

Oregon 2008 BRFSS

How is your general health?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Excellent		22.9	25.1	26.1	27.1	23.8	21.3	14.1
Very good		34.9	36.8	38.0	34.3	33.9	34.6	32.3
Good		29.1	32.5	27.4	28.0	28.3	27.0	32.6
Fair		9.4	4.6	6.9	8.0	9.5	11.8	14.6
Poor		3.7	1.0	1.6	2.6	4.5	5.2	6.4
Male	Excellent	21.7	25.7	23.0	24.4	20.2	21.4	15.7
	Very good	36.6	41.2	42.1	35.6	36.2	34.9	29.8
	Good	29.2	28.9	26.8	30.2	29.5	26.9	33.4
	Fair	9.2	3.6	6.8	7.8	9.6	11.5	15.7
	Poor	3.2	.6	1.3	1.9	4.6	5.3	5.5
Female	Excellent	24.0	24.5	29.3	29.8	27.4	21.3	12.8
	Very good	33.2	32.1	33.6	32.8	31.6	34.3	34.3
	Good	29.0	36.3	28.1	25.7	27.2	27.2	31.9
	Fair	9.6	5.7	7.0	8.3	9.4	12.2	13.8
	Poor	4.1	1.5	2.0	3.4	4.4	5.1	7.2

Denominator is:
All survey respondents.

Oregon 2008 BRFSS

How is your general health?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,557	266	763	1,325	1,821	2,363	3,019
Excellent		1,996	62	202	365	433	506	428
Very good		3,223	94	285	452	611	804	977
Good		2,766	91	208	358	511	640	958
Fair		1,072	16	54	111	174	279	438
Poor		474	3	14	36	89	129	203
Don't know/Not sure		22			3	3	4	12
Refused		4					1	3
Male	Total	3,733	111	306	522	732	957	1,105
	Excellent	730	27	69	125	142	198	169
	Very good	1,279	46	128	190	260	327	328
	Good	1,117	32	81	156	220	266	362
	Fair	424	5	24	41	73	108	173
	Poor	173	1	4	10	35	56	67
	Don't know/Not sure	7				2	2	3
	Refused	3						3
Female	Total	5,824	155	457	803	1,089	1,406	1,914
	Excellent	1,266	35	133	240	291	308	259
	Very good	1,944	48	157	262	351	477	649
	Good	1,649	59	127	202	291	374	596
	Fair	648	11	30	70	101	171	265
	Poor	301	2	10	26	54	73	136
	Don't know/Not sure	15			3	1	2	9
	Refused	1					1	

Denominator is:
All survey respondents.

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At risk for fair or poor health.

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Not At Risk		86.9	94.4	91.5	89.3	86.0	83.0	79.0
At Risk		13.1	5.6	8.5	10.7	14.0	17.0	21.0
Male	Not At Risk	87.6	95.8	92.0	90.3	85.8	83.2	78.9
	At Risk	12.4	4.2	8.0	9.7	14.2	16.8	21.1
Female	Not At Risk	86.2	92.8	91.0	88.3	86.1	82.8	79.0
	At Risk	13.8	7.2	9.0	11.7	13.9	17.2	21.0

Denominator is:
All survey respondents.

At risk for fair or poor health.

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,557	266	763	1,325	1,821	2,363	3,019
Not At Risk		7,985	247	695	1,175	1,555	1,950	2,363
At Risk		1,546	19	68	147	263	408	641
Don't Know/Not Sure/Refused/Missing		26			3	3	5	15
Male	Total	3,733	111	306	522	732	957	1,105
	Not At Risk	3,126	105	278	471	622	791	859
	At Risk	597	6	28	51	108	164	240
	Don't Know/Not Sure/Refused/Missing	10				2	2	6
Female	Total	5,824	155	457	803	1,089	1,406	1,914
	Not At Risk	4,859	142	417	704	933	1,159	1,504
	At Risk	949	13	40	96	155	244	401
	Don't Know/Not Sure/Refused/Missing	16			3	1	3	9

Denominator is:
All survey respondents.

Oregon 2008 BRFSS

For how many days during the past 30 days was your physical health not good?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		64.0	63.4	66.3	61.5	63.3	63.1	66.0
1-14 days		26.4	33.2	27.5	30.7	24.5	23.4	21.2
15-29 days		3.5	1.8	3.3	3.2	4.1	4.7	3.2
30 days		6.1	1.6	2.9	4.5	8.1	8.8	9.7
Male	No days	66.5	63.6	68.2	65.6	67.2	65.8	67.7
	1-14 days	25.3	34.4	26.4	29.4	21.4	21.5	20.2
	15-29 days	2.7	.6	3.1	2.1	3.6	4.2	2.3
	30 days	5.5	1.4	2.3	2.9	7.8	8.5	9.8
Female	No days	61.5	63.1	64.3	57.3	59.4	60.5	64.6
	1-14 days	27.6	32.0	28.6	32.1	27.5	25.3	21.9
	15-29 days	4.1	3.2	3.5	4.3	4.7	5.1	3.9
	30 days	6.8	1.7	3.6	6.3	8.4	9.1	9.6

Denominator is:
All survey respondents.

Oregon 2008 BRFSS

For how many days during the past 30 days was your physical health not good?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,557	266	763	1,325	1,821	2,363	3,019
No days		5,968	165	497	793	1,114	1,465	1,934
1-14 days		2,338	83	209	414	468	553	611
15-29 days		351	6	25	49	74	103	94
30 days		761	5	25	61	148	209	313
Don't know/Not sure		130	7	7	7	16	30	63
Refused		9			1	1	3	4
Male	Total	3,733	111	306	522	732	957	1,105
	No days	2,458	70	210	339	483	623	733
	1-14 days	839	35	78	154	159	204	209
	15-29 days	106	1	8	13	27	33	24
	30 days	286	2	8	14	57	84	121
	Don't know/Not sure	42	3	2	2	6	12	17
	Refused	2					1	1
Female	Total	5,824	155	457	803	1,089	1,406	1,914
	No days	3,510	95	287	454	631	842	1,201
	1-14 days	1,499	48	131	260	309	349	402
	15-29 days	245	5	17	36	47	70	70
	30 days	475	3	17	47	91	125	192
	Don't know/Not sure	88	4	5	5	10	18	46
	Refused	7			1	1	2	3

Denominator is:
All survey respondents.

Oregon 2008 BRFSS

For how many days during the past 30 days was your mental health not good?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		67.8	55.6	62.6	64.0	66.7	70.6	84.2
1-14 days		24.4	38.7	29.5	29.0	22.7	19.7	10.6
15-29 days		3.9	2.8	4.0	4.5	5.5	4.6	1.5
30 days		3.9	3.0	4.0	2.5	5.1	5.1	3.6
Male	No days	73.7	62.8	68.2	71.3	74.0	76.8	88.3
	1-14 days	20.3	34.1	25.2	24.3	17.6	14.5	7.4
	15-29 days	2.7	1.1	2.2	2.9	4.2	3.8	1.1
	30 days	3.4	2.0	4.5	1.4	4.3	4.8	3.2
Female	No days	62.1	47.9	56.7	56.4	59.5	64.5	81.0
	1-14 days	28.4	43.6	34.0	33.7	27.7	24.8	13.1
	15-29 days	5.1	4.5	5.8	6.2	6.9	5.4	1.9
	30 days	4.4	4.1	3.5	3.6	5.9	5.3	4.0

Denominator is:
All survey respondents.

Oregon 2008 BRFSS

For how many days during the past 30 days was your mental health not good?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,557	266	763	1,325	1,821	2,363	3,019
No days		6,637	144	454	804	1,152	1,603	2,480
1-14 days		1,987	101	230	402	441	484	329
15-29 days		384	10	36	61	105	114	58
30 days		427	10	29	42	105	132	109
Don't know/Not sure		98	1	12	13	13	23	36
Refused		24		2	3	5	7	7
Male	Total	3,733	111	306	522	732	957	1,105
	No days	2,836	68	204	362	533	706	963
	1-14 days	597	37	75	130	131	145	79
	15-29 days	108	2	9	14	28	39	16
	30 days	140	3	11	10	33	48	35
	Don't know/Not sure	45	1	7	6	4	15	12
	Refused	7				3	4	
Female	Total	5,824	155	457	803	1,089	1,406	1,914
	No days	3,801	76	250	442	619	897	1,517
	1-14 days	1,390	64	155	272	310	339	250
	15-29 days	276	8	27	47	77	75	42
	30 days	287	7	18	32	72	84	74
	Don't know/Not sure	53		5	7	9	8	24
	Refused	17		2	3	2	3	7

Denominator is:
All survey respondents.

Oregon 2008 BRFSS

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
No days		59.6	72.0	62.0	56.7	52.1	53.8	63.5
1-14 days		29.8	24.3	31.9	35.5	32.9	29.1	21.9
15-29 days		4.4	1.7	2.9	2.9	6.9	6.9	5.1
30 days		6.2	1.9	3.3	5.0	8.1	10.2	9.5
Male	No days	60.1	70.4	66.6	59.2	51.0	50.3	62.8
	1-14 days	29.9	28.6	27.4	33.6	33.2	32.2	22.3
	15-29 days	3.7		4.0	2.5	6.4	5.8	3.9
	30 days	6.2	.9	2.0	4.7	9.4	11.8	11.0
Female	No days	59.1	73.5	57.9	54.5	52.8	56.7	63.9
	1-14 days	29.8	20.2	35.7	37.1	32.7	26.7	21.6
	15-29 days	4.9	3.4	2.0	3.2	7.2	7.8	6.0
	30 days	6.2	2.9	4.4	5.3	7.2	8.9	8.5

Denominator is:

All survey respondents who reported days when their physical or mental health was not good.

Oregon 2008 BRFSS

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		4,872	167	420	772	995	1,209	1,309
No days		2,754	117	249	430	518	639	801
1-14 days		1,426	43	139	275	331	355	283
15-29 days		253	4	13	24	65	79	68
30 days		385	3	17	36	79	120	130
Don't know/Not sure		53		2	7	1	16	27
Refused		1				1		
Male	Total	1,684	65	146	269	332	436	436
	No days	943	44	95	156	166	215	267
	1-14 days	502	20	41	93	114	140	94
	15-29 days	73		6	7	21	22	17
	30 days	153	1	4	12	31	53	52
	Don't know/Not sure	13			1		6	6
Female	Total	3,188	102	274	503	663	773	873
	No days	1,811	73	154	274	352	424	534
	1-14 days	924	23	98	182	217	215	189
	15-29 days	180	4	7	17	44	57	51
	30 days	232	2	13	24	48	67	78
	Don't know/Not sure	40		2	6	1	10	21
Refused		1				1		

Denominator is:

All survey respondents who reported days when their physical or mental health was not good.