Oregon BRFSS 2003

How is your general health?

(Weighted Column Percents)

		Total	Don't know/Not sure	Refused	18-24	25-34	35-44	45-54	55-64	65+
							Age Groups			
Excellent		21.8		20.3	20.3	25.1	26.3	23.2	20.5	13.7
Very good		32.9		28.9	35.3	35.1	34.1	34.5	30.3	27.6
Good		28.9	100.0	36.2	33.1	29.0	24.9	26.5	28.6	32.7
Fair		12.2		9.8	9.4	9.7	11.9	11.2	14.4	16.8
Poor		4.3		4.8	1.8	1.1	2.8	4.6	6.3	9.2
Male	Excellent	22.1		17.4	23.2	22.4	25.8	23.0	20.7	16.4
	Very good	32.3		35.6	31.5	36.6	33.4	33.8	29.6	26.4
	Good	29.8		47.0	32.8	30.1	26.2	27.8	28.5	35.0
	Fair	11.9			9.4	9.6	12.7	11.4	14.2	14.9
	Poor	3.9			3.2	1.3	2.0	4.0	7.0	7.4
Female	Excellent	21.4		22.6	17.2	28.1	26.8	23.5	20.3	11.7
	Very good	33.4		23.6	39.6	33.5	34.9	35.1	31.0	28.6
	Good	28.0	100.0	27.5	33.5	27.8	23.5	25.2	28.6	31.1
	Fair	12.5		17.6	9.3	9.7	11.1	11.0	14.5	18.2
	Poor	4.7		8.7	.4	.9	3.6	5.2	5.6	10.5

Denominator is:
All survey respondents.

Oregon BRFSS 2003

How is your general health?

(Unweighted Frequencies)

		Total	Don't know/Not sure	Refused	18-24	25-34	35-44	45-54	55-64	65+
							Age Groups			
Total		7,112	1	45	521	1,109	1,270	1,487	1,190	1,489
Excellent		1,541		11	104	289	332	356	243	206
Very good		2,353		15	189	407	450	518	365	409
Good		2,007	1	12	167	301	313	384	337	492
Fair		873		5	52	99	136	161	171	249
Poor		338		2	9	13	39	68	74	133
Male	Total	2,872		15	226	474	516	620	478	543
	Excellent	632		3	56	112	132	146	95	88
	Very good	935		6	71	183	178	211	146	140
	Good	846		6	71	132	139	168	140	190
	Fair	337			21	41	57	69	67	82
	Poor	122			7	6	10	26	30	43
Female	Total	4,240	1	30	295	635	754	867	712	946
	Excellent	909		8	48	177	200	210	148	118
	Very good	1,418		9	118	224	272	307	219	269
	Good	1,161	1	6	96	169	174	216	197	302
	Fair	536		5	31	58	79	92	104	167
	Poor	216		2	2	7	29	42	44	90

Denominator is:
All survey respondents.

Oregon BRFSS 2003

For how many days during the past 30 days was your physical health not good?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		61.2	58.0	64.0	61.1	62.8	59.2	60.5
1-14 days		27.8	36.7	30.6	29.8	24.7	25.8	21.1
15-29 days		4.7	2.8	2.4	4.5	5.7	6.3	6.4
30+ days		6.3	2.4	3.1	4.6	6.8	8.7	12.0
Male	No days	65.5	59.2	67.5	64.8	69.4	62.7	66.8
	1-14 days	24.4	35.3	26.4	27.5	18.6	22.1	17.8
	15-29 days	4.3	2.9	2.3	4.0	5.9	6.7	4.0
	30+ days	5.8	2.6	3.8	3.7	6.1	8.4	11.4
Female	No days	57.0	56.8	60.2	57.3	56.2	55.8	55.9
	1-14 days	31.1	38.3	35.1	32.2	30.8	29.4	23.5
	15-29 days	5.1	2.8	2.4	5.0	5.6	5.8	8.2
	30+ days	6.7	2.1	2.4	5.5	7.4	9.0	12.4

Denominator is:
All survey respondents.

Oregon BRFSS 2003

For how many days during the past 30 days was your physical health not good?

(Unweighted Frequencies)

| | | Total | Age Groups | | | | | |
			18-24	25-34	35-44	45-54	55-64	65+
Total		7,087	521	1,110	1,273	1,488	1,192	1,503
No days		4,188	290	693	746	901	698	860
1-14 days		1,950	195	352	395	388	302	318
15-29 days		349	15	27	60	85	68	94
30+ days		486	13	31	68	99	106	169
Don't know/Not sure		98	7	5	3	14	13	56
Refused		16	1	2	1	1	5	6
Male	Total	2,867	226	474	519	620	480	548
	No days	1,855	133	319	330	422	298	353
	1-14 days	680	80	126	144	121	108	101
	15-29 days	112	4	11	20	31	26	20
	30+ days	180	5	15	23	42	38	57
	Don't know/Not sure	34	4	2	1	4	7	16
	Refused	6		1	1		3	1
Female	Total	4,220	295	636	754	868	712	955
	No days	2,333	157	374	416	479	400	507
	1-14 days	1,270	115	226	251	267	194	217
	15-29 days	237	11	16	40	54	42	74
	30+ days	306	8	16	45	57	68	112
	Don't know/Not sure	64	3	3	2	10	6	40
	Refused	10	1	1		1	2	5

Denominator is:
All survey respondents.

Oregon BRFSS 2003

For how many days during the past 30 days was your mental health not good?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		59.4	45.8	52.5	54.5	59.2	64.7	78.1
1-14 days		29.5	41.5	35.9	33.5	27.7	24.1	15.4
15-29 days		6.1	9.3	7.5	6.5	6.2	4.8	2.8
30+ days		5.0	3.4	4.0	5.5	6.9	6.4	3.7
Male	No days	65.5	52.5	57.9	60.6	68.3	72.5	83.7
	1-14 days	24.6	36.1	31.3	28.2	21.0	18.0	12.0
	15-29 days	5.3	7.9	7.0	6.2	4.1	4.3	2.1
	30+ days	4.5	3.4	3.8	5.0	6.6	5.3	2.3
Female	No days	53.3	38.5	46.8	48.2	50.2	57.1	74.0
	1-14 days	34.2	47.3	40.9	39.0	34.4	30.0	18.0
	15-29 days	6.9	10.8	8.1	6.8	8.3	5.3	3.3
	30+ days	5.5	3.3	4.2	6.0	7.1	7.6	4.7

Denominator is:
All survey respondents.

Oregon BRFSS 2003

For how many days during the past 30 days was your mental health not good?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		7,087	521	1,110	1,273	1,488	1,192	1,503
No days		4,134	231	549	658	834	735	1,127
1-14 days		2,032	219	411	447	430	295	230
15-29 days		421	45	89	80	97	63	47
30+ days		375	18	48	73	108	79	49
Don't know/Not sure		100	7	8	13	13	17	42
Refused		25	1	5	2	6	3	8
Male	Total	2,867	226	474	519	620	480	548
	No days	1,880	117	267	307	405	339	445
	1-14 days	677	82	151	152	139	88	65
	15-29 days	142	15	34	31	26	22	14
	30+ days	126	7	16	26	41	25	11
	Don't know/Not sure	33	4	5	1	6	5	12
	Refused	9	1	1	2	3	1	1
Female	Total	4,220	295	636	754	868	712	955
	No days	2,254	114	282	351	429	396	682
	1-14 days	1,355	137	260	295	291	207	165
	15-29 days	279	30	55	49	71	41	33
	30+ days	249	11	32	47	67	54	38
	Don't know/Not sure	67	3	3	12	7	12	30
	Refused	16		4		3	2	7

Denominator is:
All survey respondents.

Oregon BRFSS 2003

**During the past 30 days, how many days did poor physical or mental health
keep you from doing your usual activities, such as self-care, work, or recreation?**

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		59.4	58.3	62.2	60.2	56.3	54.0	64.5
1-14 days		29.2	34.5	32.4	30.4	28.1	28.5	19.8
15-29 days		5.6	4.4	3.3	6.2	6.7	7.0	6.6
30+ days		5.9	2.9	2.1	3.3	8.9	10.6	9.1
Male	No days	60.2	59.0	63.7	64.1	56.8	51.3	64.1
	1-14 days	27.6	31.5	29.3	27.1	26.6	29.0	20.1
	15-29 days	5.4	4.2	3.7	5.7	6.6	6.3	6.3
	30+ days	6.8	5.3	3.3	3.0	10.0	13.4	9.5
Female	No days	58.7	57.6	60.9	56.8	56.0	56.1	64.7
	1-14 days	30.4	37.2	35.2	33.1	29.1	28.0	19.6
	15-29 days	5.9	4.5	3.0	6.6	6.8	7.5	6.8
	30+ days	5.1	.7	1.0	3.5	8.1	8.4	8.9

Denominator is:
All survey respondents who said that they had had days when their physical or mental health was not good and kept them
from doing their usual activities.

Oregon BRFSS 2003

**During the past 30 days, how many days did poor physical or mental health
keep you from doing your usual activities, such as self-care, work, or recreation?**

(Unweighted Frequencies)

| | | Total | Age Groups | | | | | |
			18-24	25-34	35-44	45-54	55-64	65+
Total		4,230	367	708	812	890	672	781
No days		2,441	220	434	461	488	362	476
1-14 days		1,222	126	231	265	260	185	155
15-29 days		245	12	26	49	58	49	51
30+ days		269	8	13	33	76	65	74
Don't know/Not sure		40	1	3	3	5	8	20
Refused		13		1	1	3	3	5
Male	Total	1,495	144	273	295	310	238	235
	No days	892	94	173	184	173	121	147
	1-14 days	402	39	81	84	83	67	48
	15-29 days	75	4	11	14	18	14	14
	30+ days	107	6	7	11	34	27	22
	Don't know/Not sure	14	1		2	1	8	2
	Refused	5		1		1	1	2
Female	Total	2,735	223	435	517	580	434	546
	No days	1,549	126	261	277	315	241	329
	1-14 days	820	87	150	181	177	118	107
	15-29 days	170	8	15	35	40	35	37
	30+ days	162	2	6	22	42	38	52
	Don't know/Not sure	26		3	1	4		18
	Refused	8			1	2	2	3

Denominator is:
All survey respondents who said that they had had days when their physical or mental health was not good and kept them from doing their usual activities.