## How is your general health?

(Weighted Column Percents)

| | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Excellent | | 22.8 | 24.4 | 22.8 | 29.4 | 25.7 | 19.9 | 14.9 |
| Very Good | | 37.1 | 38.8 | 44.1 | 38.0 | 34.9 | 36.0 | 31.5 |
| Good | | 26.8 | 27.4 | 24.3 | 23.3 | 25.1 | 28.2 | 32.9 |
| Fair, or | | 9.7 | 8.0 | 6.4 | 7.0 | 10.4 | 11.6 | 14.1 |
| Poor | | 3.6 | 1.4 | 2.4 | 2.4 | 3.9 | 4.4 | 6.7 |
| MALE | Excellent | 21.8 | 25.9 | 19.9 | 25.6 | 25.8 | 19.1 | 14.1 |
| | Very Good | 36.5 | 37.6 | 43.7 | 40.8 | 33.1 | 33.3 | 29.5 |
| | Good | 28.3 | 25.6 | 26.6 | 24.7 | 27.1 | 31.7 | 34.5 |
| | Fair, or | 10.1 | 9.4 | 7.9 | 6.0 | 10.4 | 11.8 | 15.6 |
| | Poor | 3.4 | 1.4 | 1.9 | 2.9 | 3.6 | 4.1 | 6.2 |
| FEMALE | Excellent | 23.9 | 22.8 | 26.0 | 33.3 | 25.7 | 20.6 | 15.4 |
| | Very Good | 37.7 | 40.0 | 44.5 | 35.0 | 36.5 | 38.6 | 33.0 |
| | Good | 25.3 | 29.2 | 21.9 | 21.8 | 23.2 | 24.8 | 31.6 |
| | Fair, or | 9.3 | 6.6 | 4.8 | 8.1 | 10.4 | 11.4 | 12.9 |
| | Poor | 3.9 | 1.4 | 2.8 | 1.9 | 4.1 | 4.6 | 7.0 |

Denominator is:
All survey respondents.

**How is your general health?**

(Unweighted Frequencies)

| | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | | 6,787 | 179 | 421 | 777 | 1,222 | 1,742 | 2,446 |
| Excellent | | 1,411 | 44 | 105 | 235 | 308 | 351 | 368 |
| Very Good | | 2,362 | 68 | 177 | 293 | 426 | 615 | 783 |
| Good | | 1,911 | 49 | 103 | 173 | 315 | 487 | 784 |
| Fair, or | | 770 | 15 | 25 | 58 | 121 | 205 | 346 |
| Poor | | 324 | 3 | 11 | 18 | 52 | 82 | 158 |
| Don't know / Not sure | | 6 | | | | | 2 | 4 |
| Refused | | 3 | | | | | | 3 |
| MALE | Total | 2,654 | 90 | 150 | 330 | 491 | 720 | 873 |
| | Excellent | 532 | 25 | 33 | 87 | 121 | 143 | 123 |
| | Very Good | 880 | 34 | 59 | 133 | 163 | 231 | 260 |
| | Good | 797 | 22 | 43 | 77 | 136 | 226 | 293 |
| | Fair, or | 318 | 8 | 11 | 23 | 51 | 84 | 141 |
| | Poor | 125 | 1 | 4 | 10 | 20 | 36 | 54 |
| | Don't know / Not sure | 1 | | | | | | 1 |
| | Refused | 1 | | | | | | 1 |
| FEMALE | Total | 4,133 | 89 | 271 | 447 | 731 | 1,022 | 1,573 |
| | Excellent | 879 | 19 | 72 | 148 | 187 | 208 | 245 |
| | Very Good | 1,482 | 34 | 118 | 160 | 263 | 384 | 523 |
| | Good | 1,114 | 27 | 60 | 96 | 179 | 261 | 491 |
| | Fair, or | 452 | 7 | 14 | 35 | 70 | 121 | 205 |
| | Poor | 199 | 2 | 7 | 8 | 32 | 46 | 104 |
| | Don't know / Not sure | 5 | | | | | 2 | 3 |
| | Refused | 2 | | | | | | 2 |

Denominator is:
All survey respondents.

**At risk for fair or poor health.**

(Weighted Column Percents)

| | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Not At Risk | | 86.7 | 90.6 | 91.2 | 90.6 | 85.7 | 84.1 | 79.3 |
| At Risk | | 13.3 | 9.4 | 8.8 | 9.4 | 14.3 | 15.9 | 20.7 |
| MALE | Not At Risk | 86.6 | 89.2 | 90.1 | 91.2 | 86.0 | 84.1 | 78.2 |
| | At Risk | 13.4 | 10.8 | 9.9 | 8.8 | 14.0 | 15.9 | 21.8 |
| FEMALE | Not At Risk | 86.9 | 92.0 | 92.3 | 90.1 | 85.4 | 84.0 | 80.1 |
| | At Risk | 13.1 | 8.0 | 7.7 | 9.9 | 14.6 | 16.0 | 19.9 |

Denominator is:
All survey respondents.

**At risk for fair or poor health.**

(Unweighted Frequencies)

| | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|
| | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | 6,787 | 179 | 421 | 777 | 1,222 | 1,742 | 2,446 |
| Not At Risk | 5,684 | 161 | 385 | 701 | 1,049 | 1,453 | 1,935 |
| At Risk | 1,094 | 18 | 36 | 76 | 173 | 287 | 504 |
| Don't Know/Not Sure/Refused/Missing | 9 | | | | | 2 | 7 |
| MALE Total | 2,654 | 90 | 150 | 330 | 491 | 720 | 873 |
| Not At Risk | 2,209 | 81 | 135 | 297 | 420 | 600 | 676 |
| At Risk | 443 | 9 | 15 | 33 | 71 | 120 | 195 |
| Don't Know/Not Sure/Refused/Missing | 2 | | | | | | 2 |
| FEMALE Total | 4,133 | 89 | 271 | 447 | 731 | 1,022 | 1,573 |
| Not At Risk | 3,475 | 80 | 250 | 404 | 629 | 853 | 1,259 |
| At Risk | 651 | 9 | 21 | 43 | 102 | 167 | 309 |
| Don't Know/Not Sure/Refused/Missing | 7 | | | | | 2 | 5 |

Denominator is:
All survey respondents.

**For how many days during the past 30 days was your physical health not good?**

(Weighted Column Percents)

| | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|
| | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| No days | 64.6 | 57.1 | 66.4 | 66.3 | 63.8 | 65.7 | 65.8 |
| 1-14 days | 25.5 | 38.0 | 26.2 | 27.0 | 24.9 | 21.8 | 19.2 |
| 15-29 days | 3.3 | 2.3 | 2.0 | 2.8 | 3.8 | 3.6 | 5.0 |
| 30 days | 6.6 | 2.6 | 5.4 | 3.9 | 7.5 | 8.9 | 10.0 |
| MALE No days | 67.3 | 63.1 | 66.3 | 69.0 | 67.6 | 67.3 | 69.7 |
| 1-14 days | 23.2 | 32.4 | 25.8 | 24.2 | 21.1 | 20.2 | 17.4 |
| 15-29 days | 2.8 | 2.4 | 1.1 | 3.3 | 3.4 | 2.6 | 3.9 |
| 30 days | 6.7 | 2.1 | 6.9 | 3.5 | 8.0 | 9.9 | 9.0 |
| FEMALE No days | 61.9 | 50.7 | 66.5 | 63.6 | 60.2 | 64.0 | 62.7 |
| 1-14 days | 27.8 | 44.0 | 26.7 | 29.8 | 28.6 | 23.4 | 20.6 |
| 15-29 days | 3.8 | 2.1 | 3.0 | 2.3 | 4.2 | 4.6 | 5.9 |
| 30 days | 6.5 | 3.2 | 3.8 | 4.3 | 7.0 | 8.0 | 10.8 |

Denominator is:
All survey respondents.

**For how many days during the past 30 days was your physical health not good?**

(Unweighted Frequencies)

| | | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | | 6,786 | 179 | 421 | 777 | 1,221 | 1,742 | 2,446 |
| No days | | 4,281 | 98 | 275 | 497 | 755 | 1,107 | 1,549 |
| 1-14 days | | 1,536 | 67 | 113 | 220 | 311 | 378 | 447 |
| 15-29 days | | 279 | 4 | 9 | 22 | 48 | 70 | 126 |
| 30 days | | 560 | 5 | 20 | 30 | 97 | 159 | 249 |
| Dont' know/Not sure/Refused | | 130 | 5 | 4 | 8 | 10 | 28 | 75 |
| MALE | Total | 2,654 | 90 | 150 | 330 | 491 | 720 | 873 |
| | No days | 1,762 | 54 | 98 | 222 | 329 | 474 | 585 |
| | 1-14 days | 544 | 29 | 39 | 82 | 103 | 143 | 148 |
| | 15-29 days | 83 | 2 | 2 | 10 | 15 | 20 | 34 |
| | 30 days | 221 | 2 | 11 | 11 | 42 | 73 | 82 |
| | Dont' know/Not sure/Refused | 44 | 3 | | 5 | 2 | 10 | 24 |
| FEMALE | Total | 4,132 | 89 | 271 | 447 | 730 | 1,022 | 1,573 |
| | No days | 2,519 | 44 | 177 | 275 | 426 | 633 | 964 |
| | 1-14 days | 992 | 38 | 74 | 138 | 208 | 235 | 299 |
| | 15-29 days | 196 | 2 | 7 | 12 | 33 | 50 | 92 |
| | 30 days | 339 | 3 | 9 | 19 | 55 | 86 | 167 |
| | Dont' know/Not sure/Refused | 86 | 2 | 4 | 3 | 8 | 18 | 51 |

Denominator is:
All survey respondents.

**For how many days during the past 30 days was your mental health not good?**

(Weighted Column Percents)

| | | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| No days | | 66.0 | 50.5 | 59.2 | 63.4 | 64.7 | 70.7 | 83.1 |
| 1-14 days | | 25.3 | 38.9 | 32.8 | 27.8 | 24.4 | 20.2 | 11.7 |
| 15-29 days | | 4.4 | 5.8 | 3.7 | 5.4 | 5.6 | 4.3 | 2.2 |
| 30 days | | 4.2 | 4.8 | 4.3 | 3.4 | 5.3 | 4.7 | 3.0 |
| MALE | No days | 70.9 | 56.8 | 60.9 | 69.1 | 73.4 | 75.3 | 88.1 |
| | 1-14 days | 21.8 | 35.8 | 31.7 | 22.0 | 18.8 | 16.5 | 7.8 |
| | 15-29 days | 4.0 | 5.9 | 2.9 | 5.9 | 4.0 | 3.7 | 1.7 |
| | 30 days | 3.4 | 1.4 | 4.5 | 3.0 | 3.8 | 4.5 | 2.4 |
| FEMALE | No days | 61.3 | 43.9 | 57.4 | 57.5 | 56.0 | 66.3 | 79.2 |
| | 1-14 days | 28.7 | 42.2 | 34.0 | 33.9 | 29.9 | 23.9 | 14.7 |
| | 15-29 days | 4.9 | 5.6 | 4.6 | 4.8 | 7.2 | 4.9 | 2.6 |
| | 30 days | 5.1 | 8.4 | 4.1 | 3.8 | 6.9 | 4.9 | 3.5 |

Denominator is:
All survey respondents.

**For how many days during the past 30 days was your mental health not good?**

(Unweighted Frequencies)

| | | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | | 6,787 | 179 | 421 | 777 | 1,222 | 1,742 | 2,446 |
| No days | | 4,730 | 89 | 240 | 479 | 759 | 1,190 | 1,973 |
| 1-14 days | | 1,391 | 67 | 140 | 224 | 307 | 361 | 292 |
| 15-29 days | | 270 | 9 | 18 | 39 | 72 | 74 | 58 |
| 30 days | | 306 | 11 | 17 | 32 | 74 | 95 | 77 |
| Don't know/Not sure/Refused | | 90 | 3 | 6 | 3 | 10 | 22 | 46 |
| MALE | Total | 2,654 | 90 | 150 | 330 | 491 | 720 | 873 |
| | No days | 2,010 | 49 | 90 | 226 | 357 | 531 | 757 |
| | 1-14 days | 424 | 33 | 46 | 72 | 89 | 119 | 65 |
| | 15-29 days | 87 | 5 | 6 | 16 | 21 | 24 | 15 |
| | 30 days | 101 | 1 | 7 | 14 | 22 | 37 | 20 |
| | Don't know/Not sure/Refused | 32 | 2 | 1 | 2 | 2 | 9 | 16 |
| FEMALE | Total | 4,133 | 89 | 271 | 447 | 731 | 1,022 | 1,573 |
| | No days | 2,720 | 40 | 150 | 253 | 402 | 659 | 1,216 |
| | 1-14 days | 967 | 34 | 94 | 152 | 218 | 242 | 227 |
| | 15-29 days | 183 | 4 | 12 | 23 | 51 | 50 | 43 |
| | 30 days | 205 | 10 | 10 | 18 | 52 | 58 | 57 |
| | Don't know/Not sure/Refused | 58 | 1 | 5 | 1 | 8 | 13 | 30 |

Denominator is:
All survey respondents.

**During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?**

(Weighted Column Percents)

| | | Age Groups | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| No days | | 59.1 | 55.3 | 65.7 | 59.5 | 55.7 | 56.3 | 61.0 |
| 1-14 days | | 29.8 | 38.2 | 27.4 | 32.4 | 29.2 | 29.4 | 22.3 |
| 15-29 days | | 5.6 | 5.0 | 3.6 | 4.5 | 7.3 | 6.2 | 7.2 |
| 30 days | | 5.5 | 1.5 | 3.4 | 3.7 | 7.8 | 8.0 | 9.5 |
| MALE | No days | 59.6 | 56.8 | 70.9 | 60.5 | 53.1 | 52.4 | 59.4 |
| | 1-14 days | 28.8 | 36.7 | 21.4 | 32.0 | 27.6 | 33.5 | 23.5 |
| | 15-29 days | 6.4 | 6.5 | 3.9 | 5.0 | 9.8 | 7.0 | 7.0 |
| | 30 days | 5.3 | | 3.9 | 2.5 | 9.5 | 7.1 | 10.1 |
| FEMALE | No days | 58.7 | 54.1 | 60.3 | 58.5 | 57.6 | 59.5 | 62.0 |
| | 1-14 days | 30.6 | 39.4 | 33.6 | 32.7 | 30.4 | 26.2 | 21.5 |
| | 15-29 days | 4.9 | 3.7 | 3.2 | 4.0 | 5.5 | 5.6 | 7.4 |
| | 30 days | 5.8 | 2.8 | 2.9 | 4.7 | 6.5 | 8.7 | 9.1 |

Denominator is:
All survey respondents who reported days when their physical or mental health was not good.

**During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?**

(Unweighted Frequencies)

| | | Age Groups | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| Total | | 3,431 | 123 | 247 | 429 | 686 | 867 | 1,079 |
| No days | | 1,929 | 68 | 155 | 254 | 364 | 465 | 623 |
| 1-14 days | | 958 | 48 | 74 | 137 | 211 | 247 | 241 |
| 15-29 days | | 217 | 5 | 7 | 18 | 51 | 61 | 75 |
| 30 days | | 257 | 1 | 7 | 16 | 54 | 75 | 104 |
| Don't know/Not sure/Refused | | 70 | 1 | 4 | 4 | 6 | 19 | 36 |
| MALE | Total | 1,184 | 56 | 85 | 163 | 227 | 321 | 332 |
| | No days | 643 | 31 | 58 | 95 | 116 | 155 | 188 |
| | 1-14 days | 340 | 21 | 19 | 54 | 65 | 103 | 78 |
| | 15-29 days | 81 | 3 | 3 | 7 | 23 | 23 | 22 |
| | 30 days | 91 | | 4 | 5 | 22 | 27 | 33 |
| | Don't know/Not sure/Refused | 29 | 1 | 1 | 2 | 1 | 13 | 11 |

Denominator is:
All survey respondents who reported days when their physical or mental health was not good.

**During the past 30 days, how many days did poor physical or mental health
keep you from doing your usual activities, such as self-care, work, or recreation?**

(Unweighted Frequencies)

| | | | Age Groups | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | Total | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ |
| FEMALE | Total | 2,247 | 67 | 162 | 266 | 459 | 546 | 747 |
| | No days | 1,286 | 37 | 97 | 159 | 248 | 310 | 435 |
| | 1-14 days | 618 | 27 | 55 | 83 | 146 | 144 | 163 |
| | 15-29 days | 136 | 2 | 4 | 11 | 28 | 38 | 53 |
| | 30 days | 166 | 1 | 3 | 11 | 32 | 48 | 71 |
| | Don't know/Not sure/Refused | 41 | | 3 | 2 | 5 | 6 | 25 |

Denominator is:
All survey respondents who reported days when their physical or mental health was not good.