

Oregon 2012 BRFSS  
Caregiver

**During the past month, did you provide any such care or assistance to a friend or family member?**

(Weighted Column Percents)

|        |     | Age Groups |       |       |       |       |       |      |
|--------|-----|------------|-------|-------|-------|-------|-------|------|
|        |     | Total      | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+  |
| Yes    |     | 18.9       | 8.7   | 13.8  | 21.6  | 20.5  | 25.5  | 19.9 |
| No     |     | 81.1       | 91.3  | 86.2  | 78.4  | 79.5  | 74.5  | 80.1 |
| Male   | Yes | 16.0       | 10.0  | 11.4  | 17.5  | 14.2  | 21.2  | 20.0 |
|        | No  | 84.0       | 90.0  | 88.6  | 82.5  | 85.8  | 78.8  | 80.0 |
| Female | Yes | 21.6       | 7.4   | 16.2  | 25.7  | 26.6  | 29.6  | 19.8 |
|        | No  | 78.4       | 92.6  | 83.8  | 74.3  | 73.4  | 70.4  | 80.2 |

All survey respondents.

**During the past month, did you provide any such care or assistance to a friend or family member?**

(Unweighted Frequencies)

|                     |                     | Age Groups |       |       |       |       |       |       |
|---------------------|---------------------|------------|-------|-------|-------|-------|-------|-------|
|                     |                     | Total      | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+   |
| Total               |                     | 2,875      | 107   | 215   | 346   | 419   | 715   | 1,073 |
| Yes                 |                     | 593        | 12    | 32    | 66    | 94    | 197   | 192   |
| No                  |                     | 2,273      | 93    | 183   | 279   | 324   | 516   | 878   |
| Don't know/Not sure |                     | 8          | 2     |       | 1     | 1     | 1     | 3     |
| Refused             |                     | 1          |       |       |       |       | 1     |       |
| Male                | Total               | 1,170      | 57    | 94    | 167   | 173   | 277   | 402   |
|                     | Yes                 | 204        | 8     | 11    | 23    | 30    | 61    | 71    |
|                     | No                  | 960        | 48    | 83    | 143   | 142   | 215   | 329   |
|                     | Don't know/Not sure | 5          | 1     |       | 1     | 1     |       | 2     |
|                     | Refused             | 1          |       |       |       |       | 1     |       |
| Female              | Total               | 1,705      | 50    | 121   | 179   | 246   | 438   | 671   |
|                     | Yes                 | 389        | 4     | 21    | 43    | 64    | 136   | 121   |
|                     | No                  | 1,313      | 45    | 100   | 136   | 182   | 301   | 549   |
|                     | Don't know/Not sure | 3          | 1     |       |       |       | 1     | 1     |

All survey respondents.

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**Provided regular care in the past 30 days and has been providing care for at least 1 month.**

(Weighted Column Percents)

|        |     | Age Groups |       |       |       |       |       |      |
|--------|-----|------------|-------|-------|-------|-------|-------|------|
|        |     | Total      | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+  |
| No     |     | 84.6       | 95.6  | 90.4  | 81.9  | 82.0  | 78.1  | 83.1 |
| Yes    |     | 15.4       | 4.4   | 9.6   | 18.1  | 18.0  | 21.9  | 16.9 |
| Male   | No  | 87.6       | 94.6  | 94.7  | 84.5  | 87.5  | 82.3  | 83.7 |
|        | Yes | 12.4       | 5.4   | 5.3   | 15.5  | 12.5  | 17.7  | 16.3 |
| Female | No  | 81.7       | 96.7  | 86.0  | 79.3  | 76.7  | 74.0  | 82.6 |
|        | Yes | 18.3       | 3.3   | 14.0  | 20.7  | 23.3  | 26.0  | 17.4 |

All survey respondents.

**Provided regular care in the past 30 days and has been providing care for at least 1 month.**

(Unweighted Frequencies)

|        |       | Age Groups |       |       |       |       |       |       |
|--------|-------|------------|-------|-------|-------|-------|-------|-------|
|        |       | Total      | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+   |
| Total  |       | 2,866      | 105   | 215   | 345   | 418   | 713   | 1,070 |
| No     |       | 2,368      | 98    | 191   | 287   | 338   | 546   | 908   |
| Yes    |       | 498        | 7     | 24    | 58    | 80    | 167   | 162   |
| Male   | Total | 1,164      | 56    | 94    | 166   | 172   | 276   | 400   |
|        | No    | 998        | 51    | 89    | 144   | 146   | 225   | 343   |
|        | Yes   | 166        | 5     | 5     | 22    | 26    | 51    | 57    |
| Female | Total | 1,702      | 49    | 121   | 179   | 246   | 437   | 670   |
|        | No    | 1,370      | 47    | 102   | 143   | 192   | 321   | 565   |
|        | Yes   | 332        | 2     | 19    | 36    | 54    | 116   | 105   |

All survey respondents.

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**What age is the person to whom you are giving care?**

(Weighted Column Percents)

|              |              | Caregiver age categories |       |       |      |
|--------------|--------------|--------------------------|-------|-------|------|
|              |              | Total                    | 18-44 | 45-64 | 65+  |
| Age 75+      |              | 40.4                     | 20.1  | 49.8  | 56.0 |
| 60-74        |              | 22.9                     | 23.7  | 20.7  | 25.9 |
| 50-59        |              | 14.5                     | 18.1  | 14.0  | 9.3  |
| 18-49        |              | 20.3                     | 34.8  | 13.8  | 8.8  |
| Under age 18 |              | 1.9                      | 3.3   | 1.7   |      |
| Male         | Age 75+      | 40.4                     | 23.6  | 50.3  | 49.3 |
|              | 60-74        | 22.5                     | 23.8  | 19.6  | 25.5 |
|              | 50-59        | 15.2                     | 13.8  | 17.6  | 13.2 |
|              | 18-49        | 20.5                     | 35.8  | 11.6  | 12.0 |
|              | Under age 18 | 1.5                      | 3.0   | .9    |      |
| Female       | Age 75+      | 40.4                     | 17.8  | 49.5  | 61.4 |
|              | 60-74        | 23.1                     | 23.7  | 21.4  | 26.3 |
|              | 50-59        | 14.1                     | 20.9  | 12.0  | 6.1  |
|              | 18-49        | 20.2                     | 34.1  | 15.0  | 6.2  |
|              | Under age 18 | 2.2                      | 3.5   | 2.1   |      |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

**What age is the person to whom you are giving care?**

(Unweighted Frequencies)

|              |         | Caregiver age categories |       |       |     |
|--------------|---------|--------------------------|-------|-------|-----|
|              |         | Total                    | 18-44 | 45-64 | 65+ |
| Total        |         | 579                      | 106   | 286   | 187 |
| Age 75+      |         | 293                      | 25    | 153   | 115 |
| 60-74        |         | 131                      | 28    | 59    | 44  |
| 50-59        |         | 65                       | 18    | 33    | 14  |
| 18-49        |         | 76                       | 27    | 35    | 14  |
| Under age 18 |         | 14                       | 8     | 6     |     |
| Male         | Total   | 194                      | 38    | 87    | 69  |
|              | Age 75+ | 97                       | 10    | 48    | 39  |
|              | 60-74   | 44                       | 10    | 16    | 18  |
|              | 50-59   | 22                       | 6     | 11    | 5   |
|              | 18-49   | 28                       | 11    | 10    | 7   |
| Under age 18 |         | 3                        | 1     | 2     |     |
| Female       | Total   | 385                      | 68    | 199   | 118 |
|              | Age 75+ | 196                      | 15    | 105   | 76  |
|              | 60-74   | 87                       | 18    | 43    | 26  |
|              | 50-59   | 43                       | 12    | 22    | 9   |
|              | 18-49   | 48                       | 16    | 25    | 7   |
| Under age 18 |         | 11                       | 7     | 4     |     |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

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**Is this person male or female?**

(Weighted Column Percents)

|        |        | Caregiver age categories |       |       |      |
|--------|--------|--------------------------|-------|-------|------|
|        |        | Total                    | 18-44 | 45-64 | 65+  |
| Male   |        | 40.0                     | 34.5  | 44.2  | 41.1 |
| Female |        | 60.0                     | 65.5  | 55.8  | 58.9 |
| Male   | Male   | 33.8                     | 33.4  | 40.9  | 22.4 |
|        | Female | 66.2                     | 66.6  | 59.1  | 77.6 |
| Female | Male   | 44.3                     | 35.4  | 46.2  | 56.5 |
|        | Female | 55.7                     | 64.6  | 53.8  | 43.5 |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

**Is this person male or female?**

(Unweighted Frequencies)

|         |         | Caregiver age categories |       |       |     |
|---------|---------|--------------------------|-------|-------|-----|
|         |         | Total                    | 18-44 | 45-64 | 65+ |
| Total   |         | 593                      | 110   | 291   | 192 |
| Male    |         | 242                      | 40    | 124   | 78  |
| Female  |         | 348                      | 70    | 164   | 114 |
| Refused |         | 3                        |       | 3     |     |
| Male    | Total   | 204                      | 42    | 91    | 71  |
|         | Male    | 64                       | 14    | 34    | 16  |
|         | Female  | 139                      | 28    | 56    | 55  |
|         | Refused | 1                        |       | 1     |     |
| Female  | Total   | 389                      | 68    | 200   | 121 |
|         | Male    | 178                      | 26    | 90    | 62  |
|         | Female  | 209                      | 42    | 108   | 59  |
|         | Refused | 2                        |       | 2     |     |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

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Caregiver

**What is their relationship to you? For example is he/she your  
(mother/daughter or father/son)?**

(Weighted Column Percents)

|                          |                          | Caregiver age categories |       |       |      |
|--------------------------|--------------------------|--------------------------|-------|-------|------|
|                          |                          | Total                    | 18-44 | 45-64 | 65+  |
| Parent/Inlaw/Grandparent |                          | 44.3                     | 57.0  | 44.8  | 19.9 |
| Spouse                   |                          | 17.5                     | 9.9   | 12.2  | 42.0 |
| Child/Grandchild         |                          | 6.9                      | 3.7   | 7.8   | 11.1 |
| Sibling/Other relative   |                          | 10.1                     | 9.2   | 11.9  | 8.2  |
| Non-relative             |                          | 21.2                     | 20.1  | 23.4  | 18.7 |
| Male                     | Parent/Inlaw/Grandparent | 49.4                     | 66.7  | 48.3  | 20.1 |
|                          | Spouse                   | 19.9                     | 9.3   | 12.7  | 51.4 |
|                          | Child/Grandchild         | 7.5                      | 4.0   | 7.0   | 14.8 |
|                          | Sibling/Other relative   | 5.2                      | 2.9   | 9.9   | 1.6  |
|                          | Non-relative             | 17.9                     | 17.1  | 22.1  | 12.1 |
| Female                   | Parent/Inlaw/Grandparent | 40.7                     | 49.5  | 42.7  | 19.8 |
|                          | Spouse                   | 15.8                     | 10.4  | 12.0  | 34.6 |
|                          | Child/Grandchild         | 6.5                      | 3.5   | 8.2   | 8.1  |
|                          | Sibling/Other relative   | 13.5                     | 14.2  | 13.0  | 13.5 |
|                          | Non-relative             | 23.5                     | 22.5  | 24.1  | 24.0 |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

**What is their relationship to you? For example is he/she your  
(mother/daughter or father/son)?**

(Unweighted Frequencies)

|                          |                          | Caregiver age categories |       |       |     |
|--------------------------|--------------------------|--------------------------|-------|-------|-----|
|                          |                          | Total                    | 18-44 | 45-64 | 65+ |
| Total                    |                          | 593                      | 110   | 291   | 192 |
| Parent/Inlaw/Grandparent |                          | 228                      | 59    | 130   | 39  |
| Spouse                   |                          | 119                      | 9     | 39    | 71  |
| Child/Grandchild         |                          | 51                       | 9     | 22    | 20  |
| Sibling/Other relative   |                          | 61                       | 11    | 32    | 18  |
| Non-relative             |                          | 127                      | 22    | 62    | 43  |
| Missing                  |                          | 7                        |       | 6     | 1   |
| Male                     | Total                    | 204                      | 42    | 91    | 71  |
|                          | Parent/Inlaw/Grandparent | 83                       | 24    | 43    | 16  |
|                          | Spouse                   | 45                       | 4     | 10    | 31  |
|                          | Child/Grandchild         | 16                       | 2     | 6     | 8   |
|                          | Sibling/Other relative   | 16                       | 2     | 11    | 3   |
|                          | Non-relative             | 41                       | 10    | 19    | 12  |
|                          | Missing                  | 3                        |       | 2     | 1   |
| Female                   | Total                    | 389                      | 68    | 200   | 121 |
|                          | Parent/Inlaw/Grandparent | 145                      | 35    | 87    | 23  |
|                          | Spouse                   | 74                       | 5     | 29    | 40  |
|                          | Child/Grandchild         | 35                       | 7     | 16    | 12  |
|                          | Sibling/Other relative   | 45                       | 9     | 21    | 15  |
|                          | Non-relative             | 86                       | 12    | 43    | 31  |
|                          | Missing                  | 4                        |       | 4     |     |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

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**For how long have you provided care for that person?**

(Weighted Column Percents)

|                               |                               | Caregiver age categories |       |       |      |
|-------------------------------|-------------------------------|--------------------------|-------|-------|------|
|                               |                               | Total                    | 18-44 | 45-64 | 65+  |
| Less than 30 days             |                               | 14.1                     | 24.0  | 8.8   | 6.5  |
| 1 to less than 6 months       |                               | 11.8                     | 13.1  | 9.8   | 13.6 |
| 6 months to less than 2 years |                               | 21.2                     | 22.4  | 21.4  | 18.5 |
| 2 to 5 years                  |                               | 29.6                     | 32.3  | 26.3  | 31.6 |
| More than 5 years             |                               | 23.3                     | 8.3   | 33.7  | 29.8 |
| Male                          | Less than 30 days             | 16.6                     | 27.6  | 11.0  | 6.5  |
|                               | 1 to less than 6 months       | 9.3                      | 7.1   | 10.2  | 12.0 |
|                               | 6 months to less than 2 years | 21.6                     | 24.9  | 20.4  | 17.9 |
|                               | 2 to 5 years                  | 30.2                     | 32.6  | 24.4  | 36.6 |
|                               | More than 5 years             | 22.2                     | 7.8   | 34.0  | 27.1 |
| Female                        | Less than 30 days             | 12.4                     | 21.3  | 7.5   | 6.5  |
|                               | 1 to less than 6 months       | 13.4                     | 17.4  | 9.5   | 14.8 |
|                               | 6 months to less than 2 years | 20.9                     | 20.6  | 22.0  | 19.0 |
|                               | 2 to 5 years                  | 29.3                     | 32.1  | 27.5  | 27.9 |
|                               | More than 5 years             | 24.0                     | 8.6   | 33.4  | 31.8 |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

**For how long have you provided care for that person?**

(Unweighted Frequencies)

|                               |                               | Caregiver age categories |       |       |     |
|-------------------------------|-------------------------------|--------------------------|-------|-------|-----|
|                               |                               | Total                    | 18-44 | 45-64 | 65+ |
| Total                         |                               | 592                      | 110   | 290   | 192 |
| Less than 30 days             |                               | 57                       | 18    | 25    | 14  |
| 1 to less than 6 months       |                               | 66                       | 16    | 22    | 28  |
| 6 months to less than 2 years |                               | 112                      | 24    | 53    | 35  |
| 2 to 5 years                  |                               | 161                      | 32    | 80    | 49  |
| More than 5 years             |                               | 159                      | 17    | 92    | 50  |
| Don't Know/Not Sure           |                               | 34                       | 3     | 16    | 15  |
| Refused                       |                               | 3                        |       | 2     | 1   |
| Male                          | Total                         | 204                      | 42    | 91    | 71  |
|                               | Less than 30 days             | 23                       | 8     | 9     | 6   |
|                               | 1 to less than 6 months       | 21                       | 4     | 6     | 11  |
|                               | 6 months to less than 2 years | 44                       | 10    | 20    | 14  |
|                               | 2 to 5 years                  | 56                       | 14    | 24    | 18  |
|                               | More than 5 years             | 45                       | 4     | 27    | 14  |
|                               | Don't Know/Not Sure           | 15                       | 2     | 5     | 8   |
| Female                        | Total                         | 388                      | 68    | 199   | 121 |
|                               | Less than 30 days             | 34                       | 10    | 16    | 8   |
|                               | 1 to less than 6 months       | 45                       | 12    | 16    | 17  |
|                               | 6 months to less than 2 years | 68                       | 14    | 33    | 21  |
|                               | 2 to 5 years                  | 105                      | 18    | 56    | 31  |
|                               | More than 5 years             | 114                      | 13    | 65    | 36  |
|                               | Don't Know/Not Sure           | 19                       | 1     | 11    | 7   |
| Refused                       | 3                             |                          | 2     | 1     |     |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

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**What has a doctor said is the major health problem, long-term illness, or disability that the person you care for has?**

|  | Weighted %   |
|--|--------------|
| <b>Physical Health Condition/Disease Total</b>                                     | <b>34.4%</b> |
| Arthritis/Rheumatism   | 5.5%         |
| Asthma   | 0.5%         |
| Cancer   | 6.2%         |
| Diabetes   | 4.5%         |
| Heart Disease  | 9.0%         |
| Hypertension/High Blood Pressure   | 1.0%         |
| Lung Disease/Emphysema   | 1.1%         |
| Osteoporosis   | 0.6%         |
| Parkinson's Disease  | 1.4%         |
| Stroke   | 4.6%         |
| <b>Disability Total</b>  | <b>6.5%</b>  |
| Eye/Vision Problem (blindness)   | 1.7%         |
| Hearing Problems (deafness)  | 0.4%         |
| Muscular Sclerosis (MS)  | 1.6%         |
| Spinal Cord Injury   | 2.5%         |
| Traumatic Brain Injury (TBI)   | 0.3%         |
| <b>Learning/Cognition Total</b>  | <b>9.8%</b>  |
| Alzheimer's Disease or Dementia  | 7.5%         |
| Attention-Deficit Hyperactivity Disorder (ADHD)                                    | 0.5%         |
| Learning Disabilities (LD)   | 1.8%         |
| <b>Developmental Disability Total</b>  | <b>3.5%</b>  |
| Cerebral Palsy (CP)  | 0.8%         |
| Down's Syndrome  | 0.9%         |
| Other developmental disability (e.g., spina bifida, muscular dystrophy, fragile X) | 1.8%         |
| <b>Mental Health Total</b>   | <b>2.9%</b>  |
| Anxiety  | 0.6%         |
| Depression   | 2.3%         |
| <b>Other Total</b>   | <b>42.9%</b> |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

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**What has a doctor said is the major health problem, long-term illness, or disability that the person you care for has?**

|  | Unweighted Count |
|--|------------------|
| <b>Physical Health Condition/Disease Total</b>                                     | <b>175</b>       |
| Arthritis/Rheumatism   | 26               |
| Asthma   | 1                |
| Cancer   | 29               |
| Diabetes   | 26               |
| Heart Disease  | 41               |
| Hypertension/High Blood Pressure   | 4                |
| Lung Disease/Emphysema   | 8                |
| Osteoporosis   | 3                |
| Parkinson's Disease  | 10               |
| Stroke   | 27               |
| <b>Disability Total</b>  | <b>38</b>        |
| Eye/Vision Problem (blindness)   | 18               |
| Hearing Problems (deafness)  | 3                |
| Muscular Sclerosis (MS)  | 9                |
| Spinal Cord Injury   | 6                |
| Traumatic Brain Injury (TBI)   | 2                |
| <b>Learning/Cognition Total</b>  | <b>57</b>        |
| Alzheimer's Disease or Dementia  | 51               |
| Attention-Deficit Hyperactivity Disorder (ADHD)                                    | 1                |
| Learning Disabilities (LD)   | 5                |
| <b>Developmental Disability Total</b>  | <b>20</b>        |
| Cerebral Palsy (CP)  | 6                |
| Down's Syndrome  | 3                |
| Other developmental disability (e.g., spina bifida, muscular dystrophy, fragile X) | 11               |
| <b>Mental Health Total</b>   | <b>13</b>        |
| Anxiety  | 1                |
| Depression   | 12               |
| <b>Other Total</b>   | <b>249</b>       |
| <b>Missing Total</b>   | <b>42</b>        |
| Don't know / Not sure  | 34               |
| Refused  | 8                |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.



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**In which of the following areas does the person you care for need the most help?**

(Weighted Column Percents)

|  | Caregiver age categories |       |       |      |
|--|--------------------------|-------|-------|------|
|  | Total                    | 18-44 | 45-64 | 65+  |
| Taking care of himself/herself, such as eating, dressing, or bathing   | 14.7                     | 18.6  | 13.3  | 10.2 |
| Taking care of his/her residence or personal living spaces, such as cleaning, managing money, or preparing meals | 33.6                     | 40.1  | 29.0  | 31.1 |
| Communicating with others  | 1.8                      | 2.1   | 2.0   | .8   |
| Learning or remembering  | 3.5                      | 2.2   | 4.1   | 4.8  |
| Seeing or hearing  | 1.9                      | .1    | 3.6   | 1.7  |
| Moving around within the home  | 5.5                      | 4.1   | 5.8   | 7.8  |
| Transportation outside of the home   | 21.5                     | 15.7  | 24.0  | 27.4 |
| Getting along with people  | 1.2                      | 2.6   | .4    | .1   |
| Relieving/decreasing anxiety or depression   | 5.8                      | 6.8   | 5.1   | 5.2  |
| Something else   | 10.5                     | 7.7   | 12.8  | 10.8 |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

**In which of the following areas does the person you care for need the most help?**

(Unweighted Frequencies)

|  | Caregiver age categories |       |       |     |
|--|--------------------------|-------|-------|-----|
|  | Total                    | 18-44 | 45-64 | 65+ |
| Total  | 593                      | 110   | 291   | 192 |
| Taking care of himself/herself, such as eating, dressing, or bathing   | 81                       | 22    | 41    | 18  |
| Taking care of his/her residence or personal living spaces, such as cleaning, managing money, or preparing meals | 165                      | 40    | 81    | 44  |
| Communicating with others  | 14                       | 2     | 10    | 2   |
| Learning or remembering  | 23                       | 3     | 11    | 9   |
| Seeing or hearing  | 12                       | 1     | 7     | 4   |
| Moving around within the home  | 25                       | 3     | 13    | 9   |
| Transportation outside of the home   | 135                      | 18    | 68    | 49  |
| Getting along with people  | 3                        | 1     | 1     | 1   |
| Relieving/decreasing anxiety or depression   | 30                       | 5     | 14    | 11  |
| Something else   | 66                       | 11    | 31    | 24  |
| Don't know / Not sure  | 35                       | 4     | 11    | 20  |
| Refused  | 4                        |       | 3     | 1   |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

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**In an average week, how many hours do you provide care for that person because of his/her health problem, long-term illness, or disability?**

(Weighted Column Percents)

|           |           | Caregiver age categories |       |       |      |
|-----------|-----------|--------------------------|-------|-------|------|
|           |           | Total                    | 18-44 | 45-64 | 65+  |
| 60+ hours |           | 10.0                     | 9.9   | 9.9   | 10.5 |
| 40-59 hrs |           | 5.1                      | 6.1   | 4.1   | 5.3  |
| 20-39 hrs |           | 13.7                     | 15.7  | 10.6  | 16.4 |
| 6-19 hrs  |           | 29.7                     | 25.7  | 31.7  | 34.0 |
| 5 or less |           | 41.5                     | 42.6  | 43.8  | 33.8 |
| Male      | 60+ hours | 9.5                      | 11.2  | 6.9   | 10.5 |
|           | 40-59 hrs | 3.0                      | 3.4   | .3    | 7.0  |
|           | 20-39 hrs | 11.2                     | 9.8   | 6.9   | 22.2 |
|           | 6-19 hrs  | 30.9                     | 27.5  | 34.5  | 31.6 |
|           | 5 or less | 45.4                     | 48.1  | 51.4  | 28.8 |
| Female    | 60+ hours | 10.4                     | 8.8   | 11.5  | 10.5 |
|           | 40-59 hrs | 6.6                      | 8.3   | 6.3   | 3.9  |
|           | 20-39 hrs | 15.3                     | 20.4  | 12.6  | 11.6 |
|           | 6-19 hrs  | 28.9                     | 24.2  | 30.1  | 36.0 |
|           | 5 or less | 38.8                     | 38.2  | 39.5  | 38.0 |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

**In an average week, how many hours do you provide care for that person because of his/her health problem, long-term illness, or disability?**

(Unweighted Frequencies)

|           |           | Caregiver age categories |       |       |     |
|-----------|-----------|--------------------------|-------|-------|-----|
|           |           | Total                    | 18-44 | 45-64 | 65+ |
| Total     |           | 516                      | 103   | 259   | 154 |
| 60+ hours |           | 55                       | 10    | 27    | 18  |
| 40-59 hrs |           | 24                       | 8     | 9     | 7   |
| 20-39 hrs |           | 66                       | 17    | 27    | 22  |
| 6-19 hrs  |           | 152                      | 27    | 78    | 47  |
| 5 or less |           | 219                      | 41    | 118   | 60  |
| Male      | Total     | 178                      | 40    | 80    | 58  |
|           | 60+ hours | 15                       | 4     | 3     | 8   |
|           | 40-59 hrs | 7                        | 3     | 1     | 3   |
|           | 20-39 hrs | 23                       | 7     | 7     | 9   |
|           | 6-19 hrs  | 49                       | 8     | 25    | 16  |
|           | 5 or less | 84                       | 18    | 44    | 22  |
| Female    | Total     | 338                      | 63    | 179   | 96  |
|           | 60+ hours | 40                       | 6     | 24    | 10  |
|           | 40-59 hrs | 17                       | 5     | 8     | 4   |
|           | 20-39 hrs | 43                       | 10    | 20    | 13  |
|           | 6-19 hrs  | 103                      | 19    | 53    | 31  |
|           | 5 or less | 135                      | 23    | 74    | 38  |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

Oregon 2012 BRFSS  
Caregiver

**Please indicate which one of the following is the GREATEST difficulty you have faced as a caregiver.**

(Weighted Column Percents)

|   | Caregiver age categories |       |       |      |
|---|--------------------------|-------|-------|------|
|   | Total                    | 18-44 | 45-64 | 65+  |
| Creates a financial burden                | 6.6                      | 9.2   | 5.6   | 3.7  |
| Doesn't leave enough time for yourself    | 8.6                      | 10.6  | 7.3   | 7.3  |
| Doesn't leave enough time for your family | 5.3                      | 4.2   | 8.6   | .2   |
| Interferes with your work                 | 2.5                      | 2.4   | 3.0   | 1.8  |
| Creates stress                            | 23.7                     | 23.6  | 22.5  | 26.3 |
| Creates or aggravates health problems     | 2.9                      | 1.8   | 4.5   | 1.5  |
| Affects family relationships              | 5.2                      | 2.2   | 6.9   | 7.2  |
| Other difficulty                          | 6.2                      | 3.5   | 7.3   | 9.0  |
| No difficulty                             | 39.1                     | 42.4  | 34.4  | 42.9 |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

**Please indicate which one of the following is the GREATEST difficulty you have faced as a caregiver.**

(Unweighted Frequencies)

|   | Caregiver age categories |       |       |     |
|---|--------------------------|-------|-------|-----|
|   | Total                    | 18-44 | 45-64 | 65+ |
| Total                                     | 593                      | 110   | 291   | 192 |
| Creates a financial burden                | 40                       | 11    | 19    | 10  |
| Doesn't leave enough time for yourself    | 42                       | 10    | 21    | 11  |
| Doesn't leave enough time for your family | 25                       | 5     | 19    | 1   |
| Interferes with your work                 | 16                       | 4     | 9     | 3   |
| Creates stress                            | 136                      | 25    | 58    | 53  |
| Creates or aggravates health problems     | 22                       | 3     | 15    | 4   |
| Affects family relationships              | 36                       | 3     | 24    | 9   |
| Other difficulty                          | 34                       | 5     | 18    | 11  |
| Don't know / Not sure                     | 14                       | 1     | 7     | 6   |
| No difficulty                             | 223                      | 43    | 98    | 82  |
| Refused                                   | 5                        |       | 3     | 2   |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

Oregon 2012 BRFSS  
Caregiver

**During the past year, has the person you care for experienced changes in thinking or remembering?**

(Weighted Column Percents)

|        |     | Caregiver age categories |       |       |      |
|--------|-----|--------------------------|-------|-------|------|
|        |     | Total                    | 18-44 | 45-64 | 65+  |
| Yes    |     | 49.9                     | 33.3  | 58.7  | 61.4 |
| No     |     | 50.1                     | 66.7  | 41.3  | 38.6 |
| Male   | Yes | 51.3                     | 40.1  | 54.6  | 64.2 |
|        | No  | 48.7                     | 59.9  | 45.4  | 35.8 |
| Female | Yes | 49.0                     | 28.4  | 61.3  | 59.2 |
|        | No  | 51.0                     | 71.6  | 38.7  | 40.8 |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.

**During the past year, has the person you care for experienced changes in thinking or remembering?**

(Unweighted Frequencies)

|                       |                       | Caregiver age categories |       |       |     |
|-----------------------|-----------------------|--------------------------|-------|-------|-----|
|                       |                       | Total                    | 18-44 | 45-64 | 65+ |
| Total                 |                       | 593                      | 110   | 291   | 192 |
| Yes                   |                       | 330                      | 45    | 173   | 112 |
| No                    |                       | 250                      | 63    | 111   | 76  |
| Don't know / Not sure |                       | 9                        | 2     | 3     | 4   |
| Refused               |                       | 4                        |       | 4     |     |
| Male                  | Total                 | 204                      | 42    | 91    | 71  |
|                       | Yes                   | 108                      | 19    | 50    | 39  |
|                       | No                    | 91                       | 22    | 40    | 29  |
|                       | Don't know / Not sure | 4                        | 1     |       | 3   |
|                       | Refused               | 1                        |       | 1     |     |
| Female                | Total                 | 389                      | 68    | 200   | 121 |
|                       | Yes                   | 222                      | 26    | 123   | 73  |
|                       | No                    | 159                      | 41    | 71    | 47  |
|                       | Don't know / Not sure | 5                        | 1     | 3     | 1   |
|                       | Refused               | 3                        |       | 3     |     |

Denominator is: Respondents who reported providing care or assistance to a friend or family member.