

Fruit and vegetable servings index - Meets FDA nutritional requirements of 5 or more servings of fruits and vegetables per day.

(Weighted Column Percents)

	Age Groups						
	Total	18-24	25-34	35-44	45-54	55-64	65+
Consume < one serving per day or never	5.2	4.9	5.2	4.3	6.6	5.4	4.8
Consume 1 to less than 3 servings per day	39.3	45.3	41.0	38.1	38.7	37.1	37.8
Consume 3 to less than 5 servings per day	33.1	26.3	31.3	35.4	32.7	34.5	36.2
Consume 5 or more servings per day	22.3	23.5	22.4	22.2	22.0	23.1	21.2
Male	7.0	7.3	6.3	6.6	7.8	6.8	7.3
Consume < one serving per day or never							
Consume 1 to less than 3 servings per day	44.5	48.7	45.8	43.6	43.2	43.6	43.4
Consume 3 to less than 5 servings per day	31.8	24.4	29.5	33.8	32.3	32.8	36.1
Consume 5 or more servings per day	16.7	19.6	18.4	15.9	16.7	16.8	13.3
Female	3.5	2.5	4.2	1.8	5.4	4.0	2.9
Consume < one serving per day or never							
Consume 1 to less than 3 servings per day	34.3	41.9	36.0	32.1	34.3	30.8	33.4
Consume 3 to less than 5 servings per day	34.3	28.1	33.2	37.2	33.0	36.1	36.3
Consume 5 or more servings per day	27.8	27.5	26.6	28.9	27.3	29.1	27.4

Denominator is:
All survey respondents.

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(Unweighted Frequencies)

	Age Groups						
	Total	18-24	25-34	35-44	45-54	55-64	65+
Total	5,989	301	582	694	997	1,460	1,955
Consume < one serving per day or never	280	19	27	30	49	67	88
Consume 1 to less than 3 servings per day	2,179	136	237	242	361	497	706
Consume 3 to less than 5 servings per day	2,089	76	180	247	354	522	710
Consume 5 or more servings per day	1,441	70	138	175	233	374	451
Male	2,458	146	272	303	411	582	744
Consume < one serving per day or never	153	13	15	21	22	36	46
Consume 1 to less than 3 servings per day	1,057	69	124	121	181	243	319
Consume 3 to less than 5 servings per day	844	35	82	110	145	196	276
Consume 5 or more servings per day	404	29	51	51	63	107	103
Female	3,531	155	310	391	586	878	1,211
Consume < one serving per day or never	127	6	12	9	27	31	42
Consume 1 to less than 3 servings per day	1,122	67	113	121	180	254	387
Consume 3 to less than 5 servings per day	1,245	41	98	137	209	326	434
Consume 5 or more servings per day	1,037	41	87	124	170	267	348

Denominator is:
All survey respondents.