

Health risk and protective factors among Oregon adults, by county, 2010-2013

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.



County	Consumed seven or more sodas per week (%)		Current cigarette smoking (%)		Binge drinking within past month ¹ (%)		Obese (%)	
	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted
Oregon	12.5	13.3	18.2	19.0	16.8	17.7	26.0	25.9
Baker	12.6 ^	10.3 ^	19.4	23.2	23.2	32.4	29.6	29.0
Benton	6.9	7.2	13.9	14.3	20.0	17.2	19.5	21.2
Clackamas	11.1	12.0	17.2	18.3	15.5	16.8	25.8	25.2
Clatsop	8.6 ^	10.2 ^	20.3	21.6	15.2	17.2	28.6	29.1
Columbia	10.8 ^	11.8 ^	17.1	18.6	15.4	16.7	32.3	31.9
Coos	15.8	19.8	24.9	27.5	15.1	19.3	28.9	28.6
Crook	15.1 ^	21.2 ^	25.7	31.0	15.7 ^	19.7 ^	22.8	25.1
Curry	--	--	21.2	29.2	7.7 ^	10.3 ^	37.3	40.3
Deschutes	12.9	14.4	14.9	16.3	16.9	18.5	21.6	21.8
Douglas	10.5	11.9	22.9	25.6	11.3	13.5	34.5	34.4
Grant	21.6 ^	31.0 ^	14.1 ^	16.3 ^	17.1 ^	22.6 ^	26.3	23.8
Harney	--	--	9.5 ^	10.8 ^	8.9 ^	9.9 ^	38.4	38.7
Hood River	--	--	10.5	9.8	16.6 ^	16.0 ^	19.2	18.5
Jackson	12.4	13.2	18.4	20.1	14.6	16.9	22.8	22.3
Jefferson	--	--	21.2	24.1	12.1 ^	14.9 ^	37.9	40.1
Josephine	15.8	18.5	22.2	25.2	14.1	16.5	23.1	22.7
Klamath	14.1	16.4	21.1	23.2	12.7	13.7	28.7	28.1
Lake	13.0 ^	14.0 ^	12.0 ^	13.4 ^	--	--	36.2	34.1
Lane	12.3	13.2	20.8	21.6	18.3	19.3	26.7	27.0
Lincoln	16.4	20.0	26.0	33.1	14.1	16.2	29.9	30.3
Linn	15.2	15.9	19.4	20.5	19.6	21.9	33.0	33.2
Malheur	31.3 ^	33.1 ^	21.4	22.5	15.9 ^	16.8 ^	30.4	31.0
Marion	14.7	15.5	18.5	19.0	16.1	16.6	32.5	32.7
Morrow	30.2 ^	32.4 ^	16.3	15.8	17.7 ^	18.4 ^	30.8	29.5
Multnomah	11.3	11.4	18.9	18.8	20.8	20.5	21.2	21.4
North Central ²	15.6 ^	18.8 ^	18.6	19.6	9.8 ^	11.3 ^	33.5	33.6
Polk	13.8	15.1	15.2	16.4	15.6	16.5	32.3	31.4
Tillamook	12.5 ^	14.9 ^	19.0	20.0	15.1	17.5	32.7	31.8
Umatilla	24.6	24.9	22.4	22.9	17.5	17.9	32.6	33.2
Union	14.5 ^	17.6 ^	17.4	18.6	17.7	18.5	26.9	27.7
Wallowa	--	--	9.1 ^	8.6 ^	--	--	22.9	22.2
Washington	10.3	10.6	14.0	14.1	15.3	15.1	22.9	22.9
Wheeler	--	--	16.8 ^	10.7 ^	--	--	22.8 ^	37.7 ^
Yamhill	16.8	18.2	15.9	16.9	14.6	15.4	32.1	32.2

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

¹ Binge drinking is consuming five or more drinks for men, or four or more drinks for women, on one occasion.

² North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

Health risk and protective factors among Oregon adults, by county, 2010-2013

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.

County	High blood cholesterol (%)		High blood pressure (%)		No physical activity outside of work within past month (%)		Any risk factors ¹ (%)	
	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted
Oregon	37.7	31.8	29.9	27.7	18.3	18.0	78.6	77.5
Baker	55.5	50.5	52.5	48.2	35.1	35.6	92.9	92.2
Benton	33.5	29.9	21.5	21.5	12.5	12.9	73.0	72.7
Clackamas	40.6	34.2	28.6	25.2	17.6	17.3	78.7	77.7
Clatsop	38.6	25.7	32.5	27.5	19.6	18.6	87.0	85.8
Columbia	37.4	27.8	29.4	24.9	21.1	19.8	84.9	83.8
Coos	35.0	23.7	37.6	30.9	23.0	22.1	87.0	87.4
Crook	48.3	31.4	34.3	26.8	18.3	15.8	85.6	83.4
Curry	41.0	24.9	39.8	28.7	20.8	18.6	86.7	86.8
Deschutes	36.0	30.5	27.6	23.4	14.3	13.5	71.6	70.0
Douglas	48.7	41.3	39.6	34.4	22.4	20.9	87.1	85.5
Grant	51.8	42.7	36.6	23.7	19.2 ^	15.1 ^	81.2	77.4
Harney	49.9 ^	48.3 ^	14.3 ^	9.4 ^	23.4	22.8	81.1	84.1
Hood River	21.6	17.4	29.2	27.0	10.1	9.5	56.3	52.1
Jackson	39.9	31.0	32.0	27.4	20.0	19.3	78.4	76.7
Jefferson	24.3 ^	21.3 ^	34.8	29.6	18.0 ^	16.7 ^	93.0	94.2
Josephine	42.2	28.3	33.1	25.9	19.1	17.1	80.8	79.5
Klamath	41.9	30.7	38.1	35.0	21.3	20.8	87.4	87.3
Lake	39.3	27.4	37.7	31.9	17.4 ^	15.1 ^	82.6	81.3
Lane	39.5	33.5	30.6	28.8	18.5	18.3	79.7	78.8
Lincoln	37.9	31.1	36.2	27.2	17.9	16.1	83.1	81.8
Linn	36.7	31.4	33.9	31.3	21.8	21.5	83.7	83.3
Malheur	39.4	29.7	31.3	31.0	19.5	18.8	82.6	83.7
Marion	36.5	31.5	29.3	27.5	23.0	23.2	83.0	82.4
Morrow	36.6	27.3	36.2	31.1	30.7	30.6	85.1	84.1
Multnomah	34.4	30.8	26.4	26.8	15.0	15.2	72.9	72.1
North Central ²	46.1	37.2	39.1	36.0	20.4	17.6	79.8	77.1
Polk	40.8	33.2	29.9	27.4	16.0	15.6	82.0	80.1
Tillamook	52.3	47.7	37.2	29.8	23.1	18.4	85.8	84.7
Umatilla	43.0	38.4	36.5	35.6	24.2	23.8	89.0	89.2
Union	41.0	35.2	37.0	33.9	17.5	16.3	77.7	75.3
Wallowa	66.0	68.0	54.8	51.6	21.0 ^	18.8 ^	89.2	83.3
Washington	34.6	30.7	26.9	26.8	17.2	17.3	74.4	73.8
Wheeler	--	--	--	--	--	--	--	--
Yamhill	33.6	27.9	29.8	28.7	19.9	20.0	80.9	79.7

^ This number may be statistically unreliable and should be interpreted with caution.

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¹ Any risk factors includes current cigarette smoking, current smokeless tobacco user, high blood pressure, high blood cholesterol, no physical activity outside of work within past month, or obese.

² North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

Health risk and protective factors among Oregon adults, by county, 2010-2013

Use unadjusted to estimate the overall burden of disease; use age-adjusted to compare among counties.

County	Reducing salt intake (%)		Consumed fruits and vegetables five or more times per day (%)		Meets CDC guidelines for physical activity ¹ (%)	
	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted
Oregon	39.4	37.3	21.9	21.9	24.8	25.1
Baker	42.0	30.1	12.7 ^	11.0 ^	--	--
Benton	36.8	38.4	21.7	21.7	32.3	31.5
Clackamas	41.0	38.5	24.4	25.2	23.4	24.1
Clatsop	46.2	39.9	21.0	23.3	30.4	33.0
Columbia	51.8	48.5	16.4	17.7	14.3	13.1
Coos	48.3	44.0	18.3	19.3	13.5	13.0
Crook	48.8	50.7	19.9 ^	18.6 ^	22.1 ^	25.3 ^
Curry	42.8	33.7	23.1	28.5	18.6 ^	19.8 ^
Deschutes	32.3	29.9	19.1	19.4	25.3	25.5
Douglas	43.8	34.9	22.1	22.7	20.4	21.2
Grant	--	--	31.0 ^	40.4 ^	--	--
Harney	--	--	14.2 ^	10.4 ^	25.5 ^	28.2 ^
Hood River	18.8 ^	16.7 ^	21.5 ^	22.0 ^	42.4	46.7
Jackson	38.7	33.6	23.5	23.3	26.1	26.7
Jefferson	42.5	43.9	23.0 ^	22.2 ^	34.9 ^	36.2 ^
Josephine	40.7	33.1	24.5	26.3	27.1	32.1
Klamath	36.6	27.2	11.2	9.7	26.5	27.7
Lake	60.2	50.3	15.3 ^	13.5 ^	26.5 ^	33.1 ^
Lane	36.9	34.9	23.5	23.3	25.0	24.5
Lincoln	42.3	36.9	24.0	23.9	18.7	18.2
Linn	37.2	34.7	18.4	19.2	21.8	22.1
Malheur	41.9	40.9	19.0 ^	18.2 ^	24.2 ^	23.5 ^
Marion	41.6	40.9	20.9	21.2	19.6	19.6
Morrow	--	--	21.8 ^	22.7 ^	--	--
Multnomah	37.3	37.3	23.0	22.8	30.7	30.5
North Central ²	54.7	52.1	18.2	18.7	25.9	28.4
Polk	33.8	28.4	24.3	24.7	26.5	26.8
Tillamook	54.7	51.7	16.4	16.5	18.1	18.6
Umatilla	45.7	43.3	15.4	14.4	13.4	13.4
Union	37.2	35.1	17.1	16.0	28.0	29.6
Wallowa	--	--	15.3 ^	10.2 ^	--	--
Washington	39.9	39.3	22.6	22.8	25.5	25.5
Wheeler	--	--	--	--	--	--
Yamhill	35.1	32.2	20.3	19.8	14.8	14.1

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¹ See CDC physical activity guidelines at <http://www.cdc.gov/physicalactivity/everyone/guidelines/index.html>.

² North Central Public Health District includes Gilliam, Sherman, and Wasco counties.

Source: Oregon Behavioral Risk Factors Surveillance System 2010-2013 county combined; age-adjusted to the 2000 standard population.

Note: For an explanation of age-adjusted estimates, please see <http://public.health.oregon.gov/DiseasesConditions/ChronicDisease/DataReports/Pages/TechnicalNotes.aspx>.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Health risk and protective factors among Oregon adults, by county, 2010-2013.

<https://public.health.oregon.gov/DiseasesConditions/ChronicDisease/DataReports/Pages/CountyData.aspx>.

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