.6	3.0	2.2	2.9
156	.1		.2	.1	.2	.2	
157	.1	.2	.1		.1	.1	.3
158	.2	.1	.3	.2	.1	.1	.2
159	.0					.0	
160	5.6	5.8	4.6	6.6	5.3	5.9	5.3
161	.0		.1				
162	.2			.1	.3	.2	.4
163	.1	.1	.1		.0		.5
164	.1	.2	.1		.1		.2
165	3.9	2.7	3.9	3.7	3.7	5.8	3.7
166	.1		.1	.0	.1	.1	.0
167	.1		.0	.2	.0		.2
168	.3		.2	.2	.3	.4	.4
169	.1		.0	.1	.1	.3	.0
170	4.7	7.9	3.8	3.6	4.6	3.6	5.7
171	.0			.0	.1		.1
172	.2		.1	.1	.3	.1	.4
173	.1		.1		.2	.1	.1

174	.1	.1		.1	.4		
175	4.4	4.3	3.9	4.5	4.9	4.2	4.6
176	.1		.1	.1		.2	
177	.1	.3			.0		.1
178	.2	.3	.2		.1		.5
179	.1		.3				
180	5.3	5.1	5.6	6.0	4.8	6.3	4.2
182	.1		.1	.0	.2	.1	.1
183	.1	.2		.1	.3	.1	
184	.0		.1		.1		
185	3.4	2.3	3.4	4.3	3.0	3.5	3.1
186	.0		.1				.1
187	.1			.4			.1
188	.0			.0	.1		
189	.0			.0			
190	3.5	2.7	3.7	3.4	3.8	4.1	3.3
192	.0			.0			
194	.0			.0			.2
195	1.6	1.4	1.4	1.5	1.6	2.7	1.2
196	.0		.1				.1
197	.0		.1				
198	.1			.1	.2	.1	.1
199	.1		.4				.1
200	4.3	4.5	5.4	3.3	5.6	5.7	2.0
201	.0				.1		
203	.0			.1			.1
205	.7	.8	1.0	.7	.8	.4	.3
206	.0			.1		.0	
208	.0	.1	.1	.0			
210	1.2	1.2	1.6	1.4	1.5	.6	.5
212	.0					.1	
215	.5	.5	.5	.6	.4	.5	.3
216	.0					.1	
218	.0					.1	
220	1.1	.5	.9	1.9	1.2	1.0	.8
222	.0	.1					
225	.7	.3	.9	1.0	.5	.8	.3
228	.0				.0		
229	.0		.1				
230	.5	.7	.5	.6	.6	.2	.2
235	.2	.4		.4			.1
236	.0					.1	
240	.2		.2	.4	.4	.1	.1
245	.0	.1					

250		.2	.1	.4	.3		.5	.1
255		.0			.1		.1	
260		.1		.2	.1			
265		.0		.1			.0	
270		.0		.1				
275		.0					.1	
280		.0				.1		
300		.1	.3		.1	.0		
315		.0		.1				
350		.0			.1			
385		.0	.1					
	75	.0		.1				
	99	.0				.2		
	105	.1			.1			.5
	107	.0				.2		
	115	.1			.3			.1
	118	.0						.3
	120	.4		.7	.3	.4	.4	.3
	125	.1		.1	.3	.1		.3
	127	.0					.3	
	128	.0			.2			
	130	.9	2.0	.7	.7	.5	1.4	.4
	132	.2	1.2	.2			.1	
	134	.0					.1	
	135	1.2	1.8	1.7	1.3	.4	1.8	.6
	136	.1		.4		.3		
	137	.1			.1	.2	.3	.3
	138	.2		.2		.1	.1	.6
	139	.0						.3
	140	2.1	2.2	2.6	2.1	2.0	1.4	1.9
	142	.2	.3	.2	.3	.1	.1	.3
	143	.0		.2		.1		
	144	.1		.2				.1
	145	2.1	4.8	1.3	1.4	2.0	1.8	2.0
	146	.1		.2		.3	.3	.1
	147	.1	.8			.2		
	148	.3	.4	.2	.3	.4		.3
	149	.0					.1	
	150	5.6	6.8	7.0	4.2	6.1	3.5	6.3
	151	.1			.2	.3		
	152	.2		.1	.4	.1	.4	.4
	153	.1	.3		.1	.1		.5
	154	.1		.5		.2		
	155	3.4	2.9	2.9	3.1	4.7	2.5	3.6

Male

156	.2		.3	.2	.4	.4	
157	.1	.4			.1		.4
158	.3		.4	.3	.3	.3	.4
160	7.7	8.3	6.8	9.4	6.1	7.6	8.3
161	.0		.2				
162	.3			.2	.5	.4	.6
163	.2	.3			.1		1.0
164	.2	.4	.2		.2		.6
165	6.6	3.5	6.8	6.5	6.4	8.8	7.3
166	.1				.2	.3	
167	.2		.1	.3	.1		.5
168	.5		.3	.4	.6	.6	.8
169	.1		.1	.1	.1	.3	
170	7.9	12.8	6.4	5.6	7.9	5.5	11.1
171	.1				.2		.1
172	.3		.2	.2	.4	.1	.9
173	.1		.2		.2	.3	.3
174	.2	.3		.2	.9		
175	8.0	7.6	6.8	8.2	8.8	6.9	9.0
176	.1					.4	
177	.1	.5			.1		.3
178	.4	.5	.4		.3		1.2
179	.1		.6				
180	10.0	9.8	10.1	11.2	8.1	11.8	9.1
182	.2		.2	.1	.4	.3	.3
183	.2	.4		.2	.5	.3	
184	.1		.2		.3		
185	6.7	4.6	6.5	8.5	5.8	6.9	7.0
186	.1		.2				.1
187	.2			.8			.3
188	.0			.1	.1		
189	.0			.1			
190	7.0	5.3	7.1	6.8	7.3	7.8	7.4
192	.0			.1			
194	.1			.1			.5
195	3.1	2.7	2.6	2.9	3.0	5.5	2.6
196	.1		.2				.3
197	.0		.2				
198	.2			.3	.4	.1	.3
199	.1		.7				
200	8.5	8.8	10.1	6.6	10.9	10.9	4.4
201	.0				.2		
203	.1			.2			.1
205	1.4	1.5	2.0	1.4	1.7	.7	.6

206	.0			.2			
208	.1	.3		.1			
210	2.4	2.3	3.1	2.8	3.0	1.2	1.2
212	.0					.1	
215	.9	1.0	1.1	1.1	.8	1.0	.6
216	.0					.3	
218	.0					.1	
220	2.2	1.0	1.7	3.7	2.4	1.9	1.9
222	.0	.3					
225	1.2	.5	1.8	2.0	.7	1.6	.4
229	.0		.2				
230	1.0	1.4	.9	1.3	1.3	.4	.5
235	.3	.9		.8			.3
236	.0					.1	
240	.4		.3	.6	.8	.3	.3
245	.0	.3					
250	.5	.1	.8	.6		1.0	.3
255	.1			.2		.1	
260	.1		.4	.2			
265	.1		.2			.1	
270	.0		.2				
275	.0					.1	
280	.0				.2		
300	.1	.5		.2			
315	.0		.2				
350	.0			.2			
385	.0	.3					
80	.0				.1		
90	.1			.1	.1		.2
92	.1		.3	.1			
94	.0			.1			
95	.1	.2		.2		.3	
97	.0			.1			.1
98	.2	.4	.1	.3	.1	.1	.3
99	.0					.2	.1
100	1.2	2.2	1.8	1.2	1.2	.4	.6
101	.0						.2
102	.1		.1	.1		.1	.2
103	.2	.2	.1	.5	.1		.2
104	.1	.1				.2	.2
105	1.3	3.9	1.0	1.3	1.1	.3	.7
106	.2		.1	.2	.5	.2	
107	.1	.2	.1	.1	.2	.3	
108	.4	.2	.9	.2	.4		.7

Female

109	.2		.1	.4	.1	.3	.1
110	4.8	6.8	6.0	5.0	4.3	3.9	3.3
111	.1			.3			.2
112	.6	.5	.1	.5	.7	.4	1.1
113	.1	.2	.1	.1	.1	.2	.1
114	.2	.4		.2	.1	.1	.4
115	4.7	6.4	6.8	4.1	4.6	2.5	4.2
116	.1	.1	.1	.1			.2
117	.2	.5	.3	.2	.3	.0	.1
118	1.0	.7	.8	.9	1.1	1.1	1.0
119	.1				.1	.2	.2
120	9.2	11.7	11.6	10.9	7.5	8.2	6.3
121	.1			.1			.5
122	.5		.5	.4	.2	.7	1.2
123	.3	.1	.1	.4	.3	.6	.1
124	.4		.5	.4	.2	1.1	.6
125	9.0	11.5	11.8	8.6	9.0	6.9	7.1
126	.1		.3	.1	.1	.2	
127	.5	.7	.7	.3	.6	.9	.2
128	.6	.2	.6	.9	.4	.8	.8
129	.2			.1	.5	.4	.3
130	14.0	16.0	12.7	15.2	14.9	12.8	12.4
132	.4		.4	.7	.4	.3	.6
133	.2	.1	.1		.3	.2	.2
134	.3		.2	.3	.2	.1	.6
135	9.4	9.9	9.3	9.8	9.7	7.9	9.4
136	.3		.3	.1	.2	.4	.6
137	.1		.1	.2	.1		.1
138	.5		.1	.2	.6	1.4	.6
139	.1					.3	.4
140	9.5	5.7	8.0	9.2	11.2	11.6	10.2
141	.0					.2	.1
142	.3	.4	.3	.3	.3	.2	.3
143	.0			.1	.0		
144	.0		.1				.1
145	5.0	2.9	4.0	4.4	4.4	4.7	8.3
146	.0				.1		
147	.0				.1		
148	.2		.2		.3	.2	.4
149	.1				.1	.2	.2
150	9.9	6.9	9.3	9.4	10.2	12.2	10.7
151	.1					.1	.4
152	.1					.3	.3
153	.1		.1			.2	.2

154	.0				.1		.2
155	1.8	1.5	1.5	2.2	1.3	2.0	2.4
156	.0		.1				
157	.1		.1		.2	.2	.2
158	.0	.1	.1				
159	.0					.1	
160	3.5	3.1	2.3	3.9	4.5	4.4	3.0
162	.0						.2
163	.1		.3				.1
165	1.3	1.8	1.0	.9	1.1	2.8	1.1
166	.1		.1	.1			.1
168	.0					.2	.1
169	.1			.1	.2	.3	.1
170	1.7	2.8	1.0	1.7	1.3	1.9	1.7
171	.0			.1			
172	.0				.1		
173	.0				.3		
175	1.1	1.0	.9	.9	1.0	1.6	1.4
176	.0		.1	.1			
178	.0						.1
180	.9	.2	.9	.9	1.4	1.1	.6
185	.2		.1	.1	.2	.2	.3
190	.2		.2	.1	.2	.5	.3
195	.1		.2	.1	.2		.2
199	.0						.2
200	.3		.4	.1	.3	.6	.3
206	.0					.1	
208	.0		.1				
210	.0		.1			.1	
215	.0				.1		
220	.0			.1		.1	
225	.1				.3		.2
228	.0				.1		
240	.0			.2			
300	.0				.1		

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

How much would you like to weigh?
(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	7,703	696	1,436	1,605	1,561	1,048	1,357
75	1		1				
80	1				1		
90	4			1	1		2
92	3		2	1			
94	1			1			
95	6	1		3		2	
97	2			1			1
98	10	1	1	3	1	1	3
99	3				1	1	1
100	50	9	11	9	11	3	7
101	1						1
102	5		1	1		1	2
103	9	1	1	4	2		1
104	3	1				1	1
105	60	16	9	15	11	2	7
106	5		1	2	1	1	
107	7	1	1	1	3	1	
108	20	1	5	3	5		6
109	9		1	4	1	2	1
110	215	31	47	46	39	24	28
111	2			1			1
112	27	3	1	4	8	3	8
113	7	1	1	1	1	2	1
114	10	1		2	2	1	4
115	207	26	49	40	37	18	37
116	5	1	2	1			1
117	11	2	3	2	2	1	1
118	43	3	6	8	10	6	10
119	5				2	1	2
120	421	45	92	107	64	54	59
121	5			1			4
122	27		5	4	2	5	11
123	14	1	2	3	3	4	1
124	20		4	5	2	5	4
125	412	42	93	83	83	47	64
126	7		3	2	1	1	
127	21	2	5	3	5	5	1

128	34	1	5	9	5	5	9
129	13			1	5	4	3
130	640	59	105	145	136	87	108
132	28	2	5	6	5	3	7
133	7	1	1		2	1	2
134	14		1	3	2	2	6
135	456	42	81	99	90	57	87
136	16		3	1	3	2	7
137	10		1	4	2	1	2
138	30		3	4	8	8	7
139	6					2	4
140	495	30	84	92	115	84	90
141	2					1	1
142	21	3	4	5	3	2	4
143	4		1	1	2		
144	4		2				2
145	288	28	42	55	53	35	75
146	5		1		2	1	1
147	4	2			2		
148	21	1	4	2	6	3	5
149	5				1	2	2
150	617	49	113	118	123	93	121
151	7			1	2	1	3
152	12		1	2	1	3	5
153	9	1	1	1	1	1	4
154	6		2		2		2
155	188	14	34	37	42	23	38
156	8		3	1	2	2	
157	8	1	1		2	1	3
158	12	1	4	2	2	1	2
159	1					1	
160	380	35	58	90	79	56	62
161	1		1				
162	13			2	4	2	5
163	10	1	2		1		6
164	7	1	1		2		3
165	252	18	48	51	50	43	42
166	5		1	1	1	1	1
167	6		1	2	1		2
168	18		2	2	5	4	5
169	8		1	2	2	2	1
170	300	35	48	53	63	34	67
171	3			1	1		1
172	11		1	1	4	1	4

173	5		1		2	1	1
174	8	1		2	5		
175	309	31	54	68	65	38	53
176	4		1	1		2	
177	3	1			1		1
178	12	2	3		2		5
179	2		2				
180	357	31	69	83	74	54	46
182	6		1	1	2	1	1
183	5	1		1	2	1	
184	2		1		1		
185	210	14	40	52	38	29	37
186	2		1				1
187	4			2			2
188	3			1	2		
189	1			1			
190	222	16	48	41	50	31	36
192	1			1			
194	3			1			2
195	107	7	21	22	23	21	13
196	2		1				1
197	1		1				
198	6			2	2	1	1
199	3		2				1
200	275	27	62	47	67	48	24
201	1				1		
203	2			1			1
205	41	5	12	8	11	2	3
206	2			1		1	
208	3	1	1	1			
210	73	8	18	18	16	6	7
212	1					1	
215	31	3	8	7	6	4	3
216	1					1	
218	1					1	
220	72	3	13	22	15	10	9
222	1	1					
225	37	1	10	11	6	6	3
228	1				1		
229	1		1				
230	29	2	7	8	8	2	2
235	9	4		4			1
236	1					1	
240	15		3	6	4	1	1

245		1	1					
250		15	1	5	4		4	1
255		2			1		1	
260		4		3	1			
265		2		1			1	
270		2		2				
275		1					1	
280		1				1		
300		3	1		1	1		
315		1		1				
350		1			1			
385		1	1					
Don't know/Not sure		107	15	23	18	16	10	25
Refused		43	4	7	10	8	7	7
	Total	3,092	307	630	641	646	403	465
	75	1		1				
	99	1				1		
	105	2			1			1
	107	1				1		
	115	2			1			1
	118	1						1
	120	9		3	2	1	2	1
	125	5		1	2	1		1
	127	1					1	
	128	1			1			
	130	26	5	4	5	4	6	2
	132	4	2	1			1	
	134	1					1	
	135	36	5	10	8	4	6	3
	136	2		1		1		
	137	4			1	1	1	1
	138	6		1		1	1	3
	139	1						1
	140	61	6	18	12	12	6	7
	142	7	1	1	2	1	1	1
	143	2		1		1		
	144	2		1				1
	145	62	15	9	10	12	7	9
	146	4		1		1	1	1
	147	3	2			1		
	148	9	1	2	2	2		2
	149	1					1	
	150	166	21	40	27	31	16	31
	151	3			1	2		

Male

152	8		1	2	1	2	2
153	5	1		1	1		2
154	3		2		1		
155	105	10	21	18	29	10	17
156	7		2	1	2	2	
157	4	1			1		2
158	10		3	2	2	1	2
160	232	24	40	56	46	30	36
161	1		1				
162	11			2	4	2	3
163	7	1			1		5
164	7	1	1		2		3
165	200	13	40	43	41	30	33
166	2				1	1	
167	6		1	2	1		2
168	16		2	2	5	3	4
169	4		1	1	1	1	
170	229	29	40	37	50	23	50
171	2				1		1
172	10		1	1	3	1	4
173	4		1		1	1	1
174	8	1		2	5		
175	256	26	46	59	55	28	42
176	2					2	
177	3	1			1		1
178	11	2	3		2		4
179	2		2				
180	308	30	61	72	60	46	39
182	6		1	1	2	1	1
183	5	1		1	2	1	
184	2		1		1		
185	201	14	39	50	36	28	34
186	2		1				1
187	4			2			2
188	3			1	2		
189	1			1			
190	212	16	46	40	48	29	33
192	1			1			
194	3			1			2
195	101	7	20	21	21	21	11
196	2		1				1
197	1		1				
198	6			2	2	1	1
199	2		2				

200	260	27	59	45	65	44	20
201	1				1		
203	2			1			1
205	41	5	12	8	11	2	3
206	1			1			
208	2	1		1			
210	71	8	17	18	16	5	7
212	1					1	
215	30	3	8	7	5	4	3
216	1					1	
218	1					1	
220	70	3	13	21	15	9	9
222	1	1					
225	34	1	10	11	4	6	2
229	1		1				
230	29	2	7	8	8	2	2
235	9	4		4			1
236	1					1	
240	14		3	5	4	1	1
245	1	1					
250	15	1	5	4		4	1
255	2			1		1	
260	4		3	1			
265	2		1			1	
270	2		2				
275	1					1	
280	1				1		
300	2	1		1			
315	1		1				
350	1			1			
385	1	1					
Don't know/Not sure	45	12	9	6	6	4	8
Refused	5		3		1		1
Total	4,611	389	806	964	915	645	892
80	1				1		
90	4			1	1		2
92	3		2	1			
94	1			1			
95	6	1		3		2	
97	2			1			1
98	10	1	1	3	1	1	3
99	2					1	1
100	50	9	11	9	11	3	7
101	1						1

Female

102	5		1	1		1	2
103	9	1	1	4	2		1
104	3	1				1	1
105	58	16	9	14	11	2	6
106	5		1	2	1	1	
107	6	1	1	1	2	1	
108	20	1	5	3	5		6
109	9		1	4	1	2	1
110	215	31	47	46	39	24	28
111	2			1			1
112	27	3	1	4	8	3	8
113	7	1	1	1	1	2	1
114	10	1		2	2	1	4
115	205	26	49	39	37	18	36
116	5	1	2	1			1
117	11	2	3	2	2	1	1
118	42	3	6	8	10	6	9
119	5				2	1	2
120	412	45	89	105	63	52	58
121	5			1			4
122	27		5	4	2	5	11
123	14	1	2	3	3	4	1
124	20		4	5	2	5	4
125	407	42	92	81	82	47	63
126	7		3	2	1	1	
127	20	2	5	3	5	4	1
128	33	1	5	8	5	5	9
129	13			1	5	4	3
130	614	54	101	140	132	81	106
132	24		4	6	5	2	7
133	7	1	1		2	1	2
134	13		1	3	2	1	6
135	420	37	71	91	86	51	84
136	14		2	1	2	2	7
137	6		1	3	1		1
138	24		2	4	7	7	4
139	5					2	3
140	434	24	66	80	103	78	83
141	2					1	1
142	14	2	3	3	2	1	3
143	2			1	1		
144	2		1				1
145	226	13	33	45	41	28	66
146	1				1		

147	1				1		
148	12		2		4	3	3
149	4				1	1	2
150	451	28	73	91	92	77	90
151	4					1	3
152	4					1	3
153	4		1			1	2
154	3				1		2
155	83	4	13	19	13	13	21
156	1		1				
157	4		1		1	1	1
158	2	1	1				
159	1					1	
160	148	11	18	34	33	26	26
162	2						2
163	3		2				1
165	52	5	8	8	9	13	9
166	3		1	1			1
168	2					1	1
169	4			1	1	1	1
170	71	6	8	16	13	11	17
171	1			1			
172	1				1		
173	1				1		
175	53	5	8	9	10	10	11
176	2		1	1			
178	1						1
180	49	1	8	11	14	8	7
185	9		1	2	2	1	3
190	10		2	1	2	2	3
195	6		1	1	2		2
199	1						1
200	15		3	2	2	4	4
206	1					1	
208	1		1				
210	2		1			1	
215	1				1		
220	2			1		1	
225	3				2		1
228	1				1		
240	1			1			
300	1				1		
Don't know/Not sure	62	3	14	12	10	6	17
Refused	38	4	4	10	7	7	6

Denominator is: All survey respondents.

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Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Are you trying to lose weight?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		38.3	32.9	36.3	40.0	45.7	43.8	30.4
No		61.7	67.1	63.7	60.0	54.3	56.2	69.6
Male	Yes	31.4	25.1	27.3	29.1	38.2	41.4	28.1
	No	68.6	74.9	72.7	70.9	61.8	58.6	71.9
Female	Yes	44.9	41.1	45.7	50.6	53.3	46.0	32.1
	No	55.1	58.9	54.3	49.4	46.7	54.0	67.9

Denominator is: All survey respondents.

Are you trying to lose weight?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
Yes		1,480	110	266	322	351	228	203
No		2,243	225	455	435	385	282	461
Don't know/Not sure		2			1		1	
Refused		2					1	1
Male	Total	1,492	158	315	301	286	197	235
	Yes	462	37	83	90	107	82	63
	No	1,030	121	232	211	179	115	172
Female	Total	2,235	177	406	457	450	315	430
	Yes	1,018	73	183	232	244	146	140
	No	1,213	104	223	224	206	167	289
	Don't know/Not sure	2			1		1	
	Refused	2					1	1

Denominator is: All survey respondents.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Are you trying to control your weight?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		59.6	53.7	54.4	57.8	63.2	64.8	64.0
No		40.4	46.3	45.6	42.2	36.8	35.2	36.0
Male	Yes	52.6	50.4	46.9	49.3	57.4	55.9	58.5
	No	47.4	49.6	53.1	50.7	42.6	44.1	41.5
Female	Yes	67.9	58.0	64.8	69.7	71.0	73.9	68.2
	No	32.1	42.0	35.2	30.3	29.0	26.1	31.8

Denominator is: All survey respondents who responded that they are not trying to lose weight.

Are you trying to control your weight?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		2,247	225	455	436	385	284	462
Yes		1,363	115	250	268	245	187	298
No		871	106	204	167	138	96	160
Don't know/Not sure		10	4	1	1	1	1	2
Refused		3				1		2
Male	Total	1,030	121	232	211	179	115	172
	Yes	546	53	109	112	103	63	106
	No	476	65	122	98	76	51	64
	Don't know/Not sure	8	3	1	1		1	2
Female	Total	1,217	104	223	225	206	169	290
	Yes	817	62	141	156	142	124	192
	No	395	41	82	69	62	45	96
	Don't know/Not sure	2	1			1		
	Refused	3				1		2

Denominator is: All survey respondents who responded that they are not trying to lose weight.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Are you eating fewer calories or less fat to lose or maintain weight?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes, fewer calories		12.3	9.0	10.8	13.0	13.6	10.6	14.8
Yes, less fat		29.9	29.9	30.1	27.9	31.6	31.2	29.5
Yes, both		29.5	21.5	24.2	28.3	34.5	35.9	30.3
No		28.2	39.6	34.9	30.8	20.3	22.3	25.5
Male	Yes, fewer calories	11.9	9.9	6.7	12.4	13.8	10.1	17.1
	Yes, less fat	28.6	31.8	29.7	24.5	32.4	27.7	26.3
	Yes, both	26.5	15.3	21.7	21.9	31.2	34.5	32.1
	No	33.0	43.1	41.9	41.2	22.6	27.7	24.5
Female	Yes, fewer calories	12.7	8.2	14.1	13.5	13.3	11.0	13.3
	Yes, less fat	31.0	28.2	30.4	30.3	31.0	34.1	31.5
	Yes, both	31.9	27.0	26.2	33.0	37.3	37.1	29.1
	No	24.5	36.6	29.3	23.3	18.4	17.8	26.1

Denominator is: All survey respondents who responded that they are trying to lose or maintain weight.

Are you eating fewer calories or less fat to lose or maintain weight?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		2,843	225	516	590	596	415	501
Yes, fewer calories		345	18	52	78	81	44	72
Yes, less fat		842	61	162	155	177	138	149
Yes, both		865	51	133	177	213	146	145
No		763	92	166	175	118	84	128
Don't know/Not sure		27	3	2	5	7	3	7
Refused		1		1				
Male	Total	1,008	90	192	202	210	145	169
	Yes, fewer calories	121	8	14	27	30	14	28
	Yes, less fat	283	25	57	47	67	43	44
	Yes, both	267	17	44	44	64	49	49
	No	322	38	76	82	45	37	44
	Don't know/Not sure	15	2	1	2	4	2	4
Female	Total	1,835	135	324	388	386	270	332
	Yes, fewer calories	224	10	38	51	51	30	44
	Yes, less fat	559	36	105	108	110	95	105
	Yes, both	598	34	89	133	149	97	96
	No	441	54	90	93	73	47	84
	Don't know/Not sure	12	1	1	3	3	1	3
	Refused	1		1				

Denominator is: All survey respondents who responded that they are trying to lose or maintain weight.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

Are you using physical activity to lose or maintain weight?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		63.1	78.1	67.7	65.5	64.4	66.8	43.4
No		36.9	21.9	32.3	34.5	35.6	33.2	56.6
Male	Yes	63.4	76.4	67.2	61.9	63.2	74.0	43.7
	No	36.6	23.6	32.8	38.1	36.8	26.0	56.3
Female	Yes	63.0	79.7	68.1	68.1	65.4	60.9	43.2
	No	37.0	20.3	31.9	31.9	34.6	39.1	56.8

Denominator is: All survey respondents who responded that they are trying to lose or maintain weight.

Are you using physical activity to lose or maintain weight?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		2,843	225	516	590	596	415	501
Yes		1,813	178	366	395	391	268	215
No		1,025	47	150	194	204	147	283
Don't know/Not sure		4			1	1		2
Refused		1						1
Male	Total	1,008	90	192	202	210	145	169
	Yes	649	70	136	129	136	103	75
	No	357	20	56	72	74	42	93
	Don't know/Not sure	2			1			1
Female	Total	1,835	135	324	388	386	270	332
	Yes	1,164	108	230	266	255	165	140
	No	668	27	94	122	130	105	190
	Don't know/Not sure	2				1		1
	Refused	1						1

Denominator is: All survey respondents who responded that they are trying to lose or maintain weight.

Oregon Behavioral Risk Factor Surveillance System (BRFSS), 2000

In the past 12 months, has a doctor or other health professional given you advice about your weight?
(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes, lose weight		11.4	2.1	7.6	11.3	16.6	19.5	10.1
Yes, gain weight		1.5	4.5	1.6	1.2	.3	.3	1.8
Yes, maintain current weight		1.8	2.7	.9	2.4	1.2	2.2	1.5
No		85.4	90.7	89.9	85.1	81.8	78.0	86.6
Male	Yes, lose weight	8.6	.3	5.0	7.2	11.2	18.5	10.5
	Yes, gain weight	1.0	3.1	.8	.2		.5	2.2
	Yes, maintain current weight	1.8	2.8		2.9	.8	2.6	2.2
	No	88.6	93.8	94.2	89.8	88.0	78.4	85.2
Female	Yes, lose weight	14.0	4.0	10.3	15.3	22.1	20.4	9.9
	Yes, gain weight	1.9	5.9	2.5	2.1	.7	.2	1.5
	Yes, maintain current weight	1.7	2.7	1.8	2.0	1.6	1.8	1.0
	No	82.3	87.5	85.5	80.5	75.6	77.6	87.7
Denominator is: All survey respondents.								

In the past 12 months, has a doctor or other health professional given you advice about your weight?
(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,727	335	721	758	736	512	665
Yes, lose weight		452	9	58	93	127	100	65
Yes, gain weight		54	17	13	9	3	2	10
Yes, maintain current weight		70	8	9	18	12	12	11
No		3,146	301	640	637	593	398	577
Don't know/Not sure		5		1	1	1		2
Male	Total	1,492	158	315	301	286	197	235
	Yes, lose weight	133	1	16	21	34	37	24
	Yes, gain weight	15	5	3	1		1	5
	Yes, maintain current weight	26	3		8	3	6	6
	No	1,316	149	296	270	249	153	199
	Don't know/Not sure	2			1			1
Female	Total	2,235	177	406	457	450	315	430
	Yes, lose weight	319	8	42	72	93	63	41
	Yes, gain weight	39	12	10	8	3	1	5
	Yes, maintain current weight	44	5	9	10	9	6	5
	No	1,830	152	344	367	344	245	378
	Don't know/Not sure	3		1		1		1
Denominator is: All survey respondents.								

