

Oregon 2016 BRFSS
Physical Activity

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Yes		82.8	89.4	87.6	84.6	80.2	80.5	77.7
No		17.2	10.6	12.4	15.4	19.8	19.5	22.3
Male	Yes	83.0	88.2	91.2	84.8	79.3	79.4	77.3
	No	17.0	11.8	8.8	15.2	20.7	20.6	22.7
Female	Yes	82.5	90.7	83.8	84.5	81.2	81.5	78.1
	No	17.5	9.3	16.2	15.5	18.8	18.5	21.9

Denominator is: All survey respondents.