

## Oregon BRFSS 2007

**During the past 30 days, have you had pain, aching, or stiffness in or around a joint?**

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		46.2	29.7	38.1	42.2	51.3	55.9	56.3
No		53.8	70.3	61.9	57.8	48.7	44.1	43.7
Male	Yes	45.4	32.7	39.7	46.2	48.3	51.3	52.7
	No	54.6	67.3	60.3	53.8	51.7	48.7	47.3
Female	Yes	46.9	26.6	36.5	37.9	54.1	60.4	59.1
	No	53.1	73.4	63.5	62.1	45.9	39.6	40.9

Denominator is:  
All survey respondents.

**During the past 30 days, have you had pain, aching, or stiffness in or around a joint?**

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		4,906	154	493	709	955	1,136	1,459
Yes		2,499	44	182	290	500	649	834
No		2,388	109	310	416	453	483	617
Don't Know/Not Sure		15			2	2	4	7
Refused		4	1	1	1			1
Male	Total	1,843	71	176	275	378	436	507
	Yes	891	26	71	123	189	226	256
	No	947	45	105	152	189	208	248
Don't Know/Not Sure		5					2	3
Female	Total	3,063	83	317	434	577	700	952
	Yes	1,608	18	111	167	311	423	578
	No	1,441	64	205	264	264	275	369
	Don't Know/Not Sure	10			2	2	2	4
Refused		4	1	1	1			1

Denominator is:  
All survey respondents.

## Oregon BRFSS 2007

### Did your joint symptoms first begin more than 3 months ago?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	84.0	69.3	80.4	82.6	84.5	89.5	87.6
No	16.0	30.7	19.6	17.4	15.5	10.5	12.4

Denominator is:

All survey respondents who reported symptoms of pain, aching, or stiffness in or around a joint.

### Did your joint symptoms first begin more than 3 months ago?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	2,499	44	182	290	500	649	834
Yes	2,118	30	141	242	419	562	724
No	357	14	39	47	80	77	100
Don't Know/Not Sure	24		2	1	1	10	10

Denominator is:

All survey respondents who reported symptoms of pain, aching, or stiffness in or around a joint.

## Oregon BRFSS 2007

**Have you ever seen a doctor, nurse, or other health professional for these joint symptoms?**

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	73.2	58.3	63.0	65.4	73.9	79.0	84.2
No	26.8	41.7	37.0	34.6	26.1	21.0	15.8

Denominator is:

All survey respondents who reported symptoms of pain, aching, or stiffness in or around a joint that first began more than 3 months ago.

**Have you ever seen a doctor, nurse, or other health professional for these joint symptoms?**

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	2,118	30	141	242	419	562	724
Yes	1,640	19	94	158	314	449	606
No	474	11	47	84	105	111	116
Don't Know/Not Sure	3					2	1
Refused	1						1

Denominator is:

All survey respondents who reported symptoms of pain, aching, or stiffness in or around a joint that first began more than 3 months ago.

## Oregon BRFSS 2007

**Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?**

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	26.4	1.6	8.4	16.5	30.7	41.9	55.0
No	73.6	98.4	91.6	83.5	69.3	58.1	45.0

Denominator is:  
All survey respondents.

**Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?**

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	4,904	154	492	709	955	1,136	1,458
Yes	1,789	4	49	119	306	489	822
No	3,091	149	442	587	648	641	624
Don't Know/Not Sure	20		1	2	1	5	11
Refused	4	1		1		1	1

Denominator is:  
All survey respondents.

## Oregon BRFSS 2007

**Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?**

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	31.7	10.4	26.2	29.9	34.5	34.3	35.7
No	68.3	89.6	73.8	70.1	65.5	65.7	64.3

Denominator is:

All survey respondents who reported symptoms of pain, aching, or stiffness in or around a joint that first began more than three months ago or have ever been diagnosed with some form of arthritis.

**Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?**

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	2,640	31	153	283	506	687	980
Yes	923	5	44	85	177	247	365
No	1,696	26	108	197	321	436	608
Don't Know/Not Sure	20		1	1	7	4	7
Refused	1				1		

Denominator is:

All survey respondents who reported symptoms of pain, aching, or stiffness in or around a joint that first began more than three months ago or have ever been diagnosed with some form of arthritis.

## Oregon BRFSS 2007

### Thinking about your arthritis or joint symptoms, which of the following best describes you today?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
I can do everything I would like to do	36.1	83.8	50.2	45.4	36.5	31.5	18.3
I can do most things I would like to do	42.6	9.6	37.4	37.8	38.4	47.5	53.8
I can do some things I would like to do	16.1	6.6	9.8	12.4	19.2	14.9	21.7
Or I can hardly do anything I would like to do	5.1		2.7	4.3	5.8	6.2	6.2

Denominator is:

All survey respondents who reported joint symptoms that first began more than 3 months ago or have ever been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

### Thinking about your arthritis or joint symptoms, which of the following best describes you today?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	1,599	20	81	175	306	417	600
I can do everything I would like to do	469	15	43	81	106	120	104
I can do most things I would like to do	733	4	26	63	126	200	314
I can do some things I would like to do	289	1	9	21	51	68	139
Or I can hardly do anything I would like to do	92		2	9	19	25	37
Don't know/Not sure	6			1	2		3
Refused	10		1		2	4	3

Denominator is:

All survey respondents who reported joint symptoms that first began more than 3 months ago or have ever been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

## Oregon BRFSS 2007

**Has a doctor or other health professional EVER suggested losing weight to help your arthritis or joint symptoms?**

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	19.4		7.3	15.9	18.6	27.4	25.6
No	80.6	100.0	92.7	84.1	81.4	72.6	74.4

Denominator is:

All survey respondents who reported joint symptoms that first began more than 3 months ago or have ever been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

**Has a doctor or other health professional EVER suggested losing weight to help your arthritis or joint symptoms?**

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	1,599	20	81	175	306	417	600
Yes	377		8	30	62	116	161
No	1,210	20	73	145	241	295	436
Don't Know/Not Sure	8				2	3	3
Refused	4				1	3	

Denominator is:

All survey respondents who reported joint symptoms that first began more than 3 months ago or have ever been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

## Oregon BRFSS 2007

### Has a doctor or other health professional ever suggested physical activity or exercise to help your arthritis or joint symptoms?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	45.1	13.9	31.7	41.9	46.6	52.7	52.0
No	54.9	86.1	68.3	58.1	53.4	47.3	48.0

Denominator is:

All survey respondents who reported joint symptoms that first began more than 3 months ago or have ever been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

### Has a doctor or other health professional ever suggested physical activity or exercise to help your arthritis or joint symptoms?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	1,599	20	81	175	306	417	600
Yes	801	4	29	79	150	226	313
No	785	16	52	96	154	187	280
Don't Know/Not Sure	9				1	2	6
Refused	4				1	2	1

Denominator is:

All survey respondents who reported joint symptoms that first began more than 3 months ago or have ever been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.



## Oregon BRFSS 2007

**Have you ever taken an educational course or class to teach you how to manage problems related to your arthritis or joint symptoms?**

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	13.1	6.1	10.9	10.5	16.7	13.5	13.9
No	86.9	93.9	89.1	89.5	83.3	86.5	86.1

Denominator is:

All survey respondents who reported joint symptoms that first began more than 3 months ago or have ever been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.

**Have you ever taken an educational course or class to teach you how to manage problems related to your arthritis or joint symptoms?**

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	1,599	20	81	175	306	417	600
Yes	225	2	10	23	49	59	82
No	1,364	18	71	151	255	353	516
Don't Know/Not Sure	6			1	1	3	1
Refused	4				1	2	1

Denominator is:

All survey respondents who reported joint symptoms that first began more than 3 months ago or have ever been told by a doctor or other health professional that they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia.